

2009 Age Group Triathlon Result

Race No	English Name	Swim	Bike	Run	Total	Club	Pos	Points	%
<u>Course A Olympic - Male Elite Open</u>									
2	James McCurdy	00:23:22	01:08:17	00:32:24	02:04:03		1	2	100
1	Wong Po Kin, Kent	00:35:33	01:17:42	00:38:42	02:31:57	Sonic Sports Associaiton	2	1	50
<u>Course A Olympic - Male Age-Group 20-24</u>									
130	Chan Siu Hang	00:25:06	01:22:31	00:43:20	02:30:57	New Wave Swimming Club	1	3	100
129	Leung Ka Lun	00:25:04	01:25:57	00:45:11	02:36:12	Energetic Triathlon Shatin	2	2	66.7
128	Lee Yuek Yu, Ross	00:25:48	01:33:33	00:40:23	02:39:44	Sonic Sports Association	3	1	33.3
<u>Course A Olympic - Male Age-Group 25-29</u>									
135	Kuok Chi Kin	00:27:27	01:13:53	00:37:29	02:18:49		1	15	100.0
127	Chong Chi Seak	00:27:41	01:16:32	00:35:19	02:19:32		2	14	93.3
144	Yip Chun Kit, Kenneth	00:23:58	01:16:56	00:40:15	02:21:09	Sonic Sports Associaiton	3	13	86.7
136	Lam Tsz Wai	00:27:25	01:13:54	00:40:31	02:21:50	Energetic Triathlon Shatin	4	12	80.0
137	Lau Yue Fung	00:25:46	01:19:37	00:37:22	02:22:45		5	11	73.3
139	Tsang Chun Kit	00:29:20	01:20:18	00:35:41	02:25:19		6	10	66.7
132	Chan Kit Bun, Erik	00:27:56	01:16:58	00:40:59	02:25:53	Tung Chung Triathlon Association	7	9	60.0
142	Wong Kin Chung	00:33:31	01:17:42	00:38:27	02:29:40	Tung Chung Triathlon Association	8	8	53.3
140	Tsang Yin Ting	00:28:46	01:30:56	00:40:35	02:40:17		9	7	46.7
131	Chan Ho Wai, Howard	00:28:38	01:25:19	00:46:49	02:40:46		10	6	40.0
138	Li Ka Yip	00:41:58	01:25:14	00:47:05	02:54:17	Energetic Triathlon Shatin	11	5	33.3
134	Kam Chi Hang	00:33:37	01:36:47	00:59:51	03:10:15		12	4	26.7
143	Wong Yu Kwong	00:29:48	01:19:55	01:21:22	03:11:05		13	3	20.0
133	Ho Ren Hua	00:34:39	01:58:23	00:48:53	03:21:55	Sonic Sports Association	14	2	13.3
141	Wong Ka Shing	00:36:50	01:41:38	01:08:00	03:26:28	Sonic Sports Associaiton	15	1	6.7
<u>Course A Olympic - Male Age-Group 30-34</u>									
24	Erich Felbabel	00:25:23	01:06:36	00:31:13	02:03:12		1	18	100.0
10	Li Chun Pong, David	00:25:07	01:19:25	00:36:45	02:21:17	Energetic Triathlon Shatin	2	17	94.4
19	Yam Chi Wai	00:29:08	01:19:59	00:36:01	02:25:08	Titan Triathlon	3	16	88.9
23	Sin Chun Kwong	00:35:44	01:12:56	00:36:41	02:25:21	Energetic Triathlon Shatin	4	15	83.3
15	Tsui Wai Yuen	00:31:00	01:18:13	00:37:21	02:26:34	Titan Triathlon	5	14	77.8
7	James Chapman	00:27:52	01:24:27	00:38:40	02:30:59	Hong Kong Dragons Triathlon Club	6	13	72.2
16	Wong Chi Ho	00:33:57	01:18:04	00:41:28	02:33:29		7	12	66.7
12	Ng Kei Wai	00:29:14	01:21:07	00:43:48	02:34:09		8	11	61.1
17	Wong Lok Shun	00:30:00	01:18:44	00:45:33	02:34:17	Sonic Sports Associaiton	9	10	55.6
14	Sebastien Stoffel	00:29:54	01:24:17	00:40:24	02:34:35	Sonic Sports Association	10	9	50.0
20	Mark Binnington	00:27:30	01:18:43	00:48:24	02:34:37		11	8	44.4
6	Ho Tsz Kin	00:31:57	01:20:03	00:43:14	02:35:14		12	7	38.9
21	Larry Koo	00:29:12	01:24:33	00:44:19	02:38:04	Sonic Sports Associaiton	13	6	33.3
9	Leung Kin Ting	00:36:40	01:17:16	00:44:41	02:38:37		14	5	27.8
11	Martin Hoogererf	00:29:35	01:25:04	00:45:48	02:40:27		15	4	22.2
5	Frederic Beaujean	00:29:51	01:29:00	00:44:37	02:43:28	Sonic Sports Association	16	3	16.7
22	Ming Fuk Ho	00:36:29	01:23:22	00:45:55	02:45:46	Energetic Triathlon Shatin	17	2	11.1

