

## 2008 Duathlon Series - Race 1 Club Result

English Name	Chinese Name	Club	Member	Finish Time	Points
<b><u>Boys 2000-1997</u></b>					
Maximilian Gil Mitchelmore	麥銘源	Titan Triathlon	Y	00:17:56	29
Tsang Kui Shun		Ma On Shan Swimming and Triathlon Club	Y	00:18:34	28
Chan Ka Chun	陳家駿	Energetic Triathlon Shatin	Y	00:18:47	27
Lai Chung Kwan	黎仲君	Energetic Triathlon Shatin	Y	00:19:04	26
Ip Ho Lam	葉灝霖	Energetic Triathlon Shatin	Y	00:19:28	25
Angus Chow	周侃滔	Titan Triathlon	Y	00:19:47	24
Wong Tsz Shing	黃梓誠	Energetic Triathlon Shatin	Y	00:19:50	23
Cheung Ka Yu	張家裕	Ma On Shan Swimming and Triathlon Club	Y	00:20:07	22
Leung Wai Yan	梁瑋殷	Ti Dynamic	Y	00:20:10	21
Hui Wai Hung		Ma On Shan Swimming and Triathlon Club	Y	00:20:11	20
Gareth Leung	梁晉笙	Energetic Triathlon Shatin	Y	00:20:37	19
Chan Shun Shing	陳信成	Kun Sports Association	Y	00:21:58	18
Leung Ho Ching	梁皓晴	Sea Bear Swimming Club	Y	00:22:04	17
Ching Kwan Yeung	程鈞洋	Mango Swimming Club	Y	00:22:36	16
Lai Nok Hei	黎諾晞	Kun Sports Association	Y	00:22:44	15
Richard Hune	洪顯樺	Titan Triathlon	Y	00:23:22	14
Cheung Wai Yin, Alvin	張煒彥	Mango Swimming Club	Y	00:23:52	13
Chan Chi Ho	陳智浩	Ti Dynamic	Y	00:23:59	12
Chan Chi Ho	陳智浩	Ti Dynamic	Y	00:23:59	11
Yip Kun Fung	葉灌峰	Ma On Shan Swimming and Triathlon Club	Y	00:24:04	10
Michael Law	羅博文	Ti Dynamic	Y	00:24:34	9
Tsoi Ka Kit	蔡家傑	Wong Tai Sin District Saving Society	Y	00:24:36	8
Cheung Yu San	章于燊	Mango Swimming Club	Y	00:25:19	7
Lo Pak Hei	盧柏禧	Ti Dynamic	Y	00:26:16	6
Lau Tsz Yu	劉子瑜	Titan Triathlon	Y	00:26:58	5
Chan Hoi Wa	陳凱樺	Kun Sports Association	Y	00:28:20	4
Wilson Yung	戎韋僖	Kun Sports Association	Y	00:28:28	3
Lai Tsz Hei	黎梓晞	Kun Sports Association	Y	00:29:13	2
Wong Kai Wa	黃啓華	Ma On Shan Swimming and Triathlon Club	Y	00:29:39	1
<b><u>Boys 1996-1993</u></b>					
Perry Wong	黃俊堯	Energetic Triathlon Shatin	Y	00:30:15	59
Yim Ho Wai, Kevin	嚴浩然	Energetic Triathlon Shatin	Y	00:30:16	58
Cheung Tsz Hei	張子熙	Energetic Triathlon Shatin	Y	00:30:49	57
Leung Chun Wing	梁峻榮	Kun Sports Association	Y	00:31:17	45
Lau Chak Fung	劉澤楓	Titan Triathlon	Y	00:31:22	27
Yim Ho Yin, Issac	嚴浩煒	Energetic Triathlon Shatin	Y	00:31:42	56
Chung Ka Chun	鍾家進	Crest Ray Sports Association	Y	00:31:58	61
Wong Hui Wai	黃煦蔚	Energetic Triathlon Shatin	Y	00:32:05	55
Lo Man Lap	羅民立	Titan Triathlon	Y	00:32:05	25
Chu King Long	朱璟朗	Titan Triathlon	Y	00:32:05	24
Lai Tsun Ling	劉峻峻	Titan Triathlon	Y	00:32:17	23
