

## Drafting Policy

This serves to remind that this 2009 Duathlon Series – Race 3 is a non-drafting race. Please be advised that the below draft busting procedure will take place to try our best to ensure the race is non-drafting. Please be reminded that it's the responsibility of the athlete(s) at the back to get off the drafting zone.

1. the draft buster / motor bike will draw up alongside or behind the drafting group and blow a long blast on a whistle to advise members of the group to stop drafting
2. if some athletes have not taken demonstrable action to stop drafting within 5 seconds, two short blasts of the whistle will be given to serve as a reminder.
3. the race numbers of any athletes who have still not taken any demonstrable action to stop drafting within another 5 seconds will be recorded and such athletes will have 60 seconds penalty added to their race time
4. repeat offenders will be penalized repeatedly
5. no appeal is allowed for drafting penalty

## 勾車規則

特此提醒各參賽運動員本週日之2009 陸上兩項鐵人賽是非勾車賽事. 現提醒各運動員大會將採取以下措施

以盡力確保賽事為非勾車賽. 各運動員請緊記, 位於較後位置的運動員需離開勾車區.

1. 勾車工作人員 / 電單車將跟隨勾車群, 並以哨子聲提示該批運動員停止勾車
2. 如 5 秒內勾車群並未有意圖離開勾車區, 工作人員將再次以兩次哨子聲提醒仍在勾車之運動員
3. 如 5 秒後運動員仍未停止勾車, 工作人員將記下運動員之比賽編號, 並於該運動員之賽事成績加 60 秒
4. 重覆違反勾車規則者, 將重複加 60 秒罰時
5. 勾車罰則, 不設上訴
6. 詳情以英文版為準