2009 Age Group Triathlon Result

Race No	English Name	Swim	Bike	Run	Total	Club	Pos	Points	%
8	Jarek Barc	00:37:07	01:21:05	00:47:47	02:45:59		18	1	5.6
3	Chrisiaan Lieven Van Beek						DNS		
4	Dane Cantwell					Hong Kong Dragons Triathlon Club	DNS		
13	Peter Averill						DNS		
<u>Course A Olympic - Male Age-Group 35-39</u>									
49	Paul Dingley	00:25:13	01:15:06	00:36:08	02:16:27		1	28	100.0
26	Ashley Dyer	00:24:58	01:15:42	00:37:00	02:17:40		2	27	96.4
60	Lai Kin Sun	00:26:35	01:17:49	00:37:49	02:22:13	Titan Triathlon	3	26	92.9
30	Cheung Wai Kei	00:26:28	01:21:54	00:35:31	02:23:53		4	25	89.3
37	Kut Yip Ming	00:32:17	01:17:47	00:38:33	02:28:37	Sonic Sports Associaiton	5	24	85.7
31	Christopher Tong	00:27:58	01:18:38	00:43:08	02:29:44	Sonic Sports Associaiton	6	23	82.1
35	James Mak	00:31:26	01:17:40	00:41:03	02:30:09		7	22	78.6
56	Yong Leung Kwong	00:31:46	01:18:31	00:42:41	02:32:58	Sonic Sports Associaiton	8	21	75.0
52	Wong Siu Yuen	00:40:43	01:17:01	00:36:38	02:34:22	Titan Triathlon	9	20	71.4
41	Lee Kin Lun, Brian	00:29:16	01:23:49	00:41:51	02:34:56	Sonic Sports Association	10	19	67.9
463	Leung Kuok Pang	00:29:06			02:35:53		11	18	64.3
63	Yeung Wing Yin, Michael	00:29:04	01:25:47	00:41:49	02:36:40	Energetic Triathlon Shatin	12	17	60.7
44	Mak Cheuk Man	00:25:57	01:24:19	00:46:26	02:36:42	Sonic Sports Association	13	16	57.1
61	Wong Chung Man	00:32:44	01:25:11	00:39:11	02:37:06	Energetic Triathlon Shatin	14	15	53.6
33	Etienne Faure	00:37:49	01:28:29	00:34:30	02:40:48	Tung Chung Triathlon Association	15	14	50.0
182	Chan Tze Chung	00:33:40	01:25:05	00:42:19	02:41:04		16	13	46.4
42	Lee Ming Yeung	00:31:44	01:27:52	00:42:56	02:42:32	Energetic Triathlon Shatin	17	12	42.9
34	Hoi Man Wai	00:29:51	01:32:55	00:40:27	02:43:13		18	11	39.3
43	Lee Yiu Ming, Newton	00:35:44	01:25:56	00:44:56	02:46:36	Sonic Sports Association	19	10	35.7
62	Wong Hon Wei	00:35:27	01:25:38	00:46:18	02:47:23	Energetic Triathlon Shatin	20	9	32.1
28	Cheng Wai Ho	00:39:05	01:27:37	00:41:44	02:48:26	Titan Triathlon	21	8	28.6
27	Bernard Ho	00:34:31	01:31:17	00:42:59	02:48:47	Sonic Sports Association	22	7	25.0
51	Tsang Hin Lap	00:31:48	01:37:30	00:41:56	02:51:14	Titan Triathlon	23	6	21.4
58	Kristian Odebjer	00:34:37	01:31:47	00:45:42	02:52:06		24	5	17.9
45	Mak Yiu Nga	00:42:59	01:26:48	00:45:04	02:54:51	Energetic Triathlon Shatin	25	4	14.3
40	Lee Chun Fan	00:35:34	01:37:40	00:44:46	02:58:00		26	3	10.7
53	Wong Wai Shing	00:39:44	01:29:32	00:52:17	03:01:33	Health Guide Sports Association Company Limite	27	2	7.1
55	Yip Kai Leung	00:36:53	01:38:25	00:49:46	03:05:04	Sonic Sports Association	28	1	3.6
39	Lam Hng Yin	00:34:01					DNF		
46	Mark Lueddecake	00:34:57	01:22:50				DNF		
25	Aki Su					Sonic Sports Association	DNS		
29	Cheung Kit Lun						DNS		
36	Jon Adair					Hong Kong Dragons Triathlon Club	DNS		
38	Lachlin Miller						DNS		
47	Oilver Baillet					Sonic Sports Association	DNS		
48	Paolo Picazo						DNS		
50	Richard Casey						DNS		
54	Yeung Ka Wing						DNS		

2009 Age Group Triathlon Result

Race No	English Name	Swim	Bike	Run	Total	Club	Pos	Points	%
57	Justin Keyes						DNS		
59	Winston Liam					Hong Kong Dragons Triathlon Club	DNS		
<u>Course A Olympic - Male Age-Group 40-44</u>									
96	Steven Betmet	00:25:20	01:11:21	00:37:57	02:14:38	Hong Kong Dragon Associaiton	1	32	100.0
89	Paul Thompson	00:26:29	01:14:40	00:37:39	02:18:48	Hong Kong Dragon Associaiton	2	31	96.9
78	Holst Hermann	00:25:55	01:17:31	00:40:17	02:23:43		3	30	93.8
82	Lam Kam Ching	00:32:00	01:15:59	00:37:15	02:25:14	Tung Chung Triathlon Association	4	29	90.6
70	Christophe Lee	00:33:28	01:13:38	00:39:04	02:26:10	Energetic Triathlon Shatin	5	28	87.5
91	Philip James Walker	00:26:26	01:22:26	00:39:59	02:28:51		6	27	84.4
98	Tong Chi Hung	00:29:17	01:19:59	00:40:05	02:29:21	Energetic Triathlon Shatin	7	26	81.3
101	Yeung Yam Ho	00:27:43	01:24:23	00:37:56	02:30:02	Energetic Triathlon Shatin	8	25	78.1
465	Albert Chan	00:27:42	01:19:57	00:42:36	02:30:15		9	24	75.0
69	Chiu Kok Fu	00:29:02	01:20:17	00:40:59	02:30:18	Titan Triathlon	10	23	71.9
100	Wong Kin, Kenny	00:35:22	01:19:05	00:36:19	02:30:46	Energetic Triathlon Shatin	11	22	68.8
99	Valter Stoiani	00:28:51	01:24:16	00:40:20	02:33:27	Sonic Sports Association	12	21	65.6
64	Alwyn Pang	00:29:49	01:20:28	00:43:30	02:33:47	Tung Chung Triathlon Association	13	20	62.5
94	Richard Thornton	00:29:49	01:24:19	00:41:55	02:36:03	Hong Kong Dragon Associaiton	14	19	59.4
74	Eugene Suh	00:28:36	01:25:42	00:45:21	02:39:39		15	18	56.3
66	Billy Chow	00:34:44	01:25:30	00:40:12	02:40:26	Sonic Sports Association	16	17	53.1
67	Chan Chik Kin	00:32:20	01:23:27	00:45:35	02:41:22	Energetic Triathlon Shatin	17	16	50.0
77	Guy Horne	00:31:29	01:21:52	00:48:33	02:41:54		18	15	46.9
90	Peter Chan	00:34:18	01:24:05	00:44:43	02:43:06	Tung Chung Triathlon Association	19	14	43.8
103	Nicholas Andrews	00:29:42	01:27:59	00:47:30	02:45:11		20	13	40.6
73	Darren Dunnett	00:33:47	01:29:57	00:42:09	02:45:53	Sonic Sports Association	21	12	37.5
83	Lam Ying Wai, Kevin	00:30:10	01:34:45	00:46:18	02:51:13		22	11	34.4
86	Neil Galliford	00:34:50	01:32:18	00:45:39	02:52:47		23	10	31.3
88	Ng Yuen Fu	00:34:34	01:37:51	00:42:04	02:54:29		24	9	28.1
80	Keith Irvine	00:34:38	01:26:39	00:53:23	02:54:40	Hong Kong Dragon Associaiton	25	8	25.0
71	Chu Wai Leung	00:40:15	01:37:52	00:39:54	02:58:01		26	7	21.9
72	Chung Kim Fung	00:35:02	01:37:21	00:48:46	03:01:09		27	6	18.8
81	Lai Wut San, Johnny	00:39:18	01:43:17	00:47:56	03:10:31	Sonic Sports Association	28	5	15.6
87	Ng Yu Wai	00:36:54	01:49:51	00:47:28	03:14:13		29	4	12.5
93	Richard Avery	00:29:32	01:43:20	01:06:27	03:19:19		30	3	9.4
97	Tan Wing On	00:47:43	01:45:26	00:58:46	03:31:55	Sonic Sports Association	31	2	6.3
85	Mak Wing Yiu, William	00:43:03	02:19:03	00:51:22	03:53:28		32	1	3.1
75	Gary Ong	00:28:58					DNS		
76	Graham Turl						DNS		
79	Ip Ching Nang	00:24:35					DNF		
84	Lo Kit Hung					Titan Triathlon	DNS		
92	Poon Che Wai						DNS		
95	Scott James Burton						DNS		
102	Yip Shing Yan					Titan Triathlon	DNS		
104	Ng Kwok Chuen					Energetic Triathlon Shatin	DNS		