Ng Tsz kit	吳子傑	Titan Triathlon	Y	00:32:29	22
Siu Ming Kit	邵明傑	Titan Triathlon	Y	00:32:36	21
Leung Yat Yin, Geoffrey	梁逸然	Titan Triathlon	Y	00:33:31	20
Nam Lai Pok, Ryan	藍博禮	Hoi Ngai Sports Association	Y	00:33:55	47
Chow Yat Sing	周日星	Titan Triathlon	Y	00:33:56	19
Tam Ho Man	譚皓文	Ma On Shan Swimming and Triathlon Club	Y	00:34:08	43
Kun Chi Hi	鄧志軒	Titan Triathlon	Y	00:34:14	1
Leung Yat Lai, Louis	梁逸禮	Titan Triathlon	Y	00:34:16	1
Mok Wai Lun	莫偉倫	Ma On Shan Swimming and Triathlon Club	Y	00:34:31	42
Chui Tsz Chung	徐梓聰	Sea Bear Swimming Club	Y	00:34:47	31
Leung Po Yan, Jason	梁普恩	Sonic Sports Association	Y	00:34:48	30
Hiu Siu Kit, Nelson	許少杰	Titan Triathlon	Y	00:34:57	1
Kento Jorge		Titan Triathlon	Y	00:35:03	1
Lui Hei Yung	呂曦陽	Titan Triathlon	Y	00:35:53	1
Cheung Yiu Ming	鄭耀銘	Hoi Ngai Sports Association	Y	00:36:17	46
Brian Leung	梁博賢	Energetic Triathlon Shatin	Y	00:36:42	54
Mak Tsz Ho	麥子皓	Compass Sports Association	Y	00:36:43	62
Yeung Yat Long	楊日朗	Ma On Shan Swimming and Triathlon Club	Y	00:37:11	39
Justin Kiatvongcharoen	木優	Titan Triathlon	Y	00:37:34	1
Mak Yui Long, Frederick	麥睿朗	Titan Triathlon	Y	00:37:57	1
Mak Ho Man	麥浩文	Ma On Shan Swimming and Triathlon Club	Y	00:38:00	41

## 2008 Duathlon Series - Race 1 Club Result

English Name	Chinese Name	Club	Member	Finish Time	Points
Lee Yik Hin	李奕軒	Titan Triathlon	Y	00:38:25	1
Tam Cheuk Him	譚卓謙	Ma On Shan Swimming and Triathlon Club	Y	00:38:44	38
Ng Pok Hym, Paul	伍博謙	Kun Sports Association	Y	00:39:09	44
Lai Kin Kwan	黎建君	Energetic Triathlon Shatin	Y	00:39:19	53
Tam King Man	譚景文	Ma On Shan Swimming and Triathlon Club	Y	00:40:03	40
Chan Chiu Lung	陳昭隆	Energetic Triathlon Shatin	Y	00:40:36	52
Leung Chin Ho	梁展豪	Titan Triathlon	Y	00:40:43	1
Wan Ching Hin	溫政軒	Mango Swimming Club	Y	00:41:01	32
Chau Man Kei	鄒文棋	Energetic Triathlon Shatin	Y	00:41:02	1
Tung Tak Hoi, Oscar	董德灝	Titan Triathlon	Y	00:42:12	1
Lau Tai Kwan	劉泰均	Titan Triathlon	Y	00:43:43	1
Stanley Lai	黎鈞凱	Titan Triathlon	Y	00:43:43	1
Leung Hoi Kit	梁凱傑	Wong Tai Sin District Saving Society	Y	00:44:56	3
Chan Ting On, Andy	陳挺安	Energetic Triathlon Shatin	Y	00:45:06	1
Tsoi Ka Cheuk	蔡家焯	Wong Tai Sin District Saving Society	Y	00:45:13	2
Cheung Ying Ching	張英政	Ma On Shan Swimming and Triathlon Club	Y	00:46:18	37
Cheng Tse Kin	鄭梓健	Ma On Shan Swimming and Triathlon Club	Y	00:46:19	36
Poon Lik Shing	潘力誠	Titan Triathlon	Y	00:46:19	1
