Category	Category Position	BIB	EngName	Club	Official time	Run1 Time	Swim Time	T Time	Run2 Time	Points	%
Course A - Female 20 -29	1	4	SHE PUI SHAN	Energetic Triathlon Shatin	00:46:25	00:16:09	00:13:18	00:00:38	00:16:23	3	130.00
Course A - Female 20 -29	2	3	LAU ON YUE	Titan Triathlon	00:47:43	00:14:09	00:16:10	00:01:03	00:16:23	2	86.67
Course A - Female 20 -29	3 Category	2	LAU KA HEI, CATHERINE	Energetic Triathlon Shatin	00:47:48 Official	Run1	Swim		Run2	1	43.33
Category	Position	BIB	EngName	Club	time	Time	Time	T Time	Time	Points	%
Course A - Female 30-39	1	10	HUI KA MAN	Energetic Triathlon Shatin	00:51:50	00:16:52	00:14:06	00:00:57	00:19:57	5	130.00
Course A - Female 30-39	2	6	CLAIRE FRASER		00:53:57	00:16:54	00:17:34	00:01:28	00:18:02	4	104.00
Course A - Female 30-39	3	13	TAM LAI KWAN		00:56:16	00:16:29	00:19:19	00:02:19	00:18:10	3	78.00
Course A - Female 30-39 Course A - Female 30-39	4 5	8 9	GABRIELLA MCVEIGH HELEN ROBERTS		01:02:45 01:02:46	00:18:16 00:18:16	00:21:44 00:21:47	00:02:36 00:02:34	00:20:11 00:20:10	2 1	52.00 26.00
Course A - Female 30-39	DNS	11	MARI NIIRO	Sonic Sports Association	01.02.40	00.16.16	00.21.47	00.02.34	00.20.10	1	20.00
Course A - Female 30-39	DNS	12	NERIDA RIGG	Hong Kong Dragons Triathlon Club							
Course A - Female 30-39	DNS	14	TIX JX	SCAA							
Course A - Female 30-39	DNS	5	CHENG SIU SIN	Excel Swim Sports Association							
Course A - Female 30-39	DNS	7	DEBBIE HANLEY	·							
Category	Category Position	BIB	EngName	Club	Official time	Run1 Time	Swim Time	T Time	Run2 Time	Points	%
Course A - Female 40-49	1	16	CORINE KOSTER	Tritons Triathlon Club	00:44:28	00:14:28	00:13:10	00:01:06	00:15:44	3	130.00
Course A - Female 40-49	2	18	LUI SHUK HAN, KAREN	Energetic Triathlon Shatin	00:46:37	00:14:26	00:15:43	00:00:49	00:15:40	2	86.67
Course A - Female 40-49	3	15	ALLISON MCENANEY	•	00:52:37	00:16:36	00:17:51	00:01:30	00:16:42	1	43.33
Course A - Female 40-49	DNS	17	LAM LAI YU, CATHY	Sonic Sports Association							
Course A - Female 40-49	DNS	19	PAULINE TSE	Titan Triathlon							
Category	Category Position	BIB	EngName	Club	Official time	Run1 Time	Swim Time	T Time	Run2 Time	Points	%
Course A - Female 50 & Over	1	20	WONG SHUN YING	Ma On Shan Swimming and Triathlo		00:19:57	00:20:11	00:00:58	00:21:35	1	130.00
Category	Category Position	BIB	EngName	Club	Official time	Run1 Time	Swim Time	T Time	Run2 Time	Points	%
Course A - Male 20-24	1	25	LEUNG KA LUN	Energetic Triathlon Shatin	00:40:14	00:13:05	00:12:33	00:00:37	00:14:01	4	130.00
Course A - Male 20-24	2	22	HUI KA CHEONG	Energetic Triathlon Shatin	00:40:18	00:12:58	00:12:09	00:00:33	00:14:40	3	97.50
Course A - Male 20-24	3	21	CHOW HIU CHENG	Austsports Association	00:44:01	00:14:06	00:14:07	00:00:54	00:14:55	2	65.00
Course A - Male 20-24	4	24	KENNETH YEE-LOK WU		00:44:40	00:14:44	00:14:17	00:01:08	00:14:33	1	32.50
Course A - Male 20-24	DNS	23	JONATHAN PHILIP WONG								
Course A - Male 20-24	DNS Category	26	TSZ KUEN YIU		Official	Run1	Swim		Run2		
Category	Position	BIB	EngName	Club	time	Time	Time	T Time	Time	Points	%
Course A - Male 25-29	1	28	HENRY WRIGHT	N/A	00:38:41	00:12:51	00:11:05	00:00:41	00:14:07	4	130.00
Course A - Male 25-29	2	27	ANDREW WRIGHT	South China Athletic Association	00:38:43	00:12:51	00:11:04	00:00:41	00:14:08	3	97.50
