

2011 Duathlon Series - Race 3 Result

Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
Course A - Male Elite Open									
2	Lo Ching Hin, Ivan	00:09:56			01:15:05	1	4	130.00	Sonic Sports Association
1	Ho King Fun	00:10:43	00:50:23	00:14:37	01:15:43	2	3	97.50	Titan Triathlon
4	Tam Joe Dick, Dickson	00:13:23	00:51:52	00:15:08	01:20:23	3	2	65.00	Hope Sports Association
3	Chan Chun Lung, Alan	00:13:43	00:53:09	00:17:43	01:24:35	4	1	32.50	Titan Triathlon
Course A - Male Age-Group 20-24									
7	Yuen Chi Hang	00:13:25	00:54:10	00:16:16	01:23:51	1	8	130.00	Titan Triathlon
11	Chan Lok Ki, Rocky	00:13:48	00:54:12	00:16:50	01:24:50	2	7	113.75	Energetic Triathlon Shatin
14	Yu Kin Hei	00:15:08	00:52:41	00:17:35	01:25:24	3	6	97.50	Hope Sports Association
6	Wong Ho Him	00:15:32	00:52:05	00:19:50	01:27:27	4	5	81.25	Titan Triathlon
13	Leung Ka Lun	00:15:03	00:52:43	00:19:48	01:27:34	5	4	65.00	Energetic Triathlon Shatin
15	Chan Hoi Wing	00:13:53	00:57:56	00:17:33	01:29:22	6	3	48.75	Energetic Triathlon Shatin
12	Choi Sze Kam				01:41:08	7	2	32.50	Energetic Triathlon Shatin
9	Chui Hok Sum	00:19:51	01:12:49	00:29:21	02:02:01	8	1	16.25	AustSports Association
8	FONG WAI CHING					DNS			
Course A - Male Age-Group 25-29									
23	Wan Zhen Hao	00:12:55			01:15:48	1	6	130.00	Hope Sports Association
24	Tsang CHUN KIT	00:13:23	00:52:43	00:15:21	01:21:27	2	5	108.33	Part Time Association
16	Lam Tsz Wai	00:16:03	00:50:42	00:18:07	01:24:52	3	4	86.67	Energetic Triathlon Shatin
21	Tam Yau Yan	00:14:06	00:55:56	00:17:18	01:27:20	4	3	65.00	Part Time Association
18	Jia Fei Jason	00:14:29	00:55:34	00:18:53	01:28:56	5	2	43.33	Tritons Triathlon Club
20	LAI KIN NANG	00:21:11	01:15:38	00:23:58	02:00:47	6	1	21.67	
17	Hu Wen Han	00:13:50	00:42:40	00:14:24	01:10:54	DSQ			
19	Yu Kin Ho Daniel					DNS			
Course A - Male Age-Group 30-34									
32	AJ ANDERSON	00:08:44	00:52:23	00:13:56	01:15:03	1	17	130.00	Tritons Triathlon Club
27	ASHLEY JAMES MILES	00:12:56	00:48:12	00:14:37	01:15:45	2	16	122.35	Tritons Triathlon Club
39	Michael Bucek				01:16:24	3	15	114.71	Sonic Sports Association
37	Wong Kin Chung	00:14:15	00:54:27	00:16:49	01:25:31	4	14	107.06	Tung Chung Triathlon Association
43	SUN FAT YEE	00:15:36	00:52:28	00:17:50	01:25:54	5	13	99.41	South China Athletic Association
25	Ho Siu Lun	00:16:12	00:49:57	00:21:00	01:27:09	6	12	91.76	Titan Triathlon
46	Lee Yuk Tong	00:15:35	00:57:25	00:14:56	01:27:56	7	11	84.12	Energetic Triathlon Shatin
38	Yeung Ka Ming, Ivan	00:16:09	00:56:33	00:18:14	01:30:56	8	10	76.47	Sonic Sports Association
41	Lam King Man	00:16:13	00:57:22	00:17:50	01:31:25	9	9	68.82	Part Time Association
30	Cheng Chi Ko	00:15:14	01:03:19	00:17:41	01:36:14	10	8	61.18	Tung Chung Triathlon Association
40	Lui Kim Lun	00:17:11	00:58:52	00:21:43	01:37:46	11	7	53.53	AustSports Association
33	Nicolas Lambe			00:21:43	01:40:02	12	6	45.88	