She Hung Cheung	佘雄翔	Energetic Triathlon Shatin	Y	00:47:33	1
Li Ka Wai	李家煒	Ma On Shan Swimming and Triathlon Club	Y	00:48:18	1
Lau Kwun Ki	劉冠岐	Titan Triathlon	Y	00:49:08	1
Chan Yu Ting	陳裕庭	Ma On Shan Swimming and Triathlon Club	Y	00:50:04	1
Lee Lit Fung	李烈峰	Ma On Shan Swimming and Triathlon Club	Y	00:52:35	1
Law Chung Kei	羅頌基	Wong Tai Sin District Saving Society	Y	00:52:36	1
Tang Kwan Kit	鄧君傑	Ti Dynamic	Y	00:53:30	29
Leung Tsz Chun	梁梓俊	Energetic Triathlon Shatin	Y	01:55:01	1
<b><u>Girls 2000-1997</u></b>					
Chan Ka Ying	陳嘉盈	Ti Dynamic	Y	00:19:54	12
Chan Hoi Yu	陳凱瑜	Titan Triathlon	Y	00:20:29	11
Lui Hei In	呂曦妍	Titan Triathlon	Y	00:20:55	10
Li Lok Yi	李樂怡	Ma On Shan Swimming and Triathlon Club	Y	00:21:07	9
Chow Yee Lam	周伊琳	Kun Sports Association	Y	00:22:33	8
Law Yik Yan		Kun Sports Association	Y	00:22:51	7
Chan Ka Hei	陳家晞	Energetic Triathlon Shatin	Y	00:22:58	6
Chau Man Wing	鄒文詠	Energetic Triathlon Shatin	Y	00:23:52	5
Tam Nga Man	譚雅文	Ma On Shan Swimming and Triathlon Club	Y	00:25:58	4
Chow Hoi Ching	鄒鎰澄	Kun Sports Association	Y	00:26:25	3
Lai Sze Pui, Sabrina	黎思蓓	Titan Triathlon	Y	00:27:17	2
Rachel Yuen	袁韞喬	Kun Sports Association	Y	00:30:07	1
<b><u>Girls 1996-1993</u></b>					
Wu Sum Yi	胡心兒	Energetic Triathlon Shatin	Y	00:34:12	15
Liu Wai Ting	廖韋婷	Ti Dynamic	Y	00:35:08	14
Chan Long Ching	陳朗澄	Energetic Triathlon Shatin	Y	00:35:11	13
Lo Si Wing	盧詩穎	Ma On Shan Swimming and Triathlon Club	Y	00:35:29	12
Kathy Ng	吳倩彤	Energetic Triathlon Shatin	Y	00:36:43	11
Chan Lok Yi	陳樂怡	Energetic Triathlon Shatin	Y	00:37:19	10
Wong Ho Yee	黃皓怡	Energetic Triathlon Shatin	Y	00:39:29	9
Li Sum Yi	李心怡	Ma On Shan Swimming and Triathlon Club	Y	00:40:12	8
Leung Wing Yee	梁穎儀	Kun Sports Association	Y	00:40:43	7
Yu Ka Chun	余嘉駿	Ti Dynamic	Y	00:40:54	6
Lee Lok Hang	李諾珩	Ti Dynamic	Y	00:44:35	5
Fong Cho Hei, Jory	方早希	Mango Swimming Club	Y	00:46:42	4
Chan Yin Lam	陳妍霖	Ti Dynamic	Y	00:48:45	3
Pun Cheuk Yiu	潘綽瑤	Ti Dynamic	Y	00:48:54	2
Chu Wai Yin	朱慧妍	Pro- Trinity Sports Club	Y	00:52:49	1
<b><u>Female Adult - Logn Distance</u></b>					
Chow Pui Yan	周佩欣	Titan Triathlon	Y	01:04:37	14
Lui Shuk Han, Karen	呂淑嫻	Energetic Triathlon Shatin	Y	01:05:50	13
Yip Kwan Yau, Oil	葉君幼	Titan Triathlon	Y	01:07:10	12
Stephanie Bina		Sonic Sports Association	Y	01:10:10	11
Liew Sau Foong, June	劉秀鳳	Energetic Triathlon Shatin	Y	01:13:29	10

