

## 2006 Festival of Sport - Sprint Triathlon Official Result

Race No	Chinese Name	English Name	Swim	Bike	Run	Total	Pos	Points	Clubs
<b>Male Elite Junior - Sprint</b>									
1	陳以高	Chan Ye Ko, Ricco	0:10:18	0:44:08	0:19:27	<b>1:13:53</b>	1	10	Energetic Triathlon Shatin
5	陳勉廷	Chan Ming Ting, Bernie	0:11:15	0:43:20	0:19:32	<b>1:14:07</b>	2	9	Energetic Triathlon Shatin
10	陳慶駒	Chan Hing Kui	0:10:47	0:43:51	0:19:32	<b>1:14:10</b>	3	8	Energetic Triathlon Shatin
4	林家浚	Lam Ka Tsun, John	0:10:45	0:43:52	0:20:36	<b>1:15:13</b>	4	7	Energetic Triathlon Shatin
2	何景勳	Ho King Fun	0:10:20	0:44:13	0:21:26	<b>1:15:59</b>	5	6	
9	蔡梓豐	Choi Chi Fung, Michael	0:11:05	0:43:37	0:22:22	<b>1:17:04</b>	6	5	
6	李祉穎	Li Tsz Wing	0:10:46	0:43:54	0:22:44	<b>1:17:24</b>	7	4	Energetic Triathlon Shatin
3	勞証顯	Lo Ching Hin, Ivan	0:10:45	0:43:49	0:23:32	<b>1:18:06</b>	8	3	
7	張廷浩	Cheung Ting Ho	0:11:40	0:46:32	0:20:15	<b>1:18:27</b>	9	2	Energetic Triathlon Shatin
8	黃浩謙	Wong Ho Him	0:11:24	0:46:47	0:21:57	<b>1:20:08</b>	10	1	Energetic Triathlon Shatin
<b>Male Junior - Sprint</b>									
184	甘松熹	Kam Chung Hay, Derek	0:11:40	0:47:38	0:23:46	<b>1:23:04</b>	1	6	
189	袁致衡	Yuen Chi Hang	0:12:19	0:48:22	0:23:24	<b>1:24:05</b>	2	5	Titan Triathlon
185	梁瑋俊	Leung Wai Chun	0:12:35			<b>1:25:21</b>	3	4	Sonic Sports Association
186	黃浩勤	Wong Ho Kan				<b>1:26:31</b>	4	3	Energetic Triathlon Shatin
187	陳慶峰	Chan Hing Fung	0:14:31	0:55:02	0:40:18	<b>1:49:51</b>	5	2	Energetic Triathlon Shatin
188	潘永殷	Brian Poon	0:18:12	1:04:21	0:34:41	<b>1:57:14</b>	6	1	
183		Benjamin Buckley	0:13:23			<b>DNF</b>			Energetic Triathlon Shatin
<b>Male 20-24 - Sprint</b>									
20	林梓維	Lam Tsz Wai, Vincent	0:13:03	0:43:49	0:22:32	<b>1:19:24</b>	1	7	Energetic Triathlon Shatin
22	王偉康	Wong Wai Hong	0:14:59	0:46:07	0:23:32	<b>1:24:38</b>	2	6	Titan Triathlon
21	黃盈豐	Wong Ying Fung	0:15:42	0:47:46	0:24:47	<b>1:28:15</b>	3	5	Sonic Sports Association
274		Thomas Breen	0:13:46	0:52:16	0:25:28	<b>1:31:30</b>	4	4	
24	劉錦聰	Lau Kam Chung	0:15:34	0:48:12	0:30:51	<b>1:34:37</b>	5	3	Excellence Sports Association
23	鄭韋聰	Cheng Wai Chung	0:17:02	0:54:50	0:31:37	<b>1:43:29</b>	6	2	Sonic Sports Association
26	周俊傑	Chau Chun Kit	0:20:06	1:01:40	0:33:07	<b>1:54:53</b>	7	1	Pro-Trinity Sports Club
<b>Male 25-29 - Sprint</b>									
37	葉俊傑	Yip Chun Kit, Kenneth	0:12:01	0:45:49	0:22:18	<b>1:20:08</b>	1	23	Sonic Sports Association
44	楊家明	Yeung Ka Ming, Ivan	0:13:07	0:44:54	0:22:50	<b>1:20:51</b>	2	22	Sonic Sports Association
34	陳傑斌	Chan Kit Bun, Erik	0:13:05	0:46:18	0:21:52	<b>1:21:15</b>	3	21	Energetic Triathlon Shatin
42	林頌璣	Lam Chung Kei, Lewis	0:13:28	0:45:53	0:22:00	<b>1:21:21</b>	4	20	Titan Triathlon
29	李振邦	Li Chun Pong, David	0:12:59	0:47:55	0:21:03	<b>1:21:57</b>	5	19	Energetic Triathlon Shatin
35	駱林鋒	Lok Lam Fung	0:14:52	0:48:54	0:26:39	<b>1:30:25</b>	6	18	Titan Triathlon
45	章綿威	Cheung Min Wai	0:14:45	0:52:39	0:23:09	<b>1:30:33</b>	7	17	
36	石啓右	Sak Kai Yau	0:17:13	0:50:48	0:24:28	<b>1:32:29</b>	8	16	Pro-Trinity Sports Club