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Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
Course A - Male Elite Open									
51	Hi Kwok Wai	00:21:46	01:04:05	00:22:45	01:48:36	13	5	38.24	
49	Wong Hon Bun, Ryan	00:19:14	01:05:03	00:24:39	01:48:56	14	4	30.59	Energetic Triathlon Shatin
44	Cheung Man Kit	00:21:44	01:02:48	00:26:19	01:50:51	15	3	22.94	Energetic Triathlon Shatin
31	Hui Chun Yu, Charles	00:24:13	01:02:43	00:25:32	01:52:28	16	2	15.29	Sonic Sports Association
26	CHENG CHO CHUEN	00:20:06	01:15:34	00:23:38	01:59:18	17	1	7.65	Hoi Ngai Sports Association
29	Dane Cantwell					DSQ			Tritons Triathlon Club
28	Chan Chun Tak, Jeff					DNS			Pro-trinity Sports Club
34	Masatsugu Kajiwara					DNS			
35	Sebastien Stoffel					DNS			Sonic Sports Association
36	Jesus Angelo Banaag					DNS			
42	Chan Kit Bun, Erik					DNS			Tung Chung Triathlon Association
45	Lee Yuk Keung					DNS			Energetic Triathlon Shatin
47	Ming Fuk Ho					DNS			Energetic Triathlon Shatin
48	Gary Tiu					DNS			Energetic Triathlon Shatin
50	Mok Wai Lun					DNS			Energetic Triathlon Shatin
Course A - Male Age-Group 35-39									
67	Gareth Bridges	00:14:28	00:50:48	00:16:44	01:22:00	1	19	130.00	
57	Kut Yip Ming	00:15:36			01:27:39	2	18	123.16	Sonic Sports Association
74	Ho Kam Tim	00:17:10	00:53:09	00:17:42	01:28:01	3	17	116.32	Part Time Association
55	Tsui Wai Yuen	00:16:13	00:57:30	00:17:35	01:31:18	4	16	109.47	Titan Triathlon
52	Wong Pui Yuen	00:16:40	01:01:17	00:18:03	01:36:00	5	15	102.63	
60	IP WAI MAN	00:18:18	00:58:31	00:20:52	01:37:41	6	14	95.79	Energetic Triathlon Shatin
75	Yeung Tai Shung	00:19:50	00:57:56	00:20:56	01:38:42	7	13	88.95	Part Time Association
76	Au Kin Wing	00:16:41	01:00:11	00:22:34	01:39:26	8	12	82.11	Hoi Ngai Sports Association
54	Chan Li	00:19:03	00:59:32	00:21:13	01:39:48	9	11	75.26	Titan Triathlon
56	Wong Yat Leung	00:20:39			01:40:34	10	10	68.42	Titan Triathlon
65	Gum Bong Gabriel Lau				01:40:55	11	9	61.58	Sonic Sports Association
58	Chan Chun Cheong	00:19:16	00:58:55	00:24:27	01:42:38	12	8	54.74	
61	James Whitman	00:18:24	01:03:56	00:21:23	01:43:43	13	7	47.89	Tung Chung Triathlon Association
69	Anthony Stevens	00:19:30	01:03:00	00:22:14	01:44:44	14	6	41.05	
73	Yick Man Lung	00:18:37	01:03:13	00:23:14	01:45:04	15	5	34.21	AustSports Association
71	CHAN HOK HANG	00:19:19	01:05:33	00:20:58	01:45:50	16	4	27.37	
62	Sam Harvey-Jones	00:20:11	01:03:37	00:23:10	01:46:58	17	3	20.53	
77	Shum Wai Cheung	00:19:24	01:10:30	00:21:40	01:51:34	18	2	13.68	Energetic Triathlon Shatin
72	Ng Hok Wai	00:19:18	01:42:06	00:24:03	02:25:27	19	1	6.84	
53	Wong Po Kin, Kent					DNS			Sonic Sports Associaiton
59	Clinton Leong					DNS			Hong Kong Dragons Triathlon Club
63	Adam Smith					DNS			