2009 Age Group Triathlon Result

Race No	English Name	Swim	Bike	Run	Total	Club	Pos	Points	%
<u>Course A Olympic - Male Age-Group 45-49</u>									
111	David John Tonks	00:26:59	01:05:48	00:36:38	02:09:25		1	21	100.0
121	Martin Wray	00:22:16	01:14:59	00:40:42	02:17:57	Hong Kong Dragons Triathlon Club	2	20	95.2
105	Andrew Patrick	00:24:39	01:18:54	00:40:04	02:23:37	Tung Chung Triathlon Association	3	19	90.5
120	Li Ka Wo	00:27:14	01:21:05	00:40:53	02:29:12	New Wave Swimming Club	4	18	85.7
125	Rolf Kambli	04:00:47			02:30:51		5	17	81.0
123	Sung Yan Wah	00:32:23	01:18:01	00:41:16	02:31:40	Titan Triathlon	6	16	76.2
112	Fernando Nicimito	00:29:54	01:22:49	00:40:23	02:33:06		7	15	71.4
117	Jamie Erwin	00:25:48	01:24:35	00:43:19	02:33:42		8	14	66.7
115	Ho Chak	00:31:51	01:20:40	00:41:45	02:34:16	Energetic Triathlon Shatin	9	13	61.9
68	Chan Wai Kee, Eric	00:29:47	01:24:00	00:42:08	02:35:55	Sonic Sports Association	10	12	57.1
122	Michael Tse	00:33:35			02:39:09		11	11	52.4
108	Chiu Lap Wing	00:36:59	01:20:41	00:41:31	02:39:11	Energetic Triathlon Shatin	12	10	47.6
116	Ho Tak Ming	00:28:10	01:26:11	00:45:00	02:39:21	Energetic Triathlon Shatin	13	9	42.9
126	Poon Kwok Wing	00:31:41	01:25:32	00:43:57	02:41:10	Energetic Triathlon Shatin	14	8	38.1
124	Tsang Hon Min	00:38:35	01:19:51	00:43:54	02:42:20	Sonic Sports Association	15	7	33.3
119	Lee Ying Ho	00:36:30	01:29:44	00:42:20	02:48:34	Sonic Sports Association	16	6	28.6
107	Chau Ying Kwong	00:38:59	01:26:56	00:44:35	02:50:30		17	5	23.8
446	Lawrence Mills	00:40:20	01:28:05	00:47:23	02:55:48		18	4	19.0
118	Kwok Sui Wing	00:40:41	01:39:04	00:44:06	03:03:51		19	3	14.3
109	Chung Lui Hung	00:38:06	01:38:14	00:47:53	03:04:13	Energetic Triathlon Shatin	20	2	9.5
106	Chan Kun Ying	00:35:28	01:56:38	00:48:51	03:20:57	Energetic Triathlon Shatin	21	1	4.8
110	David Howell						DNS		
113	Frank Marriot					Hong Kong Dragons Triathlon Club	DNS		
114	Graeme Torre						DNS		
464	Tim Hallworth	00:25:55	01:16:56	00:39:51	02:22:42		DSQ		
<u>Course A Olympic - Male Age-Group 50 -54</u>									
148	Lee Kam Moon	00:28:11			02:31:54		1	8	100.0
155	Wong Kam Tim	00:31:51	01:23:24	00:44:39	02:39:54		2	7	87.5
152	Wong Kwok Wah	00:33:54	01:28:08	00:47:34	02:49:36	Titan Triathlon	3	6	75.0
154	Jeremy Bartlett	00:32:59	01:29:16	00:49:09	02:51:24		4	5	62.5
153	Wu Chi Wai	00:35:51	01:31:15	00:44:43	02:51:49		5	4	50.0
146	Chan King Yuen	00:29:30	01:36:17	00:53:41	02:59:28	Titan Triathlon	6	3	37.5
147	Chan Ping Yiu	00:36:07	01:40:50	00:59:12	03:16:09	Titan Triathlon	7	2	25.0
149	Philip Penaloza	00:45:16	01:53:39	01:14:37	03:53:32		8	1	12.5
150	Richard Peverelle						DNS		
151	Tso Chun Bong					Titan Triathlon	DNS		
<u>Course A Olympic - Male Age-Group 55& Over</u>									
145	Chan Ho Kee	00:34:07	01:19:54	00:46:27	02:40:28	Titan Triathlon	1	4	100.0
158	John Endicott	00:38:55	01:31:56	00:48:18	02:59:09		2	3	75.0
156	Alan Collins	00:41:57	01:36:53	00:52:51	03:11:41		3	2	50.0