40	刁家駿	Gary Tiu	0:16:48	0:51:14	0:24:41	<b>1:32:43</b>	9	15	Energetic Triathlon Shatin
43	鄧景文	Tang King Man, Alvin	0:12:33	0:51:52	0:29:05	<b>1:33:30</b>	10	14	Titan Triathlon
30	呂劍倫	Lui Kim Lun, Gary	0:15:15	0:51:35	0:29:07	<b>1:35:57</b>	11	13	
41	許震宇	Hui Chun Yu, Charles	0:15:18	0:51:49	0:28:56	<b>1:36:03</b>	12	12	Sonic Sports Association
32	明福灝	Ming Fuk Ho	0:18:10	0:51:07	0:28:52	<b>1:38:09</b>	13	11	Energetic Triathlon Shatin
31		David Shin	0:17:28	0:58:05	0:23:04	<b>1:38:37</b>	14	10	
27	周瑞林	Chau Sui Lam	0:18:48			<b>1:40:28</b>	15	9	
28	梁建霆	Leung Kin Ting	0:19:31	0:53:16	0:28:20	<b>1:41:07</b>	16	8	
38	黃諾信	Wong Lok Shun	0:14:33	0:58:35	0:28:35	<b>1:41:43</b>	17	7	Sonic Sports Association
202	袁溢鴻	Yuen Yat Hang	0:15:45	1:03:16	0:23:50	<b>1:42:51</b>	18	6	The Little Doplone Swimming Training Center
39	阮覺生	Yuen Kok Sang	0:15:56	1:06:48	0:36:54	<b>1:59:38</b>	19	5	
33	洪馨	Hung Hing	0:28:46	1:00:42	0:30:43	<b>2:00:11</b>	20	4	

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Race No	Chinese Name	English Name	Swim	Bike	Run	Total	Pos	Points	Clubs
204	徐天堅	Tsui Tin Kin	0:18:12	1:13:29	0:40:08	<b>2:11:49</b>	21	3	The Little Dopline Swimming Training Center
205	馬喜忠	Ma Hei Chung	0:17:46	1:13:53	0:40:10	<b>2:11:49</b>	22	2	The Little Dopline Swimming Training Center
203	何國威	Ho Kwok Wai	0:26:14	1:49:00	0:41:38	<b>2:56:52</b>	23	1	The Little Dopline Swimming Training Center

### Male 30-34- Sprint

69		Michael Maiers	0:14:47	0:44:39	0:19:49	<b>1:19:15</b>	1	23	HK Dragons Triathlon Club
51		Harry Oliver De Pree	0:15:33	0:43:47	0:22:17	<b>1:21:37</b>	2	22	Hong Kong Dragon Triathlon Association
66	龍沛豐	Andrew Loong	0:13:33	0:46:18	0:22:08	<b>1:21:59</b>	3	21	Sonic Sports Association
60	徐偉源	Tsui Wai Yuen	0:16:28	0:45:49	0:22:20	<b>1:24:37</b>	4	20	Titan Triathlon
71	陳利	Chan Li	0:14:34	0:46:07	0:24:16	<b>1:24:57</b>	5	19	Titan Triathlon
52		Kevin Claus	0:14:18	0:48:50	0:22:40	<b>1:25:48</b>	6	18	
49	吉業明	Kut Yip Ming	0:15:53	0:47:10	0:22:50	<b>1:25:53</b>	7	17	Sonic Sports Association
267		Henrique Galvao	0:12:54	0:47:30	0:26:01	<b>1:26:25</b>	8	16	
70	温天立	Wan Tin Lap, Ivan	0:15:26	0:48:11	0:23:05	<b>1:26:42</b>	9	15	Energetic Triathlon Shatin
200		Steven Riley	0:16:43	0:45:36	0:24:27	<b>1:26:46</b>	10	14	
73	李健倫	Lee Kin Lun, Brian	0:14:22	0:51:17	0:25:45	<b>1:31:24</b>	11	13	Sonic Sports Association
64	黃寶健	Wong Po Kin, Kent	0:17:37	0:49:08	0:25:08	<b>1:31:53</b>	12	12	Sonic Sports Association
61	劉國康	Lau Kwok Hong	0:14:44	1:00:02	0:28:03	<b>1:42:49</b>	13	11	
63	李銘揚	Lee Ming Yeung	0:25:22	0:53:36	0:24:16	<b>1:43:14</b>	14	10	Energetic Triathlon Shatin
68	李振輝	Lee Chun Fan	0:21:04			<b>1:45:15</b>	15	9	
57	陳展雄	Chan Chin Hung, Thomas	0:16:49	0:59:56	0:28:41	<b>1:45:26</b>	16	8	Sonic Sports Association
55	吳志威	Ng Chi Wai, Simon	0:18:41	1:00:44	0:28:45	<b>1:48:10</b>	17	7	Energetic Triathlon Shatin
56	陳志豪	Chan Chi Ho	0:16:46	1:03:41	0:28:52	<b>1:49:19</b>	18	6	Pro-Trinity Sports Club
65	薛成蹊	Sit Sing Kai	0:16:35	1:00:50	0:31:56	<b>1:49:21</b>	19	5	
62	周俊傑	Chau Chun Kit	0:21:40	1:00:47	0:30:23	<b>1:52:50</b>	20	4	Energetic Triathlon Shatin
