Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Female 20-24	1	16	Chan Yu Ling		02:23:35							
Cat	Category	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Female 25-29	Position 1	1	Fung Wynnie		01:37:24	00:18:25	00:02:36	00:44:00	00:02:14	00:30:09	3	100.00
Course A - Female 25-29	2	22	• ,	Titan Triathlon	01:44:43	00:10:23	00:02:30	00:46:38	00:02:14	00:35:32	2	66.67
Course A - Female 25-29	3	20		Part Time Association	02:41:47	00:17:14	00:06:31	01:15:50	00:03:43	00:44:01	1	33.33
Course A - Female 25-29	DNF		Lai Frances	Tart Time Association	02.41.41	00:31:44	00:03:00	01.10.00	00.00.40	00.44.01	•	00.00
Course A - Female 25-29	DNS		SJOHOLM CHRISTINA	Tritons Triathlon Club		00.10.42	00.00.00					
Short Swim	DSQ		Joey Tam	Hong Kong Dragons Triathlon Club		00:12:52	00:04:09	00:45:26	00:02:50	00:31:24		
Cat	Category		EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time		Dointo	%
Cat	Position	ы	Enginame	Club	Official Time	Swilli Tillie	11 Time	DIKE HITTE	12 111110	Rull Tillle	Points	70
Course A - Female 30-34	1	30	TIK MANDY	Tritons Triathlon Club	01:21:37	00:17:01	00:02:57	00:36:23	00:01:47	00:23:30	7	100.00
Course A - Female 30-34	2	26	Lau On Yue	Titan Triathlon	01:23:19	00:19:41	00:02:13	00:33:56	00:01:40	00:25:51	6	85.71
Course A - Female 30-34	3	29	Olivia June Alfheim	Tritions Triathlon Club	01:31:30	00:17:21	00:03:13	00:38:48	00:02:01	00:30:09	5	71.43
Course A - Female 30-34	4	25	Hunt Heather		01:32:40	00:18:40	00:03:28	00:39:48	00:02:05	00:28:41	4	57.14
Course A - Female 30-34	5	27	Lau Yi Man		01:45:02	00:20:18	00:03:45	00:48:48	00:01:52	00:30:22	3	42.86
Course A - Female 30-34	6	24	Cheng Nga Ying		01:57:30	00:30:30	00:05:33	00:40:36	00:03:19	00:37:33	2	28.57
Course A - Female 30-34	7	28	Ng See Nga	Chi Keung Aqua Club	02:13:22	00:26:08	00:04:43	01:02:16	00:03:21	00:36:55	1	14.29
Course A - Female 30-34	DNS	31	Tong Carlay	Energetic Triathlon Shatin								
Course A - Female 30-34	DNF	23	Chan Suet Ying, Rachel			00:26:56	00:03:59					
Unauthorized removal of athletes bike by third party.	DSQ	32	TSANG WAN YEE DIANA	Part Time Association	01:48:13	00:22:27	00:03:49	00:42:25	00:02:20	00:37:14		
0-4	Category		Englisms									
Cat		Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Female 35-39	Position 1	Bib 36		Club	Official Time 01:25:36	Swim Time 00:18:29	T1 Time 00:03:34	00:37:02	T2 Time 00:01:55	00:24:37	Points 13	100.00
	Position		Grant Riddell Janie	Part Time Association								
Course A - Female 35-39	Position 1	36	Grant Riddell Janie Wong Suet Fan		01:25:36	00:18:29	00:03:34	00:37:02	00:01:55	00:24:37	13	100.00
Course A - Female 35-39 Course A - Female 35-39	Position 1 2	36 46	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe		01:25:36 01:28:26	00:18:29 00:19:12	00:03:34 00:02:33	00:37:02 00:37:19	00:01:55 00:01:59	00:24:37 00:27:25	13 12	100.00 92.31
Course A - Female 35-39 Course A - Female 35-39 Course A - Female 35-39	Position 1 2 3	36 46 33 38	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe	Part Time Association	01:25:36 01:28:26 01:29:42	00:18:29 00:19:12 00:19:00	00:03:34 00:02:33 00:03:28	00:37:02 00:37:19 00:37:57	00:01:55 00:01:59 00:02:07	00:24:37 00:27:25 00:27:12	13 12 11	100.00 92.31 84.62
Course A - Female 35-39 Course A - Female 35-39 Course A - Female 35-39 Course A - Female 35-39	Position 1 2 3 4	36 46 33 38	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN	Part Time Association Energetic Triathlon Shatin	01:25:36 01:28:26 01:29:42 01:31:16	00:18:29 00:19:12 00:19:00 00:17:05	00:03:34 00:02:33 00:03:28 00:02:37	00:37:02 00:37:19 00:37:57 00:40:23	00:01:55 00:01:59 00:02:07 00:01:45	00:24:37 00:27:25 00:27:12 00:29:27	13 12 11 10	100.00 92.31 84.62 76.92
Course A - Female 35-39	Position 1 2 3 4 5	36 46 33 38 42	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma	Part Time Association Energetic Triathlon Shatin	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37	00:01:55 00:01:59 00:02:07 00:01:45 00:01:32	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17	13 12 11 10 9	100.00 92.31 84.62 76.92 69.23
Course A - Female 35-39	Position 1 2 3 4 5 6	36 46 33 38 42 43	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma Wong Hiu Chong	Part Time Association Energetic Triathlon Shatin	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34 01:38:13	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31 00:22:42	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39 00:03:22	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37 00:38:45	00:01:55 00:01:59 00:02:07 00:01:45 00:01:32 00:02:13	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17 00:31:12	13 12 11 10 9	100.00 92.31 84.62 76.92 69.23 61.54
Course A - Female 35-39	Position 1 2 3 4 5 6 7	36 46 33 38 42 43 45 47	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma Wong Hiu Chong	Part Time Association Energetic Triathlon Shatin Titan Triathlon	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34 01:38:13 01:39:16	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31 00:22:42 00:24:10	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39 00:03:22 00:03:03	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37 00:38:45 00:41:06	00:01:55 00:01:59 00:02:07 00:01:45 00:01:32 00:02:13 00:01:40	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17 00:31:12 00:29:19	13 12 11 10 9 8 7	100.00 92.31 84.62 76.92 69.23 61.54 53.85
Course A - Female 35-39	Position 1 2 3 4 5 6 7 8	36 46 33 38 42 43 45 47	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma Wong Hiu Chong YICK WING YAN NATALIE Lee Wai Fong, Rita	Part Time Association Energetic Triathlon Shatin Titan Triathlon	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34 01:38:13 01:39:16 01:41:01	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31 00:22:42 00:24:10 00:21:31	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39 00:03:22 00:03:03 00:05:11	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37 00:38:45 00:41:06 00:42:15	00:01:55 00:01:59 00:02:07 00:01:45 00:01:32 00:02:13 00:01:40 00:02:00	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17 00:31:12 00:29:19 00:30:05	13 12 11 10 9 8 7 6	100.00 92.31 84.62 76.92 69.23 61.54 53.85 46.15
Course A - Female 35-39	Position 1 2 3 4 5 6 7 8 9	36 46 33 38 42 43 45 47	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma Wong Hiu Chong YICK WING YAN NATALIE Lee Wai Fong, Rita Chan Peggy Pui Zee	Part Time Association Energetic Triathlon Shatin Titan Triathlon	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34 01:38:13 01:39:16 01:41:01 01:41:43	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31 00:22:42 00:24:10 00:21:31 00:28:20	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39 00:03:22 00:03:03 00:05:11 00:04:37	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37 00:38:45 00:41:06 00:42:15 00:38:08	00:01:55 00:01:59 00:02:07 00:01:45 00:01:32 00:02:13 00:01:40 00:02:00 00:02:17	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17 00:31:12 00:29:19 00:30:05 00:28:23	13 12 11 10 9 8 7 6	100.00 92.31 84.62 76.92 69.23 61.54 53.85 46.15 38.46
Course A - Female 35-39	Position 1 2 3 4 5 6 7 8 9 10	36 46 33 38 42 43 45 47 41 34	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma Wong Hiu Chong YICK WING YAN NATALIE Lee Wai Fong, Rita	Part Time Association Energetic Triathlon Shatin Titan Triathlon Part Time Association	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34 01:38:13 01:39:16 01:41:01 01:41:43 01:49:57	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31 00:22:42 00:24:10 00:21:31 00:28:20 00:22:50	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39 00:03:22 00:03:03 00:05:11 00:04:37 00:03:59	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37 00:38:45 00:41:06 00:42:15 00:38:08 00:49:10	00:01:55 00:01:59 00:02:07 00:01:45 00:01:32 00:02:13 00:01:40 00:02:00 00:02:17 00:02:43	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17 00:31:12 00:29:19 00:30:05 00:28:23 00:31:17	13 12 11 10 9 8 7 6 5	100.00 92.31 84.62 76.92 69.23 61.54 53.85 46.15 38.46 30.77
Course A - Female 35-39	Position 1 2 3 4 5 6 7 8 9 10 11	36 46 33 38 42 43 45 47 41 34 37	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma Wong Hiu Chong YICK WING YAN NATALIE Lee Wai Fong, Rita Chan Peggy Pui Zee HO WING YAN, CHERRY IRIS LAU	Part Time Association Energetic Triathlon Shatin Titan Triathlon Part Time Association	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34 01:38:13 01:39:16 01:41:01 01:41:43 01:49:57 01:50:16 02:00:18	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31 00:22:42 00:24:10 00:21:31 00:28:20 00:22:50 00:26:07	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39 00:03:22 00:03:03 00:05:11 00:04:37 00:03:59 00:03:39	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37 00:38:45 00:41:06 00:42:15 00:38:08 00:49:10 00:47:12 00:54:44	00:01:55 00:01:59 00:02:07 00:01:45 00:01:32 00:02:13 00:01:40 00:02:00 00:02:17 00:02:43 00:02:22	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17 00:31:12 00:29:19 00:30:05 00:28:23 00:31:17 00:30:58	13 12 11 10 9 8 7 6 5 4 3	100.00 92.31 84.62 76.92 69.23 61.54 53.85 46.15 38.46 30.77 23.08
Course A - Female 35-39	Position 1 2 3 4 5 6 7 8 9 10 11 12	36 46 33 38 42 43 45 47 41 34 37	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma Wong Hiu Chong YICK WING YAN NATALIE Lee Wai Fong, Rita Chan Peggy Pui Zee HO WING YAN, CHERRY IRIS LAU Lam Hoi Yin	Part Time Association Energetic Triathlon Shatin Titan Triathlon Part Time Association Titan Triathlon	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34 01:38:13 01:39:16 01:41:01 01:41:43 01:49:57 01:50:16	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31 00:22:42 00:24:10 00:21:31 00:28:20 00:22:50 00:26:07 00:25:04	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39 00:03:22 00:03:03 00:05:11 00:04:37 00:03:59 00:03:39 00:04:44	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37 00:38:45 00:41:06 00:42:15 00:38:08 00:49:10 00:47:12	00:01:55 00:01:59 00:02:07 00:01:45 00:01:32 00:02:13 00:01:40 00:02:00 00:02:17 00:02:43 00:02:22 00:02:17	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17 00:31:12 00:29:19 00:30:05 00:28:23 00:31:17 00:30:58 00:33:31	13 12 11 10 9 8 7 6 5 4 3	100.00 92.31 84.62 76.92 69.23 61.54 53.85 46.15 38.46 30.77 23.08 15.38
Course A - Female 35-39	Position 1 2 3 4 5 6 7 8 9 10 11 12 13	36 46 33 38 42 43 45 47 41 34 37 39 40	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma Wong Hiu Chong YICK WING YAN NATALIE Lee Wai Fong, Rita Chan Peggy Pui Zee HO WING YAN, CHERRY IRIS LAU Lam Hoi Yin Rigg Nerida	Part Time Association Energetic Triathlon Shatin Titan Triathlon Part Time Association	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34 01:38:13 01:39:16 01:41:01 01:41:43 01:49:57 01:50:16 02:00:18	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31 00:22:42 00:24:10 00:21:31 00:28:20 00:22:50 00:26:07 00:25:04	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39 00:03:22 00:03:03 00:05:11 00:04:37 00:03:59 00:03:39 00:04:44	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37 00:38:45 00:41:06 00:42:15 00:38:08 00:49:10 00:47:12 00:54:44	00:01:55 00:01:59 00:02:07 00:01:45 00:01:32 00:02:13 00:01:40 00:02:00 00:02:17 00:02:43 00:02:22 00:02:17	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17 00:31:12 00:29:19 00:30:05 00:28:23 00:31:17 00:30:58 00:33:31	13 12 11 10 9 8 7 6 5 4 3	100.00 92.31 84.62 76.92 69.23 61.54 53.85 46.15 38.46 30.77 23.08 15.38
Course A - Female 35-39 Short Bike	Position 1 2 3 4 5 6 7 8 9 10 11 12 13 DNS DSQ	36 46 33 38 42 43 45 47 41 34 37 39 40 44 35	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma Wong Hiu Chong YICK WING YAN NATALIE Lee Wai Fong, Rita Chan Peggy Pui Zee HO WING YAN, CHERRY IRIS LAU Lam Hoi Yin Rigg Nerida CHENG SIU SIN	Part Time Association Energetic Triathlon Shatin Titan Triathlon Part Time Association Titan Triathlon Hong Kong Dragons Triathlon Club Excel Swim Sports Association	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34 01:38:13 01:39:16 01:41:01 01:41:43 01:49:57 01:50:16 02:00:18 02:13:07	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31 00:22:42 00:24:10 00:21:31 00:28:20 00:22:50 00:26:07 00:25:04 00:28:07	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39 00:03:22 00:03:03 00:05:11 00:04:37 00:03:59 00:03:39 00:04:44 00:05:44	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37 00:38:45 00:41:06 00:42:15 00:38:08 00:49:10 00:47:12 00:54:44 01:06:46	00:01:55 00:01:59 00:02:07 00:01:45 00:01:32 00:02:13 00:01:40 00:02:00 00:02:17 00:02:43 00:02:22 00:02:17 00:02:25	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17 00:31:12 00:29:19 00:30:05 00:28:23 00:31:17 00:30:58 00:33:31 00:30:06	13 12 11 10 9 8 7 6 5 4 3 2	100.00 92.31 84.62 76.92 69.23 61.54 53.85 46.15 38.46 30.77 23.08 15.38 7.69
Course A - Female 35-39	Position 1 2 3 4 5 6 7 8 9 10 11 12 13 DNS	36 46 33 38 42 43 45 47 41 34 37 39 40 44 35	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma Wong Hiu Chong YICK WING YAN NATALIE Lee Wai Fong, Rita Chan Peggy Pui Zee HO WING YAN, CHERRY IRIS LAU Lam Hoi Yin Rigg Nerida	Part Time Association Energetic Triathlon Shatin Titan Triathlon Part Time Association Titan Triathlon Hong Kong Dragons Triathlon Club	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34 01:38:13 01:39:16 01:41:01 01:41:43 01:49:57 01:50:16 02:00:18 02:13:07	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31 00:22:42 00:24:10 00:21:31 00:28:20 00:22:50 00:26:07 00:25:04 00:28:07	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39 00:03:22 00:03:03 00:05:11 00:04:37 00:03:59 00:03:39 00:04:44 00:05:44	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37 00:38:45 00:41:06 00:42:15 00:38:08 00:49:10 00:47:12 00:54:44 01:06:46	00:01:55 00:01:59 00:02:07 00:01:45 00:01:32 00:02:13 00:01:40 00:02:00 00:02:17 00:02:43 00:02:22 00:02:17 00:02:25	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17 00:31:12 00:29:19 00:30:05 00:28:23 00:31:17 00:30:58 00:33:31 00:30:06	13 12 11 10 9 8 7 6 5 4 3 2	100.00 92.31 84.62 76.92 69.23 61.54 53.85 46.15 38.46 30.77 23.08 15.38
Course A - Female 35-39 Short Bike	Position 1 2 3 4 5 6 7 8 9 10 11 12 13 DNS DSQ Category	36 46 33 38 42 43 45 47 41 34 37 39 40 44 35	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma Wong Hiu Chong YICK WING YAN NATALIE Lee Wai Fong, Rita Chan Peggy Pui Zee HO WING YAN, CHERRY IRIS LAU Lam Hoi Yin Rigg Nerida CHENG SIU SIN	Part Time Association Energetic Triathlon Shatin Titan Triathlon Part Time Association Titan Triathlon Hong Kong Dragons Triathlon Club Excel Swim Sports Association	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34 01:38:13 01:39:16 01:41:01 01:41:43 01:49:57 01:50:16 02:00:18 02:13:07	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31 00:22:42 00:24:10 00:21:31 00:28:20 00:22:50 00:26:07 00:25:04 00:28:07	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39 00:03:22 00:03:03 00:05:11 00:04:37 00:03:59 00:03:39 00:04:44 00:05:44	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37 00:38:45 00:41:06 00:42:15 00:38:08 00:49:10 00:47:12 00:54:44 01:06:46 00:35:41 Bike Time 00:34:37	00:01:55 00:01:59 00:02:07 00:01:45 00:01:32 00:02:13 00:01:40 00:02:00 00:02:17 00:02:43 00:02:22 00:02:17 00:02:25	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17 00:31:12 00:29:19 00:30:05 00:28:23 00:31:17 00:30:58 00:33:31 00:30:06	13 12 11 10 9 8 7 6 5 4 3 2	100.00 92.31 84.62 76.92 69.23 61.54 53.85 46.15 38.46 30.77 23.08 15.38 7.69
Course A - Female 35-39 Short Bike	Position 1 2 3 4 5 6 7 8 9 10 11 12 13 DNS DSQ Category Position	36 46 33 38 42 43 45 47 41 34 37 39 40 44 35	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma Wong Hiu Chong YICK WING YAN NATALIE Lee Wai Fong, Rita Chan Peggy Pui Zee HO WING YAN, CHERRY IRIS LAU Lam Hoi Yin Rigg Nerida CHENG SIU SIN	Part Time Association Energetic Triathlon Shatin Titan Triathlon Part Time Association Titan Triathlon Hong Kong Dragons Triathlon Club Excel Swim Sports Association	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34 01:38:13 01:39:16 01:41:01 01:41:43 01:49:57 01:50:16 02:00:18 02:13:07 01:40:52	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31 00:22:42 00:24:10 00:21:31 00:28:20 00:22:50 00:25:04 00:28:07 00:29:15 Swim Time	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39 00:03:22 00:03:03 00:05:11 00:04:37 00:03:59 00:03:39 00:04:44 00:05:44 00:03:45	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37 00:38:45 00:41:06 00:42:15 00:38:08 00:49:10 00:47:12 00:54:44 01:06:46 00:35:41	00:01:55 00:01:59 00:02:07 00:01:45 00:02:13 00:02:13 00:02:00 00:02:17 00:02:43 00:02:22 00:02:17 00:02:25 00:02:04	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17 00:31:12 00:29:19 00:30:05 00:28:23 00:31:17 00:30:58 00:33:31 00:30:06	13 12 11 10 9 8 7 6 5 4 3 2 1	100.00 92.31 84.62 76.92 69.23 61.54 53.85 46.15 38.46 30.77 23.08 15.38 7.69
Course A - Female 35-39 Short Bike Cat Course A - Female 40-44	Position 1 2 3 4 5 6 7 8 9 10 11 12 13 DNS DSQ Category Position 1	36 46 33 38 42 43 45 47 41 34 37 39 40 44 35 Bib	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma Wong Hiu Chong YICK WING YAN NATALIE Lee Wai Fong, Rita Chan Peggy Pui Zee HO WING YAN, CHERRY IRIS LAU Lam Hoi Yin Rigg Nerida CHENG SIU SIN EngName Vikki dArcy	Part Time Association Energetic Triathlon Shatin Titan Triathlon Part Time Association Titan Triathlon Hong Kong Dragons Triathlon Club Excel Swim Sports Association Club Hong Kong Dragons Triathlon Club	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34 01:38:13 01:39:16 01:41:01 01:41:43 01:49:57 01:50:16 02:00:18 02:13:07 01:40:52 Official Time 01:20:12	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31 00:22:42 00:24:10 00:21:31 00:28:20 00:22:50 00:26:07 00:25:04 00:29:15 Swim Time 00:18:27	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39 00:03:22 00:03:03 00:05:11 00:04:37 00:03:59 00:03:39 00:04:44 00:05:44 00:03:45 T1 Time 00:02:40	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37 00:38:45 00:41:06 00:42:15 00:38:08 00:49:10 00:47:12 00:54:44 01:06:46 00:35:41 Bike Time 00:34:37	00:01:55 00:01:59 00:02:07 00:01:45 00:01:32 00:02:13 00:01:40 00:02:00 00:02:17 00:02:43 00:02:22 00:02:17 00:02:25 00:02:04 T2 Time 00:01:26	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17 00:31:12 00:29:19 00:30:05 00:28:23 00:31:17 00:30:58 00:33:31 00:30:06 00:30:09	13 12 11 10 9 8 7 6 5 4 3 2 1	100.00 92.31 84.62 76.92 69.23 61.54 53.85 46.15 38.46 30.77 23.08 15.38 7.69
Course A - Female 35-39 Short Bike Cat Course A - Female 40-44 Course A - Female 40-44	Position 1 2 3 4 5 6 7 8 9 10 11 12 13 DNS DSQ Category Position 1 2	36 46 33 38 42 43 45 47 41 34 37 39 40 44 35 Bib	Grant Riddell Janie Wong Suet Fan Anne-Marie Balfe Hui Ka Man LI CHI YAN Poon Emma Wong Hiu Chong YICK WING YAN NATALIE Lee Wai Fong, Rita Chan Peggy Pui Zee HO WING YAN, CHERRY IRIS LAU Lam Hoi Yin Rigg Nerida CHENG SIU SIN EngName Vikki dArcy Lui Shuk Han, Karen	Part Time Association Energetic Triathlon Shatin Titan Triathlon Part Time Association Titan Triathlon Hong Kong Dragons Triathlon Club Excel Swim Sports Association Club Hong Kong Dragons Triathlon Club Energetic Triathlon Shatin	01:25:36 01:28:26 01:29:42 01:31:16 01:32:34 01:38:13 01:39:16 01:41:01 01:41:43 01:49:57 01:50:16 02:00:18 02:13:07 01:40:52 Official Time 01:20:12 01:20:32	00:18:29 00:19:12 00:19:00 00:17:05 00:21:31 00:22:42 00:24:10 00:21:31 00:28:20 00:22:50 00:26:07 00:25:04 00:29:15 Swim Time 00:18:27 00:19:46	00:03:34 00:02:33 00:03:28 00:02:37 00:02:39 00:03:22 00:03:03 00:05:11 00:04:37 00:03:59 00:03:39 00:04:44 00:05:44 00:03:45 T1 Time 00:02:40 00:01:58	00:37:02 00:37:19 00:37:57 00:40:23 00:40:37 00:38:45 00:41:06 00:42:15 00:38:08 00:49:10 00:47:12 00:54:44 01:06:46 00:35:41 Bike Time 00:34:37 00:28:29	00:01:55 00:01:59 00:02:07 00:01:45 00:01:32 00:02:13 00:01:40 00:02:00 00:02:17 00:02:43 00:02:22 00:02:17 00:02:25 00:02:04 T2 Time 00:01:26 00:01:58	00:24:37 00:27:25 00:27:12 00:29:27 00:26:17 00:31:12 00:29:19 00:30:05 00:28:23 00:31:17 00:30:58 00:33:31 00:30:06 00:30:09 Run Time 00:23:03 00:23:20	13 12 11 10 9 8 7 6 5 4 3 2 1	100.00 92.31 84.62 76.92 69.23 61.54 53.85 46.15 38.46 30.77 23.08 15.38 7.69