2009 Age Group Triathlon Result

Race No	English Name	Swim	Bike	Run	Total	Club	Pos	Points	%
157	Lau Shiu Lon	00:46:36	01:53:12	01:21:17	04:01:05	Energetic Triathlon Shatin	4	1	25.0
<u>Course A Olympic - Female Age-Group 20-29</u>									
161	Stephaine Bina	00:27:22	01:21:15	00:38:00	02:26:37	Sonic Sports Association	1	3	100.0
364	Claire Chapman				02:34:29	Hong Kong Dragons Triathlon Club	2	2	66.7
159	Ho Sau Yee	00:29:55	01:25:37	00:47:19	02:42:51	Sonic Sports Association	3	1	33.3
160	Lisa Ziebart						DNS		
<u>Course A Olympic - Female Age-Group 30-39</u>									
166	Grace Wong	00:24:53	01:30:24	00:42:29	02:37:46	Sonic Sports Association	1	9	100.0
171	Lui Shuk Han	00:34:02	01:23:49	00:40:32	02:38:23	Energetic Triathlon Shatin	2	8	88.9
178	Hui Ka Man	00:28:37	01:35:15	00:48:07	02:51:59	Energetic Triathlon Shatin	3	7	77.8
164	Cheung Kam Yan	00:28:40	01:39:04	00:46:45	02:54:29	Energetic Triathlon Shatin	4	6	66.7
162	Wong Suet Fan	00:35:51	01:36:10	00:49:30	03:01:31	Titan Triathlon	5	5	55.6
174	Susana Campuzano	00:35:57	01:34:36	00:52:12	03:02:45	Sonic Sports Association	6	4	44.4
172	Micki Burns	00:33:51	01:36:38	00:53:25	03:03:54		7	3	33.3
163	Adelyn Cheong	00:36:00	01:37:53	00:56:42	03:10:35	Sonic Sports Association	8	2	22.2
167	Ho Kit Ying	00:36:02	01:47:49	00:48:58	03:12:49	Titan Triathlon	9	1	11.1
168	Leung Oi Sze Elsie					Sonic Sports Association	DNS		
170	Louise Dingley						DNS		
175	Teresa Mak					Sonic Sports Association	DNS		
177	Wong Gi Wai, Gigi					Sonic Sports Association	DNS		
<u>Course A Olympic - Female Age-Group 40 & Over</u>									
179	Anne Knecht	00:28:36	01:29:38	00:45:41	02:43:55	Tung Chung Triathlon Association	1	3	100.0
180	Andree Betmet	00:29:51	01:42:00	00:45:08	02:56:59	Hong Kong Dragon Association	2	2	66.7
181	Kimme Hui	00:36:53	01:40:23	00:51:54	03:09:10	Titan Triathlon	3	1	33.3
<u>Course A Olympic - Relay Team</u>									
185	Bull Bike	00:35:14	01:13:17	00:34:34	02:23:05		1	8	100.0
189	Nannun	00:25:01	01:27:32	00:37:51	02:30:24		2	7	87.5
186	Part Time Association	00:33:16	01:24:39	00:34:05	02:32:00		3	6	75.0
184	Aust Sports Association	00:29:17	01:28:10	00:46:04	02:43:31		4	5	62.5
187	Phoenix	00:32:25	01:31:22	00:44:35	02:48:22		5	4	50.0
190	#N/A	#N/A	#N/A	#N/A	#N/A		6	3	37.5
191	#N/A	#N/A	#N/A	#N/A	#N/A		7	2	25.0
183	9C	00:50:20	01:39:15	00:48:27	03:18:02		8	1	12.5
188	Team Hui					Sonic Sports Association	DNS		
<u>Course B Sprint - Male Age Group 20-29</u>									
256	Leung Chin Fung	00:11:00	00:42:07	00:20:45	01:13:52	Sonic Sports Association	1	22	100.0
468	Lau Chun Ngai	00:12:14	00:42:46	00:19:33	01:14:33		2	21	95.5
255	Lee Yuk Tong				01:16:07	Energetic Triathlon Shatin	3	20	90.9
461	Raynard Picard	00:16:05	00:41:49	00:18:21	01:16:15		4	19	86.4

2009 Age Group Triathlon Result

Race No	English Name	Swim	Bike	Run	Total	Club	Pos	Points	%
267	Sak Kai Yau, Angus	00:18:51	00:44:55	00:19:29	01:23:15	Hoi Ngai Sports Association	5	18	81.8
263	Wong Yat Tung	00:13:59	00:48:52	00:22:56	01:25:47	Titan Triathlon	6	17	77.3
254	Lau Kam Chung	00:18:47	00:44:56	00:22:23	01:26:06	Excel Swim Sports Association	7	16	72.7
262	Wong Tse Yeung, Ato	00:15:28	00:47:37	00:23:34	01:26:39	Sonic Sports Association	8	15	68.2
264	Yip Hing Lam	00:20:04	00:46:27	00:20:21	01:26:52		9	14	63.6
259	Takashi Hiratuka				01:27:15	Energetic Triathlon Shatin	10	13	59.1
467	Ngai Ho shun	00:18:05	00:50:30	00:21:39	01:30:14		11	12	54.5
247	Chung Man Lung	00:18:17	00:47:36	00:24:42	01:30:35		12	11	50.0
268	Poon Chi Ling	00:16:55	00:49:12	00:25:40	01:31:47		13	10	45.5
257	Markus Mingenbach	00:18:41	00:47:15	00:28:38	01:34:34	Tung Chung Triathlon Association	14	9	40.9
266	Yu Pui Kei	00:23:45	00:43:51	00:26:58	01:34:34		15	8	36.4
261	Wong Hon Bun, Ryan	00:18:26	00:53:09	00:24:38	01:36:13	Energetic Triathlon Shatin	16	7	31.8
258	Ng cheuk Lun	00:18:33	00:54:20	00:23:58	01:36:51	Wong Tai Sin District Saving Society	17	6	27.3
252	Lam Chun Kwan	00:15:11	00:58:52	00:25:30	01:39:33	Sea Bear Swimming Club	18	5	22.7
246	Chan Ying Ming	00:23:56	00:54:15	00:23:33	01:41:44		19	4	18.2
265	Yueng Keung Sang	00:23:16	00:58:49	00:22:01	01:44:06		20	3	13.6
248	Chung Man Wei	00:23:55	00:53:25	00:29:53	01:47:13		21	2	9.1
260	Tang Yuen Hung	00:14:59	00:54:02	01:04:02	02:13:03	Pro-Trinity Sports Association	22	1	4.5
245	Tam Yau Yan	00:13:25				Energetic Triathlon Shatin	DNF		
249	David Shin					Tung Chung Triathlon Association	DNS		
250	Fai Ming Hoi					Sonic Sports Association	DNS		
251	Kenneth Cheung	00:23:50					DNF		
<u>Course B Sprint - Male Age Group 30-39</u>									
289	Kevin Clark	00:10:44	00:35:16	00:14:55	01:00:55	Energetic Triathlon Shatin	1	45	100.0
271	Adam Tejpal	00:15:34	00:39:45	00:17:27	01:12:46		2	44	97.8
299	Mike Watson	00:14:07	00:41:58	00:19:02	01:15:07	Hong Kong Dragon Association	3	43	95.6
295	Mark Collins	00:14:56			01:15:36		4	42	93.3
269	Toby Jones	00:13:37	00:42:27	00:20:20	01:16:24		5	41	91.1
32	David Gibbs	00:14:45	00:45:19	00:18:46	01:18:50	Hong Kong Dragons Triathlon Club	6	40	88.9
298	Mark Weis	00:09:53	00:47:58	00:21:11	01:19:02		7	39	86.7
273	Andrew Scott	00:15:30	00:45:11	00:18:30	01:19:11	Hong Kong Dragons Triathlon Club	8	38	84.4
287	James Shortis	00:11:31	00:48:46	00:19:47	01:20:04		9	37	82.2
316	James Piachaud	00:14:58	00:47:58	00:17:11	01:20:07		10	36	80.0
302	Ricky Yuen	00:20:18	00:40:06	00:20:10	01:20:34		11	35	77.8
277	Chan Li	00:13:38	00:47:13	00:19:50	01:20:41	Titan Triathlon	12	34	75.6
294	Lok Lam Fung	00:14:38	00:45:40	00:21:08	01:21:26	Titan Triathlon	13	33	73.3
303	Stephen Adams	00:15:49	00:46:54	00:21:13	01:23:56	Hong Kong Dragons Triathlon Club	14	32	71.1
296	Mark Hayman				01:24:19	Hong Kong Dragons Triathlon Club	15	31	68.9
318	Luke Fleeter	00:17:34			01:24:19		16	30	66.7
304	Steve Willmott	00:18:29	00:47:32	00:18:59	01:25:00	Hong Kong Dragons Triathlon Club	17	29	64.4
309	Wan Tin Lap	00:18:00	00:47:07	00:19:54	01:25:01	Energetic Triathlon Shatin	18	28	62.2
282	Chow Chi Man	00:18:25	00:46:30	00:20:48	01:25:43	Energetic Triathlon Shatin	19	27	60.0
312	Wong Yat Leung	00:17:08	00:45:06	00:24:00	01:26:14	Titan Triathlon	20	26	57.8