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English Name	Chinese Name	Club	Member	Finish Time	Points
Hui Ka Man, Amy	許家敏	Energetic Triathlon Shatin	Y	01:14:54	9
Pauline Tse	謝麗僑	Titan Triathlon	Y	01:15:26	8
Wong Gi Wai, Gi Gi	王姿慧	Sonic Sports Associaiton	Y	01:16:56	7
Yeung Sai Hee, Sally	楊世喜	Titan Triathlon	Y	01:20:06	6
Wong Suet Fan	王雪芬	Titan Triathlon	Y	01:21:52	5
Christina Lee	李頌儀	Pro- Trinity Sports Club	Y	01:23:13	4
Tong Yuk Ling	湯玉玲	Energetic Triathlon Shatin	Y	01:25:50	3
Chan Siu Yuk	陳肖玉	Titan Triathlon	Y	01:27:36	2
Wong Wen Mee, Joyce	王穎薇	Energetic Triathlon Shatin	Y	01:34:09	1
<b><u>Male Adult - Long Distance</u></b>					
Dane Cantwell		Hong Kong Dragon Triathlon Club	Y	00:55:05	85
Michal Bucek		Sonic Sports Associaiton		00:55:47	84
Wan Zhen Hao, Zeco	溫振豪	Titan Triathlon	Y	00:56:07	83
Tai Tak Wah	戴德華	New Wave Swimming Club	Y	00:57:57	82
Leung Chi Hang, Jeremy	梁志恆	Sonic Sports Associaiton	Y	00:59:19	81
Yeung Ka Ming, Ivan	楊家明	Sonic Sports Associaiton	Y	00:59:42	80
Chan Kit Bun, Erik	陳傑斌	New Wave Swimming Club	Y	00:59:54	79
So Lok Kei		Energetic Triathlon Shatin	Y	00:59:58	78
Wan Shu Wah	溫樹華	Energetic Triathlon Shatin	Y	01:00:07	77
Sin Chun Kong, Eric	單振光	Energetic Triathlon Shatin	Y	01:00:25	76
Chiu Kok Fu	趙國富	Titan Triathlon	Y	01:00:27	75
Tsui Wai Yuen	徐偉源	Titan Triathlon	Y	01:01:07	74
Lam Tsz Wai, Vincent	林梓維	Energetic Triathlon Shatin	Y	01:01:21	73
Wong Kin, Kenny	黃健	Energetic Triathlon Shatin	Y	01:01:34	72
Lam Kam Ching	林金清	New Wave Swimming Club	Y	01:01:43	71
Mak Tak Cheung	麥德長	Ma On Shan Swimming & Triathlon Club	Y	01:01:55	70
Wong Po Kin, Kent	黃寶健	Sonic Sports Associaiton	Y	01:01:59	69
Ho Tak Ming	何德明	Energetic Triathlon Shatin	Y	01:03:19	68
Richard Yong	楊量光	Sonic Sports Associaiton	Y	01:03:19	67
Ip Shiu Chun, Jonathan	葉兆秦	Titan Triathlon	Y	01:03:44	66
Christopher Tong	湯惠驄	Sonic Sports Associaiton	Y	01:03:45	65
Wan Tin Lap, Ivan	溫天立	Energetic Triathlon Shatin	Y	01:04:04	64
Nip Lai Wo, Simon	聶禮和	Energetic Triathlon Shatin	Y	01:04:04	63
Wong Yin Cheong	黃賢昌	Titan Triathlon	Y	01:04:24	62
Ma Chi Po	馬志寶	Titan Triathlon	Y	01:04:35	61
Yip Chun Kit, Kenneth	葉俊傑	Sonic Sports Associaiton	Y	01:04:36	60
Ho Chak	何澤	Energetic Triathlon Shatin	Y	01:04:42	1
Lam Chung Kei, Lewis	林頌璣	Titan Triathlon	Y	01:04:49	58
Wong Siu Yuen, Jason	黃兆元	Titan Triathlon	Y	01:04:53	1
Leung Ka Lun		Energetic Triathlon Shatin	Y	01:05:03	1