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Female 40-44	6	58	MAN ANITA	Titan Triathlon	01:43:40	00:23:30	00:04:16	00:42:30	00:02:08	00:31:17	6	54.55
Course A - Female 40-44	7	48	Allison McEnaney		01:45:49	00:22:03	00:04:37	00:47:05	00:02:44	00:29:23	5	45.45
Course A - Female 40-44	8	60	Stephanie Chan		01:48:39	00:22:58	00:05:10	00:43:31	00:02:35	00:34:27	4	36.36
Course A - Female 40-44	9	55	LAM FUNG LIN	Part Time Association	01:50:14	00:27:33	00:03:52	00:49:04	00:01:45	00:28:02	3	27.27
Course A - Female 40-44	10	59	PEGGY LAI	Sonic Sports Association	01:50:44	00:19:23	00:03:11	00:50:56	00:02:29	00:34:46	2	18.18
Course A - Female 40-44	11	62	Woo Wei An		02:09:32	00:23:08	00:05:43	00:47:57	00:03:14	00:49:31	1	9.09
Course A - Female 40-44	DNS	50	cordelia dyer									
Course A - Female 40-44	DNS	51	Florrie Cheng									
Course A - Female 40-44	DNS	52	Grace Lo	South China Athletic Association								
Course A - Female 40-44	DNS	56	Lam Lai Yu, Cathy	Sonic Sports Association								
Cat	Category	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Female 45-49	Position 1	63	Abigail Stead		01:19:23	00:15:58	00:02:21	00:35:44	00:01:42	00:23:40	7	100.00
Course A - Female 45-49	2	68	=	Tritons Triathlon Club	01:19:23	00:15:43	00:02:52	00:37:34	00:01:59	00:25:13	6	85.71
Course A - Female 45-49	3	64		THORS THATHOU CIUD	01:34:08	00:13:43	00:02:32	00:37:34	00:01:39	00:23:13	5	71.43
Course A - Female 45-49	4			Hope Sport Association	01:38:49	00:21:37	00:03:40	00:37:48	00:02:27	00:32:15	4	57.14
	•	69 65		Hope Sport Association	01:42:17	00:22:40		00:37:48	00:02:27		3	
Course A Female 45-49	5	65	Cathryn Hopkins				00:04:38			00:34:44	3 2	42.86
Course A - Female 45-49	6 7	66	Ching Suk Kam		01:56:33	00:31:46	00:04:33	00:40:27	00:03:11	00:36:38		28.57
Course A - Female 45-49	•		Linna Hill		02:01:31	00:27:03	00:04:59	00:44:50	00:03:45	00:40:56	1	14.29
Course A - Female 45-49	DNF	67	, ,			00:20:46	00:04:21	00 47 00				
Course A - Female 45-49	DNF	/1	Wu Mei Ling			00:27:49	00:05:10	00:47:08				
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Cat Course A - FeMale 50-54			EngName Tanic Harris	Club	Official Time 01:36:57	Swim Time 00:22:16	T1 Time 00:03:25	Bike Time 00:36:28	T2 Time 00:02:47	Run Time 00:32:03	Points	% 100.00
	Position	451		Club								
Course A - FeMale 50-54	Position 1	451 72	Tanic Harris	Club AustSports Association	01:36:57	00:22:16	00:03:25	00:36:28	00:02:47	00:32:03	3	100.00
Course A - FeMale 50-54 Course A - Female 50-54	Position 1 2	451 72 73	Tanic Harris SY Mei Lee, Janet		01:36:57 01:38:14	00:22:16 00:22:15	00:03:25 00:04:22 00:02:10	00:36:28 00:39:16	00:02:47 00:02:03	00:32:03 00:30:19	3 2 1	100.00 66.67
Course A - FeMale 50-54 Course A - Female 50-54 Course A - Female 50-54	Position 1 2 3 Category	451 72 73	Tanic Harris SY Mei Lee, Janet Tam Yuen Hung	AustSports Association	01:36:57 01:38:14 01:48:00	00:22:16 00:22:15 00:26:23	00:03:25 00:04:22 00:02:10	00:36:28 00:39:16 00:33:34	00:02:47 00:02:03 00:11:55	00:32:03 00:30:19 00:33:59	3 2 1	100.00 66.67 33.33
Course A - FeMale 50-54 Course A - Female 50-54 Course A - Female 50-54 Cat	Position 1 2 3 Category Position	451 72 73 Bib	Tanic Harris SY Mei Lee, Janet Tam Yuen Hung	AustSports Association	01:36:57 01:38:14 01:48:00 Official Time	00:22:16 00:22:15 00:26:23	00:03:25 00:04:22 00:02:10	00:36:28 00:39:16 00:33:34	00:02:47 00:02:03 00:11:55	00:32:03 00:30:19 00:33:59	3 2 1	100.00 66.67 33.33
Course A - FeMale 50-54 Course A - Female 50-54 Course A - Female 50-54 Cat Course A - Female 55-59	Position 1 2 3 Category Position 1 Category	451 72 73 Bib	Tanic Harris SY Mei Lee, Janet Tam Yuen Hung EngName Ptricia Leahy	AustSports Association Club	01:36:57 01:38:14 01:48:00 Official Time 02:01:22	00:22:16 00:22:15 00:26:23 Swim Time 00:30:11	00:03:25 00:04:22 00:02:10 T1 Time 00:04:27	00:36:28 00:39:16 00:33:34 Bike Time 00:44:28	00:02:47 00:02:03 00:11:55 T2 Time 00:03:52	00:32:03 00:30:19 00:33:59 Run Time 00:38:26	3 2 1 Points	100.00 66.67 33.33 % 100.00
Course A - FeMale 50-54 Course A - Female 50-54 Course A - Female 50-54 Cat Course A - Female 55-59 Cat	Position 1 2 3 Category Position 1 Category Position	451 72 73 Bib 74	Tanic Harris SY Mei Lee, Janet Tam Yuen Hung EngName Ptricia Leahy EngName	AustSports Association Club	01:36:57 01:38:14 01:48:00 Official Time 02:01:22 Official Time	00:22:16 00:22:15 00:26:23 Swim Time 00:30:11 Swim Time	00:03:25 00:04:22 00:02:10 T1 Time 00:04:27 T1 Time	00:36:28 00:39:16 00:33:34 Bike Time 00:44:28	00:02:47 00:02:03 00:11:55 T2 Time 00:03:52 T2 Time	00:32:03 00:30:19 00:33:59 Run Time 00:38:26 Run Time	3 2 1 Points 1 Points	100.00 66.67 33.33 % 100.00
Course A - FeMale 50-54 Course A - Female 50-54 Course A - Female 50-54 Cat Course A - Female 55-59 Cat Course A - Female Elite Junior	Position 1 2 3 Category Position 1 Category Position 1	451 72 73 Bib 74	Tanic Harris SY Mei Lee, Janet Tam Yuen Hung EngName Ptricia Leahy EngName Camden Richter Choi Yan Yin, Hilda	AustSports Association Club Club	01:36:57 01:38:14 01:48:00 Official Time 02:01:22 Official Time 01:11:21	00:22:16 00:22:15 00:26:23 Swim Time 00:30:11 Swim Time 00:12:26	00:03:25 00:04:22 00:02:10 T1 Time 00:04:27 T1 Time 00:01:58	00:36:28 00:39:16 00:33:34 Bike Time 00:44:28 Bike Time 00:34:45	00:02:47 00:02:03 00:11:55 T2 Time 00:03:52 T2 Time 00:01:13	00:32:03 00:30:19 00:33:59 Run Time 00:38:26 Run Time 00:21:01	3 2 1 Points 1 Points 3	100.00 66.67 33.33 % 100.00 %
Course A - FeMale 50-54 Course A - Female 50-54 Course A - Female 50-54 Cat Course A - Female 55-59 Cat Course A - Female Elite Junior Course A - Female Elite Junior	Position 1 2 3 Category Position 1 Category Position 1 2	451 72 73 Bibb 74 Bibb 5 6 7	Tanic Harris SY Mei Lee, Janet Tam Yuen Hung EngName Ptricia Leahy EngName Camden Richter Choi Yan Yin, Hilda	AustSports Association Club Club Energetic Triathlon Shatin	01:36:57 01:38:14 01:48:00 Official Time 02:01:22 Official Time 01:11:21 01:13:00	00:22:16 00:22:15 00:26:23 Swim Time 00:30:11 Swim Time 00:12:26 00:13:19	00:03:25 00:04:22 00:02:10 T1 Time 00:04:27 T1 Time 00:01:58 00:02:04 00:02:02	00:36:28 00:39:16 00:33:34 Bike Time 00:44:28 Bike Time 00:34:45 00:33:46 00:36:58	00:02:47 00:02:03 00:11:55 T2 Time 00:03:52 T2 Time 00:01:13 00:01:14 00:01:28	00:32:03 00:30:19 00:33:59 Run Time 00:38:26 Run Time 00:21:01 00:22:39 00:26:33	3 2 1 Points 1 Points 3 2 1	100.00 66.67 33.33 % 100.00 % 100.00 66.67
Course A - Female 50-54 Course A - Female 50-54 Course A - Female 50-54 Cat Course A - Female 55-59 Cat Course A - Female Elite Junior Course A - Female Elite Junior Course A - Female Elite Junior	Position 1 2 3 Category Position 1 Category Position 1 Category Category Category Category Category Category Category	451 72 73 Bib 74 Bib 5 6 7	Tanic Harris SY Mei Lee, Janet Tam Yuen Hung EngName Ptricia Leahy EngName Camden Richter Choi Yan Yin, Hilda Hung Cheuk Yi	AustSports Association Club Club Energetic Triathlon Shatin Sonic Sport Association	01:36:57 01:38:14 01:48:00 Official Time 02:01:22 Official Time 01:11:21 01:13:00 01:20:15	00:22:16 00:22:15 00:26:23 Swim Time 00:30:11 Swim Time 00:12:26 00:13:19 00:13:17	00:03:25 00:04:22 00:02:10 T1 Time 00:04:27 T1 Time 00:01:58 00:02:04 00:02:02	00:36:28 00:39:16 00:33:34 Bike Time 00:44:28 Bike Time 00:34:45 00:33:46 00:36:58	00:02:47 00:02:03 00:11:55 T2 Time 00:03:52 T2 Time 00:01:13 00:01:14 00:01:28	00:32:03 00:30:19 00:33:59 Run Time 00:38:26 Run Time 00:21:01 00:22:39 00:26:33	3 2 1 Points 1 Points 3 2 1	100.00 66.67 33.33 % 100.00 % 100.00 66.67
Course A - FeMale 50-54 Course A - Female 50-54 Course A - Female 50-54 Cat Course A - Female 55-59 Cat Course A - Female Elite Junior	Position 1 2 3 Category Position 1 Category Position 1 2 3 Category Position	451 72 73 Bib 74 Bib 5 6 7	Tanic Harris SY Mei Lee, Janet Tam Yuen Hung EngName Ptricia Leahy EngName Camden Richter Choi Yan Yin, Hilda Hung Cheuk Yi EngName Cheung Ting Yan, Joyce	AustSports Association Club Club Energetic Triathlon Shatin Sonic Sport Association Club	01:36:57 01:38:14 01:48:00 Official Time 02:01:22 Official Time 01:11:21 01:13:00 01:20:15 Official Time	00:22:16 00:22:15 00:26:23 Swim Time 00:30:11 Swim Time 00:12:26 00:13:19 00:13:17	00:03:25 00:04:22 00:02:10 T1 Time 00:04:27 T1 Time 00:01:58 00:02:04 00:02:02	00:36:28 00:39:16 00:33:34 Bike Time 00:44:28 Bike Time 00:34:45 00:33:46 00:36:58	00:02:47 00:02:03 00:11:55 T2 Time 00:03:52 T2 Time 00:01:13 00:01:14 00:01:28	00:32:03 00:30:19 00:33:59 Run Time 00:38:26 Run Time 00:21:01 00:22:39 00:26:33	3 2 1 Points 1 Points 3 2 1 Points	100.00 66.67 33.33 % 100.00 % 100.00 66.67 33.33
Course A - FeMale 50-54 Course A - Female 50-54 Course A - Female 50-54 Cat Course A - Female 55-59 Cat Course A - Female Elite Junior	Position 1 2 3 Category Position 1 Category Position 1 2 3 Category Position 1 DNS Category	451 72 73 Bib 74 Bib 5 6 7 Bib	Tanic Harris SY Mei Lee, Janet Tam Yuen Hung EngName Ptricia Leahy EngName Camden Richter Choi Yan Yin, Hilda Hung Cheuk Yi EngName Cheung Ting Yan, Joyce	AustSports Association Club Club Energetic Triathlon Shatin Sonic Sport Association Club Energetic Triathlon Shatin	01:36:57 01:38:14 01:48:00 Official Time 02:01:22 Official Time 01:11:21 01:13:00 01:20:15	00:22:16 00:22:15 00:26:23 Swim Time 00:30:11 Swim Time 00:12:26 00:13:19 00:13:17	00:03:25 00:04:22 00:02:10 T1 Time 00:04:27 T1 Time 00:01:58 00:02:04 00:02:02 T1 Time 00:03:10	00:36:28 00:39:16 00:33:34 Bike Time 00:44:28 Bike Time 00:34:45 00:33:46 00:36:58 Bike Time 00:32:08	00:02:47 00:02:03 00:11:55 T2 Time 00:03:52 T2 Time 00:01:13 00:01:14 00:01:28 T2 Time 00:02:05	00:32:03 00:30:19 00:33:59 Run Time 00:38:26 Run Time 00:21:01 00:22:39 00:26:33 Run Time 00:22:13	3 2 1 Points 1 Points 3 2 1 Points 1	100.00 66.67 33.33 % 100.00 % 100.00 66.67 33.33
Course A - Female 50-54 Course A - Female 50-54 Course A - Female 50-54 Cat Course A - Female 55-59 Cat Course A - Female Elite Junior	Position 1 2 3 Category Position 1 Category Position 1 2 3 Category Position 1 DNS	451 72 73 Bibb 74 Bibb 5 6 7 Bibb	Tanic Harris SY Mei Lee, Janet Tam Yuen Hung EngName Ptricia Leahy EngName Camden Richter Choi Yan Yin, Hilda Hung Cheuk Yi EngName Cheung Ting Yan, Joyce KATE RUTHERFORD	AustSports Association Club Club Energetic Triathlon Shatin Sonic Sport Association Club Energetic Triathlon Shatin Hong Kong Dragons Triathlon Club	01:36:57 01:38:14 01:48:00 Official Time 02:01:22 Official Time 01:11:21 01:13:00 01:20:15 Official Time 01:12:32	00:22:16 00:22:15 00:26:23 Swim Time 00:30:11 Swim Time 00:12:26 00:13:19 00:13:17 Swim Time 00:12:57	00:03:25 00:04:22 00:02:10 T1 Time 00:04:27 T1 Time 00:01:58 00:02:04 00:02:02 T1 Time 00:03:10	00:36:28 00:39:16 00:33:34 Bike Time 00:44:28 Bike Time 00:34:45 00:33:46 00:36:58 Bike Time 00:32:08	00:02:47 00:02:03 00:11:55 T2 Time 00:03:52 T2 Time 00:01:13 00:01:14 00:01:28 T2 Time 00:02:05	00:32:03 00:30:19 00:33:59 Run Time 00:38:26 Run Time 00:21:01 00:22:39 00:26:33 Run Time 00:22:13	3 2 1 Points 1 Points 3 2 1 Points 1	100.00 66.67 33.33 % 100.00 % 100.00 66.67 33.33 %

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Female Junior	2	10	CHAN KWAN HO	Hope Sport Association	01:21:48	00:15:19	00:02:21	00:37:53	00:01:25	00:24:53	4	80.00
Course A - Female Junior	3	12		Hope Sport Association	01:23:29	00:17:44	00:02:54	00:37:40	00:01:17	00:23:55	3	60.00
Course A - Female Junior	4	11		Hope Sport Association	01:27:32	00:15:16	00:02:54	00:37:26	00:01:34	00:30:23	2	40.00
Course A - Female Junior	5	13	,	Hope Sport Association	01:28:32	00:15:57	00:02:24	00:37:14	00:01:37	00:31:23	1	20.00
Course A - Female Junior	DNS		Tong Sze Wai	Sonic Sport Association	01120102						·	
Course A - Female Junior	DNS		Camille Chan	Como opera necessarion								
Cat	Category	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male 20-24	Position 1		Chan Chun Lung, Alan	Titan Triathlon	01:13:52	00:13:50	00:02:01	00:32:14	00:01:19	00:24:30	19	100.00
Course A - Male 20-24 Course A - Male 20-24	•		•		01:13:52		00:02:01	00:32:14		00:24:30	18	94.74
Course A - Male 20-24 Course A - Male 20-24	2 3		Cheng Tsz Yeung	Titan Triathlon		00:15:19 00:13:36	00:02:09	00:32:27	00:01:20 00:01:23	00:23:20	17	94.74 89.47
Course A - Male 20-24 Course A - Male 20-24	3 4		Ng Ching Hong	AustSports Association	01:15:22 01:21:03	00:13:36	00:02:12	00:35:41	00:01:23	00:22:31		84.21
Course A - Male 20-24 Course A - Male 20-24			Chan Yin Ming	AustSports Association							16	
	5		LEUNG KA WA	Excel Swim Sports Association	01:22:05	00:19:23	00:02:38	00:34:47	00:01:41	00:23:38	15	78.95
Course A - Male 20-24	6		WU Kenneth Yee-Lok		01:22:36	00:18:03	00:02:59	00:36:40	00:01:50	00:23:06	14	73.68
Course A - Male 20-24	7		Fok Yun Sam	5 10 1 0 1 A 1 II	01:24:27	00:17:38	00:02:45	00:36:10	00:01:50	00:26:06	13	68.42
Course A - Male 20-24	8		TSE YAU CHUN	Excel Swim Sports Association	01:24:37	00:20:37	00:02:54	00:33:50	00:01:29	00:25:47	12	63.16
Course A - Male 20-24	9		LAI YUE CHEUNG	Excel Swim Sports Association	01:30:11	00:23:22	00:02:19	00:36:23	00:01:25	00:26:45	11	57.89
Course A - Male 20-24	10		Lo Ning Yan	Creat Ray Recreation & Sport Club	01:30:26	00:22:31	00:02:35	00:39:06	00:01:53	00:24:23	10	52.63
Lost Chips	11		Chow Hiu Cheng	AustSports Association	01:30:35						9	47.37
Course A - Male 20-24	12		Chui Chun Sing		01:31:41	00:21:40	00:03:56	00:41:46	00:01:37	00:22:44	8	42.11
Course A - Male 20-24	13		leung kwok kin		01:37:07	00:23:45	00:05:11	00:37:32	00:02:32	00:28:09	7	36.84
Course A - Male 20-24	14		Ho Chung	Creat Ray Recreation & Sport Club	01:41:27	00:18:26	00:03:39	00:42:01	00:02:07	00:35:16	6	31.58
Course A - Male 20-24	15		Leung Yu Hin		01:46:37	00:17:34	00:04:19	00:48:25	00:01:49	00:34:31	5	26.32
Course A - Male 20-24	16		Ho Kai Ming		01:50:16	00:32:27	00:03:34	00:38:53	00:02:36	00:32:48	4	21.05
Course A - Male 20-24	17		lui siu ting		01:54:01	00:24:22	00:04:25	00:48:33	00:02:16	00:34:27	3	15.79
Course A - Male 20-24	18	187	Cheuk Hiu Fung		02:04:55	00:11:30	00:14:01	00:56:08	00:04:00	00:39:17	2	10.53
Course A - Male 20-24	19	208	wong tak fuk		02:05:13	00:23:05	00:05:23	00:54:48	00:02:03	00:39:55	1	5.26
Course A - Male 20-24	DNF	196	Lau Long Fung	Titan Triathlon		00:14:55	00:02:08					
Course A - Male 20-24	DNS	203	MAC CHEUK YIN	Pro-trinity Sports Club								
Course A - Male 20-24	DNS	205	Pun Yiu Chung	AustSports Association								
Short Bike	DSQ	207	WONG KA FAI		1:13:00	00:21:31	00:02:34	00:24:12	00:01:30	00:23:13		
Short Bike	DSQ	193	Lai Hei Ming	Energetic Triathlon Shatin	01:26:27	00:19:06	00:02:49	00:37:56	00:01:46	00:31:21		
Short Bike	DSQ	211	yeung yun chun		01:38:38	00:23:33	00:03:24	00:38:36	00:02:26	00:34:32		
Short Bike	DSQ	195	lam siu lai		01:48:02	00:25:22	00:04:08	00:41:37	00:01:24	00:19:58		
	DSQ	209	Wong Wai Ho		01:09:03	00:15:37	00:02:17	00:29:47				
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male 25-29	1	219	Ho King Fun		01:05:58	00:12:14	00:01:49	00:31:00	00:01:12	00:19:45	28	100.00
Course A - Male 25-29	2	220	Hsieh Chun Shing, Jason	Titan Triathlon	01:06:26	00:12:14	00:01:49	00:31:04	00:01:17	00:20:04	27	96.43
Course A - Male 25-29	3		CHAN HOI WING	Energetic Triathlon Shatin	01:11:35	00:14:51	00:02:16		00:01:17	00:20:55	26	92.86
Course A - Male 25-29	4		Leung Ka Lun	Energetic Triathlon Shatin	01:14:25	00:15:12	00:02:14	00:32:25	00:01:27	00:23:09	25	89.29
Course A - Male 25-29	5		Chow Shing Wang	New Wave Swimming Club	01:18:12	00:15:33	00:02:52	00:37:38	00:01:50	00:20:20	24	85.71
Course A - Male 25-29	6		KO MAN FAI	5	01:20:12	00:17:00	00:02:34	00:35:35	00:01:51	00:23:14	23	82.14
Course A - Male 25-29	7		Patrick Wong		01:23:32	00:11:55	00:02:52	00:36:37	00:01:50	00:22:21	22	78.57
Course A - Male 25-29	8		JEFFREY WEI		01:24:37	00:17:33	00:02:58	00:38:13	00:02:24	00:23:30	21	75.00
Course A - Male 25-29	9		Chan Man Ho	Energetic Triathlon Shatin	01:26:24	00:17:06	00:02:06	00:36:25	00:01:37	00:28:11	20	71.43
COGICO / LIVIGIO ZO ZO	3	210	Chair Mair Fio	Energene manion enaum	01.20.27	00.17.00	00.00.00	00.00.20	30.01.07	00.20.11	20	7 1.40