Course A - Male 25-29	3 4	31	LAU CHUN NGAI	New Wave Swimming Club	00:41:32	00:13:23	00:12:46	00:00:49	00:14:36	2 1	65.00
Course A - Male 25-29 Course A - Male 25-29	DNS	30 29	KWAN PAK HUNG KAT CHEUNG NGAI		00:43:03	00:13:52	00:13:49	00:00:41	00:14:43	1	32.50
Course A - Male 25-29 Course A - Male 25-29	DNS	32	MAK JIT HO	Austsports Association							
Course A - Male 25-29	DNS	33	NG SHUI PAN	Titan Triathlon							
Category	Category Position	BIB	EngName	Club	Official time	Run1 Time	Swim Time	T Time	Run2 Time	Points	%
Course A - Male 50-54	1	35	CHAN CHU	Energetic Triathlon Shatin	00:42:56	00:13:39	00:14:12	00:00:56	00:14:11	7	130.00
Course A - Male 50-54	2	36	HO TAK MING	Energetic Triathlon Shatin	00:43:08	00:13:44	00:13:51	00:00:44	00:14:51	6	111.43
Course A - Male 50-54	3	39	LI KA WO	New Wave Swimming Club	00:44:07	00:13:44	00:14:07	00:00:51	00:15:26	5	92.86
Course A - Male 50-54	4	34	ALAN TORRIGINO	Hong Kong Dragons Triathlon Club	00:44:21	00:14:39	00:12:58	00:00:51	00:15:54	4	74.29
Course A - Male 50-54	5	40	POON KWOK WING	Energetic Triathlon Shatin	00:45:53	00:13:57	00:15:45	00:00:54	00:15:19	3	55.71

Course A - Male 50-54 Course A - Male 50-54 Course A - Male 50-54 Course A - Male 50-54	6 7 DNS DNS	38 41 37 473	LEUNG WAH PUN HO SHUN LAM CHI CHOI PHILP PENALOZA	South China Athletic Association Titan Triathlon		00:13:18 00:17:02	00:17:12 00:18:38	00:00:57 00:02:20	00:15:04 00:17:25	2	37.14 18.57
Category	Category Position	BIB	EngName	Club	Official time	Run1 Time	Swim Time	T Time	Run2 Time	Points	%
Course A - Male 55 -59 Course A - Male 55 -59 Course A - Male 55 -59 Course A - Male 55 -59	1 2 3 4	44 43 45 46	CHAN KING YUEN CHAN FAI MING CHAN KWONG CHUAN CHUNG TAK SING	Titan Triathlon Hope Sport Association	00:55:16	00:15:58	00:14:32 00:17:47 00:20:03 00:20:37	00:00:50 00:01:12 00:01:23 00:02:08	00:17:54 00:17:58 00:19:28 00:20:49	4 3 2 1	130.00 97.50 65.00 32.50
Course A - Male 55 -59 Course A - Male 55 -59 Course A - Male 55 -59	DNS DNS DNS	42 47 48	ARMANDO OSMANI JESSE CHANG JOHN CAMPBELL	Titan Triathlon	01.01.40	00.10.11	00.20.07	00.02.00	00.20.10	·	02.00
Course A - Male 55 -59 Category	DNS Category	49 BIB	WONG CHEUK YIN EngName	Mango Swimming Club Club	Official	Run1	Swim	T Time	Run2	Points	%
Course A - Male 60 & Over	Position 1	50	LEE WING ON	Energetic Triathlon Shatin	time 00:54:05	Time 00:17:38	Time 00:17:04	00:01:28	Time 00:17:57	1	130.00
Category	Category Position	BIB	EngName	Club	Official time	Run1 Time	Swim Time	T Time	Run2 Time	Points	%
Course A - Male 30-34	1	52	CHOW KEVIN TZE HO	South China Athletic Association		00:12:35	00:11:01	00:01:12	00:14:32	10	130.00
Course A - Male 30-34	2	66	SABINE ANTHONY	Tritons Triathlon Club	00:39:28		00:11:30	00:00:46	00:13:53	9	117.00
Course A - Male 30-34	3	67	SIMON JONES	Sonic Sports Association	00:44:12	00:13:24	00:15:50	00:01:03	00:13:56	8	104.00
Course A - Male 30-34	4	60	JONATHAN THOMPSON	·	00:44:38	00:14:03	00:14:29	00:00:59	00:15:09	7	91.00
Course A - Male 30-34	5	83	ROB OGDEN		00:45:23	00:14:04	00:16:14	00:01:12	00:13:55	6	78.00
Course A - Male 30-34	6	65	MURNING DOUGLAS		00:48:33	00:15:45	00:14:16	00:01:07	00:17:26	5	65.00
Course A - Male 30-34	7	62	LAU SHEUNG MAN		00:51:22	00:15:48	00:18:47	00:01:42	00:15:06	4	52.00