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Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
Course A - Male Elite Open									
64	Thomas Hardman					DNS			Tritons Triathlon Club
66	Frederic Beaujean					DNS			Sonic Sports Association
68	MARK WEIS					DNS			Hong Kong Dragons Triathlon Club
70	Andy Wong					DNS			Energetic Triathlon Shatin
Course A - Male Age-Group 40-44									
103	Lam Kam Ching	00:15:35	00:50:41	00:17:15	01:23:31	1	20	130.00	Tung Chung Triathlon Association
107	Wong TAK WAH, EDWARD	00:14:14	00:53:37	00:18:27	01:26:18	2	19	123.50	Energetic Triathlon Shatin
81	Hermann Holst	00:16:12	00:52:21	00:18:31	01:27:04	3	18	117.00	
96	Gianandrea Pesci	00:16:08	00:53:10	00:18:26	01:27:44	4	17	110.50	Tritons Triathlon Club
95	Billy Chow			00:18:28	01:27:50	5	16	104.00	Sonic Sports Association
106	Wong Kin, Kenny	00:15:36	00:54:23	00:18:25	01:28:24	6	15	97.50	Energetic Triathlon Shatin
91	Yeung Yam Ho			00:18:43	01:28:48	7	14	91.00	Sonic Sports Association
82	Christopher Tong	00:16:47	00:53:00	00:20:30	01:30:17	8	13	84.50	Sonic Sports Association
108	Yeung Chi Tat	00:17:34	00:55:17	00:20:18	01:33:09	9	12	78.00	Part Time Association
92	Ho Chi Leung, Bernard	00:16:50	00:58:09	00:19:42	01:34:41	10	11	71.50	Sonic Sports Association
80	Cheung Man Kwong	00:18:04	00:57:57	00:19:39	01:35:40	11	10	65.00	Mango Swimming Club
83	Nestor Glenn Preciosco III Gonzalez	00:17:51	00:58:42	00:20:27	01:37:00	12	9	58.50	
100	LAM HING YIN	00:18:10	01:00:13	00:22:04	01:40:27	13	8	52.00	
94	Sheel Kohli	00:17:24	01:03:37	00:21:10	01:42:11	14	7	45.50	Hong Kong Dragons Triathlon Club
90	Lai Kwok Kei Byron	00:18:20	01:03:29	00:22:48	01:44:37	15	6	39.00	
79	Wong Ming Fae	00:18:17	01:02:26	00:24:25	01:45:08	16	5	32.50	Sonic Sports Association
97	Lam Kevin Ying Wai	00:20:43	01:04:38	00:23:00	01:48:21	17	4	26.00	
87	Ching Wai Kin	00:20:17	01:05:31	00:22:47	01:48:35	18	3	19.50	Mango Swimming Club
88	Chiu Chim Keung	00:18:19	01:11:28	00:22:19	01:52:06	19	2	13.00	Mango Swimming Club
86	Lo Kit Hung	00:06:37	01:21:56	00:26:47	01:55:20	20	1	6.50	Titan Triathlon
78	Yong Leung Kwong, Richard					DNS			
84	Poon Wai On					DNS			Excel Swim Sports Association
85	Chiu Kok Fu					DNS			Titan Triathlon
89	Chu Kwok Wing					DNS			
93	Hermann Holst					DNS			
98	Luke Wimbush					DNS			Hong Kong Dragons Triathlon Club
99	Yip Ho Ming					DNS			
101	Wong Ho Ming					DNS			Sonic Sports Association
102	Chu Wai Leung					DNS			
104	Steven Tim	00:22:04				DSQ			
105	Eugene Suh					DNS			
Course A - Male Age-Group 45-49									