Cat	Category	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
	Position											
Course A - Male 25-29	10		Lau Chun Ngai	New Wave Swimming Club	01:27:14	00:14:32	00:02:54	00:37:56	00:01:29	00:30:23	19	67.86
Course A - Male 25-29	11		wong wai chi	o	01:27:36	00:15:35	00:03:12	00:38:00	00:02:05	00:28:45	18	64.29
Course A - Male 25-29	12	226	· ·	Energetic Triathlon Shatin	01:29:08	00:18:32	00:02:59	00:42:40	00:01:25	00:23:33	17	60.71
Course A - Male 25-29	13		Ao Cheuk Yin	Titan Triathlon	01:31:30	00:22:38	00:02:46	00:39:45	00:01:27	00:24:55	16	57.14
Course A - Male 25-29	14		LEUNG Lai Lam LEO		01:31:58	00:24:34	00:03:19	00:35:15	00:01:47	00:27:04	15	53.57
Course A - Male 25-29	15		Lo King Wai		01:32:48	00:16:51	00:04:11	00:43:28	00:01:36	00:26:44	14	50.00
Course A - Male 25-29	16		Lee Pak Keung		01:33:43	00:21:34	00:04:01	00:42:11	00:01:48	00:24:12	13	46.43
Course A - Male 25-29	17		YIP CHI CHUEN CHRIS		01:34:14	00:19:43	00:03:36	00:39:28	00:02:23	00:29:06	12	42.86
Course A - Male 25-29	18		Yiu Wai Lam		01:34:19	00:22:12	00:04:10	00:38:48	00:01:54	00:27:16	11	39.29
Course A - Male 25-29	19	233	Mo Sze Yuen	Hope Sport Association	01:36:52	00:16:55	00:03:30	00:38:16	00:02:38	00:35:35	10	35.71
Course A - Male 25-29	20	241	tong man ho		01:36:56	00:20:55	00:03:42	00:41:06	00:02:14	00:29:01	9	32.14
Course A - Male 25-29	21	243	Wong Kwok Ho		01:37:27	00:21:59	00:03:28	00:43:58	00:02:02	00:26:02	8	28.57
Course A - Male 25-29	22	213	Chan Hoi Hang Daych		01:41:17	00:24:30	00:03:22	00:38:46	00:02:11	00:32:30	7	25.00
Course A - Male 25-29	23	242	Tse Yu Fung		01:43:18	00:20:12	00:04:04	00:43:07	00:02:29	00:33:28	6	21.43
Course A - Male 25-29	24	216	Cheung Pak shun		01:47:37	00:23:49	00:04:28	00:41:24	00:01:39	00:36:19	5	17.86
Course A - Male 25-29	25	230	LIE KENT SOON KENSON		01:47:49	00:24:16	00:02:37	00:45:32	00:02:08	00:33:17	4	14.29
Course A - Male 25-29	26	217	Chow Cheuk Ki		01:57:46	00:18:56	00:03:50	00:54:25	00:05:08	00:35:29	3	10.71
Course A - Male 25-29	27	225	KOON PUI CHEONG		01:58:06	00:30:19	00:03:35	00:46:52	00:02:06	00:35:17	2	7.14
Course A - Male 25-29	28	232	Ma Chi Hang, Derek	New Wave Swimming Club	02:30:27	00:24:14	00:06:14	01:08:31	00:03:23	00:48:07	1	3.57
Course A - Male 25-29	DNS	221	HUNG CHEUNG KIT, JOHN	South China Athletic Association	01:26:06	00:23:00	00:02:34	00:31:37	00:02:13	00:26:42		
Course A - Male 25-29	DNS	238	Sau Miu Cheung		01:34:45	00:19:10	00:04:05	00:44:01	00:01:41	00:25:50		
Course A - Male 25-29	DNS	234	Ng Chun Tung		01:35:18	00:22:07	00:04:18	00:42:01	00:01:51	00:25:01		
Course A - Male 25-29	DNF	239	Tam Yau Yan	Part Time Association								
0.4	Category	Dil	Fraklana	Olub	Official Time	Outra Time	T4 Time	Diles Tiess	T0 Time	D Ti	Dainta	0/
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Cat Course A - Male 30-34		Bib 315	EngName SUN FAT YEE	Club South China Athletic Association	Official Time 01:09:26	Swim Time 00:12:45	T1 Time 00:01:59	Bike Time 00:32:49	T2 Time 00:01:13	Run Time 00:20:43	Points 63	% 100.00
	Position											
Course A - Male 30-34	Position 1	315	SUN FAT YEE	South China Athletic Association	01:09:26	00:12:45	00:01:59	00:32:49	00:01:13	00:20:43	63	100.00
Course A - Male 30-34 Course A - Male 30-34	Position 1 2	315 266	SUN FAT YEE CHOW KEVIN TZE HO	South China Athletic Association South China Athletic Association	01:09:26 01:10:21	00:12:45 00:11:24	00:01:59 00:02:03	00:32:49 00:34:03	00:01:13 00:01:28	00:20:43 00:21:24	63 62	100.00 98.41
Course A - Male 30-34 Course A - Male 30-34 Course A - Male 30-34	Position 1 2 3	315 266 249	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti	South China Athletic Association South China Athletic Association	01:09:26 01:10:21 01:11:32	00:12:45 00:11:24 00:13:59	00:01:59 00:02:03 00:02:37	00:32:49 00:34:03 00:31:35	00:01:13 00:01:28 00:01:48	00:20:43 00:21:24 00:21:35	63 62 61	100.00 98.41 96.83
Course A - Male 30-34	Position 1 2 3 4	315 266 249 325	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan	South China Athletic Association South China Athletic Association	01:09:26 01:10:21 01:11:32 01:15:59	00:12:45 00:11:24 00:13:59 00:15:29	00:01:59 00:02:03 00:02:37 00:02:15	00:32:49 00:34:03 00:31:35 00:35:00	00:01:13 00:01:28 00:01:48 00:01:28	00:20:43 00:21:24 00:21:35 00:21:49	63 62 61 60	100.00 98.41 96.83 95.24
Course A - Male 30-34	Position 1 2 3 4 5	315 266 249 325 324	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit	South China Athletic Association South China Athletic Association	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01	00:01:59 00:02:03 00:02:37 00:02:15 00:02:12	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34	00:01:13 00:01:28 00:01:48 00:01:28 00:01:29	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13	63 62 61 60 59	100.00 98.41 96.83 95.24 93.65
Course A - Male 30-34	Position 1 2 3 4 5 6	315 266 249 325 324 285	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit Lai Kat	South China Athletic Association South China Athletic Association Tritons Triathlon Club	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28 01:17:01	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01 00:20:10	00:01:59 00:02:03 00:02:37 00:02:15 00:02:12 00:02:15	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34 00:33:38	00:01:13 00:01:28 00:01:48 00:01:28 00:01:29 00:01:17	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13 00:19:43	63 62 61 60 59 58	100.00 98.41 96.83 95.24 93.65 92.06
Course A - Male 30-34	Position 1 2 3 4 5 6 7	315 266 249 325 324 285 288	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit Lai Kat Lam Tsz Wai	South China Athletic Association South China Athletic Association Tritons Triathlon Club	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28 01:17:01 01:17:11	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01 00:20:10 00:15:48	00:01:59 00:02:03 00:02:37 00:02:15 00:02:12 00:02:15 00:02:05	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34 00:33:38 00:34:02	00:01:13 00:01:28 00:01:48 00:01:28 00:01:29 00:01:17 00:01:40	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13 00:19:43 00:23:39	63 62 61 60 59 58 57	100.00 98.41 96.83 95.24 93.65 92.06 90.48
Course A - Male 30-34	Position 1 2 3 4 5 6 7 8	315 266 249 325 324 285 288 328	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit Lai Kat Lam Tsz Wai YUI POR NG	South China Athletic Association South China Athletic Association Tritons Triathlon Club Energetic Triathlon Shatin	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28 01:17:01 01:17:11 01:19:00	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01 00:20:10 00:15:48 00:18:30	00:01:59 00:02:03 00:02:37 00:02:15 00:02:12 00:02:15 00:02:05 00:02:36	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34 00:33:38 00:34:02 00:35:38	00:01:13 00:01:28 00:01:48 00:01:28 00:01:29 00:01:17 00:01:40 00:01:33	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13 00:19:43 00:23:39 00:20:45	63 62 61 60 59 58 57 56	100.00 98.41 96.83 95.24 93.65 92.06 90.48 88.89
Course A - Male 30-34	Position 1 2 3 4 5 6 7 8 9	315 266 249 325 324 285 288 328 280	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit Lai Kat Lam Tsz Wai YUI POR NG Jarek Barc	South China Athletic Association South China Athletic Association Tritons Triathlon Club Energetic Triathlon Shatin Hong Kong Dragons Triathlon Club	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28 01:17:01 01:17:11 01:19:00 01:19:31	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01 00:20:10 00:15:48 00:18:30 00:16:37	00:01:59 00:02:03 00:02:37 00:02:15 00:02:12 00:02:15 00:02:05 00:02:36 00:02:55	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34 00:33:38 00:34:02 00:35:38 00:33:15	00:01:13 00:01:28 00:01:48 00:01:28 00:01:29 00:01:17 00:01:40 00:01:33 00:01:40	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13 00:19:43 00:23:39 00:20:45 00:25:07	63 62 61 60 59 58 57 56 55	100.00 98.41 96.83 95.24 93.65 92.06 90.48 88.89 87.30
Course A - Male 30-34	Position 1 2 3 4 5 6 7 8 9 10 11	315 266 249 325 324 285 288 328 280 293	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit Lai Kat Lam Tsz Wai YUI POR NG Jarek Barc Lee Yuk Tong Lui Kim Lun	South China Athletic Association South China Athletic Association Tritons Triathlon Club Energetic Triathlon Shatin Hong Kong Dragons Triathlon Club Energetic Triathlon Shatin	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28 01:17:01 01:17:11 01:19:00 01:19:31 01:20:33 01:21:32	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01 00:20:10 00:15:48 00:18:30 00:16:37 00:20:42 00:17:48	00:01:59 00:02:03 00:02:37 00:02:15 00:02:15 00:02:05 00:02:36 00:02:55 00:02:54	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34 00:33:38 00:34:02 00:35:38 00:33:15 00:34:10	00:01:13 00:01:28 00:01:48 00:01:28 00:01:29 00:01:17 00:01:40 00:01:33 00:01:40 00:01:36 00:01:42	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13 00:19:43 00:23:39 00:20:45 00:25:07 00:21:13	63 62 61 60 59 58 57 56 55 54	100.00 98.41 96.83 95.24 93.65 92.06 90.48 88.89 87.30 85.71 84.13
Course A - Male 30-34	Position 1 2 3 4 5 6 7 8 9 10 11 12	315 266 249 325 324 285 288 328 280 293 301 272	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit Lai Kat Lam Tsz Wai YUI POR NG Jarek Barc Lee Yuk Tong Lui Kim Lun Douglas Robinson	South China Athletic Association South China Athletic Association Tritons Triathlon Club Energetic Triathlon Shatin Hong Kong Dragons Triathlon Club Energetic Triathlon Shatin	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28 01:17:01 01:17:11 01:19:00 01:19:31 01:20:33 01:21:32 01:23:09	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01 00:20:10 00:15:48 00:16:37 00:20:42 00:17:48 00:15:57	00:01:59 00:02:03 00:02:37 00:02:15 00:02:15 00:02:05 00:02:36 00:02:55 00:02:54 00:02:25 00:02:25 00:03:14	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34 00:33:38 00:34:02 00:35:38 00:33:15 00:34:10 00:33:01 00:42:41	00:01:13 00:01:28 00:01:48 00:01:28 00:01:29 00:01:17 00:01:40 00:01:33 00:01:40 00:01:36 00:01:42 00:02:08	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13 00:19:43 00:23:39 00:20:45 00:25:07 00:21:13 00:26:37 00:19:10	63 62 61 60 59 58 57 56 55 54 53 52	100.00 98.41 96.83 95.24 93.65 92.06 90.48 88.89 87.30 85.71 84.13 82.54
Course A - Male 30-34	Position 1 2 3 4 5 6 7 8 9 10 11 12 13	315 266 249 325 324 285 288 328 280 293 301 272 282	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit Lai Kat Lam Tsz Wai YUI POR NG Jarek Barc Lee Yuk Tong Lui Kim Lun Douglas Robinson JUAN RAMON PUCHADES LOPEZ	South China Athletic Association South China Athletic Association Tritons Triathlon Club Energetic Triathlon Shatin Hong Kong Dragons Triathlon Club Energetic Triathlon Shatin	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28 01:17:01 01:17:11 01:19:00 01:19:31 01:20:33 01:21:32 01:23:09 01:23:16	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01 00:20:10 00:15:48 00:18:30 00:16:37 00:20:42 00:17:48 00:15:57 00:17:16	00:01:59 00:02:03 00:02:37 00:02:15 00:02:15 00:02:05 00:02:36 00:02:55 00:02:54 00:02:25 00:03:14 00:03:29	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34 00:33:38 00:34:02 00:35:38 00:34:10 00:33:01 00:42:41 00:35:51	00:01:13 00:01:28 00:01:28 00:01:29 00:01:17 00:01:40 00:01:33 00:01:40 00:01:36 00:01:42 00:02:08 00:02:00	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13 00:19:43 00:23:39 00:20:45 00:25:07 00:21:13 00:26:37 00:19:10 00:24:42	63 62 61 60 59 58 57 56 55 54 53 52	100.00 98.41 96.83 95.24 93.65 92.06 90.48 88.89 87.30 85.71 84.13 82.54 80.95
Course A - Male 30-34	Position 1 2 3 4 5 6 7 8 9 10 11 12 13 14	315 266 249 325 324 285 288 328 280 293 301 272 282 259	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit Lai Kat Lam Tsz Wai YUI POR NG Jarek Barc Lee Yuk Tong Lui Kim Lun Douglas Robinson JUAN RAMON PUCHADES LOPEZ chan ying ming	South China Athletic Association South China Athletic Association Tritons Triathlon Club Energetic Triathlon Shatin Hong Kong Dragons Triathlon Club Energetic Triathlon Shatin	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28 01:17:01 01:17:11 01:19:00 01:19:31 01:20:33 01:21:32 01:23:09 01:23:16 01:23:39	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01 00:20:10 00:15:48 00:18:30 00:16:37 00:20:42 00:17:48 00:15:57 00:17:16 00:18:43	00:01:59 00:02:03 00:02:37 00:02:15 00:02:15 00:02:05 00:02:36 00:02:55 00:02:54 00:02:25 00:03:14 00:03:29 00:03:11	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34 00:33:38 00:34:02 00:35:38 00:34:10 00:33:01 00:42:41 00:35:51 00:34:49	00:01:13 00:01:28 00:01:28 00:01:29 00:01:17 00:01:40 00:01:33 00:01:40 00:01:36 00:01:42 00:02:08 00:02:00 00:02:15	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13 00:19:43 00:23:39 00:20:45 00:25:07 00:21:13 00:26:37 00:19:10 00:24:42 00:24:43	63 62 61 60 59 58 57 56 55 54 53 52 51	100.00 98.41 96.83 95.24 93.65 92.06 90.48 88.89 87.30 85.71 84.13 82.54 80.95 79.37
Course A - Male 30-34	Position 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15	315 266 249 325 324 285 288 328 280 293 301 272 282 259 262	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit Lai Kat Lam Tsz Wai YUI POR NG Jarek Barc Lee Yuk Tong Lui Kim Lun Douglas Robinson JUAN RAMON PUCHADES LOPEZ chan ying ming cheung min wai	South China Athletic Association South China Athletic Association Tritons Triathlon Club Energetic Triathlon Shatin Hong Kong Dragons Triathlon Club Energetic Triathlon Shatin AustSports Association	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28 01:17:01 01:17:11 01:19:00 01:19:31 01:20:33 01:21:32 01:23:09 01:23:16 01:23:39 01:25:31	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01 00:20:10 00:15:48 00:18:30 00:16:37 00:20:42 00:17:48 00:15:57 00:17:16 00:18:43 00:19:21	00:01:59 00:02:03 00:02:37 00:02:15 00:02:15 00:02:05 00:02:56 00:02:55 00:02:54 00:02:25 00:03:14 00:03:29 00:03:11 00:02:47	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34 00:33:38 00:34:02 00:35:38 00:34:10 00:33:01 00:42:41 00:35:51 00:34:49 00:37:06	00:01:13 00:01:28 00:01:28 00:01:29 00:01:17 00:01:40 00:01:33 00:01:40 00:01:36 00:01:42 00:02:08 00:02:00 00:02:15 00:01:31	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13 00:19:43 00:23:39 00:20:45 00:25:07 00:21:13 00:26:37 00:19:10 00:24:42 00:24:43 00:24:48	63 62 61 60 59 58 57 56 55 54 53 52 51 50 49	100.00 98.41 96.83 95.24 93.65 92.06 90.48 88.89 87.30 85.71 84.13 82.54 80.95 79.37 77.78
Course A - Male 30-34	Position 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	315 266 249 325 324 285 288 328 293 301 272 282 259 262 265	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit Lai Kat Lam Tsz Wai YUI POR NG Jarek Barc Lee Yuk Tong Lui Kim Lun Douglas Robinson JUAN RAMON PUCHADES LOPEZ chan ying ming cheung min wai Chow Chi Man	South China Athletic Association South China Athletic Association Tritons Triathlon Club Energetic Triathlon Shatin Hong Kong Dragons Triathlon Club Energetic Triathlon Shatin AustSports Association	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28 01:17:01 01:17:11 01:19:00 01:19:31 01:20:33 01:21:32 01:23:09 01:23:16 01:23:39 01:25:31 01:25:36	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01 00:20:10 00:15:48 00:18:30 00:16:37 00:20:42 00:17:48 00:15:57 00:17:16 00:18:43 00:19:21 00:20:23	00:01:59 00:02:03 00:02:37 00:02:15 00:02:15 00:02:05 00:02:36 00:02:55 00:02:54 00:02:25 00:03:14 00:03:29 00:03:11	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34 00:33:38 00:34:02 00:35:38 00:34:10 00:33:01 00:42:41 00:35:51 00:34:49	00:01:13 00:01:28 00:01:28 00:01:29 00:01:17 00:01:40 00:01:33 00:01:40 00:01:36 00:01:42 00:02:08 00:02:00 00:02:15	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13 00:19:43 00:23:39 00:20:45 00:25:07 00:21:13 00:26:37 00:19:10 00:24:42 00:24:43	63 62 61 60 59 58 57 56 55 54 53 52 51 50 49	100.00 98.41 96.83 95.24 93.65 92.06 90.48 88.89 87.30 85.71 84.13 82.54 80.95 79.37 77.78 76.19
Course A - Male 30-34	Position 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17	315 266 249 325 324 285 288 328 293 301 272 282 259 262 265 303	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit Lai Kat Lam Tsz Wai YUI POR NG Jarek Barc Lee Yuk Tong Lui Kim Lun Douglas Robinson JUAN RAMON PUCHADES LOPEZ chan ying ming cheung min wai Chow Chi Man Moktan Palden	South China Athletic Association South China Athletic Association Tritons Triathlon Club Energetic Triathlon Shatin Hong Kong Dragons Triathlon Club Energetic Triathlon Shatin AustSports Association	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28 01:17:01 01:17:11 01:19:00 01:19:31 01:20:33 01:21:32 01:23:09 01:23:16 01:23:39 01:25:31 01:25:36 01:26:04	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01 00:20:10 00:15:48 00:18:30 00:16:37 00:20:42 00:17:48 00:15:57 00:17:16 00:18:43 00:19:21 00:20:23 00:21:12	00:01:59 00:02:03 00:02:37 00:02:15 00:02:15 00:02:05 00:02:36 00:02:55 00:02:54 00:02:25 00:03:14 00:03:29 00:03:11 00:02:47 00:03:07	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34 00:33:38 00:34:02 00:35:38 00:34:10 00:33:01 00:42:41 00:35:51 00:34:49 00:37:06 00:34:23	00:01:13 00:01:28 00:01:28 00:01:29 00:01:17 00:01:40 00:01:33 00:01:40 00:01:36 00:01:42 00:02:08 00:02:00 00:02:15 00:01:57	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13 00:19:43 00:23:39 00:20:45 00:25:07 00:21:13 00:26:37 00:19:10 00:24:42 00:24:43 00:24:48 00:25:48	63 62 61 60 59 58 57 56 55 54 53 52 51 50 49 48 47	100.00 98.41 96.83 95.24 93.65 92.06 90.48 88.89 87.30 85.71 84.13 82.54 80.95 79.37 77.78 76.19 74.60
Course A - Male 30-34	Position 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	315 266 249 325 324 285 288 328 293 301 272 282 259 262 265 303 284	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit Lai Kat Lam Tsz Wai YUI POR NG Jarek Barc Lee Yuk Tong Lui Kim Lun Douglas Robinson JUAN RAMON PUCHADES LOPEZ chan ying ming cheung min wai Chow Chi Man Moktan Palden Ku Wang Kwon, Henry	South China Athletic Association South China Athletic Association Tritons Triathlon Club Energetic Triathlon Shatin Hong Kong Dragons Triathlon Club Energetic Triathlon Shatin AustSports Association	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28 01:17:01 01:17:11 01:19:00 01:19:31 01:20:33 01:21:32 01:23:09 01:23:16 01:23:39 01:25:31 01:25:36 01:26:04 01:26:26	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01 00:20:10 00:15:48 00:18:30 00:16:37 00:20:42 00:17:48 00:15:57 00:17:16 00:18:43 00:19:21 00:20:23 00:21:12 00:23:25	00:01:59 00:02:03 00:02:37 00:02:15 00:02:15 00:02:05 00:02:36 00:02:55 00:02:54 00:02:25 00:03:14 00:03:29 00:03:11 00:02:47 00:03:07	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34 00:33:38 00:34:02 00:35:38 00:34:10 00:33:01 00:42:41 00:35:51 00:34:49 00:37:06 00:34:23	00:01:13 00:01:28 00:01:28 00:01:29 00:01:17 00:01:40 00:01:33 00:01:40 00:01:36 00:01:42 00:02:08 00:02:00 00:02:15 00:01:31 00:01:57	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13 00:19:43 00:23:39 00:20:45 00:25:07 00:21:13 00:26:37 00:19:10 00:24:42 00:24:43 00:24:48 00:25:48	63 62 61 60 59 58 57 56 55 54 53 52 51 50 49 48 47 46	100.00 98.41 96.83 95.24 93.65 92.06 90.48 88.89 87.30 85.71 84.13 82.54 80.95 79.37 77.78 76.19 74.60 73.02
Course A - Male 30-34	Position 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19	315 266 249 325 324 285 288 328 293 301 272 282 259 262 265 303 284 314	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit Lai Kat Lam Tsz Wai YUI POR NG Jarek Barc Lee Yuk Tong Lui Kim Lun Douglas Robinson JUAN RAMON PUCHADES LOPEZ chan ying ming cheung min wai Chow Chi Man Moktan Palden Ku Wang Kwon, Henry so chi ming	South China Athletic Association South China Athletic Association Tritons Triathlon Club Energetic Triathlon Shatin Hong Kong Dragons Triathlon Club Energetic Triathlon Shatin AustSports Association	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28 01:17:01 01:17:11 01:19:00 01:19:31 01:20:33 01:21:32 01:23:09 01:23:39 01:25:31 01:25:36 01:26:04 01:26:26 01:26:41	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01 00:20:10 00:15:48 00:18:30 00:16:37 00:20:42 00:17:48 00:15:57 00:17:16 00:18:43 00:19:21 00:20:23 00:21:12 00:23:25 00:19:43	00:01:59 00:02:03 00:02:37 00:02:15 00:02:15 00:02:05 00:02:56 00:02:54 00:02:25 00:03:14 00:03:29 00:03:11 00:02:47 00:03:07	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34 00:33:38 00:34:02 00:35:38 00:34:10 00:33:01 00:42:41 00:35:51 00:34:49 00:37:06 00:34:23 00:35:38 00:35:38	00:01:13 00:01:28 00:01:28 00:01:29 00:01:17 00:01:40 00:01:33 00:01:40 00:01:36 00:01:42 00:02:08 00:02:00 00:02:15 00:01:33 00:01:57	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13 00:19:43 00:23:39 00:20:45 00:25:07 00:21:13 00:26:37 00:19:10 00:24:42 00:24:43 00:24:48 00:25:48 00:22:58 00:25:38	63 62 61 60 59 58 57 56 55 54 53 52 51 50 49 48 47 46 45	100.00 98.41 96.83 95.24 93.65 92.06 90.48 88.89 87.30 85.71 84.13 82.54 80.95 79.37 77.78 76.19 74.60 73.02 71.43
Course A - Male 30-34	Position 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	315 266 249 325 324 285 288 328 293 301 272 282 265 303 284 314 275	SUN FAT YEE CHOW KEVIN TZE HO Alexander Tanti Yeung Ka Ming, Ivan Woo Wai Kit Lai Kat Lam Tsz Wai YUI POR NG Jarek Barc Lee Yuk Tong Lui Kim Lun Douglas Robinson JUAN RAMON PUCHADES LOPEZ chan ying ming cheung min wai Chow Chi Man Moktan Palden Ku Wang Kwon, Henry so chi ming	South China Athletic Association South China Athletic Association Tritons Triathlon Club Energetic Triathlon Shatin Hong Kong Dragons Triathlon Club Energetic Triathlon Shatin AustSports Association	01:09:26 01:10:21 01:11:32 01:15:59 01:16:28 01:17:01 01:17:11 01:19:00 01:19:31 01:20:33 01:21:32 01:23:09 01:23:16 01:23:39 01:25:31 01:25:36 01:26:04 01:26:26	00:12:45 00:11:24 00:13:59 00:15:29 00:18:01 00:20:10 00:15:48 00:18:30 00:16:37 00:20:42 00:17:48 00:15:57 00:17:16 00:18:43 00:19:21 00:20:23 00:21:12 00:23:25	00:01:59 00:02:03 00:02:37 00:02:15 00:02:15 00:02:05 00:02:36 00:02:55 00:02:54 00:02:25 00:03:14 00:03:29 00:03:11 00:02:47 00:03:07	00:32:49 00:34:03 00:31:35 00:35:00 00:32:34 00:33:38 00:34:02 00:35:38 00:34:10 00:33:01 00:42:41 00:35:51 00:34:49 00:37:06 00:34:23 00:35:38 00:36:09 00:38:23	00:01:13 00:01:28 00:01:28 00:01:29 00:01:17 00:01:40 00:01:33 00:01:40 00:01:36 00:01:42 00:02:08 00:02:00 00:02:15 00:01:33 00:01:33 00:01:57	00:20:43 00:21:24 00:21:35 00:21:49 00:22:13 00:19:43 00:23:39 00:20:45 00:25:07 00:21:13 00:26:37 00:19:10 00:24:42 00:24:43 00:24:48 00:25:48	63 62 61 60 59 58 57 56 55 54 53 52 51 50 49 48 47 46	100.00 98.41 96.83 95.24 93.65 92.06 90.48 88.89 87.30 85.71 84.13 82.54 80.95 79.37 77.78 76.19 74.60 73.02

Cat	Category	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
	Position											
Course A Male 30-34	22	305	Pang Tim Fat		01:28:38	00:12:31	00:04:33	00:35:58	00:03:06	00:32:33	42	66.67
Course A Male 30-34	23	300	Lo Kai Fung		01:28:55	00:19:26	00:03:47	00:36:18	00:03:03	00:26:22	41	65.08
Course A Male 30-34	24	291	Lau Yun King		01:29:18	00:20:13	00:04:37	00:35:25	00:02:42	00:26:23	40	63.49
Course A - Male 30-34	25	317	Thomas Chan	F	01:29:41	00:19:35	00:02:42	00:42:16	00:01:35	00:23:36	39	61.90
Course A - Male 30-34	26	261	Cheung Man Kit	Energetic Triathlon Shatin	01:30:10	00:24:17	00:02:48	00:34:46	00:01:48	00:26:33	38	60.32
Course A Male 30-34	27	319	Timmy Fung		01:30:18	00:23:29	00:03:22	00:35:49	00:01:59	00:25:40	37	58.73
Course A Mala 20 24	28	270	CHUNG HON LEUNG		01:30:31	00:20:45	00:03:50	00:39:34	00:02:16	00:24:08	36	57.14
Course A - Male 30-34	29	296	Leung Ka Wai		01:30:36	00:21:22	00:04:12	00:38:59	00:02:17	00:23:48	35	55.56
Course A - Male 30-34	30	286	LAI POK HANG		01:30:41	00:24:38	00:03:19	00:36:52	00:02:06	00:23:47	34	53.97
Course A - Male 30-34	31	294	leung chung wai		01:31:06	00:18:10	00:03:31	00:42:20	00:02:04	00:25:02	33	52.38
Course A - Male 30-34	32	252	Au Siu Ming		01:32:55	00:21:38	00:03:03	00:40:28	00:01:35	00:26:14	32	50.79
Course A - Male 30-34	33	298	Leung Yau Tim	Ma On Shan Swimming and Triathlon Club	01:33:09	00:19:56	00:02:58	00:42:10	00:02:36	00:25:29	31	49.21
Course A - Male 30-34	34	256	Chan Hiu Tan	AustSports Association	01:33:16	00:23:27	00:03:33	00:38:59	00:02:31	00:24:48	30	47.62
Course A - Male 30-34	35	322	Wo Kin Ming		01:34:34	00:22:20	00:03:22	00:38:01	00:02:00	00:28:53	29	46.03
Course A - Male 30-34	36	289	Lau Sheung Man		01:35:15	00:24:19	00:03:41	00:41:55	00:02:56	00:22:26	28	44.44
Course A - Male 30-34	37	292	Lee Pui Lam Paul		01:35:39	00:22:57	00:04:28	00:40:55	00:03:06	00:24:15	27	42.86
Course A - Male 30-34	38	260	Cheung Lok Yin		01:35:39	00:23:38	00:03:51	00:42:05	00:01:53	00:24:14	26	41.27
Course A - Male 30-34	39	258	Chan Woon Yew William		01:36:02	00:19:32	00:03:17	00:42:25	00:01:36	00:29:16	25	39.68
Course A - Male 30-34	40	295	Leung Hoi Chuen		01:36:21	00:19:16	00:04:02	00:45:53	00:01:50	00:25:21	24	38.10
Course A - Male 30-34	41	257	Chan Sze Ho Brian		01:37:16	00:25:16	00:04:22	00:43:10	00:01:38	00:22:52	23	36.51
Course A - Male 30-34	42	290	Lau Wing Hang		01:38:29	00:23:41	00:03:32	00:41:08	00:02:22	00:27:49	22	34.92
Course A - Male 30-34	43	304	NG WAI HIN		01:38:48	00:22:59	00:03:07	00:42:34	00:02:36	00:27:33	21	33.33
Course A - Male 30-34	44	318	Tim Chan		01:39:11	00:21:20	00:04:42	00:40:04	00:03:11	00:29:57	20	31.75
Course A - Male 30-34	45	277	Ho Kin Wai		01:39:18	00:23:44	00:03:59	00:45:19	00:01:39	00:24:39	19	30.16
Course A - Male 30-34	46	281	Jason Blejwas		01:39:29	00:22:57	00:03:13	00:39:36	00:02:31	00:31:15	18	28.57
Course A - Male 30-34	47	326	yeung siuyu		01:39:36	00:24:16	00:04:01	00:47:40	00:03:43	00:19:57	17	26.98
Course A - Male 30-34	48	273	Edwin Jalmasco		01:39:42	00:25:52	00:03:35	00:38:11	00:02:47	00:29:18	16	25.40
Course A - Male 30-34	49	316	Tam Chun Kit		01:40:44	00:24:25	00:02:59	00:42:16	00:01:58	00:29:08	15	23.81
Course A - Male 30-34	50	267	chow lok kan		01:41:08	00:25:59	00:06:28	00:37:30	00:03:07	00:28:05	14	22.22
Course A - Male 30-34	51	312	SHAM SIU HANG, Heero		01:41:47	00:23:32	00:03:37	00:41:05	00:02:10	00:31:25	13	20.63
Course A - Male 30-34	52	306	Poon Shing Sau Eddie		01:41:48	00:20:07	00:03:33	00:40:51	00:01:43	00:35:35	12	19.05
Course A - Male 30-34	53	287	Lam Chun fai	South China Athletic Association	01:42:40	00:23:05	00:03:58	00:45:25	00:01:50	00:28:24	11	17.46
Course A - Male 30-34	54	283	Kam Wai Ho	Part Time Association	01:44:11	00:29:02	00:04:20	00:37:31	00:02:44	00:30:36	10	15.87
Course A - Male 30-34	55	309	Ravi Mehta		01:44:40	00:21:45	00:07:06	00:45:19	00:02:24	00:28:07	9	14.29
Course A - Male 30-34	56	310	Raymond Keung		01:45:02	00:21:06	00:03:39	00:42:34	00:02:10	00:35:35	8	12.70
Course A - Male 30-34	57	307	Rah Sang Dae		01:45:20	00:23:44	00:05:13	00:48:09	00:02:13	00:26:03	7	11.11
Course A - Male 30-34	58	263	CHEUNG TING FUNG	Titan Triathlon	01:49:36	00:23:08	00:04:17	00:43:09	00:03:07	00:35:56	6	9.52
Course A - Male 30-34	59	308	Ram Yu		01:49:38	00:25:30	00:03:21	00:39:18	00:02:29	00:39:02	5	7.94
Course A - Male 30-34	60	269	CHUI Ka Chun, Stanley		01:55:34	00:19:36	00:02:37	00:44:56	00:01:58	00:46:28	4	6.35
Course A - Male 30-34	61	255	Chan Chun Lam		02:01:02	00:23:03	00:06:33	00:49:19	00:02:48	00:39:21	3	4.76
Course A - Male 30-34	62	297	Leung Tik Sang		02:10:15	00:22:36	00:05:49	00:48:12	00:03:38	00:50:02	2	3.17
Course A - Male 30-34	63	278	HUANG YAU SHING		02:15:42	00:26:00	00:05:24	01:07:54	00:03:00	00:33:26	1	1.59
Course A - Male 30-34	DNS	248	Alex Gaspar									
Course A - Male 30-34	DNS	250	Alexandre Reinert									
Course A - Male 30-34	DNS		Au Ying Man									
Course A - Male 30-34	DNS		Cheung Wang Chi William									
Course A Male 20 24	DNC	260	chris garyov									