Course A - Male 30-34	8	53	CHOW MAN KIT		00:52:14	00:15:39	00:18:49	00:01:45	00:16:01	3	39.00
Course A - Male 30-34	9	57	JAMES YOUNG			00:15:46	00:15:49	00:01:20	00:19:28	2	26.00
Course A - Male 30-34	10	51	ANDREW NG		00:57:04	00:18:25	00:18:09	00:01:37	00:18:54	1	13.00
Course A - Male 30-34	DNS	54	DAVID SUNTER								
Course A - Male 30-34	DNS	55	DEBBIE BAILEY								
Course A - Male 30-34	DNS	56	FAI MING HOI, LEO	Sonic Sports Association							
Course A - Male 30-34	DNS	58	JEFFREY ZIELINSKI	Hong Kong Dragons Triathlon Club							
Course A - Male 30-34	DNS	59	JONATHAN ALEXIS ZAMORA								
Course A - Male 30-34	DNS	61	LAM CHUN FAI								
Course A - Male 30-34	DNS	63	LUI KIM LUN	Austsports Association							
Course A - Male 30-34	DNS	64	MAK CHUN YIN TONY	• •							
Course A - Male 30-34	DNS	68	SUN FAT YEE	South China Athletic Association	Official	D4	Consists		D0		
Category	Category Position	BIB	EngName	Club	Official time	Run1 Time	Swim Time	T Time	Run2 Time	Points	%
Course A - Male 35-39	1	73	HO CHI HONG	South China Athletic Association	00:42:01	00:13:12	00:13:10	00:00:49	00:14:52	8	130.00
Course A - Male 35-39	2	74	IP CHUNG YIN	Titan Triathlon		00:14:14	00:16:07	00:00:44	00:15:08	7	113.75
Course A - Male 35-39	3	82	PETER HAKIM		00:46:32		00:12:52	00:01:07	00:17:06	6	97.50
Course A - Male 35-39	4 5	81	LI WAI YIN ALBERT		00:48:40		00:15:50	00:01:16	00:15:45	5	81.25
Course A - Male 35-39			KWOK FUK KA					00:01:44		4	65.00 48.75
Course A - Male 35-39	-	79 77	IZANI IZMOIZ LIO								4X / 5
Course A Male 25 20	6	77	KAN KWOK HO			00:17:35				3	
Course A - Male 35-39	6 7	77 76	JUN GOTO		00:58:00	00:20:33	00:17:17	00:02:38	00:17:33	2	32.50
Course A - Male 35-39	6 7 8	77 76 69	JUN GOTO ANGEL RAFAEL BRANA-SOSA	Energetic Triathlen Shetin	00:58:00	00:20:33	00:17:17		00:17:33	3 2 1	
Course A - Male 35-39 Course A - Male 35-39	6 7 8 DNS	77 76 69 70	JUN GOTO ANGEL RAFAEL BRANA-SOSA CHAN LI	Energetic Triathlon Shatin	00:58:00	00:20:33	00:17:17	00:02:38	00:17:33	3 2 1	32.50
Course A - Male 35-39 Course A - Male 35-39 Course A - Male 35-39	6 7 8 DNS DNS	77 76 69 70 71	JUN GOTO ANGEL RAFAEL BRANA-SOSA CHAN LI CHEN CHRIS	•	00:58:00	00:20:33	00:17:17	00:02:38	00:17:33	3 2 1	32.50
Course A - Male 35-39 Course A - Male 35-39 Course A - Male 35-39 Course A - Male 35-39	6 7 8 DNS DNS DNS	77 76 69 70 71 72	JUN GOTO ANGEL RAFAEL BRANA-SOSA CHAN LI CHEN CHRIS DOUGLAS GORDON PARKER	Energetic Triathlon Shatin Tritons Triathlon Club	00:58:00	00:20:33	00:17:17	00:02:38	00:17:33	3 2 1	32.50
Course A - Male 35-39 Course A - Male 35-39 Course A - Male 35-39	6 7 8 DNS DNS	77 76 69 70 71 72 75	JUN GOTO ANGEL RAFAEL BRANA-SOSA CHAN LI CHEN CHRIS	•	00:58:00	00:20:33	00:17:17	00:02:38	00:17:33	3 2 1	32.50

Category Category Position Course A - Male 40-44 1 93 WAN SHU WAH Energetic Triathlon Shatin Course A - Male 40-44 2 87 ANDY WONG Energetic Triathlon Shatin Ou.39:21 Ou.11:59 Ou.13:22 Ou.00:37 Ou.01:405 11 130:00 Ou.00:39
Course A - Male 40-44
Course A - Male 40-44 8 96 KONG PUI TONG Course A - Male 40-44 9 88 CRAIG-WOOD CHRISTOPHER Course A - Male 40-44 10 92 LEE WING KWONG Titan Triathlon 00:54:17 00:17:11 00:17:04 00:01:05 00:16:35
Course A - Male 40-44
Course A - Male 40-44
Course A - Male 40-44