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Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
Course A - Male Elite Open									
119	Chiu Lap Wing	00:15:15	00:52:24	00:17:48	01:25:27	1	16	130.00	
121	Chan Kwong Ming	00:16:32	00:53:52	00:17:49	01:28:13	2	15	121.88	Part Time Association
111	Sung Yan Wah	00:16:39	00:52:49	00:18:53	01:28:21	3	14	113.75	Titan Triathlon
127	Siegfried Verheijke	00:16:45	00:53:24	00:19:04	01:29:13	4	13	105.63	Tung Chung Triathlon Association
117	Phillip James Walker	00:16:20	00:53:57	00:19:16	01:29:33	5	12	97.50	Tritons Triathlon Club
128	Chan Chu	00:16:03	00:56:33	00:17:46	01:30:22	6	11	89.38	Energetic Triathlon Shatin
113	Lee Ying Ho	00:16:25	00:55:22	00:18:56	01:30:43	7	10	81.25	Sonic Sports Association
126	Mak Tak Cheung				01:31:16	8	9	73.13	Ma On Shan Swimming and Triathlon Club
118	Philip John Stephen Saunders	00:17:15	00:59:22	00:19:53	01:36:30	9	8	65.00	Tung Chung Triathlon Association
124	Poon Kwok Wing	00:17:42	00:58:42	00:20:41	01:37:05	10	7	56.88	Energetic Triathlon Shatin
109	Chan Wai Kee, Eric	00:16:58	01:00:56	00:19:29	01:37:23	11	6	48.75	Sonic Sports Associaiton
120	Tsang Hon Min	00:19:22	00:57:42	00:22:25	01:39:29	12	5	40.63	Sonic Sports Association
125	Bertram Shi	00:17:21	01:03:48	00:20:11	01:41:20	13	4	32.50	Energetic Triathlon Shatin
115	Adriano Vences	00:19:41			01:44:15	14	3	24.38	
116	Choy Ying Keung	00:20:00	01:08:08	00:22:41	01:50:49	15	2	16.25	Titan Triathlon
114	Wong Chung Hon Ivan	00:20:18	01:12:00	00:24:07	01:56:25	16	1	8.13	
110	Lam Chi Choi					DNS			Titan Triathlon
122	Chan Ka Keung					DNS			Energetic Triathlon Shatin
123	Chan Wo Chi					DNS			Energetic Triathlon Shatin
Course A - Male Age-Group 50 -54									
144	Li Ka Wo	00:16:46	00:55:00	00:18:40	01:30:26	1	14	130.00	New Wave Swimming Club
139	Lam Chi Cham	00:16:09	01:00:21	00:18:23	01:34:53	2	13	120.71	Part Time Association
140	Chau Yun Tung	00:16:53	01:00:56	00:17:59	01:35:48	3	12	111.43	
132	Wong Kwok Wah	00:18:04	00:58:21	00:20:42	01:37:07	4	11	102.14	Titan Triathlon
135	Lee Kwok Ning	00:18:39	00:59:14	00:20:52	01:38:45	5	10	92.86	
131	Julius Wang	00:19:33	01:03:14	00:22:36	01:45:23	6	9	83.57	Sonic Sports Association
141	Chan Wing Fu	00:16:49	01:09:22	00:19:16	01:45:27	7	8	74.29	
143	Chung Lui Hung, Lawrence	00:18:27	01:06:50	00:20:53	01:46:10	8	7	65.00	Energetic Triathlon Shatin
136	Adriano Vences	00:20:44	01:01:24	00:25:15	01:47:23	9	6	55.71	
142	Lau Chi Wing	00:21:55	01:01:37	00:24:33	01:48:05	10	5	46.43	
134	Kwok Sui Wing	00:18:38	01:10:07	00:20:59	01:49:44	11	4	37.14	
145	Yung Tak Cheung	00:18:48	01:13:47	00:22:01	01:54:36	12	3	27.86	
138	Lam Chi Wing	00:20:29	01:16:24	00:23:02	01:59:55	13	2	18.57	Titan Triathlon
133	Philip Penaloza	00:30:36	01:30:23	00:19:55	02:20:54	14	1	9.29	
129	Tsoi Chun Pong					DNS			Titan Triathlon
130	Cheung Chi Wing					DNS			Titan Triathlon
137	Andrew Patrick					DNS			Sonic Sports Association

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Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
	Course A - Male Elite Open								
	Course A - Male Age-Group 55-59								
151	Lee Kam Moon	00:16:46	00:53:36	00:19:53	01:30:15	1	6	130.00	Part Time Association
149	Wong Kam Tim	00:17:09	00:55:49	00:21:03	01:34:01	2	5	108.33	
146	Chan Ho Kee	00:20:14	00:56:33	00:22:40	01:39:27	3	4	86.67	Titan Triathlon
150	Chan Ping Yiu	00:21:01	01:09:10	00:23:04	01:53:15	4	3	65.00	Energetic Triathlon Shatin
147	Chan King Yuen	00:21:47	01:12:42	00:21:41	01:56:10	5	2	43.33	Titan Triathlon
148	Chan Fai Ming	00:20:52	01:21:04	00:22:21	02:04:17	6	1	21.67	
152	Michael Harrison								Part Time Association
153	Liu Ming T								Energetic Triathlon Shatin
	Course A - Male Age-Group 60 & Over								
173	Yiu Kam Sang	00:18:01	01:10:38	00:19:53	01:48:32	1	4	130.00	
175	TSOI HON KUEN	00:20:42	01:10:58	00:26:12	01:57:52	2	3	97.50	Energetic Triathlon Shatin
172	Ian Brownlee	00:24:34	01:14:07	00:27:49	02:06:30	3	2	65.00	Sonic Sports Association
174	Lau Shiu Lon	00:25:21	01:19:30	00:29:29	02:14:20	4	1	32.50	Energetic Triathlon Shatin
	Course A - Female Elite Open								
5	Cheung Tign Yan	00:15:03	00:52:38	00:17:02	01:24:43	1	1	130.00	Energetic Triathlon Shatin
	Course A - Female Age-Group 20-29								
154	Lau On Yue	00:18:20	01:00:18	00:20:32	01:39:10	1	3	130.00	Titan Triathlon
157	Lee Chee Ying, Janice				01:43:45	2	2	86.67	Sonic Sports Association
155	Tang Cheuk Hang	00:20:19	01:12:34	00:22:32	01:55:25	3	1	43.33	Energetic Triathlon Shatin
156	Eva Jentschura					DNS			Tritons Triathlon Club
10	Cheng Wang, Ruby					DNS			Energetic Triathlon Shatin
22	Chau Chiu Nam					DNS			Energetic Triathlon Shatin
158	Evangeline Quek	00:21:23	01:15:27			DNF			Sonic Sports Association
	Course A - Female Age-Group 30-39								
163	Alexa Alexa Towersey	00:16:44	00:59:39	00:18:40	01:35:03	1	7	130.00	Tritons Triathlon Club
160	Ho Kit Ying	00:18:26	00:58:25	00:21:02	01:37:53	2	6	111.43	Titan Triathlon
164	TIE JI XI	00:18:04	01:01:46	00:21:21	01:41:11	3	5	92.86	Sonic Sports Association
159	Mak Lim Luen	00:17:20	01:06:59	00:18:37	01:42:56	4	4	74.29	Tung Chung Triathlon Association
161	Veronica Llorca	00:18:34	01:07:15	00:20:24	01:46:13	5	3	55.71	Tritons Triathlon Club
166	Hui Ka Man	00:20:09	01:09:51	00:22:25	01:52:25	6	2	37.14	Energetic Triathlon Shatin
162	Arabella Lambe	00:21:05	01:07:38	00:24:03	01:52:46	7	1	18.57	
165	Lee King Chui, Connie					DNS			Tung Chung Triathlon Association
167	Wong Gi Wai, GIGI	00:20:37	00:51:08			DNF			Sonic Sports Association