Course A - Male 30-34 Course A - Male 30-34

268 chris garvey

DNS

Camara A. Maile 20-34 Disc) Professional Profession	Cat	Category	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Custer A. Mail 9.04 Q. 79 Isin Vision Tailors Trillor Trillor Guiden Custer A. Mail 9.04 Q. 79 Isin Vision Tailor Trillor Guiden Custer A. Mail 9.04 Q. 79 Isin Vision Tailor Trillor Guiden Custer A. Mail 9.04 Q. 79 Tailor Guiden Tailor Trillor Guiden Custer A. Mail 9.04 Q. 79 Tailor Guiden Tailor Trillor Guiden Custer A. Mail 9.04 Q. 79 Tailor Guiden Tailor Trillor Trillor Guiden Tailor Trillor Guiden Tailo													,,,
Course A - Mise 30:44 0.00				•	Tribere Triebler Olyb								
Course A. Male 90.44 90.84 31 Simon Formation (Dub 1998													
Course A. Halle 90-94 DNS 37 Simmo Dedman Transfer Clubs Transfer Clubs DNS 30 Transfer Clubs Course A. Halle 90-34 DNS 30 Transfer Clubs Course A. Halle 90-34 DNS 32 Transfer Clubs Course A. Halle 90-34 DNS 32 Transfer Clubs Course A. Halle 90-34 DNS 32 Transfer Clubs Course A. Halle 90-34 DNS 38 Ottomal David Course A. Halle 90-34 DNS 38 Ottomal David Transfer Clubs Course A. Halle 90-34 DNS 38 Ottomal David Transfer Clubs Course A. Halle 90-34 DNS 38 Ottomal David Transfer Clubs Transfer Clubs Course A. Halle 90-34 DNS 20 Store Block Clubs Transfer Clubs Tra					Hong Kong Dragons Triatnion Club								
Course A. Maile 30-34 DNS 30 Tang-Chorn (K outs) Course A. Maile 30-34 DNS 32 Tang-Chan (K outs) Course A. Maile 30-34 DNS 32 Tang-Chan (K outs) Course A. Maile 30-34 DNS 32 Tang-Chan (K outs) Course A. Maile 30-34 DNS 36 Course A. Maile 30-34 DNS DNS					Tritana Triathlan Olub								
Course A-Mele 30.34 ONS 27 PIEPOLINN Excel Swimsports Association Excel Swimsport					Tritons Triatnion Club								
Course A - Made 30-94 Cour				• •	AustCharte Association								
Purple P				•	•								
Short Bike					Excer Swim Sports Association								
Short Run GNG 24 Brouks Richard Trilons Triathlon Club 1148-28 0148-38 020-38					Now Ways Swimming Club		00.20.06	00.03.33	00.22.27	00:01:46	00:16:45		
Short Run				• •	_	04.44.00						F0	05.00
Carbon C					Thions Thathion Club								
Cate													
Course A - Male 35-39 3 5 Course A - Male 35-39 3 1 2 3 5 Course A - Male 35-39 3 3 Course A - Male 35-39 3 Cour			299	Li Fai		01:13:49	00:17:53	00:03:36	00:34:23	00:01:59	00:15:56	59	95.16
Course A. Male 35-39 2 39 I Poon Wing Sing Long Churse A. Male 35-39 00-12-38 (0.15-28) 00-20-38 (0.03			Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male 35-39 3 408 Wong Lok Shun 117-34 0015-28 0015-28 001-34 001-30 002-30 55 98-48 Course A - Male 35-39 5 347 Dominie murphy Hong Kong Dragens Triathlon Club 0118-03 001-206 003-35 002-20 02-23 5 94-79 Course A - Male 35-39 6 347 Dominie murphy Hong Kong Dragens Triathlon Club 0118-20 001-20	Course A - Male 35-39	1	345	Chum Tik Ho		01:17:16	00:16:50	00:02:35	00:33:33	00:01:39	00:22:42	57	100.00
Course A. Male 35-39 4 35 b James Whitman Tung Chung Triathlor Association 0117-37 00.15.04 00.03.05 00.145.0 00.23.07 54 b 94 7.9 Course A. Male 35-39 6 347 b Diminic murphy Energetic Triathlor Chair 0118-02 00.03.05 00.03.05 00.02.05 00.22.07 51 b 94 7.0 Course A. Male 35-39 6 343 b Christ Cook Energetic Triathlor Shatin 0118-20 00.015.0 00.02.00 00.22.0 00.22.0 51 b 94 7.7 Course A. Male 35-39 9 380 b Claim Fung Tina Triathlor 0122-06 00.15.05 00.02.50 00.02.18 00.02.07 00.02.00 00.02.18 00.02.20 00.02.10 00.02.20 00.02.20 00.02.20 00.02.20 00.02.10 00.02.20 00.02.20 00.02.20 00.02.20 00.02.20 00.02.20 00.02.20 00.02.20 00.02.20 00.02.20 00.02.20 00.02.20 00.02.20 00.02.20 00.02.20 00.02.20 00.02.20 00.02.20 00.0	Course A - Male 35-39	2	391	Poon Wing Sing		01:17:25	00:19:26	00:02:13	00:33:07	00:01:29	00:21:11	56	98.25
Course A. Male 35-39 5 347 Dominic murphy Hong Kong Dragons Triathlon Club 01:18:03 00:18:08 00:33:05 00:23:07 53 28.9 Course A. Male 35-39 6 343 Chirs Cook Energetic Triathlon Shatin 011:81-2 00:18:09 00:20:40 00:01:29 00:01:29 00:02:29 50 9.18 Course A. Male 35-39 8 37 Osamu Yamagata Sonic Sports Association 01:22:01 00:16:19 00:02:57 00:34:18 00:02:29 50 77.72 Course A. Male 35-39 9 380 Loke Ling Tilan Triathlon 01:22:58 00:19:59 00:02:55 00:34:18 00:02:19 02:22:18 0.77 20:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:22:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:30 00:02:10 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20	Course A - Male 35-39	3	406	Wong Lok Shun		01:17:34	00:15:28	00:02:54	00:31:47	00:01:36	00:25:50	55	96.49
Course A - Male 35-39 6 843 Chins Cook Energetic Triathino Rabitin 011:812 0 00:280 0 00:240 0 00:215 0 52 1 91.32 0 Course A - Male 35-39 8 387 Osamu Yamagata Sonic Sports Association 01:22-01 0 01:61:50 00:257 00:38:15 00:227 0 00:22:9 0 50 7.72 Course A - Male 35-39 9 380 Lok Lam Fung Titlan Triathion 01:22-05 00:55 00:55 00:25 00:35 00:34:1 00:20 00:21 00:21 00:21 00:21 00:21 00:22 00:27 00:21 00:21 00:22 00:22 00:27 00:22 00:2	Course A - Male 35-39	4	356	James Whitman	Tung Chung Triathlon Association	01:17:37	00:15:04	00:02:16	00:34:55	00:01:46	00:23:38	54	94.74
Course A - Male 35-39 7 396 Sin Chun Kwong Energetic Triathlon Shatin 01:19:12 00:19:55 00:02:80 00:02:70 00:02:70 00:12:09 00:12:09 00:02:70 00:02:70 00:02:70 00:02:70 00:02:70 00:02:70 00:02:00	Course A - Male 35-39	5	347	Dominic murphy	Hong Kong Dragons Triathlon Club	01:18:03	00:15:58	00:03:03	00:33:51	00:02:06	00:23:07	53	92.98
Course A - Male 35-39 8 387 Osamu Yamagata Sonic Sports Association 01:22:01 00:16:15 00:02:57 00:38:15 00:02:07 00:22:9 50 87.72 Course A - Male 35-39 9 380 Lok Lam Fung Titan Triathion 01:22:05 00:15:59 00:03:50 00:34:15 00:02:07 00:22:11 49 85.96 Course A - Male 35-39 10 407 Tson Chilleung Part Time Association 01:22:58 00:03:50 00:34:15 00:02:17 02:22:8 8 8.21 Course A - Male 35-39 11 358 Jeffee Yzelinski Tritons Triathion Club 01:23:01 00:20:00 00:33:30 00:02:17 02:02:18 48 8.21 Course A - Male 35-39 13 402 Von Hing Wah AustSports Association 01:25:02 00:15:32 00:02:47 03:33:2 00:02:00 00:25:19 4 7:19 Course A - Male 35-39 15 407 Wing Po Kin Kent Sonic Sports Association 01:25:02 00:22:47 00:02:30 00:02:40 00:02:50	Course A - Male 35-39	6	343	Chris Cook		01:18:20	00:18:09	00:02:40	00:34:03	00:02:05	00:21:25	52	91.23
Course A - Male 35-39 9 38 Lok Lam Fung Titan Triathlon 01-22-05 00.15-59 00.025-35 00.24-11 49 8.78 Course A - Male 35-39 10 400 Tsang Chi Leung Part Time Association 011-22-05 00.15-55 00.03-35 00.34-18 00.02-11 02-24-6 48 84.21 Course A - Male 35-39 11 385 Jeffery Zelienski Tritons Triathlon Club 012-30-1 00.21-0 00.33-8 00.02-11 02-22-1 48 84.72 Course A - Male 35-39 12 408 WONS PUI YUEN Energetic Triathlon Shatin 011-25-02 00.18-38 00.02-24 00.02-30 00.02-24 00.02-30 00.02-34 00.02-30 00.02-34 00.02-30 00.02-30 00.02-30 00.02-34 00.02-30	Course A - Male 35-39	7	396	Sin Chun Kwong	Energetic Triathlon Shatin	01:19:12	00:19:55	00:02:08	00:32:45	00:01:29	00:22:57	51	89.47
Course A - Male 35-39 10 400 Tsang Chi Leung Part Time Association 01:22-58 00:91:50 00:03:50 00:21:10 02:24-68 84 84 21 Course A - Male 35-39 11 358 Jeffeer Zielinski Trichos Trinthion Club 01:23-01 00:02:07 00:03:30 00:02:10 02:02:00 00:02:00 00:02:10 02:02:10 02:02:00 00:02:00 00:02:10 02:02:10 00:02:00 00:02:00 00:02:11 4 6 82-06 Course A - Male 35-39 13 402 Voor Hing Wah AustSports Association 01:25-24 00:01:30 00:02:10 00:02:00 00:26:16 47-71-9 Course A - Male 35-39 16 407 Wong Po Kin Kert Sonic Sports Association 01:25-24 00:02:40 00:02:50 00:02:10 00:02:10 00:25:16 47-71-9 Course A - Male 35-39 16 403 Wan Chi Yue Mong Morg Pragons Triathlon Club 01:25-34 00:02:40 00:02:50 00:02:10 00:02:10 00:02:15 40 71:34 71:34 Course A - Male 35-39 <td>Course A - Male 35-39</td> <td>8</td> <td>387</td> <td>Osamu Yamagata</td> <td>Sonic Sports Association</td> <td>01:22:01</td> <td>00:16:15</td> <td>00:02:57</td> <td>00:38:15</td> <td>00:02:07</td> <td>00:22:29</td> <td>50</td> <td>87.72</td>	Course A - Male 35-39	8	387	Osamu Yamagata	Sonic Sports Association	01:22:01	00:16:15	00:02:57	00:38:15	00:02:07	00:22:29	50	87.72
Course A - Male 35-39 11 358 Jeffrey Zielinski Tritons Triathlon Club 01:23:08 00:00 00:03:49 00:03:40 00:02:10	Course A - Male 35-39	9	380	Lok Lam Fung	Titan Triathlon	01:22:05	00:15:59	00:02:35	00:34:18	00:02:03	00:27:11	49	85.96
Course A - Male 35-39 12 48 WONG PUI YUEN Energetic Triathlon Shatin 01:23:08 00:21:01 00:02:03 00:34:22 00:02:08 02:18 46 80.70 Course A - Male 35-39 13 402 Voor Hing Wah AustSports Association 01:23:51 00:01:30 00:02:41 00:33:22 00:02:08 02:02:48 45 77.95 Course A - Male 35-39 15 47 Wong Po Kin Kent Sonic Sports Association 01:25:28 00:21:40 00:32:62 00:02:10 02:25:5 42 75.48 Course A - Male 35-39 16 403 Wan Chi Yuen Hong Kong Dragons Triathlon Club 01:25:24 00:02:40 00:03:26 00:01:10 00:22:15 42 73.88 Course A - Male 35-39 18 340 Chiu Chi Wah Steve Hong Kong Dragons Triathlon Club 01:25:47 00:01:20 00:03:20 00:01:70 00:02:10 40 70:18 70:18 70:18 70:02:12 40 70:18 70:02:12 40 70:18 70:02:12 40 70:18	Course A - Male 35-39	10	400	Tsang Chi Leung	Part Time Association	01:22:58	00:19:55	00:03:53	00:34:15	00:02:11	00:22:46	48	84.21
Course A - Male 35-39 13 402 Voon Hing Wah AustSports Association 01:23:51 00:18:38 00:24 00:33:20 00:02:64 45 78.95 Course A - Male 35-39 14 352 Ho Chi Hong South China Athleitc Association 01:25:24 00:15:32 00:02:24 00:33:25 00:01:19 44 77.19 Course A - Male 35-39 16 407 Wong Po Kin Kent Sonic Sports Association 01:25:24 00:21:39 00:02:24 00:33:25 00:02:10 00:25:54 43 75.44 Course A - Male 35-39 16 403 Adrian Lydiard Hong Kong Dragons Triathlon Club 01:25:31 00:15:27 00:32:26 00:02:14 00:22:15 42 73.88 Course A - Male 35-39 18 340 Chiu Chi Wah Steve Property Security 16 00:05:25 00:01:25 00:01:32 00:02:25 00:02:25 00:02:25 00:02:25 00:02:25 00:02:25 00:02:25 00:02:25 00:02:25 00:02:25 00:02:25 00:02:25 00:02:25 00:02:25 00:02:25	Course A - Male 35-39	11	358	Jeffrey Zielinski	Tritons Triathlon Club	01:23:01	00:20:07	00:03:49	00:36:38	00:02:11	00:20:17	47	82.46
Course A - Male 35-39 14 352 Ho Chi Hong South China Athletic Association 01:25:02 00:03-20 00:03-30 00:01-30 00:02-10 00:03-30 00:01-30 00:02-10 00:02-30 00:01-30 00:02-10 00:02-30 00:02-10 00:02-30 00:02-10 00:02-30 00:02-10 00:02-30 00:02-10 00:02-30 00:02-10 00:02-30 00:02-10 00:02-30 00:02-10 00:02-30 00:02-10 00:02-30 00:02-10 00:02-30 00:02-10 00:02-30 00:02-10 00:02-30 00:02-10 00:02-30<	Course A - Male 35-39	12	408	WONG PUI YUEN	Energetic Triathlon Shatin	01:23:08	00:21:01	00:02:30	00:34:22	00:02:00	00:23:18	46	80.70
Course A - Male 35-39 15 47 Wong Po Kin Kent Sonic Sports Association 01:25:24 00:21:39 00:02:24 00:02:10 00:02:14 00:02:15 43 75.44 Course A - Male 35-39 16 403 Wan Chi Yuen Hong Kong Dragons Triathlon Club 01:25:31 00:02:4 00:03:20 00:02:14 00:02:15 42 73.88 Course A - Male 35-39 18 340 Chiu Chi Wah Steve Hong Kong Dragons Triathlon Club 01:25:47 00:02:25 00:35:43 00:02:14 00:02:14 00:02:15 42 73.89 Course A - Male 35-39 19 350 Fan Chun Sing 50:02:02 00:02:25 00:02:25 00:03:24 00:03:49 00:02:25 00:02:15 00:02:25 00:02:15 00:02:25 00:02:15 00:02:25 00:02:15 00:02:25 00:02:15 00:02:25 00:02:15 00:02:25 00:02:15 00:02:25 00:02:15 00:02:25 00:02:15 00:02:25 00:02:15 00:02:25 00:02:15 00:02:25 00:02:15 00:02:25 00:02:15 <t< td=""><td>Course A - Male 35-39</td><td>13</td><td>402</td><td>Voon Hing Wah</td><td>AustSports Association</td><td>01:23:51</td><td>00:18:38</td><td>00:02:47</td><td>00:33:32</td><td>00:02:08</td><td>00:26:48</td><td>45</td><td>78.95</td></t<>	Course A - Male 35-39	13	402	Voon Hing Wah	AustSports Association	01:23:51	00:18:38	00:02:47	00:33:32	00:02:08	00:26:48	45	78.95
Course A - Male 35-39 16 403 Wan Chi Yuen Hong Kong Dragons Triathlon Club 01:25:28 00:20:47 00:03:26 00:32:15 02:23:15 42 73.68 Course A - Male 35-39 17 330 Adrian Lydiard Hong Kong Dragons Triathlon Club 01:25:41 00:05:27 00:03:28 00:20:31 00:20:14 00:22:54 41 71.93 Course A - Male 35-39 18 340 Chiu Chi Wah Steve 01:25:47 00:12:47 00:02:81 00:02:83 00:02:50 00:36:42 00:02:61 40 71.83 Course A - Male 35-39 20 366 Lau Gum Bong Gabriel Sonic Sports Association 01:25:53 00:21:07 00:02:50 00:34:08 00:02:40 00:02:60 00:24:31 38 66.67 Course A - Male 35-39 21 379 LOYING WAI Mew Wave Swimming Club 01:28:30 00:02:50 00:34:00 00:02:50 00:34:00 00:02:50 00:34:00 00:02:50 00:31:19 36 64:91 64:91 64:91 64:91 64:91 64:91	Course A - Male 35-39	14	352	Ho Chi Hong	South China Athletic Association	01:25:02	00:15:32	00:02:41	00:39:52	00:01:39	00:25:19	44	77.19
Course A - Male 35-39 17 30 Adrian Lydiard Hong Kong Dragons Triathlon Club 01:25:47 00:03:20 00:37:31 00:02:40 00:02:50 00:02:50 00:03:30 00:02:50 00:02:50 00:03:50 00:02:50	Course A - Male 35-39	15	407	Wong Po Kin Kent	Sonic Sports Association	01:25:24	00:21:39	00:02:24	00:33:26	00:02:10	00:25:45	43	75.44
Course A - Male 35-39 18 340 Chiu Chi Wah Steve 01:25-47 00:19:31 00:02:26 00:35:34 00:01:57 00:26:12 40 70.18 Course A - Male 35-39 19 350 Fan Chun Sing Sonic Sports Association 01:25:49 00:20:38 00:02:58 00:03:09 00:02:22 02:15:9 39 68.42 Course A - Male 35-39 20 366 Lau Gum Bong Gabriel Sonic Sports Association 01:25:53 00:18:29 00:03:21 00:03:29 00:03:29 00:24:31 38 66.67 Course A - Male 35-39 21 37 b O YING WAI New Wave Swimming Club 01:28:38 00:16:29 00:03:40 00:02:50 00:31:19 00:02:50 00:31:19 36 61:40 Course A - Male 35-39 23 364 Lam Fan Lam Fan 10:28:38 00:18:57 00:02:50 00:02:50 00:02:50 00:02:50 00:02:50 00:02:50 00:02:50 00:02:50 00:02:50 00:02:50 00:02:50 00:02:50 00:02:50 00:02:50 00:02:50 00:02:50 </td <td>Course A - Male 35-39</td> <td>16</td> <td>403</td> <td>Wan Chi Yuen</td> <td></td> <td>01:25:28</td> <td>00:20:47</td> <td>00:02:54</td> <td>00:36:20</td> <td>00:02:14</td> <td>00:23:15</td> <td>42</td> <td>73.68</td>	Course A - Male 35-39	16	403	Wan Chi Yuen		01:25:28	00:20:47	00:02:54	00:36:20	00:02:14	00:23:15	42	73.68
Course A - Male 35-39 19 350 Fan Chun Sing Sonic Sports Association 01:25:49 00:02:38 00:02:58 00:02:28 00:02:29 00:21:59 39 68.42 Course A - Male 35-39 20 366 Lau Gum Bong Gabriel Sonic Sports Association 01:25:52 00:18:29 00:03:21 00:30:20 00:30:40 00:02:09 00:24:31 38 66.67 Course A - Male 35-39 21 379 LO YING WAI New Wave Swimming Club 01:28:18 00:16:29 00:03:40 00:01:48 00:25:0 00:34:00 00:02:50 00:14:80 00:25:0 00:34:00 00:02:50<	Course A - Male 35-39	17	330	Adrian Lydiard	Hong Kong Dragons Triathlon Club	01:25:31	00:15:27	00:03:26	00:37:31	00:02:14	00:26:54	41	71.93
Course A - Male 35-39 20 366 Lau Gum Bong Gabriel Sonic Sports Association 01:25:52 00:31:29 00:03:21 00:03:09 00:24:31 38 66.67 Course A - Male 35-39 21 379 LO YING WAI New Wave Swimming Club 01:25:53 00:21:07 00:02:50 00:34:06 00:02:40 00:02:04 00:02:05	Course A - Male 35-39	18	340	Chiu Chi Wah Steve		01:25:47	00:19:31	00:02:26	00:35:43	00:01:57	00:26:12	40	70.18
Course A - Male 35-39 21 379 LO YING WAI New Wave Swimming Club 01:25:53 00:21:07 00:02:50 00:34:08 00:01:48 00:26:04 37 64.91 Course A - Male 35-39 22 359 John Pennel 01:28:18 00:16:29 00:03:42 00:34:00 00:02:50 00:31:19 36 63.16 Course A - Male 35-39 23 364 Lam Fan 10:28:38 00:18:75 00:02:50 00	Course A - Male 35-39	19	350	Fan Chun Sing		01:25:49	00:20:38	00:02:58	00:37:54	00:02:22	00:21:59	39	68.42
Course A - Male 35-39 22 359 John Pennel 01:28:18 00:16:29 00:03:42 00:03:40 00:02:50 00:31:19 36 63.16 Course A - Male 35-39 23 364 Lam Fan - Course A - Male 35-39 00:02:56 00:02:40 00:03:50 00:02:09 00:27:56 35 61.40 Course A - Male 35-39 24 376 LI WAI YIN ALBERT 01:28:38 00:18:57 00:02:50 00:03:50 00:02:21 00:27:31 34 59.65 Course A - Male 35-39 25 397 SO SHU TAI Tritions Triathlon Club 01:28:43 00:18:42 00:04:43 00:03:15 00:03:16 00:02:31 00:26:50 32 56.14 Course A - Male 35-39 26 332 BENJAMIN GRENON Tritions Triathlon 01:29:03 00:19:17 00:03:18 00:03:18 00:02:30 00:22:30 00:02:31 00:22:00 00:27:16 31 54.39 Course A - Male 35-39 28 354 IP CHUNG YIN Titan Triathlon 01:29:26 00:23:00	Course A - Male 35-39	20	366	Lau Gum Bong Gabriel	Sonic Sports Association	01:25:52	00:18:29	00:03:21	00:36:24	00:03:09	00:24:31	38	66.67
Course A - Male 35-39 23 364 Lam Fan 01:28:30 00:20:56 00:02:40 00:02:09 00:27:56 35 61.40 Course A - Male 35-39 24 376 LI WAI YIN ALBERT 01:28:38 00:18:57 00:02:54 00:36:57 00:02:21 00:27:31 34 59.65 Course A - Male 35-39 25 397 SO SHU TAI Tritons Triathlon Club 01:28:43 00:21:51 00:03:25 00:34:06 00:02:31 00:25:56 32 57.89 Course A - Male 35-39 26 332 BENJAMIN GRENON Tritons Triathlon Club 01:28:54 00:18:42 00:04:34 00:37:10 00:02:34 00:25:56 32 56.14 Course A - Male 35-39 27 393 Raymond Ma South China Athletic Association 01:29:03 00:19:17 00:03:18 00:02:24 00:02:20 00:27:16 31 56.14 Course A - Male 35-39 28 354 IP CHUNG YIN Titan Triathlon 01:29:22 00:18:07 00:02:51 00:02:17 00:02:17 00:02:32 20 50.88 Course A - Male 35-39	Course A - Male 35-39	21	379	LO YING WAI	New Wave Swimming Club	01:25:53	00:21:07	00:02:50	00:34:06	00:01:48	00:26:04	37	64.91
Course A - Male 35-39 24 376 LI WAI YIN ALBERT 01:28:38 00:18:57 00:02:54 00:36:57 00:02:21 00:27:31 34 59.65 Course A - Male 35-39 25 397 SO SHU TAI Tritons Triathlon Club 01:28:43 00:21:51 00:03:25 00:34:06 00:02:31 00:26:52 33 57.89 Course A - Male 35-39 26 332 BENJAMIN GRENON Tritons Triathlon Club 01:28:54 00:18:42 00:04:34 00:03:18 00:02:34 00:25:56 32 56.14 Course A - Male 35-39 27 393 Raymond Ma South China Athletic Association 01:29:03 00:19:17 00:03:18 00:02:34 00:02:24 00:27:16 31 54.39 Course A - Male 35-39 28 354 IP CHUNG YIN Titan Triathlon 01:29:22 00:18:07 00:02:51 00:41:06 00:01:51 00:25:28 30 52.63 Course A - Male 35-39 30 38 Tam Chi Fai Tam Chi Fai Part Time Association 01:29:26 00:23:00	Course A - Male 35-39	22	359	John Pennel		01:28:18	00:16:29	00:03:42	00:34:00	00:02:50	00:31:19	36	63.16
Course A - Male 35-39 25 397 SO SHU TAI 01:28:43 00:21:51 00:03:25 00:34:06 00:02:31 00:26:52 33 57.89 Course A - Male 35-39 26 332 BENJAMIN GRENON Tritons Triathlon Club 01:28:54 00:18:42 00:04:34 00:03:10 00:02:34 00:25:56 32 56.14 Course A - Male 35-39 27 393 Raymond Ma South China Athletic Association 01:29:03 00:19:17 00:03:18 00:03:18 00:02:20 00:27:16 31 57.89 Course A - Male 35-39 28 354 IP CHUNG YIN Titan Triathlon 01:29:22 00:18:07 00:02:51 00:01:51 00:02:58 30 52.63 Course A - Male 35-39 29 338 CHEUNG Lok Man - 01:29:26 00:22:30 00:03:48 00:38:10 00:02:31 00:02:31 00:02:32 29 50.88 Course A - Male 35-39 30 398 Tam Chi Fai - 01:29:59 00:23:00 00:02:55 00:38:18 00:01:51	Course A - Male 35-39	23	364	Lam Fan		01:28:30	00:20:56	00:02:40	00:34:50	00:02:09	00:27:56	35	61.40
Course A - Male 35-39 26 332 BENJAMIN GRENON Tritons Triathlon Club 01:28:54 00:18:42 00:04:34 00:37:10 00:02:34 00:25:56 32 56.14 Course A - Male 35-39 27 393 Raymond Ma South China Athletic Association 01:29:03 00:19:17 00:03:18 00:02:20 00:27:16 31 54.39 Course A - Male 35-39 28 354 IP CHUNG YIN Titan Triathlon 01:29:22 00:18:07 00:02:51 00:41:06 00:01:51 00:25:28 30 52.63 Course A - Male 35-39 29 338 CHEUNG Lok Man - 01:29:26 00:22:30 00:03:48 00:38:11 00:02:17 00:22:32 29 50.88 Course A - Male 35-39 30 398 Tam Chi Fai - 01:29:59 00:23:00 00:02:55 00:38:18 00:01:50 00:23:59 28 49.12 Course A - Male 35-39 31 36 CHENG CHO CHUEN Part Time Association 01:30:38 00:21:11 00:02:57 00:34:27	Course A - Male 35-39	24	376	LI WAI YIN ALBERT		01:28:38	00:18:57	00:02:54	00:36:57	00:02:21	00:27:31	34	59.65
Course A - Male 35-39 27 393 Raymond Ma South China Athletic Association 01:29:03 00:19:17 00:03:18 00:36:54 00:02:20 00:27:16 31 54.39 Course A - Male 35-39 28 354 IP CHUNG YIN Titan Triathlon 01:29:22 00:18:07 00:02:51 00:01:51 00:02:32 30 52.63 Course A - Male 35-39 29 338 CHEUNG Lok Man - 01:29:26 00:22:30 00:03:48 00:38:21 00:02:17 00:22:32 29 50.88 Course A - Male 35-39 30 398 Tam Chi Fai - 01:29:59 00:23:00 00:02:55 00:38:18 00:01:50 00:23:59 28 49.12 Course A - Male 35-39 31 36 CHENG CHO CHUEN Part Time Association 01:30:38 00:21:11 00:02:37 00:34:27 00:01:51 00:30:32 27 47.37	Course A - Male 35-39	25	397	SO SHU TAI		01:28:43	00:21:51	00:03:25	00:34:06	00:02:31	00:26:52	33	57.89
Course A - Male 35-39 28 354 IP CHUNG YIN Titan Triathlon 01:29:22 00:18:07 00:02:51 00:41:06 00:01:51 00:25:28 30 52:63 Course A - Male 35-39 29 338 CHEUNG Lok Man 4 01:29:26 00:22:30 00:03:48 00:03:48 00:02:17 00:22:32 29 50:88 Course A - Male 35-39 30 398 Tam Chi Fai 91:29:59 00:23:00 00:02:55 00:38:18 00:01:50 00:23:59 28 49:12 Course A - Male 35-39 31 36 CHENG CHO CHUEN Part Time Association 01:30:38 00:21:11 00:02:37 00:34:27 00:01:51 00:30:32 27 47:37	Course A - Male 35-39	26	332	BENJAMIN GRENON	Tritons Triathlon Club	01:28:54	00:18:42	00:04:34	00:37:10	00:02:34	00:25:56	32	56.14
Course A - Male 35-39 29 338 CHEUNG Lok Man 01:29:26 00:22:30 00:03:48 00:03:48 00:02:17 00:22:32 29 50.88 Course A - Male 35-39 30 398 Tam Chi Fai 01:29:59 00:23:00 00:02:55 00:38:18 00:01:50 00:23:59 28 49.12 Course A - Male 35-39 31 336 CHENG CHO CHUEN Part Time Association 01:30:38 00:21:11 00:02:37 00:34:27 00:01:51 00:30:32 27 47.37	Course A - Male 35-39	27	393	Raymond Ma	South China Athletic Association	01:29:03	00:19:17	00:03:18	00:36:54	00:02:20	00:27:16	31	54.39
Course A - Male 35-39 30 398 Tam Chi Fai 01:29:59 00:23:00 00:02:55 00:38:18 00:01:50 00:23:59 28 49.12 Course A - Male 35-39 31 33 CHENG CHO CHUEN Part Time Association 01:30:38 00:21:11 00:02:37 00:34:27 00:01:51 00:30:32 27 47.37	Course A - Male 35-39	28	354	IP CHUNG YIN	Titan Triathlon	01:29:22	00:18:07	00:02:51	00:41:06	00:01:51	00:25:28	30	52.63
Course A - Male 35-39 31 336 CHENG CHO CHUEN Part Time Association 01:30:38 00:21:11 00:02:37 00:34:27 00:01:51 00:30:32 27 47.37	Course A - Male 35-39	29	338	CHEUNG Lok Man		01:29:26	00:22:30	00:03:48	00:38:21	00:02:17	00:22:32	29	50.88
	Course A - Male 35-39	30	398	Tam Chi Fai		01:29:59	00:23:00	00:02:55	00:38:18	00:01:50	00:23:59	28	49.12
Course A - Male 35-39 32 334 Chan Chun Tak, Jeff Pro-trinity Sports Club 01:32:28 00:21:52 00:03:02 00:38:10 00:01:54 00:27:32 26 45.61	Course A - Male 35-39	31	336	CHENG CHO CHUEN	Part Time Association	01:30:38	00:21:11	00:02:37	00:34:27	00:01:51	00:30:32	27	47.37
	Course A - Male 35-39	32	334	Chan Chun Tak, Jeff	Pro-trinity Sports Club	01:32:28	00:21:52	00:03:02	00:38:10	00:01:54	00:27:32	26	45.61