2009 Age Group Triathlon Result

Race No	English Name	Swim	Bike	Run	Total	Club	Pos	Points	%
308	Tsoi Hiu Fai				01:26:58		21	25	55.6
209	Leung Ka Yi	00:17:28	00:48:13	00:21:24	01:27:05		22	24	53.3
315	Yung Leong Sang	00:17:52	00:47:59	00:22:23	01:28:14	Pro-trinity Sports Club	23	23	51.1
270	Cheung Sing Long	00:23:25	00:43:38	00:21:47	01:28:50	Energetic Triathlon Shatin	24	22	48.9
280	Cheung Man Kit	00:20:01	00:45:50	00:23:57	01:29:48	Energetic Triathlon Shatin	25	21	46.7
310	Wan Ting Yiu, Ricky	00:05:13	01:01:41	00:24:16	01:31:10	Energetic Triathlon Shatin	26	20	44.4
306	Tse Chi Ming	00:13:41	00:54:07	00:25:02	01:32:50		27	19	42.2
272	Andrew Debnam				01:32:52		28	18	40.0
283	David Betge	00:17:44	00:51:13	00:24:04	01:33:01		29	17	37.8
317	Ng Chi Wai	00:21:11	00:46:36	00:25:51	01:33:38	Energetic Triathlon Shatin	30	16	35.6
301	Ng Yuk San	00:17:17	00:50:56	00:27:07	01:35:20		31	15	33.3
292	Lee Yuk Keung	00:21:41	00:53:18	00:20:51	01:35:50	Energetic Triathlon Shatin	32	14	31.1
313	Yeung Chi Yat	00:18:06	00:50:56	00:27:01	01:36:03		33	13	28.9
300	Ng Kai Fai	00:19:12	00:52:37	00:28:01	01:39:50		34	12	26.7
288	Kenneth Yuen	00:17:05	00:56:00	00:27:13	01:40:18		35	11	24.4
286	Ho Tung Yin				01:40:29	Excel Swim Sports Association	36	10	22.2
314	Yuen Kok Sang	00:15:57	00:57:26	00:28:10	01:41:33		37	9	20.0
274	Bernhard Paul Braems	00:18:31	00:58:09	00:27:15	01:43:55		38	8	17.8
275	Chan Chun Fung	00:17:16	01:04:12	00:24:23	01:45:51	New Wave Swimming Club	39	7	15.6
276	Chan Ka Lun	00:24:00	00:59:48	00:22:16	01:46:04		40	6	13.3
305	Tang Chi Yung	00:27:22	00:57:53	00:21:35	01:46:50		41	5	11.1
281	Chim Kwok On	00:18:08	00:59:49	00:28:55	01:46:52	Excel Swim Sports Association	42	4	8.9
297	Mark Stopforth	00:15:45	01:11:22	00:31:10	01:58:17		43	3	6.7
311	Wong Kin Man	00:23:52	01:04:50	00:29:57	01:58:39		44	2	4.4
307	Tse Lap Yan, Thomas	00:20:41	01:24:43	00:36:50	02:22:14		45	1	2.2
278	Chan Wing Hing, Dean	00:31:12					DNF		
279	Chan Wing Hoi	00:23:25					DNF		
284	Fraser Hern						DNS		
285	Graeme Rigg					Hong Kong Dragons Triathlon Club	DNS		
290	Lam Chung Kei					Titan Triathlon	DNS		
319	So Chi Wai					Energetic Triathlon Shatin	DNS		
320	Chan Chin Hung , Thomas					Sonic Sports Associaiton	DNS		
<u>Course B Sprint - Male Age Group 40-49</u>									
336	Ma Chi Po	00:14:19	00:43:51	00:19:40	01:17:50	Titan Triathlon	1	28	100.0
344	Wong Ho Ming, Edwin	00:13:40	00:46:04	00:21:00	01:20:44	Sonic Sports Association	2	27	96.4
65	Andrew Reynolds	00:17:24	00:44:38	00:19:19	01:21:21		3	26	92.9
321	Chang King Fu	00:18:39	00:43:47	00:19:40	01:22:06	Titan Triathlon	4	25	89.3
339	Richard Lyons	00:23:04	00:30:53	00:28:14	01:22:11	Hong Kong Dragon Associaiton	5	24	85.7
340	Scott James Burton	00:11:28	00:52:58	00:20:04	01:24:30		6	23	82.1
345	Wong Ming Fae	00:15:42	00:48:52	00:21:20	01:25:54	Sonic Sports Associaiton	7	22	78.6
324	Chau Ho Ming	00:18:03	00:44:43	00:23:43	01:26:29	Energetic Triathlon Shatin	8	21	75.0
329	Fong Chi Wai				01:27:32	Titan Triathlon	9	20	71.4
331	Julius Wang	00:17:45	00:48:11	00:23:44	01:29:40	Sonic Sports Associaiton	10	19	67.9