50	王志安	Wong Chi On, Otto	0:16:09	1:13:20	0:33:52	<b>2:03:21</b>	21	3	
48	鮑皓海	Bow Ho Hoi	0:19:19	1:11:25	0:33:43	<b>2:04:27</b>	22	2	
67	方曉群	Fong Hiu Kwan	0:18:59	1:11:44	0:35:49	<b>2:06:32</b>	23	1	Titan Triathlon
276		Michael Church	0:11:49	0:48:37	DSQ	<b>DSQ</b>			
58	羅國偉	Lo Kwok Wai	0:14:39			<b>DNF</b>			Energetic Triathlon Shatin
208		Julian Cosgrave	0:14:54	0:56:09		<b>DNF</b>			Hong Kong Dragon Triathlon Association
53	楊家榮	Yeung Ka Wing, Howard				<b>DNS</b>			
54		Duncan Black				<b>DNS</b>			
59	麥卓民	Mak Cheuk Man				<b>DNS</b>			Sonic Sports Association
72	郭俊航	Kwok Chun Hong				<b>DNS</b>			Sonic Sports Association
271		Christopher Molnar				<b>DNS</b>			

### Male 35-39 - Sprint

109		Toby Jones	0:12:41	0:45:19	0:22:54	<b>1:20:54</b>	1	41	Hong Kong Dragon Triathlon Association
95	溫樹華	Wan Shu Wah	0:12:57	0:46:47	0:21:27	<b>1:21:11</b>	2	40	Energetic Triathlon Shatin
87	陳振宗	Chan Chun Chung, Albert	0:13:35	0:45:50	0:23:20	<b>1:22:45</b>	3	39	Sonic Sports Association
75	湯惠聰	Christopher Tong	0:14:50	0:44:49	0:23:26	<b>1:23:05</b>	4	38	Sonic Sports Association
269		Derek Sands	0:15:34			<b>1:23:15</b>	5	37	Hong Kong Dragon Triathlon Association
96	楊志康	Yeung Chi Hong	0:13:24	0:48:43	0:21:53	<b>1:24:00</b>	6	36	Titan Triathlon
89	何瀚華	Ho Hon Wah, Henry	0:14:12	0:46:25	0:23:50	<b>1:24:27</b>	7	35	Titan Triathlon
78	黃健	Wong Kin, Kenny	0:16:36	0:46:08	0:21:49	<b>1:24:33</b>	8	34	Energetic Triathlon Shatin
88	趙國富	Chiu Kok Fu	0:14:36	0:48:07	0:22:12	<b>1:24:55</b>	9	33	Titan Triathlon
275		Adam Graham	0:15:13	0:47:32	0:23:54	<b>1:26:39</b>	10	32	
105	林金清	Lam Kam Ching	0:15:28	0:48:30	0:22:56	<b>1:26:54</b>	11	31	Energetic Triathlon Shatin
112		Brendan Leitch	0:11:45	0:49:21	0:25:56	<b>1:27:02</b>	12	30	Sonic Sports Association
98	溫志清	Wan Chi Ching	0:14:50	0:49:01	0:23:18	<b>1:27:09</b>	13	29	Titan Triathlon

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Race No	Chinese Name	English Name	Swim	Bike	Run	Total	Pos	Points	Clubs
228	方玉良	Fong Yuk Leung	0:17:18	0:49:38	0:21:37	<b>1:28:33</b>	14	28	Titan Triathlon
268		Adam Horler	0:15:48	0:47:40	0:25:09	<b>1:28:37</b>	15	27	Hong Kong Dragon Triathlon Association
79		Christophe Lee	0:16:18	0:49:44	0:23:02	<b>1:29:04</b>	16	26	Energetic Triathlon Shatin
99		Tang Wai Ki, Ricky	0:14:44	0:49:22	0:25:17	<b>1:29:23</b>	17	25	Sonic Sports Association
84		Paul Dingley	0:14:18	0:51:11	0:24:36	<b>1:30:05</b>	18	24	
77	黃浩明	Wong Ho Ming, Edwin	0:12:22	0:50:20	0:27:53	<b>1:30:35</b>	19	23	Sonic Sports Association
104		Jason Keg	0:16:47	0:48:49	0:26:40	<b>1:32:16</b>	20	22	Hong Kong Dragon Triathlon Association
108		Christopher Day	0:13:17	0:54:59	0:25:36	<b>1:33:52</b>	21	21	
86	張業倫	Alan Cheung	0:15:11	0:51:43	0:27:31	<b>1:34:25</b>	22	20	Sonic Sports Association
93		Steve Lyons	0:16:32	0:52:42	0:25:53	<b>1:35:07</b>	23	19	HK Dragons Triathlon Club
101		Rupert Fane	0:13:52	0:54:06	0:28:07	<b>1:36:05</b>	24	18	Hong Kong Dragon Triathlon Association
106		Paul Martin	0:15:21	0:53:12	0:28:26	<b>1:36:59</b>	25	17	