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Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
	Course A - Male Elite Open								
	Course A - Female Age Group 40 & Over								
170	Cheung Kam Yan	00:18:35	01:02:57	00:20:26	01:41:58	1	5	130.00	
169	CHAN MAN MEI	00:18:44	01:09:18	00:22:48	01:50:50	2	4	104.00	Energetic Triathlon Shatin
168	Yu Pik Yuk Julie	00:21:02	01:13:59	00:24:05	01:59:06	3	3	78.00	
257	Anne Steven	00:24:31	01:11:02	00:26:38	02:02:11	4	2	52.00	
171	Christina Lee	00:18:35	01:21:12	00:25:07	02:04:54	5	1	26.00	Sonic Sports Association
	Course A - Relay Team								
176	Peter Chan Long Ting	00:12:57			01:26:26	1	4	130.00	
177	百帝"智有爲"隊	00:19:40	00:55:55	00:18:07	01:33:42	2	3	97.50	Part Time Association
178	百帝會- 競業隊			00:15:39	01:27:23	3	2	65.00	Part Time Association
179	AustSports Association			00:17:22	01:29:39	4	1	32.50	AustSports Association
180	Ready to Retire					DNS			
	Course B - Male Elite Junior								
227	Law Leong Tim	00:06:50	00:32:33	00:07:46	00:47:09	1	14	130.00	Energetic Triathlon Shatin
233	Perry Wong	00:06:48	00:32:39	00:07:56	00:47:23	2	13	120.71	Energetic Triathlon Shatin
231	NG KA LOK, JASON			00:08:28	00:47:58	3	12	111.43	Energetic Triathlon Shatin
224	Tang Ho Fai, Jeffrey			00:07:40	00:48:32	4	11	102.14	Titan Triathlon
234	Lau Tsun Ling			00:07:52	00:48:42	5	10	92.86	Hope Sports Association
232	Wong Hui Wai	00:06:51	00:34:02	00:08:27	00:49:20	6	9	83.57	Energetic Triathlon Shatin
235	Ip Ching Kiu				00:49:42	7	8	74.29	Energetic Triathlon Shatin
225	Lau Tsun Yat	00:07:03			00:50:43	9	7	65.00	0
228	CHOW SIN KI	00:07:28	00:35:50	00:08:51	00:52:09	10	6	55.71	Energetic Triathlon Shatin
223	Leung Yat Lai, Louis			00:09:30	00:53:00	11	5	46.43	Titan Triathlon
205	Chu Long San	00:07:12	00:37:51	00:09:06	00:54:09	12	4	37.14	Energetic Triathlon Shatin
222	Leung Sheung Hang	00:08:22	00:36:57	00:11:02	00:56:21	13	3	27.86	Sea Bear Swimming Club
229	Leung Tsz Chun	00:08:20	00:36:44	00:13:55	00:58:59	14	2	18.57	Energetic Triathlon Shatin
226	Wong Ka Ho, Vicko					DNS			Titan Triathlon
230	Li Tsz Hei					DNS			Energetic Triathlon Shatin
	Course B - Male Junior								
256	Kwok Wing Kan				00:49:04	1	18	130.00	Hope Sports Association
236	Cheng Ho Yin	00:06:56			00:50:46	2	17	122.78	Excel Swim Sports Association
242	Mok Wai Chuen	00:07:03	00:35:23	00:08:36	00:51:02	3	16	115.56	Titan Triathlon
240	Lau Chak Fung	00:07:07	00:35:13	00:09:17	00:51:37	4	15	108.33	Titan Triathlon
239	Cheng Tsz Yeung	00:07:25	00:35:40	00:08:45	00:51:50	5	14	101.11	Titan Triathlon
237	Chow Man Him	00:07:10	00:37:52	00:08:55	00:53:57	6	13	93.89	Excel Swim Sports Association
253	Chu Shiu Lun	00:08:05	00:36:46	00:10:05	00:54:56	7	12	86.67	Energetic Triathlon Shatin