Cat	Category Position	Bib EngName		Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male 35-39	33	375 Li Kar Wa	i, Kelvin		01:33:45	00:14:44	00:03:53	00:39:18	00:02:18	00:33:33	25	43.86
Course A - Male 35-39	34	370 Lee Ming	Yeung	Energetic Triathlon Shatin	01:33:46	00:22:06	00:03:08	00:36:36	00:02:42	00:29:17	24	42.11
Course A - Male 35-39	35	362 KWAN CH	HIU FAI JOE		01:33:52	00:23:11	00:03:29	00:36:34	00:02:16	00:28:25	23	40.35
Course A - Male 35-39	36	373 LEUNG M	IAN FUNG	Pro-trinity Sports Club	01:34:50	00:20:33	00:04:13	00:38:16	00:02:19	00:29:31	22	38.60
Course A - Male 35-39	37	341 Choi Tin C), Alvin		01:34:53	00:21:42	00:02:37	00:36:19	00:02:03	00:32:13	21	36.84
Course A - Male 35-39	38	335 Chan HO	K HANG	Sonic Sports Association	01:35:12	00:23:35	00:03:41	00:38:38	00:02:34	00:26:46	20	35.09
Course A - Male 35-39	39	346 DAVID SA	ALAZAR GRACIA		01:37:18	00:21:02	00:03:10	00:39:49	00:02:03	00:31:16	19	33.33
Course A - Male 35-39	40	351 Fung Chi I	Pun		01:37:59	00:20:24	00:05:21	00:40:26	00:02:34	00:29:16	18	31.58
Course A - Male 35-39	41	392 pui kit oet			01:40:53	00:20:16	00:05:14	00:41:58	00:02:27	00:31:01	17	29.82
Course A - Male 35-39	42	383 Ng Chi Wa	ai, Simon	Energetic Triathlon Shatin	01:41:01	00:21:14	00:02:52	00:36:17	00:02:19	00:38:21	16	28.07
Course A - Male 35-39	43	360 Ka Kit Cha	an		01:43:10	00:22:53	00:02:37	00:43:23	00:02:54	00:31:24	15	26.32
Course A - Male 35-39	44	367 LAU Kin c	heung Andy		01:43:11	00:26:16	00:03:26	00:37:42	00:02:46	00:33:02	14	24.56
Course A - Male 35-39	45	378 Lo Chi Ha	ng		01:43:33	00:26:13	00:04:48	00:37:46	00:02:55	00:31:52	13	22.81
Course A - Male 35-39	46	368 LAW CHI	WAI	Part Time Association	01:45:08	00:24:19	00:03:23	00:41:17	00:03:23	00:32:49	12	21.05
Course A - Male 35-39	47	404 Wan Siu k	Kwong		01:47:33	00:24:09	00:03:25	00:41:41	00:02:24	00:35:57	11	19.30
Course A - Male 35-39	48	365 Lau Chi H	ang Rex	Part Time Association	01:50:48	00:26:42	00:03:45	00:46:13	00:02:25	00:31:45	10	17.54
Course A - Male 35-39	49	344 Chui Kwol	k Wing	Tung Chung Triathlon Association	01:51:04	00:25:05	00:06:06	00:44:57	00:02:34	00:32:23	9	15.79
Course A - Male 35-39	50	361 Ko Kei Ch	ieuk		01:52:17	00:36:33	00:03:30	00:35:13	00:02:42	00:34:21	8	14.04
Course A - Male 35-39	51	390 Philippe E	l Asmar	Tritons Triathlon Club	01:52:27	00:20:54	00:05:14	00:42:39	00:04:12	00:39:29	7	12.28
Course A - Male 35-39	52	333 Brian Woo			01:54:48	00:19:34	00:06:18	00:47:19	00:03:12	00:38:27	6	10.53
Course A - Male 35-39	53	342 CHRIS CH	HEN		01:54:59	00:25:36	00:02:37	00:43:27	00:02:18	00:41:03	5	8.77
Course A - Male 35-39	54	385 Ng Kar Fa	ni		01:56:31	00:28:27	00:06:37	00:40:23	00:03:48	00:37:17	4	7.02
Course A - Male 35-39	55	363 Kwok Ping	g Hung	Part Time Association	02:00:25	00:37:52	00:04:17	00:40:55	00:02:40	00:34:43	3	5.26
Course A - Male 35-39	56	381 Mak Chun	Yin Tony		02:11:23	00:24:11	00:06:08	00:54:09	00:03:36	00:43:22	2	3.51
Course A - Male 35-39	57	369 LEE CHE	UK HIN		02:18:59	00:54:28	00:04:23	00:42:06	00:02:29	00:35:34	1	1.75
Course A - Male 35-39	DNS	329 Aaron Wis	se									
Course A - Male 35-39	DNS	331 ALBAN G	ERARD									
Course A - Male 35-39	DNS	339 Cheung Ta	at Hei									
Course A - Male 35-39	DNS	348 Douglas G		Tritons Triathlon Club								
Course A - Male 35-39	DNS	349 Eugene W										
Course A - Male 35-39	DNS	353 Ian Riddel	-	Hong Kong Dragons Triathlon Club								
Course A - Male 35-39	DNS	355 James Pia	achaud	Tritons Triathlon Club								
Course A - Male 35-39	DNS	357 JARRAD I	HAMISH BROWLEE	Hong Kong Dragons Triathlon Club								
Course A - Male 35-39	DNS	371 Lee Yuk K	Ceung	Energetic Triathlon Shatin								
Course A - Male 35-39	DNS	374 Li Chun P	•	Energetic Triathlon Shatin								
Course A - Male 35-39	DNS	377 liam coher	•	Tritons Triathlon Club								
Course A - Male 35-39	DNS	395 Simon Wa	aterhouse									
Course A - Male 35-39	DNS	399 Tiu Gary		Energetic Triathlon Shatin								
Course A - Male 35-39	DNS	401 TSE Wai I	Lam	· ·								
Course A - Male 35-39	DNS	409 Wong Siu	Yuen	Part Time Association								
Course A - Male 35-39	DNS	410 Yeung Sai										
Short Bike	DSQ	382 Mok Chi K			02:12:53	00:54:30	00:04:23	00:45:23	00:02:12	00:26:26	2	3.39
Short Bike	DSQ	384 Ng Ho Kei	•		01:39:03	00:27:50	00:03:34	00:33:59	00:02:53	00:30:49		
Short Bike	DSQ	337 CHENG M	•		01:21:48	00:21:50	00:04:49	00:36:20	00:02:40	00:16:11		
Short Run	DSQ	394 Simon Jor			01:16:51	00:20:59	00:03:00	00:36:16	00:01:52	00:14:47		
Cat	Category Position	Bib EngName		Club	Official Time	Swim Time					Points	%

Course A. Nalise 04-44 24 644 Poster leit 14-44 Poster leit 14-44 Post 14-4	Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Curre A. Mais 61-44 Curre	Course A - Male 40-44		454	Richard Hall	Hong Kong Dragons Triathlon Club	01:07:54	00:13:19	00:01:54	00:31:15	00:01:30	00:19:58	52	100.00
Course A. Males 6-14													
Course A. Nales 60-44 48 483 Wiss Na Wiss Na Wiss Na Course A. Nales 60-44 5 472 WONN VEY KELNIGS South Chiral Asherick Association 11-103 101-1103 101-1104 100-1104 101-11													
Course AMaio 40-44 6 438 L JURI WAH South China Arbitatic Association 011500 b 00-101 b <td>Course A - Male 40-44</td> <td>4</td> <td></td> <td>•</td> <td>Energetic Triathlon Shatin</td> <td></td> <td>00:16:06</td> <td>00:02:18</td> <td>00:34:33</td> <td>00:01:51</td> <td>00:21:26</td> <td></td> <td>94.23</td>	Course A - Male 40-44	4		•	Energetic Triathlon Shatin		00:16:06	00:02:18	00:34:33	00:01:51	00:21:26		94.23
Course A. Male 40-44 8 d 68 Wong And And Yes Hong Kong Dingons Trainfairth Shaffar 11165 0.116168 0.01-210 0.01-221 <td>Course A - Male 40-44</td> <td>5</td> <td>472</td> <td>WONG YEE KEUNG</td> <td>· ·</td> <td>01:16:33</td> <td>00:15:15</td> <td>00:02:45</td> <td>00:34:57</td> <td>00:01:28</td> <td>00:22:09</td> <td>48</td> <td>92.31</td>	Course A - Male 40-44	5	472	WONG YEE KEUNG	· ·	01:16:33	00:15:15	00:02:45	00:34:57	00:01:28	00:22:09	48	92.31
Course A. Males 40-44 8 466 Wong Anny Energatic Triathino Shania 011-856 00.01-80 00.022 03-11 05.01 10-12 00.021 03-11 05.01 08-12 02-11 0.0 48 48 28 20-12 00.00 00	Course A - Male 40-44	6	438	LAU BIK WAH	South China Athletic Association	01:17:03	00:17:10	00:02:15	00:33:37	00:01:42	00:22:21	47	90.38
Course AMale 40-44 9 477 Featren Mesian Margo Swarming Club 011805 0.01-20 0.00-21 0.01-20 0.02-20	Course A - Male 40-44	7	430	Graeme Rigg	Hong Kong Dragons Triathlon Club	01:18:08	00:16:12	00:02:41	00:32:54	00:02:16	00:24:05	46	88.46
Curus A. Male 40-44 10 444 Luke Southall Margo Swimming Club 011-92-6 001-24 001-330 001-301	Course A - Male 40-44	8	466	Wong Andy	Energetic Triathlon Shatin	01:18:56	00:16:16	00:02:23	00:34:12	00:01:57	00:24:11	45	86.54
Course A Male 404	Course A - Male 40-44	9	427	Federico Masin		01:19:05	00:16:20	00:02:19	00:34:21	00:01:58	00:24:10	44	84.62
Course A. Albel 40-14 12 47 Year Work (Pink) Energistic Friedhick Shalin 61/2018 001-807 001-807 001-230 001-14 002-331 41 78.85 Course A. Albie 40-14 13 47 YVINS Loong Sang Title Triabilition 012-123 001-18 001-80	Course A - Male 40-44	10	444	Luke Southall	Mango Swimming Club	01:19:54	00:17:42	00:02:49	00:33:40	00:02:01	00:23:44	43	82.69
Course A. Anhele 40-44 44 447 VIVAL Leon Same Than Triathion 12-12 12-12 10-12	Course A - Male 40-44	11	418	CHAN TSAN CHEUNG	Part Time Association	01:20:05	00:19:23	00:02:33	00:35:56	00:01:41	00:20:33	42	80.77
Curuse A. Malei 40-44 144 477 V.UNG Leong Sang Tian Triathino 12129 001819 001214 001320 001215 001320 001	Course A - Male 40-44	12	474	Yeung Wing Yin, Michael	Energetic Triathlon Shatin	01:20:18	00:18:07	00:02:27	00:34:23	00:01:45	00:23:39	41	78.85
Course A. Nales 40-44 15	Course A - Male 40-44	13	446	Mark Chan		01:21:23	00:18:11	00:02:42	00:35:27	00:01:47	00:23:18	40	76.92
Course A. Nalie 40-4	Course A - Male 40-44	14	477	YUNG Leong Sang	Titan Triathlon	01:21:29	00:18:19	00:02:14	00:35:37	00:01:52	00:23:29	39	75.00
Course A. Male 40-44 17 415 CHAN KA LUN South China Athletic Association 0122238 00:193 00:193 00:051 00:0316 00:0316 00:0152 00:0153 00:0150 00:0237 00:0150 00:0237 00:0150 00:0247 03:0361 00:0041 00:0247 00:0361 00:0041 00:00	Course A - Male 40-44	15	443	LI WAI	Pro-trinity Sports Club	01:21:37	00:16:38	00:02:53	00:36:23	00:01:56	00:23:49	38	73.08
Course A. Male 40-44 18 417 Charling Kwong South China Alhielic Association 012752 00:13-5 00:35-1 00:13-0 00:13-0 00:13-0 00:13-0 00:13-0 00:13-0 00:13-0 00:03-1 00:03-1 00:03-0 00:25-0 03:3 53 67.33 Course A. Male 40-44 21 434 Kenneth Yuen 1128-34 00:245 00:03-1 00:00:0 00:02-7 03 53 63 63 60 00:00:0	Course A - Male 40-44	16	456	Stephen Boddington		01:21:58	00:16:58	00:03:12	00:34:37	00:01:55	00:25:18	37	71.15
Course A. Male 40-44 19 469 Wont Ting Hori Harrison 1912/58 00:155 00:155 00:141 00:143 00:148 00:247 34 63.86	Course A - Male 40-44	17	415	CHAN KA LUN		01:22:38	00:19:07	00:03:16	00:35:16	00:02:22	00:22:38	36	69.23
Course A. Male 40-44 20 441 leat man Course A. Male 40-44 00.2245 00.237 00.237 00.252 33 63.46 Course A. Male 40-44 00.00000 00.00000	Course A - Male 40-44	18	417	Chan Ping Kwong	South China Athletic Association	01:27:25	00:19:36	00:02:54	00:35:32	00:01:50	00:27:35	35	67.31
Course A. Male 40-44 21 434 Remeith Yuen 112894 00.1820 00.1820 00.0320	Course A - Male 40-44	19	469	Wong Ting Hon Harrison		01:27:52	00:21:55	00:03:10	00:34:14	00:01:48	00:26:47	34	65.38
Course A - Male 40-44 22 426 Eddie Chan AustSports Association 012938 0.0214 0.03314 0.02157 0.02247 31 59.68 Course A - Male 40-44 23 420 Chors Model AustSports Association 0131351 0.02515 0.0234 0.02415 0.02415 0.02755 57.75 Course A - Male 40-44 25 450 Vicent Yaucelle 133330 0.13330 0.01315 0.0314 0.0215 0.02815 0.02815 2.98 53.85 Course A - Male 40-44 26 470 WONG TSZ WAI Part Time Association 0134567 0.02150 0.03246 0.02150 0.02255 0.02340 0.02450 0.02255 0.02350 0.02450 0.02450 0.02450 0.02450 0.02450 0.02450 0.02450 0.02250 0.00374 0.002450 0.02450 0.02450 0.00250 0.003740 0.002450 0.002450 0.002450 0.002450 0.002450 0.002450 0.002450 0.002450 0.002450 0.002450 0.002450	Course A - Male 40-44	20	441	lee tat man		01:28:48	00:24:51	00:02:37	00:36:12	00:02:09	00:22:59	33	63.46
Course A - Male 40-44 23 420 Chen Teng Ausile Sports Association 01:31:39 (00:31.5) 00:02:35 (00:37.8) 00:02:41 (00:27.5) 28 (00:57.5) 28 (00:57.5) 28 (00:57.5) 28 (00:57.5) 28 (00:57.5) 29 (00:57.5) 20 (00:57.5) 20 (00:57.5)	Course A - Male 40-44	21	434	Kenneth Yuen		01:29:34	00:18:23	00:04:09	00:36:24	00:03:00	00:27:40	32	61.54
Course A - Male 40-44 24 24 S 2 NC SHING CHIU Series of Course A - Male 40-44 01-33.5 00-20.5 00-20.5 02-20.5 29 S 25.7 53.7 20 S 25.7	Course A - Male 40-44	22	426	Eddie Chan		01:29:39	00:20:14	00:03:11	00:34:33	00:01:57	00:29:47	31	59.62
Course A - Male 40-44 25 462 Vincent Vaucelle - Lead of Male 40-44 00.031,00 00.011,00 00.012,00 00.215,00 00.031,00 00.013,0	Course A - Male 40-44	23	420	Chen Teng	AustSports Association	01:31:39	00:20:55	00:02:37	00:37:45	00:02:11	00:28:12	30	57.69
Course A - Male 40-44 26 470 WONG TSZ WAI Part Time Association 01:33:39 00:25:3 00:03:18 00:15:3 02:75:5 27 51:30 Course A - Male 40-44 27 431 Hau Hon Leung Terry Part Time Association 01:34:57 00:01:0 00:32:5 00:02:5 00:03:2 00:02:5 00:03:2 00:02:5 00:03:2 00:02:5 00:05:0 00:02:5 00:02:5 00:05:0 00:02:5 00:02:5 00:00:5 00:02:5 00:02:5 00:02:5 00:00:5 00:02:5 00:00:5 00:02:5 00:00:5 00:02:5 00:00:5 00:02:5 00:00:5 00:02:5 00:00:5 00:02:5 00:00:5 00:02:5 00:00:5 00:	Course A - Male 40-44	24	423	CHO SHING CHIU		01:31:51	00:20:51	00:03:38	00:36:47	00:02:41	00:27:55	29	55.77
Course A - Male 40-44 27 41 Hau Hon Leung Terry Part Time Association 01:34:40 00:25:2 00:37:40 00:25:8 02:25:6 26 5.0 4.0 <th< td=""><td>Course A - Male 40-44</td><td>25</td><td>462</td><td>Vincent Vaucelle</td><td></td><td>01:33:30</td><td>00:19:36</td><td>00:03:14</td><td>00:40:19</td><td>00:02:12</td><td>00:28:10</td><td>28</td><td>53.85</td></th<>	Course A - Male 40-44	25	462	Vincent Vaucelle		01:33:30	00:19:36	00:03:14	00:40:19	00:02:12	00:28:10	28	53.85
Course A - Male 40-44 28 432 HAU SHING WA South China Athletic Association 01:34:57 00:20:10 00:02:50 00:37:44 00:02:12 00:32:26 25 4.88 Course A - Male 40-44 29 42 Choy kuer Chau South China Athletic Association 01:35:20 00:18:12 00:03:29 00:03:27 00:26:42 24 46.15 Course A - Male 40-44 30 414 Calificise Escueta Part Time Association 01:35:28 00:23:06 00:03:26 00:03:07 00:07:07 22 4.23 Course A - Male 40-44 31 415 Calificise Escueta Part Time Association 01:37:28 00:22:06 00:03:60 00:03:50 00:02:50 00:01:50 00:01:50 00:01:50 00:01:50 00:02:50 00:03:50 00:02:50 00:01:50 00:02:50 00:03:10 00:02:50 00:03:10 00:02:50 00:03:10 00:02:50 00:03:10 00:02:50 00:03:10 00:02:50 00:03:10 00:02:50 00:03:10 00:02:50 00:03:10 00:02:50 00:03:10 <td>Course A - Male 40-44</td> <td>26</td> <td>470</td> <td>WONG TSZ WAI</td> <td></td> <td>01:33:39</td> <td>00:22:53</td> <td>00:03:13</td> <td>00:37:46</td> <td>00:01:53</td> <td>00:27:55</td> <td>27</td> <td>51.92</td>	Course A - Male 40-44	26	470	WONG TSZ WAI		01:33:39	00:22:53	00:03:13	00:37:46	00:01:53	00:27:55	27	51.92
Course A - Male 40-44 29 42 bit Choy Kuen Chau South China Athletic Association 01:35:20 00:18:12 00:03:29 00:44:47 00:26:42 24 bit Al-28 Course A - Male 40-44 30 433 bit Chi Knorg Expense of Male 40-44 01:35:28 00:23:63 00:03:29 00:03:29 00:00:39 00:27:02 23 bit Al-28 Course A - Male 40-44 31 bit Carlitos Escueta Part Time Association 01:37:28 00:22:04 00:03:60 00:03:60 00:00:69 00:01:45 21 bit Al-28 Course A - Male 40-44 32 bit Carlitos Escueta Part Time Association 01:37:28 00:22:00 00:03:60 00:02:55 00:02:50 00:31:40 21 divided Al-48 Course A - Male 40-44 32 bit Clumber A - Male 40-44 35 bit Clumber A - Male 40-44 35 bit Clumber A - Male 40-44 36 bit Clumber A - Male 40-44 37 bit Clumber A - Male 40-44 38 bit Clumber A - Male 40-44 39 bit Clumber A - Male 40-44 39 bit Clumber A - Male 40-44 30 bit Clumber A - Male 40-44 30 bit Cl	Course A - Male 40-44	27	431	Hau Hon Leung Terry	Part Time Association	01:34:40	00:25:32	00:03:28	00:37:54	00:02:58	00:24:50	26	50.00
Course A - Male 40-44 30 43 Hui Chi Kong - Male 40-44 01:35:20 00:21:12 00:03:25 00:03:25 00:03:30 00:03:30 00:03:70 23 4.81 Course A - Male 40-44 31 41 Califole Secueta Part Time Association 01:35:28 00:23:30 00:03:10 00:00:50 00:07:02 22 42.31 Course A - Male 40-44 32 435 Peter Tam 1137:08 00:22:06 00:03:10 00:05:55 00:05:55 00:05:50 00:05:55 00:05:50 00:05:55 00:05:50 00:05:55 00:05:50 00:05:55 00:05:50 00:05:55 00:05:50 00:05:50 00:05:55 00:05:50	Course A - Male 40-44	28	432	HAU SHING WA		01:34:57	00:20:10	00:02:50	00:37:44	00:01:49	00:32:26	25	48.08
Course A - Male 40-44 31 414 Carlitos Escueta Part Time Association 01:35:28 00:23:36 00:03:23 00:03:03 00:03:05 00:02:08 00:27:02 2 4.31 Course A - Male 40-44 32 436 Lam Wai Tak Walter Part Time Association 01:37:28 00:22:04 00:03:16 00:38:04 00:01:59 00:31:45 21 40.38 Course A - Male 40-44 33 453 Peter Tam Hong Kong Dragons Triathlon Club 01:37:54 00:02:15 00:02:15 00:31:02 00:31:02 00:31:04 19 36.6 Course A - Male 40-44 36 457 LuNG Sai Kui Hong Kong Dragons Triathlon Club 01:38:58 00:22:44 00:02:55 00:30:02 00:38:03 00:38:03 00:02:02 00:38:03 00:02:02	Course A - Male 40-44	29	424	Choy Kuen Chau	South China Athletic Association	01:35:20	00:18:12	00:03:29	00:44:47	00:02:12	00:26:42	24	46.15
Course A - Male 40-44 32 436 Lam Wai Tak Walter Part Time Association 01:37:08 00:20:0 00:03:16 00:03:50 00:31:45 21 4.08 Course A - Male 40-44 33 453 Peter Tam Peter Tam Peter Tam 01:37:28 00:20:54 00:03:26 00:07:55 00:31:50 03:10 20 38.48 Course A - Male 40-44 35 455 LUNG Sci Kui Hong Kong Dragons Triathlon Club 01:38:58 00:10:10 00:02:55 00:37:50 00:20:02 00:20:07 <t< td=""><td>Course A - Male 40-44</td><td>30</td><td>433</td><td>Hui Chi Kong</td><td></td><td>01:35:20</td><td>00:21:12</td><td>00:03:25</td><td>00:39:28</td><td>00:03:37</td><td>00:27:40</td><td>23</td><td>44.23</td></t<>	Course A - Male 40-44	30	433	Hui Chi Kong		01:35:20	00:21:12	00:03:25	00:39:28	00:03:37	00:27:40	23	44.23
Course A - Male 40-44 33 453 Peter Tam Tomas A - Male 40-44 01:37:54 00:22:06 00:03:26 00:02:55 00:02:55 00:03:10 20 38.48 Course A - Male 40-44 34 445 LUNG Sai Kui Hong Kong Dragons Triathlon Club 01:38:45 00:19:10 00:02:55 00:02:55 00:02:05	Course A - Male 40-44	31	414	Carlitos Escueta		01:35:28	00:23:36	00:03:23	00:39:20	00:02:08	00:27:02	22	42.31
Course A - Male 40-44 34 445 LUNG Sai Kui Hong Kong Dragons Triathlon Club 01:37:54 00:02:15 00:02:15 00:02:20 00:02:20 00:28:04 19 36.54 Course A - Male 40-44 35 450 Paul d"Arcy Hong Kong Dragons Triathlon Club 01:38:58 00:02:15 00:02:55 00:02:05 00:02:05 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:20 00:02:30 00:02:20 00:0	Course A - Male 40-44	32	436	Lam Wai Tak Walter	Part Time Association	01:37:08	00:22:04	00:03:16	00:38:04	00:01:59	00:31:45	21	40.38
Course A - Male 40-44 35 450 Paul d''Arcy Hong Kong Dragons Triathlon Club 01:38:45 00:19:10 00:02:55 00:02:08 00:20:08 03:83:9 18 34.62 Course A - Male 40-44 36 437 Lam Wai Yip Titan Triathlon 01:39:07 00:22:4 00:02:51 00:42:53 00:02:07 02:82:7 17 32.69 Course A - Male 40-44 37 457 sun cho kan 18 34.72 00:02:24 00:03:30 00:03:30 00:03:10 00:33:10 16 30.77 Course A - Male 40-44 38 471 Wong Bok WAI, BYRON Energetic Triathlon Shatin 01:40:01 00:26:42 00:03:34 00:33:4 00:03:05 00:29:25 14 26.92 Course A - Male 40-44 40 461 VEILEN DICK Energetic Triathlon Shatin 01:43:01 00:25:59 00:33:1 00:33:1 00:03:1 00:03:16 00:31:55 13 25.02 Course A - Male 40-44 41 429 Goutenmacher Dimitri Tritons Triathlon Club 01:43:53	Course A - Male 40-44	33	453	Peter Tam		01:37:23	00:22:06	00:03:26	00:37:56	00:02:55	00:31:02	20	38.46
Course A - Male 40-44 36 437 Lam Wai Yip Titan Triathlon 01:38:58 00:22:44 00:02:51 00:42:53 00:02:07 00:28:27 17 32.69 Course A - Male 40-44 37 457 sun cho kan 15 sun cho kan 01:39:07 00:22:24 00:03:16 00:39:39 00:03:07 00:32:10 15 28.85 Course A - Male 40-44 38 471 Wong Wai Man Energetic Triathlon Shatin 01:40:01 00:20:38 00:03:32 00:01:57 00:03:10 15 28.85 Course A - Male 40-44 40 461 VEILEN DICK Energetic Triathlon Shatin 01:43:01 00:25:59 00:03:13 00:31:0 00:31:55 13 25.00 Course A - Male 40-44 40 41 429 Goutenmacher Dimitri Tritons Triathlon Club 01:44:04 00:18:21 00:04:11 00:03:43 00:03:14 00:03:16 00:31:55 13 25.00 Course A - Male 40-44 40-44 476 William Mak Tritons Triathlon Club 01:44:53 <	Course A - Male 40-44	34	445	LUNG Sai Kui		01:37:54	00:26:54	00:03:13	00:37:24	00:02:21	00:28:04	19	36.54
Course A - Male 40-44 37 457 sun cho kan 101:39:07 00:22:24 00:03:16 00:39:39 00:02:30 00:31:19 16 30.77 Course A - Male 40-44 38 471 Wong Wai Man Energetic Triathlon Shatin 01:40:01 00:20:38 00:03:23 00:41:55 00:01:57 00:32:10 15 28.85 Course A - Male 40-44 39 467 WONG BOK WAI, BYRON Energetic Triathlon Shatin 01:43:01 00:25:59 00:03:13 00:33:13 00:33:5 00:32:5 13 25.00 Course A - Male 40-44 40 461 VEILEN DICK Energetic Triathlon Shatin 01:43:01 00:25:59 00:03:13 00:33:41 00:33:6 00:31:55 13 25.00 Course A - Male 40-44 41 429 Goutenmacher Dimitri Tritons Triathlon Club 01:44:53 00:22:18 00:04:11 00:33:49 00:33:49 12 23.08 Course A - Male 40-44 43 465 William Mak 475 Vinc Chung Jonathan Lee 01:45:16 00:21:21 00:04:23 00:04:23 00:04:31 00:03:08 00:33:09 00:33:09	Course A - Male 40-44	35	450	Paul d"Arcy	Hong Kong Dragons Triathlon Club	01:38:45	00:19:10	00:02:55	00:35:55	00:02:08	00:38:39	18	34.62
Course A - Male 40-44 38 471 Wong Wai Man D1:40:01 00:20:38 00:03:23 00:01:55 00:01:57 00:32:10 15 28.85 Course A - Male 40-44 39 467 WONG BOK WAI, BYRON Energetic Triathlon Shatin 01:42:15 00:26:42 00:03:34 00:39:31 00:03:05 00:29:25 14 26.92 Course A - Male 40-44 40 461 VEILEN DICK Energetic Triathlon Shatin 01:43:01 00:25:59 00:03:13 00:03:13 00:03:16 00:31:55 13 25.00 Course A - Male 40-44 41 429 Goutenmacher Dimitri Tritons Triathlon Club 01:44:04 00:18:21 00:04:01 00:34:49 00:03:06 00:34:49 12 23.08 Course A - Male 40-44 42 416 CHAN KWOK CHUNG For Triathlon Club 01:45:16 00:22:18 00:04:11 00:03:49 00:03:14 00:35:23 11 21.15 Course A - Male 40-44 43 45 William Mak 45 Viu Chung Jonathan Lee 12 01:45:16 00:21:21 00:04:23 00:04:21 00:03:08 00:03:08 00:3	Course A - Male 40-44	36	437	Lam Wai Yip	Titan Triathlon	01:38:58	00:22:44	00:02:51	00:42:53	00:02:07	00:28:27	17	32.69
Course A - Male 40-44 39 467 WONG BOK WAI, BYRON Energetic Triathlon Shatin 01:42:15 00:26:42 00:03:34 00:39:31 00:03:05 00:29:25 14 26:92 Course A - Male 40-44 40 461 VEILEN DICK Energetic Triathlon Shatin 01:43:01 00:25:59 00:03:13 00:03:16 00:31:55 13 25:00 Course A - Male 40-44 41 429 Goutenmacher Dimitri Tritons Triathlon Club 01:44:04 00:18:21 00:04:01 00:03:49 00:03:06 00:34:49 12 23.08 Course A - Male 40-44 42 416 CHAN KWOK CHUNG Fritons Triathlon Club 01:44:53 00:02:18 00:04:11 00:33:48 00:03:14 00:35:23 11 21.15 Course A - Male 40-44 43 465 William Mak Fritons Triathlon Club 01:45:16 00:22:38 00:03:11 00:47:34 00:03:04 00:28:51 10 19.23 Course A - Male 40-44 475 Yiu Chung Jonathan Lee 91:45:16 00:21:21 00:04:23 00:41:3	Course A - Male 40-44	37	457	sun cho kan		01:39:07	00:22:24	00:03:16	00:39:39	00:02:30	00:31:19	16	30.77
Course A - Male 40-44 40 461 VEILEN DICK Energetic Triathlon Shatin 01:43:01 00:25:59 00:03:13 00:38:41 00:03:16 00:31:55 13 25.00 Course A - Male 40-44 41 429 Goutenmacher Dimitri Tritons Triathlon Club 01:44:04 00:18:21 00:04:01 00:33:49 00:03:06 00:34:49 12 23.08 Course A - Male 40-44 42 416 CHAN KWOK CHUNG - Fritons Triathlon Club 01:44:53 00:02:18 00:04:11 00:33:48 00:03:06 00:35:23 11 21.15 Course A - Male 40-44 43 465 William Mak - Fritons Triathlon Club 01:45:16 00:22:38 00:03:11 00:03:04 00:03:04 00:35:23 11 21.15 Course A - Male 40-44 47 Yiu Chung Jonathan Lee 01:45:16 00:21:21 00:04:23 00:04:11 00:04:23 00:04:11 00:02:25 00:35:59 9 17.31 Course A - Male 40-44 46 410 412 412 412 412 41	Course A - Male 40-44	38	471	Wong Wai Man		01:40:01	00:20:38	00:03:23	00:41:55	00:01:57	00:32:10	15	28.85
Course A - Male 40-44 41 429 Goutenmacher Dimitri Tritons Triathlon Club 01:44:04 00:18:21 00:04:01 00:33:49 00:03:06 00:34:49 12 23.08 Course A - Male 40-44 42 416 CHAN KWOK CHUNG Tritons Triathlon Club 01:44:53 00:22:18 00:04:11 00:39:48 00:03:14 00:35:23 11 21.15 Course A - Male 40-44 43 465 William Mak - Male 40-44 00:22:38 00:03:11 00:47:34 00:03:04 00:28:51 10 19.23 Course A - Male 40-44 47 Yiu Chung Jonathan Lee 01:45:16 00:21:21 00:04:23 00:41:11 00:02:25 00:35:59 9 17.31 Course A - Male 40-44 45 412 Au Yeung Shek Wai Part Time Association 01:49:11 00:24:8 00:04:31 00:43:32 00:04:35 00:33:49 12 23.08 Course A - Male 40-44 45 412 Au Yeung Shek Wai Part Time Association 01:49:11 00:20:19 00:05:41 00:04:35	Course A - Male 40-44	39	467	WONG BOK WAI, BYRON	Energetic Triathlon Shatin	01:42:15	00:26:42	00:03:34	00:39:31	00:03:05	00:29:25	14	26.92
Course A - Male 40-44 42 416 CHAN KWOK CHUNG 01:44:53 00:22:18 00:04:11 00:39:48 00:03:14 00:35:23 11 21.15 Course A - Male 40-44 43 465 William Mak 01:45:16 00:22:38 00:03:11 00:47:34 00:03:04 00:28:51 10 19.23 Course A - Male 40-44 47 Yiu Chung Jonathan Lee 01:45:16 00:21:21 00:04:23 00:41:11 00:02:25 00:35:59 9 17.31 Course A - Male 40-44 46 412 Au Yeung Shek Wai Part Time Association 01:50:12 00:20:19 00:05:41 00:04:35 00:03:48 00:03:48 7 13.46	Course A - Male 40-44	40	461	VEILEN DICK	Energetic Triathlon Shatin	01:43:01	00:25:59	00:03:13	00:38:41	00:03:16	00:31:55	13	25.00
Course A - Male 40-44 43 45 William Mak 01:45:16 00:22:38 00:03:11 00:47:34 00:03:04 00:28:51 10 19.23 Course A - Male 40-44 44 475 Yiu Chung Jonathan Lee 01:45:16 00:21:21 00:04:23 00:41:11 00:02:25 00:35:59 9 17.31 Course A - Male 40-44 45 412 Au Yeung Shek Wai Part Time Association 01:50:12 00:20:19 00:05:41 00:04:35 00:03:04 00:03:24 8 15.38 Course A - Male 40-44 46 46 40 LEE CHUN YIP Part Time Association 01:50:12 00:20:19 00:05:41 00:04:35 00:02:48 00:03:24 8 13.46	Course A - Male 40-44	41			Tritons Triathlon Club	01:44:04	00:18:21	00:04:01	00:43:49	00:03:06	00:34:49	12	23.08
Course A - Male 40-44 44 475 Yiu Chung Jonathan Lee 01:45:16 00:21:21 00:04:23 00:41:11 00:02:25 00:35:59 9 17.31 Course A - Male 40-44 45 412 Au Yeung Shek Wai 01:49:11 00:24:08 00:05:31 00:03:02 00:03:08 00:33:24 8 15.38 Course A - Male 40-44 46 46 46 40 LEE CHUN YIP Part Time Association 01:50:12 00:20:19 00:05:41 00:04:35 00:02:48 00:03:48 7 13.46		42	416	CHAN KWOK CHUNG		01:44:53		00:04:11			00:35:23		21.15
Course A - Male 40-44 45 412 Au Yeung Shek Wai 01:49:11 00:24:08 00:05:31 00:43:02 00:03:08 00:33:24 8 15.38 Course A - Male 40-44 46 46 40 LEE CHUN YIP Part Time Association 01:50:12 00:20:19 00:05:44 00:04:35 00:02:48 00:36:48 7 13.46	Course A - Male 40-44	43	465	William Mak		01:45:16	00:22:38	00:03:11	00:47:34		00:28:51		19.23
Course A - Male 40-44 46 440 LEE CHUN YIP Part Time Association 01:50:12 00:20:19 00:05:44 00:44:35 00:02:48 00:36:48 7 13.46	Course A - Male 40-44	44	475	Yiu Chung Jonathan Lee		01:45:16	00:21:21				00:35:59		17.31
	Course A - Male 40-44	45	412	Au Yeung Shek Wai		01:49:11	00:24:08	00:05:31	00:43:02	00:03:08	00:33:24	8	15.38
Course A - Male 40-44 47 413 Bramham Shaun 01:53:50 00:27:03 00:03:45 00:42:35 00:02:39 00:37:51 6 11:54	Course A - Male 40-44	46	440	LEE CHUN YIP	Part Time Association	01:50:12	00:20:19	00:05:44	00:44:35	00:02:48	00:36:48	7	13.46
	Course A - Male 40-44	47	413	Bramham Shaun		01:53:50	00:27:03	00:03:45	00:42:35	00:02:39	00:37:51	6	11.54