81	彭金有	Pang Kam Yau	0:16:24	0:56:54	0:25:04	<b>1:38:22</b>	26	16	
82	林應威	Lam Ying Wai, Kevin	0:16:37	0:56:27	0:25:46	<b>1:38:50</b>	27	15	
91	李達豪	Lee Tat Ho	0:20:28	0:56:30	0:25:19	<b>1:42:17</b>	28	14	Sonic Sports Association
90	李冠文	Joe Lee	0:20:56	0:54:04	0:27:41	<b>1:42:41</b>	29	13	
110	謝惠敏	Tse Wei Mun	0:17:10	0:56:19	0:30:14	<b>1:43:43</b>	30	12	
74	周啓斌	Chow Kai Pun	0:14:29	1:06:18	0:23:33	<b>1:44:20</b>	31	11	
97		Nadav Sade	0:15:17	0:58:23	0:30:42	<b>1:44:22</b>	32	10	Hong Kong Dragon Triathlon Association
85	謝樹榕	Tse Shu Yung	0:15:39	1:01:04	0:28:02	<b>1:44:45</b>	33	9	
111		Peter Saffer Goldberg	0:16:50	1:01:32	0:26:38	<b>1:45:00</b>	34	8	
272		Justin John Mclennan	0:17:36	1:04:22	0:26:00	<b>1:47:58</b>	35	7	Hong Kong Dragon Triathlon Association
100	陳錦華	Chan Kam Wah	0:16:11	1:02:23	0:29:34	<b>1:48:08</b>	36	6	Hoi Ngai Sports Association
266		Lachlin Miller	0:15:21	0:58:58	0:37:06	<b>1:51:25</b>	37	5	
94	鄧永安	Tang Wing On	0:20:49	1:01:57	0:29:43	<b>1:52:29</b>	38	4	Sonic Sports Association
102	陳植堅	Chan Chik Kin	0:17:59	1:06:19	0:31:43	<b>1:56:01</b>	39	3	
76	李春龍	Lee Chun Lung, Joe	0:17:21	1:07:06	0:36:04	<b>2:00:31</b>	40	2	Sonic Sports Association
107	英偉亮	Marcus Ying	0:22:17	1:12:01	0:28:02	<b>2:02:20</b>	41	1	
201	陳秉樑	Leo Chan	DSQ	DSQ	DSQ	<b>DSQ</b>			
80		Mark Williams				<b>DNS</b>			
83		Michael Watson				<b>DNS</b>			
92	李耀明	Lee Yiu Ming, Newton				<b>DNS</b>			Sonic Sports Association
103	潘國強	Poon Kwok Keung, Paul				<b>DNS</b>			
<b>Male 40-44 - Sprint</b>									
121	葉展能	Ip Chin Nang	0:12:02	0:44:09	0:21:09	<b>1:17:20</b>	1	36	Energetic Triathlon Shatin
133		Steven Bemet	0:13:09	0:44:30	0:20:21	<b>1:18:00</b>	2	35	HK Dragons Triathlon Club
126		David Tonks	0:14:23	0:43:00	0:23:33	<b>1:20:56</b>	3	34	Sonic Sports Association
114		Nicholas Langford	0:16:40	0:44:22	0:21:46	<b>1:22:48</b>	4	33	Hong Kong Dragon Triathlon Association
122	馬志寶	Ma Chi Po	0:15:50	0:46:47	0:22:39	<b>1:25:16</b>	5	32	Titan Triathlon
143	何澤	Ho Chak	0:16:03	0:48:27	0:22:47	<b>1:27:17</b>	6	31	Energetic Triathlon Shatin
270		Eraeme Torre	0:16:26			<b>1:27:39</b>	7	30	
113	陳和芝	Francis Chan	0:15:12	0:47:55	0:25:16	<b>1:28:23</b>	8	29	Energetic Triathlon Shatin
123	施明道	Fernando Nascimento	0:14:35	0:49:56	0:24:46	<b>1:29:17</b>	9	28	Sonic Sports Association
118	李英豪	Lee Ying Ho	0:16:45	0:49:51	0:23:37	<b>1:30:13</b>	10	27	Sonic Sports Association
128	陳偉基	Chan Wai Kee, Eric	0:14:40	0:50:54	0:24:52	<b>1:30:26</b>	11	26	Sonic Sports Association
139		Keith Irvine	0:16:29	0:49:02	0:25:41	<b>1:31:12</b>	12	25	
115	聶禮和	Nip Lai Wo, Simon	0:12:53	0:51:14	0:28:31	<b>1:32:38</b>	13	24	Energetic Triathlon Shatin
242	潘國榮	Poon Kwok Wing	0:15:52	0:51:05	0:26:54	<b>1:33:51</b>	14	23	
207		Tony Flynn	0:18:45	0:51:02	0:24:16	<b>1:34:03</b>	15	22	
138		Brian Gilchrist	0:15:38	0:52:28	0:27:05	<b>1:35:11</b>	16	21	Sonic Sports Association

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124	曾漢棉	Tsang Hon Min	0:17:31	0:49:59	0:27:59	<b>1:35:29</b>	17	20	Titan Triathlon
