

香港三項鐵人總會 Hong Kong Triathlon Association

招聘地區集訓隊教練（正教）

Recruitment of Regional Squad Coach (Main)

工作範圍 Job Duty

1. 執教香港三項鐵人總會之地區集訓隊
Coaching of TriHK Regional Squad (RS)
2. 每月平均執教二十小時，包括平日及週末訓練
Coach about 20hrs/month, include weekday and weekend
3. 出席每年之地區集訓隊計時測試及地區集訓隊會議；執教附加訓練、本地或海外訓練營以促使隊員達到計時測試的標準，並以晉身香港代表隊為目標
Attend all RS time trials and RS Meetings, coaching additional training, training camps (local or overseas) and urge athletes to qualify for time trials. The ultimate goal for RS athletes is to qualify as National Squad member.
4. 與港隊總教練商討及編訂訓練營、訓練日及每月之訓練計劃，並於不少於一星期前向香港三項鐵人總會提交每月之訓練計劃及向本會作出相應之匯報
Discuss and prepare the training plan with National Coach on Training Camp, Training Day and the monthly training plan, and submit training plan to TriHK at least 1 week before the monthly training and fully informed on any update
5. 保存運動員詳盡的訓練紀錄，並每月向香港三項鐵人總會提交地區集訓隊隊員之出席紀錄、訓練報告及評估報告
Work with athlete to keep detailed training records, and submit monthly report to TriHK of recording attendant, training report and evaluation report for RS
6. 與總會秘書處商討訓練上所需之協調，當中包括安排訓練設施的租用事宜
Liaise with TriHK Secretariat on necessary arrangement to facilitate the training sessions, which including the logistic and other arrangements for booking of training facilities.
7. 積極參與教練培訓計劃的活動，並每年參與不少於一次相關活動
Actively involved in coach education programme and take part in related program at least once per year
8. 熱心 / 積極發展三項鐵人運動
Enthusiastic in developing triathlon

申請人所須資格 Requirements of applicants

1. 必須持第二級或以上之三項鐵人教練證書
Fully qualified Level II or above triathlon coaching certificate
2. 持兩年或以上之三項鐵人訓練教學經驗
At least 2 years relevant coaching experience
3. 持有泳池活動導師拯救章或以上級別之有效的拯溺證書
Holding Pool Aquatic Leader Rescue Award or above valid Life Saving Certificate
4. 香港三項鐵人總會 2013 年會員
Paid up 2013 member of Hong Kong Triathlon Association
5. 香港三項鐵人總會 2013 年度之註冊教練
2013 registered coach of Hong Kong Triathlon Association
6. 前香港代表隊成員獲優先考慮
Retired National Squad member will be an advantage
7. 於最近兩年(2011-2012 年)有參與三項鐵人比賽經驗之教練獲優先考慮
Triathlon race experience in last two year (2011 to 2012) will be an advantage
8. 持本會認可之游泳導師證書可獲優先考慮
Holding valid Swimming Teacher Certificate will be an advantage
9. 持有有效之急救證書
Holding valid First-aid Certificate
10. 獲取錄者最遲需於 2013 年 4 月 1 日上任
Successful candidate must report to duty no later than 1st April 2013

有興趣人士請將個人履歷及有關證書，於二零一三年一月二十八日或之前電郵至 trihk@triathlon.com.hk。如有查詢請致電 2504-8282 與黃小姐聯絡。

Interested candidates please send your resume with certified copy of certificate by email to trihk@triathlon.com.hk. Applications should be submitted no later than 28 January 2013. For any enquiry, please contact Miss Angela Wong at 2504 8282