Cat	Category	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male 40-44	Position 48	428	FRANCISCO JAVIER TORA MIRA		01:54:33	00:28:27	00:04:10	00:41:14	00:03:11	00:37:34	5	9.62
Course A - Male 40-44	49		Leung Wai Kwong		01:55:17	00:25:48	00:05:02	00:43:59	00:02:59	00:37:31	4	7.69
Course A - Male 40-44	50		Tang Chi Keung		01:55:25	00:23:42	00:02:37	00:45:48	00:02:57	00:38:21	3	5.77
Course A - Male 40-44	51	421	0 0		02:05:56	00:26:10	00:04:51	00:45:27	00:03:52	00:45:37	2	3.85
Course A - Male 40-44	52		Lam Hoo Ming	Energetic Triathlon Shatin	02:14:18	00:22:38	00:03:38	01:00:35	00:02:57	00:44:31	1	1.92
Course A - Male 40-44	DNS		Ashley Dyer	Energetic mathementalin	02.14.10	00.22.00	00.00.00	01.00.00	00.02.07	00.44.01	•	1.52
Course A - Male 40-44	DNS		Lawrence Chan									
Course A - Male 40-44	DNS	447		Hong Kong Dragons Triathlon Club								
Course A - Male 40-44	DNS		Pang Ka Yiu	Hong Rong Bragons mathon ords								
Course A - Male 40-44	DNS		STEPHEN ADAMS	Tritons Triathlon Club								
Course A - Male 40-44	DNS		TAM CHI HUNG	Titan Triathlon								
Course A - Male 40-44	DNS		Tong Christopher	Sonic Sports Association								
Course A - Male 40-44	DNS	464	•	Energetic Triathlon Shatin								
Course A - Male 40-44	DNS		WONG BUN	Part Time Association								
Course A - Male 40-44 Course A - Male 40-44	DNS		YEUNG CHI WAI NOORDIN	Energetic Triathlon Shatin								
Course A - Male 40-44 Course A - Male 40-44	DNS	476		South China Athletic Association								
Short Bike			•	South China Athletic Association	04.44.00	00:45:44	00.00.45	00.22.40	00.04.47	00.04.50		
	DSQ	425	· ·		01:14:00	00:15:11	00:02:45	00:32:18	00:01:47	00:21:59		
Short Bike	DSQ		Ormiston Michael		01:18:39	00:18:31	00:03:47	00:30:42	00:02:31	00:23:10	10	22.64
Short Bike	DSQ	419	Chan Yiu Keung		01:44:20	00:22:18	00:03:51	00:36:35	00:02:36	00:38:13	12	22.64
Cat	Category	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male 45-49	Position 1	499	Jo Koster	Tritons Triathlon Club	01:12:36	00:16:11	00:02:19	00:31:35	00:01:27	00:21:05	50	100.00
Course A - Male 45-49			30 103(6)	THOUS THATHOU CIUD	01.12.00	00.10.11	00.02.13	00.51.55	00.01.21	00.21.03	50	100.00
Course A - Male 45-49	2	537	WONG TAK WAH EDWARD	Energetic Triathlon Shatin	01-16-30	00.17.32	00.02.10	00.34.27	00.01.22	00.21.01	40	98 00
Course A - Male 45-49	2	537 529	,	Energetic Triathlon Shatin	01:16:39 01:17:08	00:17:32	00:02:19	00:34:27	00:01:22	00:21:01	49 48	98.00
Course A - Male 45-49	3	529	Scott James Burton	Energetic Triathlon Shatin	01:17:08	00:13:15	00:02:39	00:37:08	00:01:37	00:22:31	48	96.00
Course A - Male 45-49 Course A - Male 45-49	3 4	529 539	Scott James Burton Yeung Chi Hong	Energetic Triathlon Shatin	01:17:08 01:18:14	00:13:15 00:15:20	00:02:39 00:02:29	00:37:08 00:35:06	00:01:37 00:01:41	00:22:31 00:23:41	48 47	96.00 94.00
Course A - Male 45-49 Course A - Male 45-49 Course A - Male 45-49	3 4 5	529 539 498	Scott James Burton Yeung Chi Hong George Tullis	•	01:17:08 01:18:14 01:18:20	00:13:15 00:15:20 00:16:32	00:02:39 00:02:29 00:03:01	00:37:08 00:35:06 00:33:30	00:01:37 00:01:41 00:01:49	00:22:31 00:23:41 00:23:30	48 47 46	96.00 94.00 92.00
Course A - Male 45-49	3 4 5 6	529 539 498 530	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram	Energetic Triathlon Shatin	01:17:08 01:18:14 01:18:20 01:19:44	00:13:15 00:15:20 00:16:32 00:15:21	00:02:39 00:02:29 00:03:01 00:02:44	00:37:08 00:35:06 00:33:30 00:34:59	00:01:37 00:01:41 00:01:49 00:01:49	00:22:31 00:23:41 00:23:30 00:24:53	48 47 46 45	96.00 94.00 92.00 90.00
Course A - Male 45-49	3 4 5 6 7	529 539 498 530 508	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching	Energetic Triathlon Shatin Tung Chung Triathlon Association	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22	00:01:37 00:01:41 00:01:49 00:01:36	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07	48 47 46 45 44	96.00 94.00 92.00 90.00 88.00
Course A - Male 45-49	3 4 5 6 7 8	529 539 498 530 508 482	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:41	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28	00:01:37 00:01:41 00:01:49 00:01:36 00:01:43	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:24:49	48 47 46 45 44 43	96.00 94.00 92.00 90.00 88.00 86.00
Course A - Male 45-49	3 4 5 6 7 8 9	529 539 498 530 508 482 488	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:41 00:02:38	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53	00:01:37 00:01:41 00:01:49 00:01:49 00:01:36 00:01:43 00:01:24	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:24:49 00:25:29	48 47 46 45 44 43 42	96.00 94.00 92.00 90.00 88.00 86.00 84.00
Course A - Male 45-49	3 4 5 6 7 8 9	529 539 498 530 508 482 488 516	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:42	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:41 00:02:38 00:02:49	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29	00:01:37 00:01:41 00:01:49 00:01:36 00:01:43 00:01:24 00:01:48	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:24:49 00:25:29 00:25:36	48 47 46 45 44 43 42 41	96.00 94.00 92.00 90.00 88.00 86.00 84.00 82.00
Course A - Male 45-49	3 4 5 6 7 8 9 10	529 539 498 530 508 482 488 516 507	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po Lai Yiu Chung	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:42 01:23:58	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01 00:16:04	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:38 00:02:49 00:02:57	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29 00:40:32	00:01:37 00:01:41 00:01:49 00:01:36 00:01:43 00:01:24 00:01:48 00:01:42	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:24:49 00:25:29 00:25:36 00:22:45	48 47 46 45 44 43 42 41 40	96.00 94.00 92.00 90.00 88.00 86.00 84.00 82.00 80.00
Course A - Male 45-49	3 4 5 6 7 8 9 10 11	529 539 498 530 508 482 488 516 507 525	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po Lai Yiu Chung Pang Kam Yau	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:42 01:23:58 01:27:08	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01 00:16:04 00:19:20	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:41 00:02:38 00:02:49 00:02:57 00:02:53	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29 00:40:32 00:39:24	00:01:37 00:01:41 00:01:49 00:01:49 00:01:36 00:01:43 00:01:24 00:01:48 00:01:42 00:01:58	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:24:49 00:25:29 00:25:36 00:22:45 00:23:34	48 47 46 45 44 43 42 41 40 39	96.00 94.00 92.00 90.00 88.00 86.00 84.00 82.00 80.00 78.00
Course A - Male 45-49	3 4 5 6 7 8 9 10 11 12	529 539 498 530 508 482 488 516 507 525 531	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po Lai Yiu Chung Pang Kam Yau Stephen Waldo Ho	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:42 01:23:58 01:27:08 01:30:08	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01 00:16:04 00:19:20 00:15:58	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:41 00:02:38 00:02:49 00:02:57 00:02:53 00:02:37	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29 00:40:32 00:39:24 00:42:16	00:01:37 00:01:41 00:01:49 00:01:36 00:01:36 00:01:43 00:01:24 00:01:48 00:01:42 00:01:58 00:02:39	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:24:49 00:25:29 00:25:36 00:22:45 00:23:34 00:26:40	48 47 46 45 44 43 42 41 40 39 38	96.00 94.00 92.00 90.00 88.00 86.00 84.00 82.00 80.00 78.00 76.00
Course A - Male 45-49	3 4 5 6 7 8 9 10 11 12 13	529 539 498 530 508 482 488 516 507 525 531 479	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po Lai Yiu Chung Pang Kam Yau Stephen Waldo Ho Chan CHI YAN	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:42 01:23:58 01:27:08 01:30:08	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01 00:16:04 00:19:20 00:15:58 00:22:08	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:41 00:02:38 00:02:49 00:02:57 00:02:53 00:02:37	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29 00:40:32 00:39:24 00:42:16 00:35:11	00:01:37 00:01:41 00:01:49 00:01:36 00:01:43 00:01:24 00:01:48 00:01:42 00:01:58 00:02:39 00:02:18	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:25:29 00:25:36 00:22:45 00:23:34 00:26:40 00:28:08	48 47 46 45 44 43 42 41 40 39 38 37	96.00 94.00 92.00 90.00 88.00 86.00 84.00 82.00 80.00 76.00 74.00
Course A - Male 45-49	3 4 5 6 7 8 9 10 11 12 13 14	529 539 498 530 508 482 488 516 507 525 531 479 526	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po Lai Yiu Chung Pang Kam Yau Stephen Waldo Ho Chan CHI YAN Paul Rae Howard	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:42 01:23:58 01:27:08 01:30:08 01:30:21 01:30:39	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01 00:16:04 00:19:20 00:15:58 00:22:08 00:18:07	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:41 00:02:38 00:02:49 00:02:57 00:02:53 00:02:37 00:02:37 00:03:59	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29 00:40:32 00:39:24 00:42:16 00:35:11 00:37:12	00:01:37 00:01:41 00:01:49 00:01:36 00:01:43 00:01:24 00:01:48 00:01:42 00:01:58 00:02:39 00:02:18 00:02:52	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:25:29 00:25:36 00:22:45 00:23:34 00:26:40 00:28:08 00:28:32	48 47 46 45 44 43 42 41 40 39 38 37 36	96.00 94.00 92.00 90.00 88.00 86.00 82.00 80.00 78.00 74.00 72.00
Course A - Male 45-49	3 4 5 6 7 8 9 10 11 12 13 14 15	529 539 498 530 508 482 488 516 507 525 531 479 526 527	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po Lai Yiu Chung Pang Kam Yau Stephen Waldo Ho Chan CHI YAN Paul Rae Howard Richard Hamilton	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club Titan Triathlon	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:42 01:23:58 01:27:08 01:30:08 01:30:21 01:30:39 01:30:44	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01 00:16:04 00:19:20 00:15:58 00:22:08 00:18:07 00:20:12	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:38 00:02:49 00:02:57 00:02:37 00:02:37 00:02:37 00:03:59 00:03:12	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29 00:40:32 00:39:24 00:42:16 00:35:11 00:37:12 00:34:45	00:01:37 00:01:41 00:01:49 00:01:36 00:01:36 00:01:24 00:01:48 00:01:42 00:01:58 00:02:39 00:02:18 00:02:52 00:02:03	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:25:29 00:25:36 00:22:45 00:23:34 00:26:40 00:28:08 00:28:32 00:30:34	48 47 46 45 44 43 42 41 40 39 38 37 36 35	96.00 94.00 92.00 90.00 88.00 86.00 82.00 80.00 78.00 74.00 72.00 70.00
Course A - Male 45-49	3 4 5 6 7 8 9 10 11 12 13 14 15 16	529 539 498 530 508 482 488 516 507 525 531 479 526 527 501	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po Lai Yiu Chung Pang Kam Yau Stephen Waldo Ho Chan CHI YAN Paul Rae Howard Richard Hamilton KARIM CHABANE	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:42 01:23:58 01:27:08 01:30:08 01:30:21 01:30:39 01:30:44 01:32:07	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01 00:16:04 00:19:20 00:15:58 00:22:08 00:18:07 00:20:12 00:20:47	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:38 00:02:49 00:02:57 00:02:37 00:02:37 00:03:59 00:03:12 00:03:28	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29 00:40:32 00:39:24 00:42:16 00:35:11 00:37:12 00:34:45 00:37:49	00:01:37 00:01:41 00:01:49 00:01:36 00:01:36 00:01:43 00:01:48 00:01:42 00:01:58 00:02:39 00:02:18 00:02:52 00:02:03 00:02:43	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:25:29 00:25:36 00:22:45 00:23:34 00:26:40 00:28:08 00:28:32 00:30:34 00:27:22	48 47 46 45 44 43 42 41 40 39 38 37 36 35 34	96.00 94.00 92.00 90.00 88.00 86.00 84.00 82.00 76.00 74.00 72.00 70.00 68.00
Course A - Male 45-49	3 4 5 6 7 8 9 10 11 12 13 14 15 16 17	529 539 498 530 508 482 488 516 507 525 531 479 526 527 501 503	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po Lai Yiu Chung Pang Kam Yau Stephen Waldo Ho Chan CHI YAN Paul Rae Howard Richard Hamilton KARIM CHABANE Kevin Klock	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club Titan Triathlon Hong Kong Dragons Triathlon Club	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:58 01:27:08 01:30:08 01:30:21 01:30:39 01:30:44 01:32:07 01:32:54	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01 00:16:04 00:19:20 00:15:58 00:22:08 00:18:07 00:20:12 00:20:47 00:22:47	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:38 00:02:49 00:02:57 00:02:37 00:02:37 00:03:59 00:03:12 00:03:28 00:02:53	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29 00:40:32 00:39:24 00:42:16 00:35:11 00:37:12 00:34:45 00:37:49 00:35:23	00:01:37 00:01:41 00:01:49 00:01:36 00:01:36 00:01:24 00:01:42 00:01:42 00:01:58 00:02:39 00:02:18 00:02:52 00:02:03 00:02:43 00:02:15	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:25:29 00:25:36 00:22:45 00:23:34 00:26:40 00:28:08 00:28:32 00:30:34 00:27:22 00:29:38	48 47 46 45 44 43 42 41 40 39 38 37 36 35 34	96.00 94.00 92.00 90.00 88.00 86.00 82.00 80.00 76.00 74.00 70.00 68.00 66.00
Course A - Male 45-49	3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	529 539 498 530 508 482 488 516 507 525 531 479 526 527 501 503 540	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po Lai Yiu Chung Pang Kam Yau Stephen Waldo Ho Chan CHI YAN Paul Rae Howard Richard Hamilton KARIM CHABANE Kevin Klock Yuen Kwok Ming, Patrick	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club Titan Triathlon	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:58 01:27:08 01:30:08 01:30:21 01:30:39 01:30:44 01:32:07 01:32:54 01:33:28	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01 00:16:04 00:19:20 00:15:58 00:22:08 00:18:07 00:20:12 00:20:47 00:22:47 00:20:57	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:38 00:02:49 00:02:57 00:02:37 00:02:37 00:03:59 00:03:28 00:02:53 00:02:53 00:02:53	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29 00:40:32 00:39:24 00:42:16 00:35:11 00:37:12 00:34:45 00:37:49 00:35:23 00:40:33	00:01:37 00:01:41 00:01:49 00:01:36 00:01:36 00:01:24 00:01:42 00:01:48 00:02:39 00:02:18 00:02:52 00:02:03 00:02:43 00:02:15 00:02:19	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:25:29 00:25:36 00:22:45 00:23:34 00:26:40 00:28:08 00:28:32 00:30:34 00:27:22 00:29:38 00:27:03	48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 33 32	96.00 94.00 92.00 90.00 88.00 86.00 82.00 80.00 76.00 74.00 70.00 68.00 66.00 64.00
Course A - Male 45-49	3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	529 539 498 530 508 482 488 516 507 525 531 479 526 527 501 503 540 523	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po Lai Yiu Chung Pang Kam Yau Stephen Waldo Ho Chan CHI YAN Paul Rae Howard Richard Hamilton KARIM CHABANE Kevin Klock Yuen Kwok Ming, Patrick Nicholas Tan	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club Titan Triathlon Hong Kong Dragons Triathlon Club	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:42 01:23:58 01:27:08 01:30:08 01:30:21 01:30:39 01:30:34 01:32:07 01:32:54 01:33:28 01:33:43	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01 00:16:04 00:19:20 00:15:58 00:22:08 00:18:07 00:20:12 00:20:47 00:22:47 00:22:17	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:38 00:02:49 00:02:57 00:02:37 00:02:37 00:03:12 00:03:28 00:02:37 00:02:37 00:03:28 00:02:37 00:03:13	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29 00:40:32 00:39:24 00:42:16 00:35:11 00:37:12 00:34:45 00:37:49 00:35:23 00:40:33 00:39:57	00:01:37 00:01:41 00:01:49 00:01:36 00:01:43 00:01:24 00:01:42 00:01:42 00:01:58 00:02:39 00:02:18 00:02:52 00:02:03 00:02:43 00:02:15 00:02:19 00:01:56	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:25:29 00:25:36 00:22:45 00:23:34 00:26:40 00:28:08 00:28:32 00:30:34 00:27:22 00:29:38 00:27:03 00:26:22	48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 33 32 31	96.00 94.00 92.00 90.00 88.00 86.00 84.00 76.00 74.00 72.00 70.00 68.00 66.00 64.00 62.00
Course A - Male 45-49	3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21	529 539 498 530 508 482 488 516 507 525 531 479 526 527 501 503 540 523 511	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po Lai Yiu Chung Pang Kam Yau Stephen Waldo Ho Chan CHI YAN Paul Rae Howard Richard Hamilton KARIM CHABANE Kevin Klock Yuen Kwok Ming, Patrick Nicholas Tan Leo Ho	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club Titan Triathlon Hong Kong Dragons Triathlon Club	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:42 01:23:58 01:27:08 01:30:08 01:30:21 01:30:39 01:30:34 01:32:07 01:32:54 01:33:28 01:33:43 01:34:59	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01 00:16:04 00:19:20 00:15:58 00:22:08 00:18:07 00:20:12 00:20:47 00:22:47 00:22:47 00:22:17 00:23:41	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:38 00:02:49 00:02:57 00:02:37 00:02:37 00:03:12 00:03:28 00:02:53 00:02:37 00:03:13 00:03:13	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29 00:40:32 00:39:24 00:42:16 00:35:11 00:37:12 00:34:45 00:37:49 00:35:23 00:40:33 00:39:57 00:42:10	00:01:37 00:01:41 00:01:49 00:01:36 00:01:43 00:01:24 00:01:48 00:01:48 00:02:39 00:02:39 00:02:52 00:02:03 00:02:43 00:02:15 00:02:19 00:01:56 00:01:22	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:25:29 00:25:36 00:22:45 00:23:34 00:26:40 00:28:08 00:28:32 00:30:34 00:27:22 00:29:38 00:27:03 00:26:22 00:24:34	48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 33 32 31 30	96.00 94.00 92.00 90.00 88.00 86.00 84.00 76.00 74.00 72.00 70.00 68.00 64.00 62.00 60.00
Course A - Male 45-49	3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22	529 539 498 530 508 482 488 516 507 525 531 479 526 527 501 503 540 523 511 517	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po Lai Yiu Chung Pang Kam Yau Stephen Waldo Ho Chan CHI YAN Paul Rae Howard Richard Hamilton KARIM CHABANE Kevin Klock Yuen Kwok Ming, Patrick Nicholas Tan Leo Ho Michael Sadler	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club Titan Triathlon Hong Kong Dragons Triathlon Club New Wave Swimming Club	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:42 01:23:58 01:27:08 01:30:21 01:30:39 01:30:34 01:32:07 01:32:54 01:33:28 01:33:43 01:34:59 01:35:23	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01 00:16:04 00:19:20 00:15:58 00:22:08 00:18:07 00:20:12 00:20:47 00:22:47 00:22:47 00:22:17 00:23:41 00:22:37	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:38 00:02:49 00:02:57 00:02:57 00:02:37 00:03:7 00:03:28 00:02:37 00:02:37 00:03:13 00:03:13 00:03:07	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29 00:40:32 00:39:24 00:42:16 00:35:11 00:37:12 00:34:45 00:37:49 00:35:23 00:40:33 00:39:57 00:42:10 00:37:52	00:01:37 00:01:41 00:01:49 00:01:36 00:01:43 00:01:24 00:01:42 00:01:42 00:01:58 00:02:39 00:02:18 00:02:52 00:02:03 00:02:15 00:02:19 00:01:56 00:01:22 00:02:09	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:25:29 00:25:36 00:22:45 00:23:34 00:26:40 00:28:08 00:28:32 00:30:34 00:27:22 00:29:38 00:27:03 00:26:22 00:24:34 00:29:39	48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 33 32 31 30 29	96.00 94.00 92.00 90.00 88.00 86.00 84.00 80.00 74.00 72.00 70.00 68.00 64.00 62.00 60.00 58.00
Course A - Male 45-49	3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23	529 539 498 530 508 482 488 516 507 525 531 479 526 527 501 503 540 523 511 517 538	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po Lai Yiu Chung Pang Kam Yau Stephen Waldo Ho Chan CHI YAN Paul Rae Howard Richard Hamilton KARIM CHABANE Kevin Klock Yuen Kwok Ming, Patrick Nicholas Tan Leo Ho Michael Sadler WONG WING HIM, DENIS	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club Titan Triathlon Hong Kong Dragons Triathlon Club New Wave Swimming Club South China Athletic Association	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:42 01:23:58 01:27:08 01:30:39 01:30:39 01:30:34 01:32:07 01:32:54 01:33:28 01:33:43 01:34:59 01:35:23 01:35:42	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01 00:16:04 00:19:20 00:15:58 00:22:08 00:18:07 00:20:47 00:20:47 00:22:47 00:22:47 00:23:41 00:22:37 00:18:55	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:41 00:02:38 00:02:57 00:02:57 00:02:37 00:03:28 00:02:53 00:02:37 00:03:12 00:03:28 00:02:37 00:03:13 00:03:13 00:03:07 00:03:18	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29 00:40:32 00:39:24 00:42:16 00:35:11 00:37:12 00:34:45 00:37:49 00:35:23 00:40:33 00:39:57 00:42:10 00:37:52 00:41:39	00:01:37 00:01:41 00:01:49 00:01:36 00:01:43 00:01:24 00:01:48 00:01:42 00:01:56 00:02:39 00:02:15 00:02:15 00:02:19 00:01:56 00:01:22 00:02:09 00:03:38	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:25:29 00:25:36 00:22:45 00:23:34 00:26:40 00:28:08 00:28:32 00:30:34 00:27:22 00:29:38 00:27:03 00:26:22 00:24:34 00:29:39 00:28:15	48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 33 32 31 30 29 28	96.00 94.00 92.00 90.00 88.00 86.00 84.00 78.00 74.00 72.00 70.00 68.00 64.00 62.00 60.00 58.00 56.00
Course A - Male 45-49	3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22	529 539 498 530 508 482 488 516 507 525 531 479 526 527 501 503 540 523 511 517 538 513	Scott James Burton Yeung Chi Hong George Tullis Shi Bertram Lam Kam Ching Chan Wai Kee, Eric Cheung Man Kwong Ma Chi Po Lai Yiu Chung Pang Kam Yau Stephen Waldo Ho Chan CHI YAN Paul Rae Howard Richard Hamilton KARIM CHABANE Kevin Klock Yuen Kwok Ming, Patrick Nicholas Tan Leo Ho Michael Sadler	Energetic Triathlon Shatin Tung Chung Triathlon Association Sonic Sports Association Mango Swimming Club Titan Triathlon Hong Kong Dragons Triathlon Club New Wave Swimming Club	01:17:08 01:18:14 01:18:20 01:19:44 01:20:32 01:22:43 01:23:28 01:23:42 01:23:58 01:27:08 01:30:21 01:30:39 01:30:34 01:32:07 01:32:54 01:33:28 01:33:43 01:34:59 01:35:23	00:13:15 00:15:20 00:16:32 00:15:21 00:18:35 00:17:04 00:18:06 00:17:01 00:16:04 00:19:20 00:15:58 00:22:08 00:18:07 00:20:12 00:20:47 00:22:47 00:22:47 00:22:17 00:23:41 00:22:37	00:02:39 00:02:29 00:03:01 00:02:44 00:02:54 00:02:38 00:02:49 00:02:57 00:02:57 00:02:37 00:03:7 00:03:28 00:02:37 00:02:37 00:03:13 00:03:13 00:03:07	00:37:08 00:35:06 00:33:30 00:34:59 00:33:22 00:36:28 00:35:53 00:36:29 00:40:32 00:39:24 00:42:16 00:35:11 00:37:12 00:34:45 00:37:49 00:35:23 00:40:33 00:39:57 00:42:10 00:37:52	00:01:37 00:01:41 00:01:49 00:01:36 00:01:43 00:01:24 00:01:42 00:01:42 00:01:58 00:02:39 00:02:18 00:02:52 00:02:03 00:02:15 00:02:19 00:01:56 00:01:22 00:02:09	00:22:31 00:23:41 00:23:30 00:24:53 00:24:07 00:25:29 00:25:36 00:22:45 00:23:34 00:26:40 00:28:08 00:28:32 00:30:34 00:27:22 00:29:38 00:27:03 00:26:22 00:24:34 00:29:39 00:28:15 00:26:52	48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 33 32 31 30 29	96.00 94.00 92.00 90.00 88.00 86.00 84.00 76.00 74.00 70.00 68.00 66.00 64.00 62.00 60.00 58.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male 45-49	26	504	Kwan Chi Man	New Target Sport Association	01:36:25	00:21:36	00:03:31	00:39:20	00:02:36	00:29:23	25	50.00
Course A - Male 45-49	27	485	Cheong Chee Cheong		01:36:35	00:23:32	00:03:03	00:38:00	00:02:13	00:29:48	24	48.00
Course A - Male 45-49	28	492	Choy Wai Kwun	AustSports Association	01:36:48	00:24:13	00:04:55	00:39:23	00:02:05	00:26:13	23	46.00
Course A - Male 45-49	29	521	ng sui hing		01:37:07	00:25:45	00:03:02	00:37:49	00:02:33	00:28:01	22	44.00
Course A - Male 45-49	30	496	Enrique Vanrell		01:37:15	00:20:53	00:05:28	00:36:20	00:04:00	00:30:36	21	42.00
Course A - Male 45-49	31	520	NG HOI SANG	Titan Triathlon	01:37:17	00:22:28	00:03:42	00:40:13	00:02:09	00:28:47	20	40.00
Course A - Male 45-49	32	505	Kwok Ka Fai		01:38:26	00:22:02	00:04:23	00:41:10	00:02:36	00:28:17	19	38.00
Course A - Male 45-49	33	480	Chan Ka Keung	Energetic Triathlon Shatin	01:38:38	00:20:43	00:03:34	00:38:53	00:02:33	00:32:58	18	36.00
Course A - Male 45-49	34	519	Mok King Kuen		01:40:01	00:24:36	00:03:35	00:40:18	00:03:03	00:28:31	17	34.00
Course A - Male 45-49	35	494	CHUNG Wing-shing		01:41:13	00:25:01	00:03:40	00:39:11	00:02:47	00:30:35	16	32.00
Course A - Male 45-49	36	532	SUEN Chung yin		01:41:22	00:23:50	00:03:37	00:40:11	00:03:11	00:30:35	15	30.00
Course A - Male 45-49	37		Leung Shu on, Terence	AustSports Association	01:41:29	00:20:28	00:04:47	00:42:02	00:02:13	00:32:02	14	28.00
Course A - Male 45-49	38		TAM MAN KWONG	Energetic Triathlon Shatin	01:42:18	00:20:50	00:03:15	00:39:50	00:02:49	00:35:37	13	26.00
Course A - Male 45-49	39	490	Chi Wai Law	Ç	01:42:52	00:21:25	00:05:04	00:46:25	00:02:17	00:27:43	12	24.00
Course A - Male 45-49	40	535	WONG SUI CHEONG	Sonic Sports Association	01:44:08	00:20:55	00:03:34	00:48:06	00:01:52	00:29:44	11	22.00
Course A - Male 45-49	41	509	Law Chun Hung	AustSports Association	01:44:31	00:24:17	00:04:32	00:41:55	00:02:00	00:31:49	10	20.00
Course A - Male 45-49	42		Cheung Kai Shui		01:45:58	00:20:48	00:03:53	00:40:37	00:02:35	00:38:06	9	18.00
Course A - Male 45-49	43		Chu Kwok Keung Eric		01:48:16	00:23:32	00:02:52	00:42:20	00:02:30	00:37:05	8	16.00
Course A - Male 45-49	44		Wong Tai Hing, Steven		01:48:33	00:24:00	00:07:05	00:40:39	00:03:37	00:33:14	7	14.00
Course A - Male 45-49	45		Cheng Tat King		01:49:03	00:22:32	00:05:02	00:39:30	00:04:10	00:37:52	6	12.00
Course A - Male 45-49	46		Chan Wai Yin, Mickey		01:52:03	00:20:39	00:03:46	00:38:21	00:03:16	00:46:02	5	10.00
Course A - Male 45-49	47		Frederic Resta		01:55:34	00:18:27	00:06:51	00:54:12	00:04:00	00:32:05	4	8.00
Course A - Male 45-49	48		KWOK WAI MAN	AustSports Association	01:57:31	00:16:27	00:04:05	00:42:22	00:03:57	00:40:50	3	6.00
Course A - Male 45-49	49		Ng To Lung	Austoports Association	01:58:03	00:24:54	00:04:03	00:42:22	00:03:19	00:40:30	2	4.00
Course A - Male 45-49	50		Bill Mok		02:01:24	00:24:34	00:04:30	00:46:59	00:03:19	00:37:53	1	2.00
Course A - Male 45-49	DNF		Cheung Kwok Leung	Titan Triathlon	02.01.24	00.20.22	00.04.50	00.40.00	00.01.00	00.55.57	'	2.00
Course A - Male 45-49	DNF		SO HING YUE	Titan Triathlon								
Course A - Male 45-49	DNF		Lit Kwong On			00:22:44	00:02:25	00:36:29	00:01:35			
Course A - Male 45-49 Course A - Male 45-49	DNF		Lo WAI Kai	AustSports Association		00.22.44	00.02.23	00.30.29	00.01.33			
	DNS		CHAN KWOK CHI	Engraphic Triethles Chatin								
Course A Male 45-49	DNS			Energetic Triathlon Shatin								
Course A - Male 45-49 Course A - Male 45-49	DNS		Cheung Sai Pang CHONG CHOR FOR									
Course A - Male 45-49	DNS		Eiji Yanagawa									
Course A - Male 45-49	DNS		Jonathan Rhys Perrin									
Course A - Male 45-49	DNS		LEE WAN KWONG	T., T 01.1								
Course A - Male 45-49	DNS		Michael Tse	Tritons Triathlon Club								
Course A - Male 45-49	DNS		Pang Alwyn See Kit	South China Athletic Association								
Course A - Male 45-49	DNS		Robin Stuart Leeson									
Short Bike	DSQ	534	Tang Wai Ki, Ricky			00:16:25	00:02:52			00:22:32		
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male 50-54	1	113	Tony Flynn		01:17:33	00:19:14	00:02:18	00:34:06	00:01:20	00:20:38	40	100.00
Course A - Male 50-54	2		ALAN TORRIGINO	Hong Kong Dragons Triathlon Club	01:17:39	00:15:18	00:02:13	00:33:26	00:01:35	00:25:09	39	97.50
Course A - Male 50-54	3	78	Chan Chu	Energetic Triathlon Shatin	01:17:58	00:18:07	00:02:16	00:34:38	00:01:31	00:21:18	38	95.00
Course A - Male 50-54	4	88		g	01:17:00		22.22.20				37	92.50
33.3371 Maio 00 01	7	50	20011011011111		5 10. 1 1						51	02.00