125	方智威	Fong Chi Wai	0:19:09	0:51:44	0:24:42	<b>1:35:35</b>	18	19	Sonic Sports Association
129	周世樂	Chow Sai Lok	0:16:30	0:53:15	0:28:07	<b>1:37:52</b>	19	18	
116		Scott Burton	0:12:20	0:58:32	0:27:02	<b>1:37:54</b>	20	17	
141	徐耀才	Tsui Yiu Choi, Felix	0:16:12	0:51:16	0:30:43	<b>1:38:11</b>	21	16	Titan Triathlon
134	黃賢昌	Wong Yin Cheong	0:17:26	0:54:03	0:26:48	<b>1:38:17</b>	22	15	HK Dragons Triathlon Club
119		Matthew Laight	0:16:42	0:54:04	0:28:16	<b>1:39:02</b>	23	14	
131	陳家輝	Chan Kar Fai, Jeffrey	0:15:18	0:54:44	0:29:00	<b>1:39:02</b>	24	13	Titan Triathlon
137	鄭家麒	Kwong Ka Ki	0:15:51	1:18:02	0:05:09	<b>1:39:02</b>	25	12	
140		Mark Stevenson	0:20:14	0:56:15	0:25:05	<b>1:41:34</b>	26	11	Titan Triathlon
127	劉德揚	Lau Tak Yeung	0:18:05	1:01:50	0:25:43	<b>1:45:38</b>	27	10	
120	陳柏旺	Chan Pak Wong, Ringo	0:17:17	1:00:39	0:29:00	<b>1:46:56</b>	28	9	
136		Antony Michell				<b>1:47:07</b>	29	8	
149	陳澤輝	Chan Chik Fai	0:16:06	1:04:43	0:27:13	<b>1:48:02</b>	30	7	Energetic Triathlon Shatin
130	劉冠仁	Lau Koon Yan	0:19:07	1:08:46	0:24:13	<b>1:52:06</b>	31	6	
142	伍英俊	Douglas Ng	0:28:34	1:00:06	0:27:22	<b>1:56:02</b>	32	5	
147	魏沛林	Ngai Pui Lam	0:19:53	1:10:49	0:37:01	<b>2:07:43</b>	33	4	
144	侯錫昌	How Sik Cheong	0:19:20	1:12:18	0:40:30	<b>2:12:08</b>	34	3	
145	梁國圖	Leung Kwok To	0:19:15	1:29:27	0:31:22	<b>2:20:04</b>	35	2	Energetic Triathlon Shatin
132	盧嘉榮	Lo Ka Wing	0:20:34	1:30:15	0:33:13	<b>2:24:02</b>	36	1	
117		Nick Dargan				<b>DNS</b>			
135	嚴仲箴	Yim Chung Chee				<b>DNS</b>			
146	麥德長	Mak Tak Cheung				<b>DNS</b>			Ma On Shan Swimming & Triathlon Club
<b><u>Male 45-49 - Sprint</u></b>									
152		Tim Helms	0:14:43	0:45:39	0:20:39	<b>1:21:01</b>	1	26	
159		Paul McMahon	0:15:04	0:45:17	0:22:09	<b>1:22:30</b>	2	25	Hong Kong Dragon Triathlon Association
170		Rolf Kambli	0:15:31	0:46:57	0:22:03	<b>1:24:31</b>	3	24	
164	李家和	Li Ka Wo	0:13:23	0:48:23	0:23:12	<b>1:24:58</b>	4	23	Energetic Triathlon Shatin
150		Jonathan Howes				<b>1:27:51</b>	5	22	
161		Frank Marriot	0:15:41			<b>1:28:06</b>	6	21	Hong Kong Dragon Triathlon Association
209		Trevor Tully	0:14:35	0:49:19	0:24:46	<b>1:28:40</b>	7	20	
163	劉少根	Lau Siu Kan	0:15:19	0:52:12	0:24:47	<b>1:32:18</b>	8	19	Titan Triathlon
171	黃國華	Wong Kwok Wah	0:16:26	0:50:03	0:26:45	<b>1:33:14</b>	9	18	Titan Triathlon
162	何德明	Ho Tak Ming	0:13:37	0:55:27	0:25:09	<b>1:34:13</b>	10	17	Energetic Triathlon Shatin
169	曾忠明	Tsang Chung Ming				<b>1:34:26</b>	11	16	Titan Triathlon
166	曹振邦	Tso Chun Bong	0:17:25			<b>1:36:43</b>	12	15	Titan Triathlon
165	李第宏	Li Tai Wang, Paul	0:17:54	0:54:25	0:27:23	<b>1:39:42</b>	13	14	Sonic Sports Association
157	郭瑞榮	Kwok Sui Wing	0:18:31			<b>1:39:48</b>	14	13	
153	何福有	Ho Fuk Yau	0:13:29	1:05:13	0:24:23	<b>1:43:05</b>	15	12	
155	周應光	Chau Ying Kwong, Jimmy	0:23:51	0:56:35	0:24:06	<b>1:44:32</b>	16	11	
154		Mitchell Stocks	0:19:58	1:03:26	0:23:14	<b>1:46:38</b>	17	10	
206		Helmunth Henning	0:17:38	0:59:29	0:31:48	<b>1:48:55</b>	18	9	
156	鍾樹球	Chung Shu Kau, Sume	0:20:08	1:00:54	0:30:09	<b>1:51:11</b>	19	8	Sonic Sports Association