Course A - Male 40-44 DNS 90 JOEL LABELLE Tritons Triathlon Club Tritons Triathlon Club Tritons Triathlon Club Sonic Sports Association
Course A - Male 40-44
Category
Course A - Male 45-49
Course A - Male 45-49 1 103 JO KOSTER Tritons Triathlon Club
Course A - Male 45-49 2 108 WONG TAK WAH, EDWARD Course A - Male 45-49 Energetic Triathlon Shatin O0:40:21 00:40:21 00:12:05 00:14:02 00:00:42 00:00:42 00:00:32 5 108.33 100 00:14:33 4 86.67 00:14:04 00:11:41 00:00:50 00:14:03 00:14:03 00:13:32 5 108.33 100 00:41:23 00:14:04 00:11:41 00:00:50 00:14:03 00:14:03 00:14:03 00:14:04 00:16:10 00:14:04 00:16:10 00:14:03 00:14:03 00:14:04 00:16:10 00:14:03 00:14:03 00:14:03 00:14:03 00:14:04 00:16:10 00:14:04 00:10:10 00:14:04 00:10:10 00:14:04 00:10:10 00:14:04 00:10:10 00:14:04 00:10:10 00:14:04 00:10:10 00:14:04 00:10:10 00:14:04 00:10:10 00:14:04 00:10:10 00:14:04 00:10:10 00:14:04
Course A - Male 45-49 3 100 BURTON SCOTT JAMES Energetic Triathlon Shatin Course A - Male 45-49 4 99 BERTRAM SHI Energetic Triathlon Shatin Course A - Male 45-49 5 102 CHEUNG MAN KWONG Mango Swimming Club Oi:41:35 00:13:59 00:12:17 00:00:48 00:14:31 3 65.00 00:48:41 00:14:31 00:00:59 00:14:53 4 86.67 00:48:41 00:41:35 00:13:59 00:12:17 00:00:48 00:14:31 3 65.00 00:48:41 00:48:41 00:48:41 00:16:10 00:14:42 00:00:59 00:14:53 4 86.67 00:48:41 00:48:41 00:48:41 00:16:10 00:14:42 00:00:59 00:14:53 3 65.00 00:48:41 00:48:41 00:48:41 00:16:10 00:14:42 00:00:59 00:14:53 4 86.67 00:48:41 00:48:41 00:16:10 00:14:42 00:00:59 00:14:53 4 86.67 00:48:41 00:14:42 00:00:48:41 00:16:10 00:14:42 00:00:59 00:14:53 4 86.67 00:48:41 00:14:41 00:00:59 00:14:53 4 86.67 00:48:41 00:14:31 00:00:59 00:14:53 4 86.67 00:48:41 00:14:31 00:00:59 00:14:53 4 86.67 00:48:41 00:14:31 00:00:59 00:14:53 4 86.67 00:48:41 00:14:51 00:00:59 00:14:53 4 86.67 00:48:41 00:14:51 00:00:59 00:14:53 4 86.67 00:48:41 00:14:51 00:00:59 00:14:53 4 86.67 00:48:41 00:14:51 00:00:59 00:14:53 5 65.00 00:48:41 00:14:51 00:00:59 00:14:53 5 65.00 00:48:41 00:14:51 00:00:59 00:14:53 5 65.00 00:14:51 00:14:42 00:00:59 00:14:51 00:14:42 00:14:51 00:00:59 00:14:51 00:14:51 00:14:42 00:14:41 00:14:42 00:14:41 00:14:42 00:14:41 00:14:42 00:14:41 00:14:41 00:14:41 00:14:41 00:14:41 00:14:41 00:14:41 00:14:41 00:14:41 00:14:41 00:14:41 00
Course A - Male 45-49
Course A - Male 45-49 5 102 CHEUNG MAN KWONG Course A - Male 45-49 6 104 MA CHI PO Titan Triathlon DNS 101 CHEUNG CHI WAI, DEEP Course A - Male 45-49 DNS 105 MICHAEL COLEMAN Course A - Male 45-49 DNS 106 NELSON WONG Course A - Male 45-49 DNS 107 TIM FAWCETT Course A - Male 45-49 DNF 101 CHEUNG CHI WAI, DEEP Course A - Male 45-49 DNS 106 NELSON WONG Course A - Male 45-49 DNF 101 CHEUNG CHI WAI, DEEP Course A - Male 45-49 DNS 106 NELSON WONG Course A - Male 45-49 DNF 101 CHEUNG CHI WAI, DEEP Course A - Male 45-49 DNF 101 CHEUNG CHI WAI, DEEP Course A - Male 45-49 DNF 101 CHEUNG CHI WAI, DEEP Course A - Male 45-49 DNF 101 CHEUNG CHI WAI, DEEP Course A - Male 45-49 DNF 101 CHEUNG CHI WAI, DEEP Course B - Female Elite Junior DNS 134 LEE YUK YING, AGGIE Hope Sport Association Club Club Club Club Club Club Club Club
Course A - Male 45-49
