

Elite Athlete Obligations

In recognition of the Elite Athlete Benefits, a number of obligations are placed on all athletes invited to join the Elite (Scholarship and National A) Squads. If an athlete is unwilling to accept these Elite Athlete Obligations, their invitation will be withdrawn. If an athlete fails to comply with these Elite Athlete Obligations, they may be removed from the Squads or have their Elite Squads Benefits withdrawn, such as not being considered for race selection. The word "athlete" or "athletes", whenever used here, shall mean and refer to Elite (Scholarship and National A) Squad(s).

Training

Training programs of all athletes are to be approved by the National Coach. It is expected that training programs will be primarily directed towards triathlon, as opposed to other sports. When studying towards public examinations, athletes may reduce their training volume, subject to approval of the National Coach, but must not cease training altogether. To do so would result in removal from the Elite Squads.

Racing

All athletes are required to compete in the annual Hong Kong International Triathlon. The only acceptable reasons for failing to compete in this event are sickness or injury verified by a doctor, overseas study or an exemption granted by the Elites Committee when the race is considered to conflict with a higher priority overseas race. Consent will be sought from the National Coach prior to participation in other local or international sports events.

All athletes shall make themselves available for selection to compete in the Asian Triathlon Championships and other overseas races TriHK or the National Coach shall deem fit. The only acceptable reasons for not being available for the Asian Triathlon Championships are sickness or injury verified by a doctor or a public examination that directly clashes with the event. Athletes are required to seek and obtain advance approval from the National Coach to take part in any races whatsoever, including (but not limited to) school sports competitions, which fall outside the race schedule for the Elite Squad.

Kit

When representing 'Hong Kong, China' or racing in all local triathlon, duathlon and aquathlon races, all athletes must race in the team kit, which must not be altered, in any manner whatsoever, without prior permission of TriHK. Such alteration includes printing logos of personal sponsors.

Athletes are also required to wear the team uniform, if any, while travelling to and from overseas destinations, including at the airports in Hong Kong and at the destinations, and when attending official functions, such as press conferences, opening ceremonies and awards ceremonies.

Conduct

Whenever undertaking triathlon-related activities, all athletes are required to behave in a courteous and sportsmanlike manner. This is particularly important when representing Hong Kong, China overseas or at local events. Foul language or rude behaviour directed at race officials will not be tolerated and will be considered as a failure to comply with these Elite Athlete Obligations.

Athletes are expected to submit to drug tests from time to time. Any athletes failing a drug test will be immediately suspended, pending an investigation. Athletes found guilty of using performance-enhancing drugs or alike will not be reinstated to the Elite Squads.

Athletes are forbidden from making derogatory remarks regarding TriHK or the Hong Kong Sports Institute in any media, including on-line forums, such as Facebook.

Athletes are not allowed to speak with the media regarding TriHK or HKSI, without prior consent from the TriHK or the Head Triathlon Coach respectively.

Athletes must be paid-up members of TriHK and must settle all debts with TriHK promptly.

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