2011 Duathlon Series - Race 3 Result

Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
Course A - Male Elite Open									
250	Hui Ka Ki	00:07:25	00:37:41	00:10:19	00:55:25	8	11	79.44	SCAA
255	Wong Wai Tung	00:06:55	00:35:30	00:13:39	00:56:04	9	10	72.22	Energetic Triathlon Shatin
252	Tsoi Ka Cheuk	00:07:57	00:38:48	00:09:31	00:56:16	10	9	65.00	Wong Tai Sin District Life Saving Society
248	Kun Chi Hin , Nicky	00:07:31	00:37:35	00:12:46	00:57:52	11	8	57.78	Titan Triathlon
243	Mok Wai Lun	00:07:09	00:38:04	00:12:41	00:57:54	12	7	50.56	Titan Triathlon
249	Yau Lok Yin	00:07:54	00:40:26	00:09:38	00:57:58	13	6	43.33	SCAA
238	Lam Jung Yee	00:07:41	00:41:10	00:10:03	00:58:54	14	5	36.11	Excel Swim Sports Association
254	Kwong LOK MAN	00:07:59	00:39:02	00:11:59	00:59:00	15	4	28.89	Energetic Triathlon Shatin
247	Tsoi Ka Hei	00:09:51	00:44:48	00:11:10	01:05:49	16	3	21.67	Wong Tai Sin District Life Saving Society
246	Rory Ford-McNicol	00:09:35	00:49:16	00:11:08	01:09:59	17	2	14.44	Hong Kong Dragons Triathlon Club
241	Lau Kwun Ki	00:09:55	00:49:35	00:15:50	01:15:20	18	1	7.22	Titan Triathlon
244	Li Wai Lun					DNS			
245	Chan Long Hei					DNS			
251	Tsui Tsz Chung					DNS			Sea Bear Swimming Club
Course B - Male Youth Open									
195	Michael Lam	00:06:57	00:35:26	00:08:12	00:50:35	1	23	130.00	Sonic Sports Association
213	Chan Hok Man	00:06:51	00:36:03	00:08:19	00:51:13	2	22	124.35	
191	Chan Ka Lung	00:07:11	00:37:10	00:07:58	00:52:19	3	21	118.70	Excel Swim Sports Association
215	Heung Chin Tung	00:07:31	00:37:22	00:08:14	00:53:07	4	20	113.04	Hope Sports Association
214	Chan Hon Man	00:06:55	00:36:16	00:10:04	00:53:15	5	19	107.39	
201	Fan Lukas Long	00:08:07	00:37:07	00:10:44	00:55:58	6	18	101.74	SCAA
198	Tsang Yin Lung	00:07:56	00:39:00	00:09:38	00:56:34	7	17	96.09	Aquatic Sports Association
202	Loo Tsz Hei	00:07:57	00:38:32	00:10:48	00:57:17	8	16	90.43	Sea Bear Swimming Club
211	Tsoi Ka Kit	00:07:57	00:41:58	00:09:12	00:59:07	9	15	84.78	Wong Tai Sin District Life Saving Society
193	Ho Fung Hung	00:09:12	00:40:21	00:10:56	01:00:29	10	14	79.13	Titan Triathlon
194	Lau Ho Ching, Andy	00:09:27	00:40:03	00:12:37	01:02:07	11	13	73.48	Titan Triathlon
189	Koo Chun Hei	00:08:22	00:42:28	00:11:57	01:02:47	12	12	67.83	Soar
209	Yim Ho Yin	00:08:23	00:44:36	00:10:05	01:03:04	13	11	62.17	Energetic Triathlon Shatin
208	Chan Kam Po	00:08:29	00:44:59	00:09:49	01:03:17	14	10	56.52	Energetic Triathlon Shatin
188	Koo Chun Long	00:08:23	00:45:02	00:11:58	01:05:23	15	9	50.87	Soar
207	Wong Tsz Shing	00:11:54	00:44:06	00:09:29	01:05:29	16	8	45.22	Energetic Triathlon Shatin
187	Chau Man Kei	00:08:42	00:46:16	00:11:17	01:06:15	17	7	39.57	Energetic Triathlon Shatin
199	Keung Pok Man	00:08:24	00:48:56	00:10:08	01:07:28	18	6	33.91	AustSports Association
192	Chow Sing Ha	00:08:24	00:48:01	00:11:31	01:07:56	19	5	28.26	Titan Triathlon
190	Ho Ho Lim	00:08:55	00:41:11	00:18:10	01:08:16	20	4	22.61	Titan Triathlon
200	Tse Long Hin	00:09:29	00:47:50	00:12:29	01:09:48	21	3	16.96	AustSports Association
210	Lee Ka Kei, Gareth	00:09:28	00:47:11	00:13:10	01:09:49	22	2	11.30	
203	Wong Wing Yin	00:09:19	00:54:47	00:12:27	01:16:33	23	1	5.65	Sonic Sports Association