Course A - Male 45-49 DNS 101 CHEUNG CHI WAI, DEEP COURS A - Male 45-49 Hope Sport Association Course A - Male 45-49 DNS 105 MICHAEL COLEMAN NELSON WONG NELSON WONG Course A - Male 45-49 DNS 107 TIM FAWCETT Hope Sport Association Course A - Male 45-49 DNS 101 CHEUNG CHI WAI, DEEP Hope Sport Association Course B - Female Elite Junior DNS 1 133 CHOI YAN YIN Course B - Female Elite Junior DNS 3 135 LO JIAN YING, EVE DNS Hope Sport Association 00:22:06 00:06:55 00:05:50 00:00:37 00:08:45 1 43.33 Category Position BIB EngName Club Official time Run1 Swim Time T Time Run2 Time Points %
Course A - Male 45-49 DNS 105 MICHAEL COLEMÁN Course A - Male 45-49 DNS 106 NELSON WONG Course A - Male 45-49 DNS 107 TIM FAWCETT Course A - Male 45-49 DNF 101 CHEUNG CHI WAI, DEEP Hope Sport Association Category Position BIB EngName Club Official time Run1 time Swim Time T Time Time Time Time Points % Course B - Female Elite Junior DNS 134 LEE YUK YING, AGGIE Hope Sport Association Category Position BIB EngName Club Official time Run1 Time T Time Run2 Time Points %
Course A - Male 45-49 Course A - Male 45-49 DNS DNS DNS DNS 106 TIM FAWCETT CHEUNG CHI WAI, DEEP Hope Sport Association Category Position BIB EngName Club Official time Run1 Time Swim Time T Time Time T Time Time Run2 Time Points % Course B - Female Elite Junior Course B - Female Elite Junior DNS BIB EngName Club Official time Run1 Time Swim Time T Time Run2 Time Points %
Course A - Male 45-49 DNS DNF 107 TIM FAWCETT Hope Sport Association Category Category Position BIB EngName Club Official time Run1 Time Swim Time T Time Run2 Time Points % Course B - Female Elite Junior DNS 134 LEE YUK YING, AGGIE Hope Sport Association Hope Sport Association Official Time Run1 Swim Time T Time Run2 Time Points %
Category Category Position BIB EngName Club Official time Run1 Time Swim Time T Time Run2 Time Points % Course B - Female Elite Junior DNS 134 LEE YUK YING, AGGIE Hope Sport Association Hope Sport Association Official time Run1 Swim Time T Time Run2 Time Points %
Course B - Female Elite Junior DNS 134 LEE YUK YING, AGGIE Hope Sport Association Club Official time Run1 Swim Time T Time Run2 Time Points % Category Position BIB EngName Club Club Official time T Time T Time Run2 Time Points %
Course B - Female Elite Junior 2 136 NG YUI LAM Energetic Triathlon Shatin Course B - Female Elite Junior 3 135 LO JIAN YING, EVE Course B - Female Elite Junior DNS 134 LEE YUK YING, AGGIE Hope Sport Association Category Position Time IIME 1 IIM
Course B - Female Elite Junior DNS 134 LEE YUK YING, AGGIE Hope Sport Association Energetic Triathlon Shatin Discrete Foundation For Course B - Female Elite Junior Course B - Female Elite Junior DNS 134 LEE YUK YING, AGGIE Hope Sport Association Hope Sport Association For Club Official time Run1 Swim Time T Time Run2 Time Points %
Course B - Female Elite Junior 3 135 LO JIAN YING, EVE Course B - Female Elite Junior DNS 134 LEE YUK YING, AGGIE Hope Sport Association Category Position Category Position Category Position Course B - Female Elite Junior DNS 134 LEE YUK YING, AGGIE Hope Sport Association Club Club O0:22:06 00:06:55 00:05:50 00:00:37 00:08:45 1 43.33
Course B - Female Elite Junior DNS 134 LEE YUK YING, AGGIE Hope Sport Association Category Position BIB EngName Club Official time Time Time Run2 Points %