Sonic Sports Association

01:20:01

36

90.00

Course A - Male 50-54

5

105 Lee Ying Ho

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male 50-54	6	87	David Howell		01:20:08	00:16:25	00:03:04	00:34:26	00:01:45	00:24:29	35	87.50
Course A - Male 50-54	7	119	Ho Tak Ming	Energetic Triathlon Shatin	01:20:29	00:16:41	00:02:54	00:35:02	00:01:43	00:24:10	34	85.00
Course A - Male 50-54	8	109	MA YUK FU	Titan Triathlon	01:22:13	00:18:37	00:02:42	00:34:41	00:01:37	00:24:38	33	82.50
Course A - Male 50-54	9	104	Lee Kwok Ning		01:22:51	00:20:26	00:02:25	00:33:38	00:02:09	00:24:13	32	80.00
Course A - Male 50-54	10	106	LEUNG YAU HONG	Hope Sport Association	01:23:45	00:21:40	00:02:21	00:34:56	00:01:35	00:23:15	31	77.50
Course A - Male 50-54	11	110	Poon Kwok Wing	Energetic Triathlon Shatin	01:24:20	00:18:45	00:02:45	00:34:28	00:01:42	00:26:42	30	75.00
Course A - Male 50-54	12	98	Lam Fergus	Energetic Triathlon Shatin	01:25:50	00:20:14	00:03:44	00:37:27	00:01:52	00:22:35	29	72.50
Course A - Male 50-54	13	94	JOHNSON CHAN	Sonic Sports Association	01:25:51	00:15:32	00:02:49	00:40:01	00:01:23	00:26:07	28	70.00
Course A - Male 50-54	14	85	Chung Lui Hung Lawrence	Energetic Triathlon Shatin	01:26:51	00:21:56	00:02:35	00:33:58	00:02:11	00:26:12	27	67.50
Course A - Male 50-54	15	112	Tim Smith		01:27:21	00:22:04	00:03:12	00:33:26	00:01:47	00:26:53	26	65.00
Course A - Male 50-54	16	102	Law Chun Kuen, Stanley	AustSports Association	01:29:28	00:21:27	00:03:14	00:38:15	00:01:44	00:24:50	25	62.50
Course A - Male 50-54	17	111	Stuart Stuart Cranfield	•	01:29:43	00:23:23	00:03:16	00:35:30	00:02:16	00:25:20	24	60.00
Course A - Male 50-54	18	100	Lam Wing Biu		01:33:24	00:23:04	00:04:23	00:38:04	00:02:11	00:25:43	23	57.50
Course A - Male 50-54	19	93	Jimmy Chau		01:34:30	00:24:38	00:03:28	00:36:21	00:02:50	00:27:15	22	55.00
Course A - Male 50-54	20	99	Lam Tsz Leung		01:34:38	00:27:51	00:03:00	00:36:42	00:02:15	00:24:50	21	52.50
Course A - Male 50-54	21	83	Choy Ying Keung	Part Time Association	01:34:46	00:24:08	00:02:37	00:38:51	00:02:01	00:27:09	20	50.00
Course A - Male 50-54	22	79	CHAN SIK WING		01:35:04	00:24:53	00:04:59	00:40:29	00:01:46	00:22:58	19	47.50
Course A - Male 50-54	23	77	Armin Zahner		01:36:04	00:20:59	00:03:46	00:34:04	00:02:21	00:34:57	18	45.00
Course A - Male 50-54	24	96	Lam Chi Choi	Titan Triathlon	01:36:11	00:25:08	00:04:21	00:39:06	00:02:12	00:25:24	17	42.50
Course A - Male 50-54	25	90	Ho Kon Bun		01:36:13	00:21:35	00:02:51	00:39:46	00:01:59	00:30:03	16	40.00
Course A - Male 50-54	26	114	Tsang Hon Min	Sonic Sport Association	01:38:03	00:22:22	00:03:03	00:38:38	00:02:15	00:31:45	15	37.50
Course A - Male 50-54	27		LUI KIM MING	Energetic Triathlon Shatin	01:39:05	00:22:07	00:03:06	00:42:18	00:02:27	00:29:08	14	35.00
Course A - Male 50-54	28	86	Chung Shun	AustSports Association	01:40:06	00:20:53	00:05:41	00:44:27	00:02:17	00:26:50	13	32.50
Course A - Male 50-54	29	95	Kwok Sui Wing	, tuotoporto , tooodiation	01:41:06	00:25:48	00:03:50	00:42:16	00:01:49	00:27:24	12	30.00
Course A - Male 50-54	30		Wong Kit		01:42:13	00:22:31	00:02:37	00:44:27	00:02:55	00:29:43	11	27.50
Course A - Male 50-54	31		Lam Chi Wing		01:42:19	00:30:38	00:03:13	00:37:21	00:02:12	00:28:57	10	25.00
Course A - Male 50-54	32		Yuen Kai Ming	Energetic Triathlon Shatin	01:42:20	00:23:41	00:03:12	00:43:36	00:02:18	00:29:34	9	22.50
Course A - Male 50-54	33		Lau Chi Wai	Znorgono manion onam	01:43:50	00:22:38	00:06:47	00:42:47	00:02:31	00:29:08	8	20.00
Course A - Male 50-54	34		Cheung Yung Tak		01:44:44	00:22:17	00:04:03	00:49:29	00:02:36	00:26:20	7	17.50
Course A - Male 50-54	35	84	Chu Shiu Kay, Ferdinand	Energetic Triathlon Shatin	01:47:02	00:21:50	00:04:38	00:41:55	00:02:38	00:36:02	6	15.00
Course A - Male 50-54	36	80	• •	AustSports Association	01:48:31	00:27:51	00:04:45	00:44:11	00:02:24	00:29:22	5	12.50
Course A - Male 50-54	37	89	Ho Hing Cheung	, tuotoporto , tooodiation	01:50:26	00:24:06	00:04:56	00:40:40	00:03:19	00:37:27	4	10.00
Course A - Male 50-54	38	91	HO KWONG NGAI ERIC		01:55:02	00:19:50	00:05:15	00:55:35	00:02:22	00:32:02	3	7.50
Course A - Male 50-54	39	82			02:00:42	00:22:44	00:04:35	01:01:18	00:02:22	00:29:28	2	5.00
Course A - Male 50-54	40		Ma Hing Kit		02:02:41	00:20:23	00:04:38	01:06:15	00:02:47	00:28:40	1	2.50
Course A - Male 50-54	DNS		Lee Chi Wai		02.02.41	00.20.20	00.04.00	01.00.10	00.02.47	00.20.40	•	2.00
Course A - Male 50-54	DNS	81	Chau Ho Ming	Energetic Triathlon Shatin								
Course A - Male 50-54	DNS	92	Olivia June Alfheim	Energetic Triathlon Shatin								
Course A - Male 50-54	DNS		Wang Zhe Shen, Julius	Sonic Sports Association								
Course A - Male 30-34	DNO	113	wang Zhe Shen, Julius	Some Sports Association								
Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male 55-59	1	133	Wong Cheuk Yin	Mango Swimming Club	01:19:49	00:15:18	00:02:27	00:36:46	00:02:08	00:23:11	15	100.00
Course A - Male 55-59	2		Wong Kam Tim	Part Time Association	01:22:54	00:19:24	00:02:45	00:33:48	00:01:40	00:25:19	14	93.33
Course A - Male 55-59	3		Chan King Yuen	Titan Triathlon	01:28:07	00:17:38	00:03:05	00:38:26	00:01:44	00:27:16	13	86.67
Course A - Male 55-59	4		Shek Kong		01:29:44	00:20:32	00:03:35	00:40:09	00:02:06	00:23:25	12	80.00
0 4 14 1 55 50	<u>.</u>				2		20.00.00		30.02.00	20.20.20		70.00

01:31:07

Course A - Male 55-59

135 WU CHI WAI

	Category										
Cat	Position	Bib EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male 55-59	6	123 Cheung He		01:32:13	00:21:05	00:04:17	00:38:52	00:01:51	00:26:09	10	66.67
Course A - Male 55-59	7	124 Graeme Deuchars		01:32:45	00:25:03	00:04:20	00:34:44	00:02:43	00:25:56	9	60.00
Course A - Male 55-59	8	125 James Vickers		01:33:17	00:22:15	00:03:24	00:38:18	00:01:56	00:27:25	8	53.33
Course A - Male 55-59	9	121 Chan Fai Ming	Hope Sport Association	01:39:01	00:21:25	00:04:06	00:39:58	00:01:45	00:31:49	7	46.67
Course A - Male 55-59	10	120 Au Yau Kit	AustSports Association	01:44:57	00:18:42	00:02:37	00:44:56	00:02:37	00:36:07	6	40.00
Course A - Male 55-59	11	126 Jimmy Kam		01:45:36	00:25:26	00:04:36	00:42:30	00:01:59	00:31:07	5	33.33
Course A - Male 55-59	12	130 LEE KA YIU		01:51:04	00:33:39	00:03:17	00:40:18	00:03:11	00:30:39	4	26.67
Course A - Male 55-59	13	136 Fung Cheuk Sing		02:01:19	00:28:19	00:03:30	00:45:08	00:04:07	00:40:18	3	20.00
Course A - Male 55-59	14	127 Lai Chiu Cheong		02:09:46	00:25:52	00:06:24	00:47:42	00:06:17	00:43:33	2	13.33
Course A - Male 55-59	15	129 Lam Chi Keung	Chi Keung Aqua Club	02:46:26	00:28:02	00:08:46	01:07:21	00:03:41	00:58:38	1	6.67
Course A - Male 55-59	DNS	128 Lai Wai Kwok									
Short Bike	DSQ	132 Tso Chun Bong	Titan Triathlon	01:25:47	00:22:48	00:03:15	00:29:59	00:01:49	00:27:58		
Cat	Category	Bib EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male 60 & Over	1	144 Leung Chi Hung, Nelson	Energetic Triathlon Shatin	01:27:09	00:19:06	00:02:40	00:38:12	00:01:30	00:25:43	6	100.00
Course A - Male 60 & Over	2	140 CHAN KING CHE, STEPHEN	Energetic Triathlon Shatin	01:36:43	00:22:39	00:03:47	00:39:35	00:01:59	00:28:46	5	83.33
Course A - Male 60 & Over	3	139 Chan Ho Kee	-	01:40:56	00:21:54	00:03:03	00:37:21	00:01:57	00:36:43	4	66.67
Course A - Male 60 & Over	4	137 Alan Collins		01:43:37	00:24:57	00:04:00	00:43:57	00:02:36	00:28:09	3	50.00
Lost Chips	5	142 Iain Dacre		01:48:29						2	33.33
Course A - Male 60 & Over	6	138 Aloysius Martin Yirk Yu So		01:55:17	00:25:00	00:05:46	00:47:14	00:02:43	00:34:36	1	16.67
Course A - Male 60 & Over	DNS	141 Donnet Alan									
Course A - Male 60 & Over	DNS	143 Ian Brownlee	Sonic Sports Association								
Course A - Male 60 & Over	DNF	145 Tsang Hing Lun	·		00:32:16	00:07:48					
Course A - Male 60 & Over	DNF	146 TSOI HON KUEN	Energetic Triathlon Shatin		00:24:08	00:03:02	00:38:30	00:02:09			
				0.00							•
Cat Course A - Male Elite Junior	Category	Bib EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
	1 2	163 Sam Brian Mitchelmore	Cauth China Athlatic Accordation	01:03:18	00:11:16	00:01:31	00:30:42 00:30:52	00:01:01	00:18:48 00:20:20	20 19	100.00
Course A - Male Elite Junior Course A - Male Elite Junior	3	172 Perry Wong 169 Wong Hui Wai	South China Athletic Association Energetic Triathlon Shatin	01:04:56 01:05:17	00:10:58 00:11:14	00:01:43 00:01:36	00:30:52	00:01:05 00:01:15	00:20:20	18	95.00 90.00
Course A - Male Elite Junior	4	156 KOK YU HANG	Energetic Triathlon Shatin	01:05:25	00:11:14	00:01:30	00:30:44	00:01:13	00:20:30	17	85.00
Course A - Male Elite Junior	5	160 Miles Williams	South China Athletic Association	01:06:37	00:11:20	00:01:40	00:31:30	00:01:08	00:19:10	16	80.00
Course A - Male Elite Junior	6	166 Tse Chun Yin	Sonic Sport Association	01:07:05	00:10:33	00:02:34	00:31:52	00:01:11	00:21:33	15	75.00
Course A - Male Elite Junior	7	171 WONG TSZ TO	Hope Sport Association	01:07:56	00:11:43	00:01:42	00:33:44	00:01:10	00:19:30	14	70.00
Course A - Male Elite Junior	8	170 Wong Pak To	Sonic Sport Association	01:08:40	00:11:16	00:01:51	00:32:41	00:01:46	00:10:30	13	65.00
Course A - Male Elite Junior	9	161 Or Yiu Hang	Hope Sport Association	01:09:14	00:12:49	00:02:54	00:31:42	00:01:13	00:20:37	12	60.00
Course A - Male Elite Junior	10	155 James Tan	South China Athletic Association	01:09:50	00:12:43	00:01:57	00:32:53	00:01:10	00:21:09	11	55.00
Course A - Male Elite Junior	11	154 Heung Chin Tung	Sonic Sport Association	01:10:04	00:11:38	00:02:54	00:33:06	00:01:21	00:21:06	10	50.00
Course A - Male Elite Junior	12	167 Tsoi Ka Cheuk	Hope Sport Association	01:10:25	00:12:47	00:01:54	00:32:52	00:01:16	00:21:37	9	45.00
Course A - Male Elite Junior	13	168 Warren Henry	South China Athletic Association	01:11:05	00:11:29	00:01:56	00:34:12	00:01:15	00:22:16	8	40.00
Course A - Male Elite Junior	14	158 Leung Chun Hin	Sonic Sport Association	01:12:38	00:12:18	00:01:52		00:01:17	00:23:48	7	35.00
Course A - Male Elite Junior	15	152 FAN LUKAS LONG	South China Athletic Association	01:13:11	00:12:49	00:01:54	00:32:53	00:01:30	00:24:08	6	30.00
Course A - Male Elite Junior	16	157 Lee Tsun Kiu	Hope Sport Association	01:13:56	00:12:51	00:01:53	00:35:17	00:01:50	00:22:06	5	25.00
Course A - Male Elite Junior	17	151 Chan Yat Chi	Hope Sport Association	01:16:18	00:13:25	00:02:54	00:34:43	00:01:43	00:23:34	4	20.00
Course A - Male Elite Junior	18	164 Shuen Chun Kit, Jeffrey	Hope Sport Association	01:20:05	00:12:14	00:01:53	00:45:19	00:01:13	00:19:27	3	15.00
Course A - Male Elite Junior	19	162 REINY KYLE BROWN	South China Athletic Association	01:27:47	00:11:31	00:02:54	00:52:15	00:01:11	00:19:57	2	10.00
Course A - Male Elite Junior	20	165 tou yu chak		01:44:49	00:23:31	00:04:38		00:01:40		1	5.00

