

PruHealth World Triathlon Grand Final London Hong Kong Team – Age Group Information

The PruHealth World Triathlon Grand Final London will be held on 11-15 September 2013 at London, UK. If any member of Hong Kong Triathlon Association be interest to join the race, please contact Miss Rebecca Mok via her email: rebecca.mok@triathlon.com.hk before Tuesday, 2 July 2013 (12:00 noon).

Category

Age group categories for men/women and in Sprint/Olympic distances:

- 16 – 17 years (sprint only!)
- 18 – 19 years
- 20 – 24 years
- 25 – 29 years
- 30 – 34 years
- 35 – 39 years
- 40 – 44 years
- 45 – 49 years
- 50 – 54 years
- 55 – 59 years
- 60 – 64 years
- 65 – 69 years
- 70 – 74 years
- 75 – 79 years
- 80 – 84 years
- 85 and over

Provisional Race Schedule

<u>Date</u>	<u>Event</u>
Wednesday, 11 September	Aquathlon - Paratriathlon/ Age Group/ Junior/ U23/ Elite Opening Ceremony
Thursday, 12 September	Junior Women/Junior Men/U23 Women/U23 Men
Friday, 13 September	Sprint Distance Age Group World Championships Paratriathlon
Saturday, 14 September	Elite Women
Sunday, 15 September	Standard Distance Age Group World Championships Elite Men Closing Ceremony

Entry Fee

The entry fees for the ITU World Triathlon Series 2013 Grand Final London are as following:

Category	Fee
Sprint	HK\$ 2850
Olympic	HK\$ 2950
Aquathon	HK\$ 1350
Sprint + Aquathon	HK\$ 3250
Olympic + Aquathon	HK\$ 3400
Sprint + Olympic	HK\$ 4300
Sprint + Olympic + Aquathon	HK\$ 4700
Paratriathlon	HK\$ 2400

Criteria

- Must be paid up 2013 Hong Kong Triathlon Association member.
- Must be a Permanent Resident of the Hong Kong SAR or have been continuously resident in the SAR for at least one year prior to Selection.
- In the event that there are more applicants than available slots for any particular event or age category, selection will be at the discretion of the Selection Committee of TriHK, whose decision is final.

Entry Procedure and Payment

- Deposit or transfer the prescribed amount into the Hong Kong Bank saving account of TriHK (No: 502-118375-838) or make out a cross cheque for the prescribed amount payments to "Hong Kong Triathlon Association Limited"
- Send your completed entry form as attached, together with your cheque or pay-in/transfer slip by post to the TriHK office, Room 1020 Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, by fax on 25768253 or by email to Rebecca.mok@triathlon.com.hk.

Hong Kong Team Uniform Guideline

All TriHK member representing Hong Kong, China to participate in the ITU World Triathlon Series 2013 Grand Final London need to comply with ITU Uniform Guideline and is compulsory to wear the ITU approved uniform to race. Details will be released very shortly.

Accommodation Information

If you have any questions upfront, please contact Nirvana Europe.

Telephone: +44 (0)191 257 1750

E-mail: london2013@nirvanaeurope.com

Web: www.nirvanaeurope.com

Office Opening Hours: 9am - 5pm UK Time (Monday - Friday)

**PruHealth World Triathlon Grand Final London
Hong Kong Team – Registration Form**

First Name:

Family Name:

Gender:

Race Category:

Category	Please Tick
Sprint	
Olympic	
Aquathon	
Sprint + Aquathon	
Olympic + Aquathon	
Sprint + Olympic	
Sprint + Olympic + Aquathon	
Paratriathlon	

T-Shirt Size:

Date Of Birth:

Mobile No:

Email Address:

Emergency

Contact Person:

Emergency

Contact No:

Please specific if you have any medical condition:

Please specific if you are on any medications:

Do you have Asthma?

Please note: All information fields are compulsory