173	吳嘉華	Ng Ka Wah				<b>1:53:11</b>	20	7	Titan Triathlon
158	蘇民山	Manson So	0:18:04	1:00:00	0:35:58	<b>1:54:02</b>	21	6	
168		Roy Lim	0:16:59	1:03:59	0:37:18	<b>1:58:16</b>	22	5	
172	顧鳴放	Koo Ming Fong	0:19:41	0:57:47	0:43:25	<b>2:00:53</b>	23	4	Energetic Triathlon Shatin
160	蔡偉立	Philip Penaloza	0:19:55	1:16:49	0:36:52	<b>2:13:36</b>	24	3	Sonic Sports Association
273		Cheuk Chun Keung	0:18:28	1:22:19	0:37:03	<b>2:17:50</b>	25	2	
175	劉偉光	Thomas Lau	0:21:21	1:25:50	0:30:54	<b>2:18:05</b>	26	1	Energetic Triathlon Shatin

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Race No	Chinese Name	English Name	Swim	Bike	Run	Total	Pos	Points	Clubs
151		Mark Mason	0:17:09	DNF	DNF	<b>DNF</b>			
167		Stephen Metz				<b>DNS</b>			
<b><u>Male 50 &amp; Over - Sprint</u></b>									
177		Angelo Tavares	0:14:49	0:45:48	0:21:32	<b>1:22:09</b>	1	7	
180	李金滿	Lee Kam Moon	0:14:03	0:46:37	0:23:48	<b>1:24:28</b>	2	6	Energetic Triathlon Shatin
181	陳浩基	Chan Ho Kee	0:15:49	0:47:10	0:25:31	<b>1:28:30</b>	3	5	Titan Triathlon
182	黃錦添	Wong Kam Tim	0:16:00	0:50:35	0:24:12	<b>1:30:47</b>	4	4	Sonic Sports Association
179	陳景源	Chan King Yuen				<b>1:37:26</b>	5	3	Titan Triathlon
174	李樹麟	Andrew Li	0:16:32	0:50:33	0:31:38	<b>1:38:43</b>	6	2	Energetic Triathlon Shatin
176		Ken Woodhouse	0:17:29	1:06:05	0:33:03	<b>1:56:37</b>	7	1	
178		James Stewart				<b>DNS</b>			
<b><u>Male Junior - Super Sprint</u></b>									
316	吳國樑	Ng Kwok Leung	0:06:32			<b>0:38:24</b>	1	11	Titan Triathlon
306	張德熙	Cheung Tak Hei, Arthur	0:06:33	0:21:03	0:10:51	<b>0:38:27</b>	2	10	Titan Triathlon
310	鄧滔	Tang Tao	0:06:34	0:21:41	0:10:46	<b>0:39:01</b>	3	9	
317	吳子傑	Ng Tsz Kit	0:07:07	0:22:09	0:10:32	<b>0:39:48</b>	4	8	Titan Triathlon
307	洗朗軒	Sin Long Hin	0:06:55	0:22:46	0:10:31	<b>0:40:12</b>	5	7	Titan Triathlon
313	區志軒	Au Chi Hin	0:06:46	0:22:32	0:11:08	<b>0:40:26</b>	6	6	Ma On Shan Swimming & Triathlon Club
315	甄允賢	Yan Wan Yin	0:06:58	0:20:25	0:15:17	<b>0:42:40</b>	7	5	Energetic Triathlon Shatin
312	簡尚哲	Kan Sheung Chit, Jeffrey	0:06:47	0:26:18	0:13:44	<b>0:46:49</b>	8	4	Energetic Triathlon Shatin
318	陸匡時	Luk Hong Sze	0:07:04	0:25:48	0:14:02	<b>0:46:54</b>	9	3	
314	盧建璋	Lo Kin Cheung	0:06:48	0:22:37	0:24:03	<b>0:53:28</b>	10	2	Ma On Shan Swimming & Triathlon Club
308		Aric Stocks	0:08:32	0:28:36	0:16:33	<b>0:53:41</b>	11	1	
309	劉浩德	Lau Ho Tak, Thomas				<b>DNS</b>			
<b><u>Male Open - Super Sprint</u></b>									
331	梁志恆	Leung Chi Hang, Jermey	0:10:32	0:20:39	0:08:51	<b>0:40:02</b>	1	13	Sonic Sports Association
323	楊永賢	Yeung Wing Yin	0:08:27	0:26:38	0:10:16	<b>0:45:21</b>	2	12	Energetic Triathlon Shatin
319	張文光	Cheung Man Kwong	0:08:36	0:25:54	0:12:16	<b>0:46:46</b>	3	11	Mango Swimming Club
334	巫建偉	Mo Kin Wai, Ray	0:09:53	0:26:31	0:11:19	<b>0:47:43</b>	4	10	
47	劉健章	Lau Kin Cheung	0:10:13	0:26:10	0:12:19	<b>0:48:42</b>	5	9	
329	劉敬年	Lau King Nin	0:10:30	0:28:20	0:10:49	<b>0:49:39</b>	6	8	Titan Triathlon
320	吳仲明	Ng Chung Ming, Robert	0:10:19	0:27:11	0:13:14	<b>0:50:44</b>	7	7	Titan Triathlon