Category Category BIB EngName Club Official Run1 Swim T Time Run2 Points % Time Time Time Time Time Time Time Time
Position Politice Club time Time Time Time Time Time Time
Course B - Female Junior 1 119 TSANG KA HUNG Austsports Association 00:22:17 00:06:59 00:06:33 00:00:40 00:08:07 2 130.00
Course B - Female Junior 2 120 CHAN WING TUNG Hope Sport Association 00:22:55 00:07:27 00:06:58 00:00:34 00:07:58 1 75.00
Category Official Run1 Swim Run2
Category Position EngName Club time Time Time Time Tourism %
Course B - Female Youth Open 1 118 VANESSA NG Titan Triathlon 00:21:41 00:06:56 00:05:51 00:00:44 00:08:12 3 130.00
Course B - Female Youth Open 2 117 PANG CHING WAI South China Athletic Association 00:22:45 00:07:11 00:06:24 00:00:45 00:08:27 2 86.67
Course B - Female Youth Open 3 116 MA CHE YAN Dali Swimming Club 00:24:30 00:08:07 00:06:31 00:00:46 00:09:07 1 43.33
Category BIB EngName Club Official Run1 Swim Time Run2 Points %
Category Position BIB EngName Club time Time Time Time Time Time Time Time T
Course B - Male Elite Junior 1 132 WONG HUI WAI Energetic Triathlon Shatin 134 WONG HUI WAI Energetic Triathlon Shatin 134 WONG HUI WAI Energetic Triathlon Shatin 134 WONG HUI WAI Energetic Triathlon Shatin 135 WONG HUI WAI ENERGETIC Triathlo
Time Time Time
Course B - Male Elite Junior 1 132 WONG HUI WAI Energetic Triathlon Shatin 00:17:27 00:05:34 00:05:04 00:00:31 00:06:19 12 130.00 Course B - Male Elite Junior 2 129 PERRY WONG Energetic Triathlon Shatin 00:17:34 00:05:33 00:05:06 00:00:33 00:06:23 11 119.17 Course B - Male Elite Junior 3 126 KWOK WING KAN Hope Sport Association 00:17:57 00:05:33 00:05:15 00:00:31 00:06:41 10 108.33
Course B - Male Elite Junior 1 132 WONG HUI WAI Energetic Triathlon Shatin 00:17:27 00:05:34 00:05:04 00:00:31 00:06:19 12 130.00 Course B - Male Elite Junior 2 129 PERRY WONG Energetic Triathlon Shatin 00:17:34 00:05:03 00:05:06 00:00:33 00:06:23 11 119.17

Course B - Male Elite Junior	6	121	CHAN KA LUNG	Excel Swim Sports Association	00:18:32	00:05:57	00:05:27	00:00:32	00:06:38	7	75.83
Course B - Male Elite Junior	7	127	LAU TSUN LING	Hope Sports	00:18:46		00:05:27	00:00:32	00:06:50	6	65.00
Course B - Male Elite Junior	8	123	CHOW MAN HIM	Excel Swim Sports Association	00:18:55		00:05:33	00:00:30	00:06:56	5	54.17
Course B - Male Elite Junior	9	123	CHEUNG TSZ HEI	Energetic Triathlon Shatin	00:10:33	00:05:30	00:05:23	00:00:42	00:00:30	4	43.33
Course B - Male Elite Junior	10	131	TSOI KA CHEUK	Hope Sport Association	00:19:46		00:05:23	00:00:44	00:07:00	3	32.50
Course B - Male Elite Junior	11	130	TSE CHUN NOK	Energetic Triathlon Shatin	00:19:40		00:05:32	00:00:36	00:07:13	2	21.67
Course B - Male Elite Junior	12		HARRY SCRIVEN	Energetic mathion shatti	00:20:33		00:05:42	00:00:30	00:03:10	1	10.83
	Category				Official	Run1	Swim		Run2	•	
Category	Position	BIB	EngName	Club	time	Time	Time	T Time	Time	Points	%
Course B - Male Youth Open	1	114	SHUEN CHUN KIT	Hope Sport Association	00:17:51	00:05:44	00:05:10	00:00:36	00:06:23	6	130.00
Course B - Male Youth Open	2	110	LAM MICHAEL	Sonic Sports Association	00:18:03	00:05:35	00:05:07	00:00:35	00:06:48	5	108.33
Course B - Male Youth Open	3	113	MILES WILLIAMS	South China Athletic Association	00:18:08	00:06:04	00:04:56	00:00:31	00:06:38	4	86.67