2009 Age Group Triathlon Result

Race No	English Name	Swim	Bike	Run	Total	Club	Pos	Points	%
322	Andrew Macpherson	00:15:27	00:50:14	00:24:37	01:30:18	Tung Chung Triathlon Association	11	18	64.3
335	Lee Wing Kwong	00:17:20	00:53:11	00:22:37	01:33:08	Titan Triathlon	12	17	60.7
323	Bradley Wright	00:20:43	00:50:04	00:22:58	01:33:45		13	16	57.1
332	Lam Chi Choi	00:25:12	00:58:33	00:10:35	01:34:20	Titan Triathlon	14	15	53.6
347	Lee Koon Man, Joe	00:24:00	00:48:44	00:23:53	01:36:37		15	14	50.0
343	Tim Smith	00:19:35	00:50:31	00:27:24	01:37:30		16	13	46.4
341	Siu Chi Kwan	00:17:02	00:55:56	00:25:49	01:38:47	Energetic Triathlon Shatin	17	12	42.9
327	Douglas Ng	00:23:45	00:52:16	00:23:12	01:39:13		18	11	39.3
346	Yung Tak Cheung	00:18:34	00:57:55	00:23:34	01:40:03		19	10	35.7
325	Chau Sai Ho	00:18:40	00:52:31	00:28:54	01:40:05	Titan Triathlon	20	9	32.1
328	Fergus Lam	00:23:53			01:41:16	Energetic Triathlon Shatin	21	8	28.6
338	Otis Edwards	00:18:30	00:52:39	00:30:13	01:41:22	Hong Kong Dragon Associaiton	22	7	25.0
342	So Kam Fan	00:20:44	00:57:27	00:29:13	01:47:24		23	6	21.4
348	Chan Pak Wong	00:18:37	01:01:54	00:29:53	01:50:24		24	5	17.9
333	Lam Chi Wing	00:23:50	01:02:36	00:24:04	01:50:30	Hoi Ngai Sports Association	25	4	14.3
330	Ho Hing Cheung	00:23:51	01:05:22	00:29:44	01:58:57		26	3	10.7
334	Larry Yeung	00:18:17	01:11:52	00:35:09	02:05:18		27	2	7.1
326	Cheung Kai Shui	00:23:16	01:09:26	00:34:22	02:07:04		28	1	3.6
337	Ng Kwok Wing					Energetic Triathlon Shatin	DNS		
<u>Course B Sprint - Male Age Group 50 & Over</u>									
350	Armando Osmani	00:17:09	00:47:06	00:19:18	01:23:33	Titan Triathlon	1	12	100.0
358	Ma Yuk Fu	00:15:29	00:46:48	00:21:33	01:23:50		2	11	91.7
354	Doug Oates	00:17:00	00:45:23	00:23:09	01:25:32	Hong Kong Dragons Triathlon Club	3	10	83.3
359	Paul Alton	00:16:54	00:47:00	00:22:35	01:26:29		4	9	75.0
357	Liu Ming T	00:18:46	00:50:58	00:24:26	01:34:10	Energetic Triathlon Shatin	5	8	66.7
353	Christopher Hanselman	00:18:11	00:55:39	00:26:17	01:40:07		6	7	58.3
361	Tsoi Hon Kuen	00:23:57	00:48:12	00:28:40	01:40:49	Energetic Triathlon Shatin	7	6	50.0
352	Chow Sai Kin	00:22:58	00:50:08	00:29:51	01:42:57	Titan Triathlon	8	5	41.7
362	#N/A	#N/A	#N/A	#N/A	#N/A		9	4	33.3
356	James Vickers	00:20:38	01:03:11	00:23:54	01:47:43		10	3	25.0
351	Chan Fai Ming				01:51:30		11	2	16.7
360	Peter Hurricus	00:24:00	01:03:02	00:30:11	01:57:13		12	1	8.3
349	Li Man Yee, Nick						DNS		
355	Ian Brownlee					Sonic Sports Associaiton	DNS		
<u>Course B Sprint - Female Age-Group 20-29</u>									
368	Yip Kwan Yau	00:12:50	00:46:44	00:20:35	01:20:09	Titan Triathlon	1	4	100.0
363	Evangeline Quek	00:19:07	00:52:27	00:24:34	01:36:08	Sonic Sports Associaiton	2	3	75.0
365	Echo Huang	00:23:54	00:57:28	00:27:50	01:49:12	Sonic Sports Associaiton	3	2	50.0
366	Lo Cheuk Man	00:14:09	01:16:37	00:42:17	02:13:03	Pro-Trinity Sports Associaition	4	1	25.0
367	Teh Su Mei					Sonic Sports Associaiton	DNS		
<u>Course B Sprint - Female Age-Group 30-39</u>									

2009 Age Group Triathlon Result

Race No	English Name	Swim	Bike	Run	Total	Club	Pos	Points	%
211	Mandy Tik	00:14:29	00:49:07	00:20:22	01:23:58	Hong Kong Dragon Associaiton	1	13	100.0
203	Annemarie Munk	00:12:23	00:43:13	00:31:14	01:26:50		2	12	92.3
213	Tong Carlay	00:13:30			01:35:20	Energetic Triathlon Shatin	3	11	84.6
215	Chan Tsz Kin				01:37:35		4	10	76.9
210	Leung Shuk Kuen				01:37:51	Titan Triathlon	5	9	69.2
208	Lee King Chui, Connie	00:22:24	00:50:32	00:25:07	01:38:03	Tung Chung Triathlon Associaiton	6	8	61.5
205	Chow Sau Yee				01:38:16	Titan Triathlon	7	7	53.8
202	Alison Smith	00:18:36	00:55:29	00:25:04	01:39:09		8	6	46.2
212	Nicola Russo	00:23:56	00:55:40	00:23:44	01:43:20		9	5	38.5
165	Christina Lee	00:20:26	00:58:18	00:26:20	01:45:04	Sonic Sports Associaiton	10	4	30.8
176	Victoria Pope	00:15:22	00:54:24	00:38:37	01:48:23	Hong Kong Dragons Triathlon Club	11	3	23.1
207	Laura Gordon	00:15:25	00:55:11	00:37:47	01:48:23	Hong Kong Dragons Triathlon Club	12	2	15.4
214	Wendy Youds	00:18:21	01:09:03	00:30:51	01:58:15		13	1	7.7
169	Li Sze Yan						DNS		
173	Nerida Rigg					Hong Kong Dragons Triathlon Club	DNS		
201	Abigial DeBeer						DNS		
204	Chan Wai Yan, Candy						DNS		
206	Cordelia Dyer						DNS		
<u>Course B Sprint - Female Age-Group 40 & Over</u>									
218	Abigail Stead	00:14:00	00:47:49	00:22:20	01:24:09		1	5	100.0
221	Lam Sau Kwan	00:18:55	00:51:06	00:27:28	01:37:29	Energetic Triathlon Shatin	2	4	80.0
220	Fenella Ng	00:12:37	01:10:29	00:35:09	01:58:15		3	3	60.0
217	Chan Siu Yuk	00:25:49	01:03:04	00:29:31	01:58:24	Titan Triathlon	4	2	40.0
219	Cheung Yuk Kam	00:18:35	01:11:08	00:32:00	02:01:43	Energetic Triathlon Shatin	5	1	20.0
216	Yeung Sai Hee					Titan Triathlon			
<u>Course B Sprint - Male Elite Open</u>									
197	Lee Chi Wo, Daniel	00:09:41	00:34:04	00:15:12	00:58:57	Titan Triathlon	1	8	100.0
194	Hsieh Chun Shing, Jason	00:09:54			01:02:25	Titan Triathlon	2	7	87.5
196	Lau Ching Yin, Lemuel	00:09:46	00:37:21	00:15:39	01:02:46	Energetic Triathlon Shatin	3	6	75.0
462	Andrew Wright	00:09:41	00:36:42	00:16:42	01:03:05	Sonic Sports Associaiton	4	5	62.5
199	Lo Ching Hin, Ivan	00:09:42	00:37:37	00:16:54	01:04:13	Titan Triathlon	5	4	50.0
198	Leung Ching Yin, Samuel				01:06:28	Titan Triathlon	6	3	37.5
195	Hui Ka Cheong	00:10:41	00:41:21	00:17:56	01:09:58	Energetic Triathlon Shatin	7	2	25.0
200	Tam Joe Dick, Dickson	00:09:44	00:48:43	00:17:37	01:16:04	Titan Traithlon	8	1	12.5
192	Chan Ye Ko, Ricco					Energetic Triathlon Shatin	DNS		
193	Ho King Fun					Titan Triathlon	DNS		
<u>Course B Sprint - Male Elite Junior</u>									
240	Chan Chun Lung, Alan	00:09:45	00:37:38	00:17:01	01:04:24	Titan Triathlon	1	4	100.0
243	Perry Wong	00:09:43	00:38:44	00:17:04	01:05:31	Energetic Triathlon Shatin	2	3	75.0
241	Kam Chung Hay, Derek	00:11:09	00:39:26	00:20:49	01:11:24	Energetic Triathlon Shatin	3	2	50.0
242	Sin Long Hin	00:11:12	00:42:25	00:19:45	01:13:22	Titan Triathlon	4	1	25.0