Wan Kin Wai	尹健偉	Ma On Shan Swimming and Triathlon Club	Y	01:05:19	55
Sung Yan Wah	宋仁華	Titan Triathlon	Y	01:05:21	1
Tong Chi Hung, Philip	湯志雄	Energetic Triathlon Shatin	Y	01:05:24	1
Mak Cheuk Man, Jacky	麥卓民	Sonic Sports Associaiton	Y	01:05:37	52
Wong Lok Shun	黃諾信	Sonic Sports Associaiton	Y	01:05:47	1
Chan Ho Kee	陳浩基	Titan Triathlon	Y	01:05:55	1
Wan Chi Ching	溫志清	Titan Triathlon	Y	01:06:07	1
Wong Ho Ming, Edwin	黃浩明	Sonic Sports Associaiton	Y	01:06:10	1
Li Ka Yip	李嘉業	Energetic Triathlon Shatin	Y	01:06:49	1
Wong Kam Tim	黃錦添	Sonic Sports Associaiton	Y	01:06:54	1
Tang King Man, Alvin	鄧景文	Titan Triathlon	Y	01:06:55	1
Poon Kwok Wing	潘國榮	Energetic Triathlon Shatin	Y	01:06:58	1
Lok Lam Fung	駱林鋒	Titan Triathlon	Y	01:07:00	1
Chan Hing Fung	陳慶峰	New Wave Swimming Club	Y	01:07:14	42
Wong Yat Tung	黃逸東	Titan Triathlon	Y	01:07:14	1
Leung Siu Kong		Energetic Triathlon Shatin	Y	01:07:21	1
Hui Chun Yu, Charles	許震宇	Sonic Sports Associaiton	Y	01:07:52	1
Wong Kwok Wah	黃國華	Titan Triathlon	Y	01:07:54	1
Ming Fuk Ho	明福灝	Energetic Triathlon Shatin	Y	01:07:57	1
Bernald Ho		Sonic Sports Associaiton	Y	01:08:03	1
Yeung Wing Yin	楊永賢	Energetic Triathlon Shatin	Y	01:08:23	1
Lee Ming Yeung	李銘揚	Energetic Triathlon Shatin	Y	01:09:01	1
Chan Chik Kin	陳植堅	Energetic Triathlon Shatin	Y	01:09:02	1

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English Name	Chinese Name	Club	Member	Finish Time	Points
Tso Chun Pong	曹振邦	Titan Triathlon	Y	01:09:10	1
Sak Kai Yau	石啓右	Hoi Ngai Sports Associaiton	Y	01:10:04	31
Ng Chung Ming, Robert	吳仲明	Titan Triathlon	Y	01:10:52	1
Chan Kam Wah, Marco	陳錦華	Hoi Ngai Sports Associaiton	Y	01:10:53	29
Wong Hon Wei	黃漢威	Energetic Triathlon Shatin	Y	01:12:20	1
Armando Osmani		Titan Triathlon	Y	01:12:23	1
Chan King Yuen	陳景源	Titan Triathlon	Y	01:12:23	1
Lee Ying Ho	李英豪	Sonic Sports Associaiton	Y	01:12:53	1
Wong Ming Fae	王鳴輝	Pro- Trinity Sports Club	Y	01:12:54	24
So Kam Fan	蘇錦帆	Sonic Sports Associaiton	Y	01:13:11	1
Ng Chi Wai, Simon	吳志威	Energetic Triathlon Shatin	Y	01:13:16	1
Yau Sun Kwan	游新群	Titan Triathlon	Y	01:14:41	1
Hong King Wai, Banny	康經緯	Energetic Triathlon Shatin	Y	01:14:59	1
Man Ka Kee, Ricky	文家祺	Energetic Triathlon Shatin	Y	01:15:22	1
Lau Kwok Hong	劉國康	Hoi Ngai Sports Associaiton	Y	01:15:34	18
Corwin Vandermark		Energetic Triathlon Shatin	Y	01:15:41	1
Chung Lui Hung	鍾侶雄	Energetic Triathlon Shatin	Y	01:15:47	1
Tan Wing On	鄧永安	Sonic Sports Associaiton	Y	01:16:06	1