Course B - Male Youth Open	4	109	HEUNG CHIN TUNG	Hope Sport Association	00:19:01	00:06:05	00:05:18	00:00:39	00:07:01	3	65.00
Course B - Male Youth Open	5	115	TSE CHUN YIN	Energetic Triathlon Shatin	00:19:10	00:06:08	00:05:13	00:00:42	00:07:09	2	43.33
Course B - Male Youth Open	6	112	LEUNG CHUN SUN	Energetic Triathlon Shatin	00:19:55	00:06:30	00:05:45	00:00:43	00:06:59	1	21.67
Course B - Male Youth Open	DNS	111	LEE TSUN KIU	Hope Sport Association							
Category	Category	BIB	EngName	Club	Official	Run1	Swim	T Time	Run2	Points	%
Calegory	Position	DID	•		time	Time	Time		Time		
Course B - Male Junior	1	157	WONG PAK TO	Energetic Triathlon Shatin	00:19:10		00:05:35	00:00:37	00:06:57	19	130.00
Course B - Male Junior	2	144	LAM KA WAI	Austsports Association	00:19:10	00:06:01	00:05:26	00:00:35	00:07:09	18	123.16
Course B - Male Junior	3	151	PUN YIU CHUNG	Austsports Association	00:19:23	00:06:07	00:06:06	00:00:41	00:06:30	17	116.32
Course B - Male Junior	4	146	LEUNG CHUN HIN	Excel Swim Sports Association	00:19:38	00:06:30	00:05:32	00:00:38	00:07:00	16	109.47
Course B - Male Junior	5	143			00:20:05	00:06:31	00:05:21	00:00:44	00:07:30	15	102.63
Course B - Male Junior	6	149	POON CHI LEUNG	, ,	00:20:26		00:06:08	00:00:41	00:07:07	14	95.79
Course B - Male Junior	7	148	NG CHING HONG	Austsports Association	00:20:36	00:06:30	00:05:55	00:01:02	00:07:11	13	88.95
Course B - Male Junior	8	137	CHAN KA CHUN		00:20:37	00:06:03	00:06:52	00:00:52	00:06:52	12	82.11
Course B - Male Junior	9	150	POON CHUN LEUNG	The Little Dolphin Swimming Trainin		00:06:32	00:06:05	00:00:41	00:07:35	11	75.26
Course B - Male Junior	10	154	TSE HOI KIT	Austsports Association	00:20:55		00:06:21	00:00:43	00:07:08	10	68.42
Course B - Male Junior	11	139	CHAN YIN MING	Austsports Association	00:22:19		00:07:30	00:00:45	00:07:30	9	61.58
Course B - Male Junior	12	147	LEUNG POK YIN	Energetic Triathlon Shatin	00:22:45		00:06:13	00:00:41	00:08:50	8	54.74
Course B - Male Junior	13	140		Energetic Triathlon Shatin	00:23:05		00:06:55	00:00:40	00:08:16	7	47.89
Course B - Male Junior	14	145		Hope Sport Association	00:23:58		00:06:29	00:00:51	00:08:40	6	41.05
Course B - Male Junior	15	142	CHENG WAI NAM	Health Guide Sports Association	00:24:24	00:07:32	00:07:13	00:00:58	00:08:42	5	34.21
Course B - Male Junior	16	153		Hope Sport Association	00:25:16		00:06:46	00:00:46	00:09:32	4	27.37
Course B - Male Junior	17	156		Hope Sport Association	00:25:21		00:07:38	00:00:35	00:09:06	3	20.53
Course B - Male Junior	18	152	SHE HUNG CHEUNG	Energetic Triathlon Shatin	00:27:52		00:07:23	00:00:46	00:10:56	2	13.68
Course B - Male Junior	19	155	TSOI KA HEI	Hope Sport Association	00:29:17	00:08:58	00:07:23	00:00:50	00:12:07	1	6.84
Course B - Male Junior	DNS	138	CHAN WAI SHUN, WILSON	F and O the Oranda Association							
Course B - Male Junior	DNS	141	CHENG HO YIN	Excel Swim Sports Association	Official	Dun4	Curim		Dun2		
Category	Category Position	BIB	EngName	Club	Official time	Run1 Time	Swim Time	T Time	Run2 Time	Points	%
Course B - Female Open	1	451	FUNG KIT YI		00:28:29	00:06:34	00:06:15	00:00:41	00:15:02	1	130.00
Category	Category	BIB	EngName	Club	Official	Run1	Swim	T Time	Run2	Points	%
	Position		•		time	Time	Time		Time		