2009 Age Group Triathlon Result

Race No	English Name	Swim	Bike	Run	Total	Club	Pos	Points	%
<u>Course B Sprint - Male Junior</u>									
224	Au Chi Hin	00:11:15	00:39:44	00:17:16	01:08:15	Titan Triathlon	1	13	100.0
226	Cheung Tsz Kit	00:11:05	00:40:13	00:17:27	01:08:45	Energetic Triathlon Shatin	2	12	92.3
235	Tong Lai Hin	00:12:08	00:39:00	00:18:34	01:09:42	Titan Triathlon	3	11	84.6
237	Yu Kin Hei	00:12:17	00:40:47	00:17:32	01:10:36	Titan Triathlon	4	10	76.9
236	Yim Ho Wai	00:14:14	00:39:25	00:19:03	01:12:42	Titan Triathlon	5	9	69.2
232	Ng Tsz Kit	00:12:10	00:43:52	00:18:47	01:14:49	Titan Triathlon	6	8	61.5
229	Lo Man Lap	00:13:20	00:42:43	00:19:29	01:15:32	Titan Triathlon	7	7	53.8
233	Siu Ming Kit	00:13:29	00:43:10	00:19:16	01:15:55	Titan Triathlon	8	6	46.2
228	Li Chun Tung	00:12:02	00:44:20	00:20:16	01:16:38	Titan Triathlon	9	5	38.5
225	Cheung Tsz Yeung	00:12:43	00:46:37	00:20:30	01:19:50		10	4	30.8
227	Fung King Hong	00:11:10	00:50:03	00:23:44	01:24:57	Titan Triathlon	11	3	23.1
230	Lui Hei Yeung	00:15:24	00:50:43	00:23:01	01:29:08	Titan Triathlon	12	2	15.4
234	Siu Wing Ho. Trevor	00:17:25	00:48:26	00:24:13	01:30:04		13	1	7.7
223	Alexander Sherr	00:18:32				Sonic Sports Associaiton	DNS		
419	Hui Ka Ki	00:53:40				Energetic Triathlon Shatin	DNS		
<u>Course C Fun - Male Junior</u>									
409	Wong Wai Tung	00:08:38	00:23:37	00:06:48	00:39:03	Energetic Triathlon Shatin	1	19	100.0
396	Leung Po Yan, Jason	00:06:26	00:25:22	00:07:32	00:39:20	Sonic Sports Associaiton	2	18	94.7
231	Mok Wai Chuen	00:07:09	00:24:22	00:07:51	00:39:22	Titan Triathlon	3	17	89.5
386	Chu Long San	00:06:17	00:27:04	00:06:56	00:40:17	Energetic Triathlon Shatin	4	16	84.2
397	Leung Pok Yin				00:40:28	Energetic Triathlon Shatin	5	15	78.9
400	Leung Yat Yin	00:07:13			00:40:42	Titan Triathlon	6	14	73.7
398	Leung Tsz Chun	00:05:56	00:25:44	00:09:06	00:40:46	Energetic Triathlon Shatin	7	13	68.4
387	Jorge Kento	00:07:25	00:25:30	00:08:37	00:41:32	Titan Triathlon	8	12	63.2
384	Chow Yat Sing	00:07:31	00:28:03	00:06:30	00:42:04	Titan Triathlon	9	11	57.9
399	Leung Yat Lai	00:07:00	00:27:56	00:08:01	00:42:57	Titan Triathlon	10	10	52.6
394	Lee Yik Hin	00:07:55	00:28:20	00:07:41	00:43:56	Titan Triathlon	11	9	47.4
388	Justin Kiatrongcharoen	00:07:54	00:29:04	00:08:59	00:45:57	Titan Triathlon	12	8	42.1
403	Poon Lik Shing	00:08:18	00:28:48	00:09:03	00:46:09	Titan Triathlon	13	7	36.8
379	Andrew Fawls	00:07:29	00:29:54	00:09:39	00:47:02	Titan Triathlon	14	6	31.6
401	Li Cheuk Ki	00:09:05	00:28:48	00:09:40	00:47:33	Energetic Triathlon Shatin	15	5	26.3
407	Tung Tak Ho	00:08:41	00:32:04	00:10:11	00:50:56	Titan Triathlon	16	4	21.1
410	Wu Tsz Lok	00:06:57			00:52:45	Titan Triathlon	17	3	15.8
411	Yim Ho Yin	00:10:07	00:32:27	00:12:06	00:54:40	Titan Triathlon	18	2	10.5
395	Leung Fu Kwong	00:09:31	00:32:03	00:15:29	00:57:03	Titan Triathlon	19	1	5.3
382	Cheung Ling Fung					Titan Triathlon	DNS		
383	Choi Sze Kam					Energetic Triathlon Shatin	DNS		
385	Chu King Long					Titan Triathlon	DNS		
389	Kun Chi Hin	00:06:59				Titan Triathlon	DNF		