Chu Lap Yin	朱立賢	Wong Tai Sin District Saving Society	Y	01:16:13	14
Kong Yuen Keung	江元強	New Wave Swimming Club	Y	01:16:39	13
Cheng Wai Chung	鄭韋聰	Sonic Sports Associaiton	Y	01:16:57	1
Choy Ying Keung	蔡英強	Hoi Ngai Sports Associaiton	Y	01:17:25	11
Lai Chi Ho	黎志豪	Sonic Sports Associaiton	Y	01:17:30	1
Lee Wing Kwong	李榮光	Titan Triathlon	Y	01:18:30	1
Wong Wai Shing	黃偉成	Energetic Triathlon Shatin	Y	01:19:25	1
Lai Chi Ming	黎賜明	Creat Ray Sports Association	Y	01:20:00	7
Tang Lok Lun, Lawrence	鄧樂倫	Sonic Sports Associaiton	Y	01:23:15	1
Fung Ka Man	馮嘉文	Sonic Sports Associaiton	Y	01:26:04	1
Lau Shiu Lon	劉兆麟	Energetic Triathlon Shatin	Y	01:29:59	1
Ng Siu Kwan	吳少均	Pro- Trinity Sports Club	Y	01:29:59	3
Philip Penalozza	蔡偉立	Sonic Sports Associaiton	Y	01:34:41	1
Lau Wai Kwong, Thomas	劉偉光	Energetic Triathlon Shatin	Y	01:35:36	1
<b><u>Female Junior</u></b>					
Tsang Yat Sze	曾逸思	Energetic Triathlon Shatin	Y	00:36:27	1
<b><u>Male Junior</u></b>					
Wong Ho Kan	黃浩勤	Energetic Triathlon Shatin	Y	00:29:51	20
Tong Lai Hin	唐禮軒	Titan Triathlon	Y	00:31:28	19
Chan Min Ting, Bernie	陳勉廷	New Wave Swimming Club	Y	00:31:30	18
Mok Wai Chuen	莫偉傳	Energetic Triathlon Shatin	Y	00:31:54	17
Yu Kin Hei, Bobby	余建熹	Titan Triathlon	Y	00:31:57	16
Chan Siu Hang	陳肇恆	Energetic Triathlon Shatin	Y	00:32:06	15
Sin Long Hin	洗朗軒	Titan Triathlon	Y	00:32:39	14
Lee Kai Yeung	李啓揚	Pro- Trinity Sports Club	Y	00:32:40	13
Fong Ka Chun	孫文群	Kun Sports Associaiton	Y	00:32:52	12
Cheung Tsz Yeung	鄭子洋	Hoi Ngai Sports Associaiton	Y	00:33:53	11
Leung Chin Fung	梁展峰	New Wave Swimming Club	Y	00:33:55	10
Tsang Yat Hin	曾逸軒	Energetic Triathlon Shatin	Y	00:34:22	9
Wong Kin Man, Simpson	王建文	Titan Triathlon	Y	00:34:27	8
Sin Wai Hong	洗韋匡	Energetic Triathlon Shatin	Y	00:35:31	7
Chung Kwun Ho	鍾冠濠	Pro- Trinity Sports Club	Y	00:35:55	6
Lau Lok Hang	劉樂行	Ti Dynamic	Y	00:37:59	5
Mok Wai Wah	莫偉樺	Ma On Shan Swimming and Triathlon Club	Y	00:38:23	4
Li Cheuk Ki	李焯麒	Energetic Triathlon Shatin	Y	00:39:10	3
Wong Cheuk Hei	黃卓希	Pro- Trinity Sports Club	Y	00:42:44	2
Lee Ka Ho	李嘉豪	Pro- Trinity Sports Club	Y	00:42:45	1
<b><u>Male Adult - Short Distance</u></b>					
Wan Shu Wah	溫樹華	Energetic Triathlon Shatin	Y	00:29:26	28
Sin Chun Kong, Eric	單振光	Energetic Triathlon Shatin	Y	00:29:59	27
Wan Zhen Hao, Zeco	溫振豪	Titan Triathlon	Y	00:30:00	26
Yeung Ka Ming, Ivan	楊家明	Sonic Sports Associaiton	Y	00:31:06	25