322	謝凱榮	Tse Hoi Wing	0:10:10	0:32:50	0:09:55	<b>0:52:55</b>	8	6	
321	彭迪安	Pang Tik On, Eddie	0:11:29	0:28:24	0:14:28	<b>0:54:21</b>	9	5	
327	簡文狄	Swadiq Khan	0:08:55	0:34:20	0:11:51	<b>0:55:06</b>	10	4	
324	林詠倫	Lam Wing Lun	0:10:36	0:38:46	0:16:30	<b>1:05:52</b>	11	3	
326	黃國威	Wong Kwok Wai	0:12:48	0:38:02	0:22:46	<b>1:13:36</b>	12	2	
340	曾慶安	Tsang Hing On	0:09:18	0:40:48	0:23:31	<b>1:13:37</b>	13	1	
325	吳浩康	Deep Ng	0:10:32	DNF	0:12:26	<b>DSQ</b>			
328	陳志傑	Chan Chi Kit				<b>DNS</b>			Pro-Trinity Sports Club
330	王洪烈	Wong Hung Lek, Ben				<b>DNS</b>			Titan Triathlon
332	葉藹華	Yip Oi Wah				<b>DNS</b>			The Little Doplone Swimming Training Center
338		Hassan Curreem				<b>DNS</b>			
<b><u>Male Veteran - Super Sprint</u></b>									
301	鄒浩明	Chau Ho Ming	0:09:02	0:24:28	0:13:19	<b>0:46:49</b>	1	4	Energetic Triathlon Shatin
333	吳志青	Ng Che Ching	0:11:00	0:24:44	0:14:37	<b>0:50:21</b>	2	3	Titan Triathlon
300	謝天偉	Tse Tin Wai	0:09:47	0:29:52	0:10:57	<b>0:50:36</b>	3	2	

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Race No	Chinese Name	English Name	Swim	Bike	Run	Total	Pos	Points	Clubs
339	王志文	Wong Chi Man	0:11:20	0:28:20	0:11:49	<b>0:51:29</b>	4	1	
<b><u>Female Elite Open - Sprint</u></b>									
12		Jocelyn Pollock	0:10:29	0:45:47	0:20:29	<b>1:16:45</b>	1	2	Hong Kong Dragon Triathlon Association
13		Claire Murray	0:11:43	0:47:16	0:21:57	<b>1:20:56</b>	2	1	
11	麥素寧	Mak So Ning, Tania				<b>DNS</b>			Energetic Triathlon Shatin
<b><u>Female Elite Junior - Sprint</u></b>									
14	許煒森	Hui Wai Sum, Vincci	0:11:27	0:48:55	0:21:45	<b>1:22:07</b>	1	3	Energetic Triathlon Shatin
17	司徒兆殷	Szeto Shiu Yan	0:11:42	0:48:51	0:24:34	<b>1:25:07</b>	2	2	
15	胡潔婷	Wu Kit Ting, Kitty	0:11:45	0:48:48	0:24:56	<b>1:25:29</b>	3	1	Energetic Triathlon Shatin
16	黃芷欣	Wong Tsz Yan, Crystal				<b>DNS</b>			Energetic Triathlon Shatin
<b><u>Female Junior - Sprint</u></b>									
240	范樂詩	Fan Lok Sze, Jessica	0:12:22	0:52:59	0:27:31	<b>1:32:52</b>	1	4	Energetic Triathlon Shatin
235	范樂欣	Fan Lok Yan	0:13:55	0:57:13	0:24:21	<b>1:35:29</b>	2	3	Energetic Triathlon Shatin
239	張迪嘉	Cheung Tik ka	0:14:33	0:56:45	0:27:52	<b>1:39:10</b>	3	2	Sonic Sports Association
237	余珮珊	She Pui Shan	0:14:00	1:09:30	0:30:38	<b>1:54:08</b>	4	1	
238	陳雅妍	Chan Nga Yin, Vicky	0:12:27			<b>DNF</b>			
<b><u>Female 20-29- Sprint</u></b>									
219	周佩欣	Chow Pui Yan	0:14:37	0:51:15	0:23:48	<b>1:29:40</b>	1	5	Titan Triathlon
218	黃姿慧	Wong Gi Wai, GiGi	0:18:09	0:58:24	0:27:29	<b>1:44:02</b>	2	4	Sonic Sports Association
223		Shannon Arnold	0:16:14	1:10:02	0:29:39	<b>1:55:55</b>	3	3	Energetic Triathlon Shatin
210	潘文鳳	Poon Man Fung	0:19:03	1:13:32	0:28:21	<b>2:00:56</b>	4	2	
215	湯嘉麗	Tong Carlay	0:13:57	1:11:33	0:36:02	<b>2:01:32</b>	5	1	Energetic Triathlon Shatin
211	梁家怡	Leung Ka Yi				<b>DNS</b>			
<b><u>Female 30-39- Sprint</u></b>									
236		Florence Lai	0:14:12			<b>1:28:20</b>	1	7	
213	許家敏	Hui Ka Man, Amy	0:14:29			<b>1:40:06</b>	2	6	Energetic Triathlon Shatin
217	張錦欣	Cheung Kam Yan	0:16:31	0:58:01	0:26:39	<b>1:41:11</b>	3	5	