2009 Age Group Triathlon Result

Race No	English Name	Swim	Bike	Run	Total	Club	Pos	Points	%
405	Shaun Kiatrongcharoen	00:06:56	00:23:37	#N/A	#N/A	Titan Triathlon	DNF		
412	Nam Pok Lai, Ryan					Hoi Ngai Sports Association	DNS		
<u>Course C Fun - Male Open</u>									
18	Wu Wai Hung	00:08:45	00:37:58	00:15:05	01:01:48		1	17	100.0
429	Lee Yue Hong	00:07:26	00:28:38	00:07:36	00:43:40	New Wave Swimming Club	2	16	94.1
442	Heung Yiu	00:07:46	00:29:09	00:07:40	00:44:35		3	15	88.2
437	Wong Wai Kit	00:08:11	00:30:21	00:08:28	00:47:00	Energetic Triathlon Shatin	4	14	82.4
430	Leung Ngai Shing	00:10:18	00:27:59	00:08:44	00:47:01		5	13	76.5
431	Leung Siu Fai	00:10:21			00:48:24		6	12	70.6
424	Fong Wai Lim	00:07:36	00:31:51	00:09:04	00:48:31		7	11	64.7
428	Lam Yin Fat	00:08:04			00:48:37		8	10	58.8
436	Tang Kwok Lun	00:09:10	00:30:05	00:09:40	00:48:55		9	9	52.9
420	Chang Hua	00:09:49	00:31:43	00:08:28	00:50:00		10	8	47.1
432	Lo Chi Ho	00:10:49	00:30:10	00:09:06	00:50:05		11	7	41.2
425	Fung Poon Shun	00:11:38	00:31:57	00:11:32	00:55:07	Energetic Triathlon Shatin	12	6	35.3
438	Woo Wai Kit	00:09:37	00:33:27	00:12:08	00:55:12		13	5	29.4
253	Lam Kwok Ling	00:10:11	00:33:35	00:13:13	00:56:59		14	4	23.5
426	Ip Wai Tak	00:10:01	00:46:10	00:08:17	01:04:28	Energetic Triathlon Shatin	15	3	17.6
434	So Muk Chuen	00:14:18			01:07:06	0	16	2	11.8
422	Chan Kai Chung	00:10:40	00:47:28	00:10:14	01:08:22	Energetic Triathlon Shatin	17	1	5.9
291	Lee Chi Shing	00:22:57					DNF		
421	Wong Ka Ming					Energetic Triathlon Shatin	DNS		
423	Chow Hot Tat					Titan Triathlon	DNS		
427	Justin Persuitti					Hong Kong Dragons Triathlon Club	DNS		
<u>Course C Fun - Male Veteran</u>									
448	Wan Shu Wah	00:06:58	00:23:51	00:07:26	00:38:15	Energetic Triathlon Shatin	1	10	100.0
449	Wong Tak Wah	00:08:06	00:24:33	00:08:09	00:40:48	Energetic Triathlon Shatin	2	9	90.0
450	Wong Yin Cheong	00:09:17	00:24:28	00:08:28	00:42:13	Titan Triathlon	3	8	80.0
447	Tsang Chung Ming	00:08:34	00:25:45	00:08:35	00:42:54	Titan Triathlon	4	7	70.0
439	Cheung Man Kwong	00:08:42	00:26:09	00:08:32	00:43:23	Mango Swimming Club	5	6	60.0
451	Lau Siu Kan	00:07:58	00:27:53	00:08:01	00:43:52	Titan Triathlon	6	5	50.0
445	Lam Chi Cham	00:11:34	00:29:36	00:09:23	00:50:33		7	4	40.0
441	Chu Wai Kei	00:08:10	00:32:49	00:10:24	00:51:23	Energetic Triathlon Shatin	8	3	30.0
444	Ko Kwok Fai, Dennis	00:10:23	00:35:16	00:15:09	01:00:48	Energetic Triathlon Shatin	9	2	20.0
440	Chiu Chim Keung	00:10:52	00:30:42	00:23:52	01:05:26	Mango Swimming Club	10	1	10.0
443	Joel Crawford						DNS		
<u>Course C Fun - Female Junior</u>									
414	Chan Long Ching	00:05:53	00:25:16	00:07:57	00:39:06	Energetic Triathlon Shatin	1	6	100.0
415	Lee Yuk Ying	00:06:24	00:25:31	00:08:08	00:40:03	Titan Triathlon	2	5	83.3

2009 Age Group Triathlon Result

Race No	English Name	Swim	Bike	Run	Total	Club	Pos	Points	%
413	Chan Lok Yi	00:06:36	00:26:22	00:07:58	00:40:56	Energetic Triathlon Shatin	3	4	66.7
416	Mok Nga Ting				00:43:35	Titan Triathlon	4	3	50.0
418	Cheng Wang, Ruby	00:06:23	00:32:35	00:09:23	00:48:21	Energetic Triathlon Shatin	5	2	33.3
417	Wong Ho Yee	00:07:51	00:33:20	00:11:21	00:52:32	Energetic Triathlon Shatin	6	1	16.7
<u>Course C Fun - Female Open</u>									
458	Lee Pui Sze	00:08:46	00:28:18	00:11:03	00:48:07	Titan Triathlon	1	6	100.0
454	Lui Lai Han Dennex	00:10:02	00:28:57	00:09:17	00:48:16	Energetic Triathlon Shatin	2	5	83.3
459	Chau Chiu Nam, Gorilla	00:07:23	00:33:22	00:10:09	00:50:54	Energetic Triathlon Shatin	3	4	66.7
457	Sasika Willenbuecher	00:09:46			00:58:31	Energetic Triathlon Shatin	4	3	50.0
456	Pao Ka Ki	00:06:29	00:39:03	00:13:00	00:58:32	Excel Swim Sports Association	5	2	33.3
453	Chan Kwai Wah				00:58:38	Titan Triathlon	6	1	16.7
293	Leung Kin Yan, Joyce	00:22:56					DNF		
452	Ann Gillian Chu					Energetic Triathlon Shatin	DNS		
455	Ng Lai Ming					Energetic Triathlon Shatin	DNS		
<u>Course C Fun - Female Veteran</u>									
222	Tam Mei Ling	00:10:10	00:33:28	00:13:26	00:57:04		1	2	100.0
460	Chan Man Mei	00:09:43	00:23:58	00:18:58	00:52:39		2	1	50.0