2011 Duathlon Series - Race 3 Result

Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
Course A - Male Elite Open									
196	Kong Cheuk Hei					DNS			Sonic Sports Association
197	Wong Tsz To					DNS			Aquatic Sports Association
204	Leung Chun Sun					DNS			Energetic Triathlon Shatin
206	Leung Pok Yin					DNS			Energetic Triathlon Shatin
212	Chung Ho Tsit					DNS			AustSports Association
Course C - Male Open									
319	Tsoi Chun Ming	00:07:21	00:34:11	00:09:06	00:50:38	1	17	130.00	Energetic Triathlon Shatin
305	Mak Chi Chung	00:07:58	00:35:52	00:10:49	00:54:39	2	16	122.35	Titan Triathlon
312	Yau Kwun San	00:07:52	00:35:43	00:11:51	00:55:26	3	15	114.71	Tung Chung Triathlon Association
321	Li Ka Yip	00:07:53	00:39:19	00:09:26	00:56:38	4	14	107.06	Part Time Association
311	Lok Lam Fung	00:09:18	00:38:14	00:10:24	00:57:56	5	13	99.41	Titan Triathlon
304	Chau Chun Kit, Billy	00:07:41	00:43:45	00:09:27	01:00:53	6	12	91.76	Titan Triathlon
318	Hui SZE YUEN	00:09:02	00:42:15	00:12:47	01:04:04	7	11	84.12	Energetic Triathlon Shatin
317	Chiu Chung Kwan	00:09:08	00:44:06	00:12:03	01:05:17	8	10	76.47	
315	Choi Tin O	00:09:45	00:43:37	00:12:36	01:05:58	9	9	68.82	
322	Cheng Wai Tung	00:08:10	00:50:55	00:08:55	01:08:00	10	8	61.18	Energetic Triathlon Shatin
307	Wong Chi Yung	00:09:30	00:52:24	00:10:04	01:11:58	11	7	53.53	
320	Cheng Pak Lun	00:08:35	00:54:52	00:08:53	01:12:20	12	6	45.88	Energetic Triathlon Shatin
323	Dick Wai Leung	00:09:44	00:50:50	00:14:29	01:15:03	13	5	38.24	Energetic Triathlon Shatin
306	Chan Wang Hon Gordon	00:10:56	00:56:55	00:10:42	01:18:33	14	4	30.59	
316	Yan Kai Hung	00:10:06	00:53:57	00:15:55	01:19:58	15	3	22.94	
314	Tse Tsz Man	00:10:03	01:14:33	00:13:55	01:38:31	16	2	15.29	
309	Ng Ho Yin	00:11:42	01:29:19	00:14:05	01:55:06	17	1	7.65	
308	Ho Lam Fai					DNS			
310	Kwok Ting Pong					DNS			
313	Cheung Chun Wing William					DNS			
Course C - Male Veteran									
346	Wan Shu Wah				00:54:05	1	23	130.00	Energetic Triathlon Shatin
338	Hui King Lau			00:09:21	00:56:55	2	22	124.35	Tung Chung Triathlon Association
343	Leung Yau Hong	00:08:07	00:39:19	00:09:51	00:57:17	3	21	118.70	Ti Dynamic
336	NG TZE CHEUNG	00:09:27	00:36:56	00:11:03	00:57:26	4	20	113.04	
347	Ng Wai Ming	00:08:18	00:38:07	00:12:02	00:58:27	5	19	107.39	
337	TSE Chap Man			00:09:10	00:58:35	6	18	101.74	Tung Chung Triathlon Association
339	Yau Wah	00:09:28	00:37:45	00:11:59	00:59:12	7	17	96.09	Tung Chung Triathlon Association
325	Lau Siu Kan	00:08:36	00:42:20	00:08:38	00:59:34	8	16	90.43	Titan Triathlon
345	Lam Chen Fai				01:00:58	9	15	84.78	Energetic Triathlon Shatin
333	Wong Wing Hong	00:09:07	00:39:39	00:12:13	01:00:59	10	14	79.13	

