

## **Pre-Elite Athlete Obligations**

In recognition of the pre-Elite Athlete Benefits, a number of obligations are placed on all athletes invited to join the pre-Elite (National B and Regional) Squads. If an athlete is unwilling to accept these pre-Elite Athlete Obligations, their invitation will be withdrawn. If an athlete fails to comply with these pre-Elite Athlete Obligations, they may be removed from the Squads or have their pre-Elite Squads Benefits withdrawn. The word “athlete” or “athletes”, whenever used here, shall mean and refer to pre-Elite (National B and Regional) Squad(s).

### **Training**

Training programs of all athletes are to be approved by the coaches appointed by the Development Committee. It is expected that training programs will be primarily directed towards triathlon, as opposed to other sports. When studying towards public examinations, athletes may reduce their training volume, subject to approval the appointed coaches, but must not cease training altogether. To do so would result in removal from the pre-Elite Squads.

### **Racing**

All athletes are required to compete in all races organised by the Hong Kong Triathlon Association (TriHK). The only acceptable reasons for failing to compete in these events are sickness or injury verified by a doctor.

### **Conduct**

Whenever undertaking triathlon-related activities, all athletes are required to behave in a courteous and sportsmanlike manner. Foul language or rude behaviour directed at race officials will not be tolerated and will be considered as a failure to comply with these pre-Elite Athlete Obligations.

Athletes are not allowed to speak with the media regarding TriHK or Hong Kong Sports Institute (HKSI) without prior consent from the TriHK.

Athletes are forbidden from making derogatory remarks regarding HKSI, TriHK or any of its sponsors in any media, including on-line forums, such as Facebook.

Athletes must be paid-up members of TriHK and must settle all debts with TriHK promptly.