On August 19-24, twelve junior athletes took on the trip to Yokohama to take part in the World Kids' Triathlon & Sports Summit, as a celebrating event for 150th anniversary of Yokohama port.

Besides racing, cultural exchange is another focus of the event. There was never short of opportunities for them to meet new friends from all around the world. It started casually when they





met the Israel group on the bus. They stayed in a youth hostel in suburb, together with other athletes. During the six days, friends are made, souvenirs exchanged; more importantly, friendship and bonding across various cultural background established.





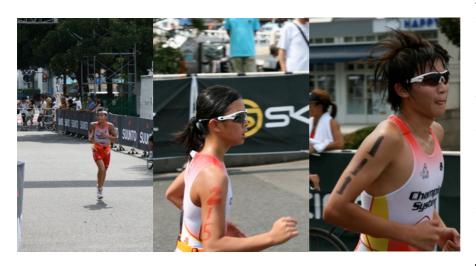
The kids were given some very impressive traditional Japanese performance as well!

Sports Summit was held on Aug 21. Athletes got to discuss on how sports can contribute to a better future, based on environment, health, peace & friendship, challenges, and fair play. At the end, they arrived at the Yokohama Declaration. Though it may not have any massive impact, but it certainly raised the awareness to the athletes involved that they are responsible to make it a better world through their actions and attitude.





The race is definitely another highlight of the trip. It's bundled with the World Series Triathlon. The kids were given opportunities to visit the elite races, where the best



triathletes compete. They were fascinated with their skills and performance. What I reckon is that the kids are nothing shy of their senior counterparts.

They took the course on Sunday, to compete in a 150m swim, 10K bike & 2K run race. The athletes were all very focused and competitive. They indeed lit up the field with their performance. At the end,

7 out of 12 earned a spot on the podium. **Leo Li** got the champion in Boys' 14. **Perry Wong** had to settle for 2nd place finishing just a second behind the Korean. **Naomi Wai**,

Hilda Choi & Rani Lam dominated the podium of Girls' 15. Joy Chan and Max Mitchelmore came 3rd in Girls' 14 and 2nd in Boys' 12 respectively. The rest of the team, though just missed the podium, did have some impressive performance. The team was praised as a whole by their demonstration of great sportsmanship, attitude and performance.