Leung Chi Hang, Jeremy	梁志恆	Sonic Sports Associaiton	Y	00:31:37	24

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Wong Kin, Kenny	黃健	Energetic Triathlon Shatin	Y	00:31:49	23
Fung Ka Yung	馮嘉勇	Sonic Sports Associaiton	Y	00:32:10	22
Ip Shiu Chun, Jonathan	葉兆秦	Titan Triathlon	Y	00:32:37	21
Lau Siu Kan	劉少根	Titan Triathlon	Y	00:32:38	20
Wan Tin Lap, Ivan	溫天立	Energetic Triathlon Shatin	Y	00:32:41	19
Wong Yin Cheong	黃賢昌	Titan Triathlon	Y	00:32:41	18
Lam Chung Kei, Lewis	林頌璣	Titan Triathlon	Y	00:33:21	17
Nip Lai Wo, Simon	聶禮和	Energetic Triathlon Shatin	Y	00:33:50	16
Cheng Tak Wai, Dawie	鄭德維	Sonic Sports Associaiton	Y	00:34:13	15
Ho Chak	何澤	Energetic Triathlon Shatin	Y	00:34:33	14
Cheung Man Kwong	張文光	Mango Swimming Club	Y	0:34:53	13
Wong Ho Ming, Edwin	黃浩明	Sonic Sports Associaiton	Y	00:35:05	12
Chau Chun Kit	周俊傑	Energetic Triathlon Shatin	Y	00:35:23	11
Tsang Chung Ming	曾忠明	Titan Triathlon	Y	00:35:59	10
Lok Lam Fung	駱林鋒	Titan Triathlon	Y	00:36:33	9
Wong Hon Wei	黃漢威	Energetic Triathlon Shatin	Y	00:37:01	8
Ng Chi Wai, Simon	吳志威	Energetic Triathlon Shatin	Y	00:38:00	1
Chau Ho Ming	鄒浩明	Energetic Triathlon Shatin	Y	00:38:53	1
Hui Tsz Chung	許子忠	Titan Triathlon	Y	00:40:14	5
Lee Ming Yeung	李銘揚	Energetic Triathlon Shatin	Y	00:42:41	1
Yim Siu To	嚴兆滔	Wong Tai Sin District Saving Society	Y	00:48:18	3
Cheng Mo Lam	鄭慕霖	Titan Triathlon	Y	01:01:07	1
Li Chi Hung	李志雄	Ma On Shan Swimming and Triathlon Club	Y	01:17:45	1
<b><u>Female Adult - Short Distance</u></b>					
Lui Shuk Han, Karen	呂淑嫻	Energetic Triathlon Shatin	Y	00:33:40	8
Yip Kwan Yau, Oil	葉君幼	Titan Triathlon	Y	00:36:39	7
Pauline Tse	謝麗僑	Titan Triathlon	Y	00:37:47	6
Liew Sau Foong, June	劉秀鳳	Energetic Triathlon Shatin	Y	00:41:03	5
Lam Pui Yee	林佩儀	Titan Triathlon	Y	00:42:23	4
Tong Carlay	湯嘉麗	Energetic Triathlon Shatin	Y	00:42:41	3
Chan Kwai Wah, Janice	陳桂華	Titan Triathlon	Y	00:42:53	2
Leung Oi Sze, Elsie	梁愛思	Sonic Sports Associaiton	Y	00:45:59	1
<b><u>Male Open ( Mountain Bike)</u></b>					
Cheng Chak Shing	鄭澤誠	Kun Sports Associaiton	Y	00:34:35	6
Chow Hoi Tat		Titan Triathlon	Y	00:35:27	5
Chan Kun Ying, Ricky	陳冠英	Energetic Triathlon Shatin	Y	00:35:46	4
Cheung Man Kit	張文傑	Hoi Ngai Sports Associaiton	Y	00:36:50	3
Lai Chi Ming	黎志明	Titan Triathlon	Y	00:37:46	2
Sung Yeung Man	宋楊文	Hoi Ngai Sports Associaiton	Y	00:37:49	1

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