2011 Duathlon Series - Race 3 Result

Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
Course A - Male Elite Open									
348	Chan Kun Ying	00:09:34	00:41:28	00:11:04	01:02:06	11	13	73.48	Energetic Triathlon Shatin
331	Chau Ho Ming	00:09:41	00:41:20	00:12:56	01:03:57	12	12	67.83	Energetic Triathlon Shatin
327	Leung Hon Shing	00:09:26	00:44:02	00:11:14	01:04:42	13	11	62.17	
326	Lee Kit Faye	00:09:06	00:42:25	00:13:42	01:05:13	14	10	56.52	Titan Triathlon
349	Wong Bok Wai, Byron	00:09:57	00:44:14	00:12:12	01:06:23	15	9	50.87	Energetic Triathlon Shatin
340	Mark FORD-McNICOL	00:09:12	00:34:36	00:23:14	01:07:02	16	8	45.22	Hong Kong Dragons Triathlon Club
341	HO CHI KEUNG	00:09:15	00:47:55	00:10:59	01:08:09	17	7	39.57	Energetic Triathlon Shatin
335	Lung Sai Kui	00:09:28	00:48:02	00:10:55	01:08:25	18	6	33.91	
342	Cheung Yiu Tong			00:11:14	01:09:16	19	5	28.26	
328	Chum Wing Tak	00:09:24	00:50:52	00:09:33	01:09:49	20	4	22.61	
330	Ho Siu Lam	00:10:03	00:46:52	00:13:49	01:10:44	21	3	16.96	
324	Chiu Kin Man	00:10:06	00:52:30	00:13:44	01:16:20	22	2	11.30	Titan Triathlon
344	Chu Shiu Kay, Ferdinand	00:10:21	00:55:57	00:13:50	01:20:08	23	1	5.65	Energetic Triathlon Shatin
329	Ip To Kwan					DNS			
332	Tom Lam					DNS			
334	Wong Ho Ming					DNS			Sonic Sports Association
Course B - Female Elite Junior									
185	Choi Yan Yin	00:07:44	00:35:51	00:09:13	00:52:48	1	7	130.00	Energetic Triathlon Shatin
182	Lam Sin Ching	00:07:43			00:53:26	2	6	111.43	Compass Sports Association
184	Wan Tsz Ching	00:08:19			00:54:04	3	5	92.86	Titan Triathlon
183	Chan On Ki	00:08:14			00:54:17	4	4	74.29	Titan Triathlon
186	Wu Sum Yi	00:08:09			00:54:31	5	3	55.71	Energetic Triathlon Shatin
181	Chan Long Ching	00:08:23			00:54:37	6	2	37.14	Energetic Triathlon Shatin
221	Chan Lok Yi	00:08:19	00:36:48	00:10:38	00:55:45	7	1	18.57	Hope Sports Association
Course B - Female Junior									
301	Tsang Ka Hung	00:08:20	00:42:52	00:09:42	01:00:54	1	3	130.00	AustSports Association
303	She Pui Shan	00:08:21	00:47:26	00:10:11	01:05:58	2	2	86.67	Energetic Triathlon Shatin
302	Leung Wing Hin	00:10:08	00:46:34	00:11:39	01:08:21	3	1	43.33	Energetic Triathlon Shatin
300	Mok Nga Ting					DNS			Titan Triathlon
Course B - Female Youth Open									
220	Lee Yuk Ying				00:55:13	1	4	130.00	Hope Sports Association
218	Ng Yui Lam			00:09:56	01:01:32	2	3	97.50	Energetic Triathlon Shatin
219	Wong Lok Ching	00:09:54	00:46:23	00:12:00	01:08:17	3	2	65.00	Energetic Triathlon Shatin
216	Hung Tsz To	00:11:57	00:56:13	00:14:07	01:22:17	4	1	32.50	Sea Bear Swimming Club
217	Choi See Chung					DNS			Energetic Triathlon Shatin

2011 Duathlon Series - Race 3 Result

Race No	English Name	Run1	Bike	Run2	Total	Pos	Points	%	Club
	Course A - Male Elite Open								
	Course C - Female Open								
352	Fiona Fitzgerald	00:09:35	00:44:44	00:10:25	01:04:44	1	4	130.00	
351	WONG HOI YAN	00:10:37	01:01:07	00:16:32	01:28:16	2	3	97.50	Titan Triathlon
353	Lae Fong King	00:11:02	01:28:57	00:14:07	01:54:06	3	2	65.00	
354	LEUNG SHUK LING	00:11:02	01:30:13	00:14:20	01:55:35	4	1	32.50	
350	Li Chi Yan					DNS			Titan Triathlon
	Course C - Female Veteran								
355	LUI YU PIK	00:10:07	00:54:00	00:13:36	01:17:43	1	1	130.00	