Cat	Category Position	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male Elite Junior	DNS	159	Michael Lam	Sonic Sport Association								
Course A - Male Elite Junior	DNF		Fung Yat To	Sonic Sport Association		00:11:53	00:01:49	00:33:29	00:01:27			
Course A - Male Elite Junior	DNF		Tang Ho Fai, Jeffrey	Titan Triathlon		00:11:36	00:01:43	00:31:50	00:01:44			
Cat	Category	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male Elite Open	1	150	Lo Ching Hin, Ivan	South China Athletic Association	01:02:45	00:11:15	00:01:40	00:31:39	00:01:12	00:17:01	2	100.00
Course A - Male Elite Open	2	149	Law Leong Tim	Energetic Triathlon Shatin	01:02:50	00:10:48	00:02:54	00:29:49	00:01:06	00:18:14	1	50.00
Course A - Male Elite Open	DNF		Cheung Tak Hei, Arthur			00:11:18	00:01:44	00:32:06	00:01:23			
Short Run	DSQ	147	Andrew Wright		01:03:16	00:10:56	00:01:44	00:30:55	00:01:07	00:12:11		
Cat	Category	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Male Junior	1		Chow Man Him	South China Athletic Association	01:07:55	00:13:11	00:01:46	00:32:28	00:01:13	00:19:17	10	100.00
Course A - Male Junior	2		Lam Ka Wai	AustSports Association	01:08:33	00:12:46	00:02:04	00:32:42	00:01:07	00:19:55	9	90.00
Course A - Male Junior	3		Chan Ka Lung	Excel Swim Sports Association	01:12:38	00:13:23	00:01:53	00:35:54	00:01:14	00:20:16	8	80.00
Course A - Male Junior	4	173	Tsoi Ka Kit	Hope Sport Association	01:13:10	00:12:18	00:01:53	00:33:24	00:01:21	00:24:16	7	70.00
Course A - Male Junior	5	180	Leung Wai Yan Benson	Hope Sport Association	01:20:00	00:14:27	00:02:24	00:35:55	00:01:32	00:25:45	6	60.00
Course A - Male Junior	6	182	Tse Hoi Kit	AustSports Association	01:23:06	00:17:32	00:02:24	00:32:53	00:01:35	00:28:44	5	50.00
Course A - Male Junior	7	178	Lau Chak Fung	Titan Triathlon	01:30:01	00:15:40	00:02:12	00:34:25	00:01:37	00:36:08	4	40.00
Course A - Male Junior	8	174	Siu Kin Lok	Hope Sport Association	01:30:26	00:18:13	00:02:18	00:36:09	00:01:56	00:31:51	3	30.00
Course A - Male Junior	9	183	Tsoi Ka Hei	Hope Sport Association	01:42:14	00:17:36	00:02:48	00:36:21	00:02:11	00:43:20	2	20.00
Course A - Male Junior	10	181	Tong Hing Ki		02:04:54	00:22:11	00:07:41	00:51:51	00:03:55	00:39:18	1	10.00
Cot	Ontonomi	Dik	Enghlomo	Club	Official Time	Curim Time	T4 Time	Dike Time	T2 Time	Dun Time	Dointo	0/
Cat Course A - Paratriathlon	Category 1		EngName Shum Han Fung	Club	02:07:59	Swim Time 00:41:16	T1 Time 00:05:08	Bike Time 00:42:22	T2 Time 00:02:36	Run Time 00:36:38	Points 1	% 100.00
		-			02.07.53	00.41.10	00.03.00	00.12.22	00.02.00	00.00.00	•	
Cat	Category	Bib	EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Cat Course A - Relay Team	Category	Bib R18	EngName MT BIKER	Club	Official Time 01:05:14	Swim Time 00:12:25	T1 Time 00:02:04	Bike Time 00:32:00	T2 Time 00:01:13	Run Time 00:17:34	Points 27	% 100.00
Cat Course A - Relay Team Course A - Relay Team	Category 1 2	Bib R18 R19	EngName MT BIKER MT BIKER A	Club	Official Time 01:05:14 01:09:42	Swim Time 00:12:25 00:14:40	T1 Time 00:02:04 00:02:13	Bike Time 00:32:00 00:30:05	T2 Time 00:01:13 00:01:18	Run Time 00:17:34 00:21:27	Points 27 26	% 100.00 96.30
Cat Course A - Relay Team Course A - Relay Team Course A - Relay Team	Category 1 2 3	Bib R18 R19 R23	EngName MT BIKER MT BIKER A MT BIKER E	Club	Official Time 01:05:14 01:09:42 01:12:45	Swim Time 00:12:25 00:14:40 00:16:18	T1 Time 00:02:04 00:02:13 00:02:19	Bike Time 00:32:00 00:30:05 00:32:59	T2 Time 00:01:13 00:01:18 00:01:23	Run Time 00:17:34 00:21:27 00:19:48	Points 27 26 25	% 100.00 96.30 92.59
Cat Course A - Relay Team	Category 1 2 3 4	R18 R19 R23 R3	EngName MT BIKER MT BIKER A MT BIKER E ASAP	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57	Bike Time 00:32:00 00:30:05 00:32:59 00:32:47	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29	Run Time 00:17:34 00:21:27 00:19:48 00:20:53	Points 27 26 25 24	% 100.00 96.30 92.59 88.89
Cat Course A - Relay Team	Category 1 2 3 4 5	R18 R19 R23 R3 R13	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24	Bike Time 00:32:00 00:30:05 00:32:59 00:32:47 00:31:39	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02	Points 27 26 25 24 23	% 100.00 96.30 92.59 88.89 85.19
Cat Course A - Relay Team	Category 1 2 3 4 5 6	R18 R19 R23 R3 R13 R20	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54	Bike Time 00:32:00 00:30:05 00:32:59 00:32:47 00:31:39 00:33:22	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07	Points 27 26 25 24 23 22	% 100.00 96.30 92.59 88.89 85.19 81.48
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7	R18 R19 R23 R3 R13 R20 R26	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47	Bike Time 00:32:00 00:30:05 00:32:59 00:32:47 00:31:39 00:33:22 00:35:18	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14 00:01:09	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45	Points 27 26 25 24 23 22 21	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8	R18 R19 R23 R3 R13 R20 R26 R25	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54	Bike Time 00:32:00 00:30:05 00:32:59 00:32:47 00:31:39 00:33:22	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07	Points 27 26 25 24 23 22 21 20	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9	R18 R19 R23 R3 R13 R20 R26 R25 R29	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28	Bike Time 00:32:00 00:30:05 00:32:59 00:32:47 00:31:39 00:33:22 00:35:18 00:34:37	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15	Points 27 26 25 24 23 22 21 20 19	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9 10	R18 R19 R23 R3 R13 R20 R26 R25 R29 R21	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A MT BIKER C	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24 01:24:30	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16 00:19:58	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28 00:02:09	Bike Time 00:32:00 00:30:05 00:32:59 00:32:47 00:31:39 00:33:22 00:35:18 00:34:37	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15	Points 27 26 25 24 23 22 21 20 19 18	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37 66.67
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9 10 11	R18 R19 R23 R3 R13 R20 R26 R25 R29 R21 R15	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A MT BIKER C Happy Trio	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24 01:24:30 01:24:41	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16 00:19:58 00:20:29	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28 00:02:09 00:02:18	Bike Time 00:32:00 00:30:05 00:32:59 00:32:47 00:31:39 00:33:22 00:35:18 00:34:37 00:33:37 00:38:05	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12 00:01:30 00:01:27	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15 00:27:17 00:22:23	Points 27 26 25 24 23 22 21 20 19 18 17	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37 66.67 62.96
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9 10 11 12	R18 R19 R23 R3 R13 R20 R26 R25 R29 R21 R15 R24	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A MT BIKER C Happy Trio MT BIKER F	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24 01:24:30 01:24:41 01:25:43	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16 00:19:58 00:20:29 00:17:28	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28 00:02:09 00:02:18 00:02:36	Bike Time 00:32:00 00:30:05 00:32:59 00:32:47 00:31:39 00:33:22 00:35:18 00:34:37 00:38:05 00:39:32	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12 00:01:30 00:01:27 00:01:38	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15 00:27:17 00:22:23 00:24:30	Points 27 26 25 24 23 22 21 20 19 18 17 16	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37 66.67 62.96 59.26
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9 10 11 12 13	R18 R19 R23 R3 R13 R20 R26 R25 R29 R21 R15 R24 R14	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A MT BIKER C Happy Trio MT BIKER F Generation	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24 01:24:30 01:24:41 01:25:43 01:26:09	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16 00:19:58 00:20:29 00:17:28 00:17:39	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28 00:02:09 00:02:18 00:02:36 00:02:51	Bike Time 00:32:00 00:30:05 00:32:59 00:32:47 00:31:39 00:33:22 00:35:18 00:34:37 00:38:05 00:39:32 00:33:33	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12 00:01:30 00:01:27 00:01:38 00:01:48	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15 00:27:17 00:22:23 00:24:30 00:30:19	Points 27 26 25 24 23 22 21 20 19 18 17 16 15	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37 66.67 62.96 59.26 55.56
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9 10 11 12 13 14	R18 R19 R23 R3 R13 R20 R26 R25 R29 R21 R15 R24 R14 R22	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A MT BIKER C Happy Trio MT BIKER F Generation MT BIKER D	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24 01:24:30 01:24:41 01:25:43 01:26:09 01:31:21	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16 00:19:58 00:20:29 00:17:28 00:17:39 00:22:39	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28 00:02:09 00:02:09 00:02:18 00:02:36 00:02:51 00:02:58	Bike Time 00:32:00 00:30:05 00:32:59 00:32:47 00:31:39 00:33:22 00:35:18 00:34:37 00:38:05 00:39:32 00:33:33 00:32:55	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12 00:01:30 00:01:27 00:01:38 00:01:48 00:01:35	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15 00:27:17 00:22:23 00:24:30 00:30:19 00:31:16	Points 27 26 25 24 23 22 21 20 19 18 17 16 15 14	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37 66.67 62.96 59.26 55.56 51.85
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15	R18 R19 R23 R3 R13 R20 R26 R25 R29 R21 R15 R24 R14 R22 R5	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A MT BIKER C Happy Trio MT BIKER F Generation MT BIKER D Chi-Den-Cla	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24 01:24:30 01:24:41 01:25:43 01:26:09 01:31:21 01:31:56	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16 00:19:58 00:20:29 00:17:28 00:17:39 00:22:39 00:21:45	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28 00:02:09 00:02:18 00:02:36 00:02:51 00:02:58 00:02:58	0:33:37 00:33:35 00:33:55 00:32:59 00:32:47 00:31:39 00:33:22 00:35:18 00:34:37 00:33:37 00:38:05 00:39:32 00:33:33 00:32:55 00:37:46	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12 00:01:30 00:01:27 00:01:38 00:01:48 00:01:35 00:01:49	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15 00:27:17 00:22:23 00:24:30 00:30:19 00:31:16 00:28:03	Points 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37 66.67 62.96 59.26 55.56 51.85 48.15
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	R18 R19 R23 R3 R13 R20 R26 R25 R29 R21 R15 R24 R14 R22 R5 R30	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A MT BIKER C Happy Trio MT BIKER F Generation MT BIKER D Chi-Den-Cla 爛玩一族	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24 01:24:30 01:24:41 01:25:43 01:26:09 01:31:21 01:31:56 01:33:18	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16 00:19:58 00:20:29 00:17:28 00:17:39 00:22:39 00:21:45 00:20:52	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28 00:02:09 00:02:18 00:02:36 00:02:51 00:02:58 00:02:55 00:02:55	Bike Time 00:32:00 00:30:05 00:32:59 00:32:47 00:31:39 00:33:22 00:35:18 00:34:37 00:38:05 00:39:32 00:33:33 00:32:55 00:37:46 00:44:03	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12 00:01:30 00:01:27 00:01:38 00:01:48 00:01:35 00:01:49 00:01:28	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15 00:27:17 00:22:23 00:24:30 00:30:19 00:31:16 00:28:03 00:24:05	Points 27 26 25 24 23 22 21 20 19 18 17 16 15 14	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37 66.67 62.96 59.26 55.56 51.85 48.15 44.44
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17	R18 R19 R23 R3 R13 R20 R26 R25 R29 R21 R15 R24 R14 R22 R5 R30 R8	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A MT BIKER C Happy Trio MT BIKER F Generation MT BIKER D Chi-Den-Cla 爛玩一族 CS Girl	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24 01:24:30 01:24:41 01:25:43 01:26:09 01:31:21 01:31:56 01:33:18 01:33:54	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16 00:19:58 00:20:29 00:17:28 00:17:39 00:22:39 00:21:45 00:20:52 00:25:29	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28 00:02:09 00:02:18 00:02:36 00:02:51 00:02:58 00:02:55 00:02:52 00:02:50	0:33:37 00:33:35 00:35:59 00:32:59 00:32:47 00:31:39 00:33:22 00:35:18 00:34:37 00:38:05 00:39:32 00:33:33 00:32:55 00:37:46 00:44:03 00:37:08	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12 00:01:30 00:01:27 00:01:38 00:01:48 00:01:35 00:01:49 00:01:28 00:01:45	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15 00:27:17 00:22:23 00:24:30 00:30:19 00:31:16 00:28:03 00:24:05 00:26:44	Points 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37 66.67 62.96 59.26 55.56 51.85 48.15 44.44 40.74
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	R18 R19 R23 R3 R13 R20 R26 R25 R29 R21 R15 R24 R14 R22 R5 R30 R8 R17	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A MT BIKER C Happy Trio MT BIKER F Generation MT BIKER D Chi-Den-Cla 爛玩一族 CS Girl Magic	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24 01:24:30 01:24:41 01:25:43 01:26:09 01:31:21 01:31:56 01:33:18 01:33:54 01:37:43	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16 00:19:58 00:20:29 00:17:28 00:17:39 00:22:39 00:21:45 00:20:52 00:25:29 00:21:45	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28 00:02:09 00:02:18 00:02:36 00:02:51 00:02:58 00:02:55 00:02:50 00:02:50 00:02:46	0:33:37 0:33:35 0:33:37 0:33:35 0:33:37 0:33:37 0:33:37 0:34:37	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12 00:01:30 00:01:27 00:01:38 00:01:48 00:01:35 00:01:49 00:01:28 00:01:45 00:01:32	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15 00:27:17 00:22:23 00:24:30 00:30:19 00:31:16 00:28:03 00:24:05 00:26:44 00:24:42	Points 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37 66.67 62.96 59.26 55.56 51.85 48.15 44.44 40.74 37.04
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17	R18 R19 R23 R3 R13 R20 R26 R25 R29 R21 R15 R24 R14 R22 R5 R30 R8 R17 R2	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A MT BIKER C Happy Trio MT BIKER F Generation MT BIKER D Chi-Den-Cla 爛玩一族 CS Girl Magic Alex Family	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24 01:24:30 01:24:41 01:25:43 01:26:09 01:31:21 01:31:56 01:33:18 01:33:54	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16 00:19:58 00:20:29 00:17:28 00:17:39 00:22:39 00:21:45 00:20:52 00:25:29	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28 00:02:09 00:02:18 00:02:36 00:02:51 00:02:58 00:02:55 00:02:52 00:02:50	0:33:37 00:33:35 00:35:59 00:32:59 00:32:47 00:31:39 00:33:22 00:35:18 00:34:37 00:38:05 00:39:32 00:33:33 00:32:55 00:37:46 00:44:03 00:37:08	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12 00:01:30 00:01:27 00:01:38 00:01:48 00:01:35 00:01:49 00:01:28 00:01:45	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15 00:27:17 00:22:23 00:24:30 00:30:19 00:31:16 00:28:03 00:24:05 00:26:44	Points 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37 66.67 62.96 59.26 55.56 51.85 48.15 44.44 40.74
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19	R18 R19 R23 R3 R13 R20 R26 R25 R29 R21 R15 R24 R14 R22 R5 R30 R8 R17 R2 R1	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A MT BIKER C Happy Trio MT BIKER F Generation MT BIKER D Chi-Den-Cla 爛玩一族 CS Girl Magic	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24 01:24:30 01:24:41 01:25:43 01:26:09 01:31:21 01:31:56 01:33:18 01:33:54 01:37:43 01:37:49	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16 00:19:58 00:20:29 00:17:28 00:17:39 00:22:39 00:21:45 00:20:52 00:25:29 00:21:45 00:24:15	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28 00:02:09 00:02:18 00:02:36 00:02:51 00:02:55 00:02:55 00:02:50 00:02:50 00:02:46 00:04:02	0:33:37 0:33:35 0:33:37 0:33:35 0:33:37 0:33:37 0:33:37 0:33:37 0:33:37 0:33:37 0:33:33 0:32:55 0:37:46 0:44:03 0:37:08 0:47:01 0:37:12	T2 Time 00:01:13 00:01:18 00:01:23 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12 00:01:30 00:01:27 00:01:38 00:01:48 00:01:35 00:01:49 00:01:28 00:01:45 00:01:32 00:01:44	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15 00:27:17 00:22:23 00:24:30 00:30:19 00:31:16 00:28:03 00:24:05 00:26:44 00:24:42 00:30:37	Points 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37 66.67 62.96 59.26 55.56 51.85 48.15 44.44 40.74 37.04 33.33
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21	R18 R19 R23 R3 R13 R20 R26 R25 R29 R21 R15 R24 R14 R22 R5 R30 R8 R17 R2 R1 R15	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A MT BIKER C Happy Trio MT BIKER F Generation MT BIKER D Chi-Den-Cla 爛玩一族 CS Girl Magic Alex Family A Drop of Life	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24 01:24:30 01:24:41 01:25:43 01:26:09 01:31:21 01:31:56 01:33:18 01:33:54 01:37:43 01:37:49 01:39:22	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16 00:19:58 00:20:29 00:17:28 00:17:39 00:22:39 00:21:45 00:20:52 00:25:29 00:21:45 00:26:00 00:23:37	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28 00:02:09 00:02:18 00:02:36 00:02:51 00:02:55 00:02:55 00:02:50 00:02:50 00:02:46 00:04:02 00:03:30 00:02:11	0:33:37 0:33:35 0:33:37 0:33:33 0:33:37 0:33:33 0:33:37 0:38:05 0:39:32 0:33:33 0:32:55 0:37:46 0:44:03 0:37:08 0:37:08 0:47:01 0:37:12 0:42:29 0:33:49	T2 Time 00:01:13 00:01:18 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12 00:01:30 00:01:27 00:01:38 00:01:48 00:01:35 00:01:49 00:01:28 00:01:45 00:01:32 00:01:44 00:02:36 00:02:17	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15 00:27:17 00:22:23 00:24:30 00:30:19 00:31:16 00:28:03 00:24:05 00:26:44 00:24:42 00:30:37 00:24:48 00:39:15	Points 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37 66.67 62.96 59.26 55.56 51.85 48.15 44.44 40.74 37.04 33.33 29.63 25.93
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	R18 R19 R23 R3 R13 R20 R26 R25 R29 R21 R15 R24 R14 R22 R5 R30 R8 R17 R2 R1 R10 R7	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A MT BIKER C Happy Trio MT BIKER F Generation MT BIKER D Chi-Den-Cla 爛玩一族 CS Girl Magic Alex Family A Drop of Life Excel Relay 1	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24 01:24:30 01:24:41 01:25:43 01:26:09 01:31:21 01:31:56 01:33:18 01:33:54 01:37:43 01:37:49 01:39:22 01:41:08	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16 00:19:58 00:20:29 00:17:28 00:17:39 00:22:39 00:21:45 00:20:52 00:25:29 00:21:45 00:26:00	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28 00:02:09 00:02:18 00:02:36 00:02:51 00:02:55 00:02:55 00:02:50 00:02:50 00:02:46 00:04:02 00:03:30	Bike Time 00:32:00 00:30:05 00:32:59 00:32:47 00:31:39 00:33:22 00:35:18 00:34:37 00:33:37 00:38:05 00:39:32 00:33:33 00:32:55 00:37:46 00:44:03 00:37:08 00:47:01 00:37:12 00:42:29	T2 Time 00:01:13 00:01:18 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12 00:01:30 00:01:27 00:01:38 00:01:48 00:01:35 00:01:49 00:01:28 00:01:45 00:01:32 00:01:44 00:02:36	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15 00:27:17 00:22:23 00:24:30 00:30:19 00:31:16 00:28:03 00:24:05 00:26:44 00:24:42 00:30:37 00:24:48	Points 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37 66.67 62.96 59.26 55.56 51.85 48.15 44.44 40.74 37.04 33.33 29.63
Cat Course A - Relay Team	Category 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22	R18 R19 R23 R3 R13 R20 R26 R25 R29 R21 R15 R24 R14 R22 R5 R30 R8 R17 R2 R1 R10 R7 R4	EngName MT BIKER MT BIKER A MT BIKER E ASAP Faithwalker MT BIKER B SLS3HK MT Biker G 港島MS08小隊A MT BIKER C Happy Trio MT BIKER F Generation MT BIKER D Chi-Den-Cla 爛玩一族 CS Girl Magic Alex Family A Drop of Life Excel Relay 1 CMF	Club	Official Time 01:05:14 01:09:42 01:12:45 01:13:13 01:13:59 01:15:05 01:17:05 01:18:22 01:21:24 01:24:30 01:24:41 01:25:43 01:26:09 01:31:21 01:31:56 01:33:18 01:33:54 01:37:43 01:37:49 01:39:22 01:41:08 01:43:32	Swim Time 00:12:25 00:14:40 00:16:18 00:16:09 00:16:48 00:17:29 00:14:09 00:18:51 01:26:16 00:19:58 00:20:29 00:17:28 00:17:39 00:22:39 00:21:45 00:20:52 00:25:29 00:21:45 00:26:00 00:23:37 00:25:36	T1 Time 00:02:04 00:02:13 00:02:19 00:01:57 00:02:24 00:02:54 00:01:47 00:02:28 00:02:09 00:02:18 00:02:36 00:02:51 00:02:55 00:02:55 00:02:50 00:02:50 00:02:46 00:04:02 00:03:30 00:02:11 00:02:02	0:32:00 00:32:00 00:30:05 00:32:59 00:32:47 00:31:39 00:33:22 00:35:18 00:34:37 00:38:05 00:39:32 00:33:33 00:32:55 00:37:46 00:44:03 00:37:08 00:47:01 00:37:12 00:42:29 00:33:49 00:52:27	T2 Time 00:01:13 00:01:18 00:01:29 00:01:09 00:01:14 00:01:09 00:01:12 00:01:30 00:01:27 00:01:38 00:01:48 00:01:35 00:01:49 00:01:28 00:01:45 00:01:32 00:01:44 00:02:36 00:02:17 00:01:32	Run Time 00:17:34 00:21:27 00:19:48 00:20:53 00:22:02 00:20:07 00:24:45 00:21:15 00:27:17 00:22:23 00:24:30 00:30:19 00:31:16 00:28:03 00:24:05 00:26:44 00:24:42 00:30:37 00:24:48 00:39:15 00:21:58	Points 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6	% 100.00 96.30 92.59 88.89 85.19 81.48 77.78 74.07 70.37 66.67 62.96 59.26 55.56 51.85 48.15 44.44 40.74 37.04 33.33 29.63 25.93 22.22

Hong Kong Life Triathlon 2013 - Course A Race Result

Cat	Category Position	Bib EngName	Club	Official Time	Swim Time	T1 Time	Bike Time	T2 Time	Run Time	Points	%
Course A - Relay Team	25	R6 City One		01:48:40	00:23:58	00:02:46	00:51:00	00:01:43	00:29:14	3	11.11
Course A - Relay Team	26	R16 IronBaby		01:50:31	00:24:45	00:02:33	00:51:26	00:01:44	00:30:05	2	7.41
Course A - Relay Team	27	R27 Snazz Music		02:17:58	00:27:21	00:02:26	00:55:20	00:03:04	00:49:49	1	3.70
Short Bike	DSQ	R11 Excel Relay 2		01:22:20	00:19:29	00:02:43	00:28:42	00:01:17	00:30:10		
Short Run	DSQ	R12 F368		01:21:25	00:22:48	00:02:46	00:45:51	00:01:31	00:08:32		