212	麥翠珊	Teresa Mak	0:21:02	1:05:13	0:27:54	<b>1:54:09</b>	4	4	Sonic Sports Association
216	陳桂華	Chan Kwai Wah	0:18:01	1:05:17	0:31:54	<b>1:55:12</b>	5	3	Titan Triathlon
221	黃囑梅	Wong Kwok Mul, Enoch				<b>1:59:32</b>	6	2	Energetic Triathlon Shatin
222	盧囑姿	Lo Kwok Chi, Viola	0:20:14	1:22:37	0:33:32	<b>2:16:23</b>	7	1	Energetic Triathlon Shatin
214		Madoka Murayama				<b>DNS</b>			Sonic Sports Association
220		Rebecca Kynaston				<b>DNS</b>			
<b><u>Female 40 &amp; Over- Sprint</u></b>									
226		Nicola Walker	0:18:17	0:51:34	0:25:23	<b>1:35:14</b>	1	5	
234		Anne Knecht Boyer	0:15:05	0:57:22	0:26:10	<b>1:38:37</b>	2	4	
233	吳幼蘭	Ng Yau Lan	0:15:33	1:00:13	0:24:05	<b>1:39:51</b>	3	3	Ma On Shan Swimming & Triathlon Club
227		Ana Leitao	0:17:37			<b>1:46:16</b>	4	2	
229	鄭詠荷	Cheng Wing Ho	0:20:45	1:23:48	0:30:42	<b>2:15:15</b>	5	1	Energetic Triathlon Shatin
225		Teresa Ellis	0:15:32	DSQ	0:28:30	<b>1:25:54</b>	DSQ		
224		Kathy Helms				<b>DNS</b>			
230		Ilaria Galimberti				<b>DNS</b>			
231	楊世喜	Yeung Sai Hee, Sally				<b>DNS</b>			Titan Triathlon
<b><u>Female Open - Super Sprint</u></b>									

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Race No	Chinese Name	English Name	Swim	Bike	Run	Total	Pos	Points	Clubs
303	梅綺雯	Mui Yee Man, Mon	0:09:40	0:27:15	0:13:13	<b>0:50:08</b>	1	2	Titan Triathlon
302	李佩思	Lee Pui Sze	0:09:31	0:27:49	0:18:16	<b>0:55:36</b>	2	1	Titan Triathlon
304	黃芝妮	Wong Chi Ni, Cherry				<b>DNS</b>			The Little Doplone Swimming Training Center
336		Laura Ryan				<b>DNS</b>			
<b><u>Female Veteran - Super Sprint</u></b>									
305		Ann K. Honarvar	0:11:28	0:28:28	0:14:49	<b>0:54:45</b>	1	4	
232		Suen Yin Man, Eunice	0:09:58	0:39:24	0:08:08	<b>0:57:30</b>	2	3	Energetic Triathlon Shatin
337		Heven Adams	0:10:51			<b>0:59:37</b>	3	2	
335	莫玉明	Mok Yuk Ming	0:11:08	0:54:34	0:18:45	<b>1:24:27</b>	4	1	Energetic Triathlon Shatin
<b><u>Relay Team - Open</u></b>									
25	Ma On Shan Swimming & Triathlon Club - Team A		0:10:19	0:42:43	0:19:06	<b>1:12:08</b>		1	
264	The Chiense University of Hong Kong Cycling Team					<b>1:12:30</b>		2	
256	Sonic + Flying Ball Team A		0:11:03			<b>1:15:22</b>		3	
257	Sonic + Flying Ball Team B		0:11:14	0:44:56	0:22:45	<b>1:18:55</b>		4	
250	Titan Triathlon		0:12:44	0:47:16	0:21:42	<b>1:21:42</b>		5	
258	Sonic + Flying Ball Team C					<b>1:22:10</b>		6	
259	Sonic + Flying Ball Team D		0:14:07	0:46:46	0:22:04	<b>1:22:57</b>		7	
254	Sonic Newbie Team B		0:12:37	0:49:25	0:22:16	<b>1:24:18</b>		8	
265	CARP		0:16:35	0:51:28	0:25:09	<b>1:33:12</b>		9	
262	Titan A		0:17:05	0:51:38	0:24:52	<b>1:33:35</b>		10	
261	Professional Sports Associaiton		0:17:33	0:49:58	0:27:42	<b>1:35:13</b>		11	
255	Sonic Newbie Team C		0:17:13	1:05:06	0:20:50	<b>1:43:09</b>		12	
252	Last Minutes							13	
260	Sonic + Flying Ball Team E		0:10:17	DSQ	0:31:28	<b>1:10:06</b>		DSQ	
253	Sonic Newbie Team A		0:17:21	1:09:01	0:30:31	<b>1:56:53</b>		DNS	
<b><u>Relay Team - Junior</u></b>									
263	Ma On Shan Swimming & Triathlon Club - Team B		0:11:11	0:50:27	0:22:04	<b>1:23:42</b>		1	