Course B - Female Veteran	1	471	LUI SHUK HAN, KAREN	Energetic Triathlon Shatin	00:24:31	00:07:44	00:07:40	00:00:55	00:08:13	1	130.00
Category	Category Position	BIB	EngName	Club	time	Run1 Time	Swim Time	T Time	Run2 Time	Points	%
Course B - Male Open	1	444	CHEUNG TING HO	Tung Chung Triathlon Association		00:06:09	00:06:02	00:00:50	00:06:36	7	130.00
Course B - Male Open	2	447	MAC CHEUK YIN	Pro-trinity Sports Club		00:07:07	00:07:10	00:00:56	00:07:25	6	111.43
Course B - Male Open	3	446	LAM TSZ WAI	Energetic Triathlon Shatin		00:07:20	00:06:41	00:00:43	00:08:15	5	92.86
Course B - Male Open	4	441	CHAN CHUN TAK, JEFF	Pro-trinity Sports Club		00:07:02	00:07:49	00:00:46	00:08:12	4	74.29
Course B - Male Open	5	445	KWOK MAN KIT GAVIN	South China Athletic Association		00:07:13	00:08:29	00:01:07	00:08:59	3	55.71
Course B - Male Open	6	450				00:09:08		00:01:00	00:10:37	2	37.14
a see a present	-									-	

Course B - Male Open Course B - Male Open	7 DNS	449 440	NG SHUI PAN BENNY YIM	Titan Triathlon	00:32:57	00:08:32	00:10:18	00:02:08	00:12:01	1	18.57
Course B - Male Open	DNS	442		Energetic Triathlon Shatin							
Course B - Male Open	DNS	443	CHEUNG TING FUNG	Titan Triathlon							
Course B - Male Open	DNS	448	TO SHIU CHUNG	Than Thathon							
	Category				Official	Run1	Swim		Run2		
Category	Position	BIB	EngName	Club	time	Time	Time	T Time	Time	Points	%
Course B - Male Veteran	1	452	ANDY WONG	Energetic Triathlon Shatin	00:22:05	00:06:58	00:06:48	00:00:45	00:07:35	14	130.00
Course B - Male Veteran	2	460	HO TAK MING	Energetic Triathlon Shatin	00:22:15	00:07:00	00:06:43	00:00:41	00:07:52	13	120.71
Course B - Male Veteran	3	455	CHAN CHU	Energetic Triathlon Shatin	00:22:29	00:06:57	00:06:55	00:01:02	00:07:36	12	111.43
Course B - Male Veteran	4	463	LEE CHI MAN	AustSports Association	00:22:45	00:06:56	00:07:33	00:01:05	00:07:12	11	102.14
Course B - Male Veteran	5	453	BERTRAM SHI	Energetic Triathlon Shatin	00:22:48	00:07:18	00:06:39	00:00:51	00:08:01	10	92.86
Course B - Male Veteran	6	464	LEUNG WAH	South China Athletic Association	00:23:39	00:06:53	00:08:06	00:00:49	00:07:52	9	83.57
Course B - Male Veteran	7	469	POON KWOK WING	Energetic Triathlon Shatin	00:24:09	00:07:04	00:08:06	00:00:57	00:08:03	8	74.29
Course B - Male Veteran	8	468	PETER TASSELL	-	00:24:26	00:07:19	80:80:00	00:00:51	00:08:10	7	65.00
Course B - Male Veteran	9	467	NICHOLAS TAN		00:24:54	00:07:30	00:08:02	00:00:56	00:08:27	6	55.71
Course B - Male Veteran	10	459	FUNG CHI YUEN	Austsports Association	00:25:44	00:07:42	00:08:34	00:01:01	00:08:28	5	46.43
Course B - Male Veteran	11	456	CHAU HO MING	Energetic Triathlon Shatin	00:26:14	00:08:22	00:08:11	00:00:55	00:08:47	4	37.14
Course B - Male Veteran	12	470	TAM YUEN HO	Austsports Association	00:26:16	00:07:05	00:10:10	00:00:55	80:80:00	3	27.86
Course B - Male Veteran	13	462	LAI YING FAI	Austsports Association	00:26:20	00:07:17	00:09:19	00:00:58	00:08:48	2	18.57
Course B - Male Veteran	14	457	EIJI YANAGAWA		00:27:08	00:08:02	00:07:50	00:01:07	00:10:10	1	9.29
Course B - Male Veteran	DNS	454	BURTON SCOTT JAMES								
Course B - Male Veteran	DNS	458	FORD-MCNICOL MARK	Hong Kong Dragons Triathlon Club							
Course B - Male Veteran	DNS	465	LI MAN YEE								
Course B - Male Veteran	DNS	466	MOTOKI SATO								